

AEA 7755

No. 4D

The Fraternity of Christian Doctrine

Publications Department



1312 Massachusetts Ave., N. W., Washington, D. C.

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INSTRUCTIONS FOR HELPERS

"Greet . . . my helpers in Christ Jesus" (Rom. 16:3).

Helpers arrange for the transportation of teachers, workers and pupils to instruction classes during the school year or during religious vacation-school classes, when the center of instruction is beyond walking distance. During the vacation school, they work in close coöperation with the Chairman of Transportation. In large parishes it is well to have a permanent Chairman of Transportation within the helpers' division, arranging for members with cars to call for members without cars who live a great distance from the place of meeting or teaching. The helpers may do many other things during the year to make the instruction classes more efficient and attractive.

Save and collect from all members of the parish for redistribution: Catholic papers, pamphlets, magazines, books and other available forms of Catholic literature, to distribute according to local need in hospitals, railroad and bus stations, hotels, charitable and penal institutions, and to remail to nominal Catholics. Mail new literature and remail used literature to non-Catholics. The Catholic Action Committee, 424 N. Broadway, Wichita, Kans., the Catholic Information Society, P. O. Box 35, Narberth, Pa.,



Defenders of the Faith, Conception, Mo., Rumble and Carty Radio Replies, St. Paul, Minn., supply excellent inexpensive leaflets. Fishers also distribute literature in making home visits; they also supply the Chairman of Helpers with names and addresses of persons from whom it can be collected, and likewise with lists of non-Catholics who will receive it. It is well to appoint a Sub-chairman of Helpers for this activity. Not every piece of Catholic literature is appropriate for distribution to non-Catholics. A priest or his appointee should examine all literature collected to assure its appropriateness. All literature should be clean and folded. Soiled or torn magazines and newspapers make poor apostles.

A Parish Confraternity Library should be supplied with current books of religious instruction and serviced by helpers. (See the *Religious Vacation School Manuals* for book lists.)

Salvage the following materials for use in the development of religious projects — the Chairman of Helpers should designate a place where they may be sent — and ask all members of the parish to bring or send them:

1. Religious pictures, especially colored ones, from magazines; greeting cards; calendars, etc.

Use: small pictures for projects, large pictures to develop visual materials for teachers.

2. Paper — silver, gold, all colors, from envelope linings, wall paper, scraps from paper dealers, cards and booklet covers; used manila envelopes.

Use: mounting pictures, making vestments, sacred vessels, booklet covers; manila envelopes are used to keep colored papers and patterns assorted.

3. Cardboard, beaver and wall board. Request scraps from dealers.

Use: plaque and picture mountings, miniature altars, shrines, churches.

SPECIAL WORK FOR VACATION SCHOOLS

Assort salvaged materials, place them in separate boxes or large manila envelopes, and label each container.

Prepare cardboard patterns and paper figures to be used in developing project books. Mimeographed sheets of these patterns and figures are supplied with each project. Use cardboard Christmas and greeting cards in making patterns. Obtain from the Chairman of Fishers the number of children enrolled in each class, then consult with the Chairman of Lay Teachers to make sure which projects are being developed and to obtain patterns and written instructions. Make extra patterns for each class; each child should have one, and a surplus should be provided, as enrollment is often greater than anticipated.

Sew the number of undeveloped project books requested for each class.

Pages of all books except the prayer books are to be numbered. Let the numbering be identical with the page numbering of the teacher's model. Copies may be obtained from the Chairman of Teachers.

Note: The following may be found useful in project work.

Paste: 2 cups flour; 1 tablespoon alum to each cup of flour. Add enough cold water to make a smooth paste. Stir constantly while pouring enough boiling water on paste to make it like thick cream. Boil 20 minutes on slow fire stirring constantly from the bottom to prevent burning and lumping. Remove from fire and beat well. Add one-half teaspoon of any scented extract, such as oil of cloves, wintergreen or peppermint.

Another type of paste may be made by securing powdered paste from a paper-hanging store. This is very inexpensive — 10 cents a pound. Just mix with a small amount of water. This must be mixed fresh each day.

Papier Mâché: Tear sheets of newspaper (including the funny sheets or any kind of colored tissue paper wrappings) into shreds and soak in water (hot water if convenient) until very soft. Wring as nearly dry as possible and mix with paste (see recipe above), kneading thoroughly. If any water remains, squeeze through a cloth. Be sure there is enough paste to hold the paper together, but not so much that you can see it on the paper. Mix until soft like clay. Model and let dry in the sun if possible.

Note: If a large group is making shrines, soak paper all night in laundry tub and wring through the wringer. To keep sweet, add a few drops of oil of cloves or wintergreen.

Casein Glue: Powdered in bulk. Dissolve 20 to 30 minutes in cold water. Good for any kind of woodcraft.

Salt and Flour for Modeling: 1½ cups flour; 1½ cups salt. Mix flour in water to consistency of thick cream. Stir in the salt. Boil in double boiler for one minute.

Sawdust and Plaster of Paris: To 3 or 4 cups of plaster of Paris add 1 cup of sawdust well dampened and ¼ cup of thin casein glue. Spread thin casein glue on wood first, then apply mixture of plaster of Paris and sawdust. When dry this can be colored with calcimine.

Nihil obstat. Henry J. Zolzer, Censor librorum.

Imprimatur. † Thomas H. McLaughlin, Bishop of Paterson.

This and other literature issued by The Confraternity of Christian Doctrine, Publications Department, 1312 Massachusetts Avenue, N. W., Washington, D. C., may be ordered direct from the publisher, St. Anthony's Guild, Paterson, N. J.

The cost of this leaflet is \$1.50 per 100.
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