

# Achievement of the National Psoriasis Foundation Treatment Treat-to-Target Goals in the US Ixekizumab Customer Support Program

Alice B. Gottlieb<sup>1</sup>, Russel Burge<sup>2</sup>, William N. Malatestinic<sup>2</sup>, Baojin Zhu<sup>2</sup>, Yunyang Zhao<sup>2</sup>, Julie McCormack<sup>3</sup>, Miriam Kimel<sup>3</sup>, Meghan Feely<sup>2</sup>, Joseph F. Merola<sup>4</sup>  
<sup>1</sup>Icahn School of Medicine at Mount Sinai, New York, USA; <sup>2</sup>Eli Lilly and Company, Indianapolis, USA; <sup>3</sup>Evidera, Bethesda, USA; and <sup>4</sup>Harvard Medical School, Brigham and Women's Hospital, Boston, USA

## BACKGROUND

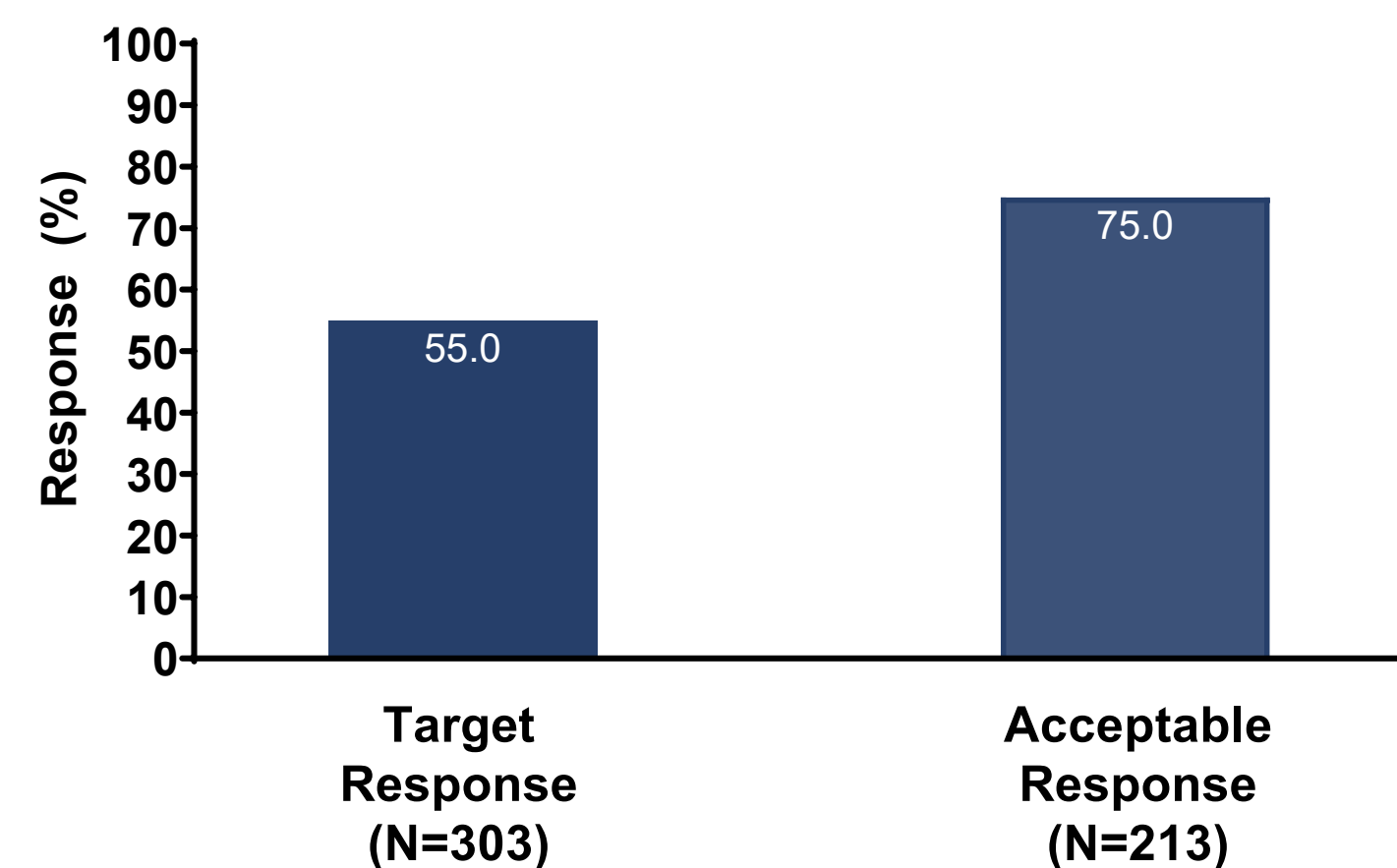
- The National Psoriasis Foundation (NPF) has defined treatment goals to improve patient care in psoriasis<sup>1</sup>
  - The goals establish targets to inform treatment decisions, reduce disease burden, and improve patient outcomes in clinical practice
- The real-world effectiveness of ixekizumab, a highly selective IL-17A monoclonal antibody, has been evaluated in patients with moderate-to-severe psoriasis in the Taltz Customer Support Program (CSP)

## OBJECTIVE

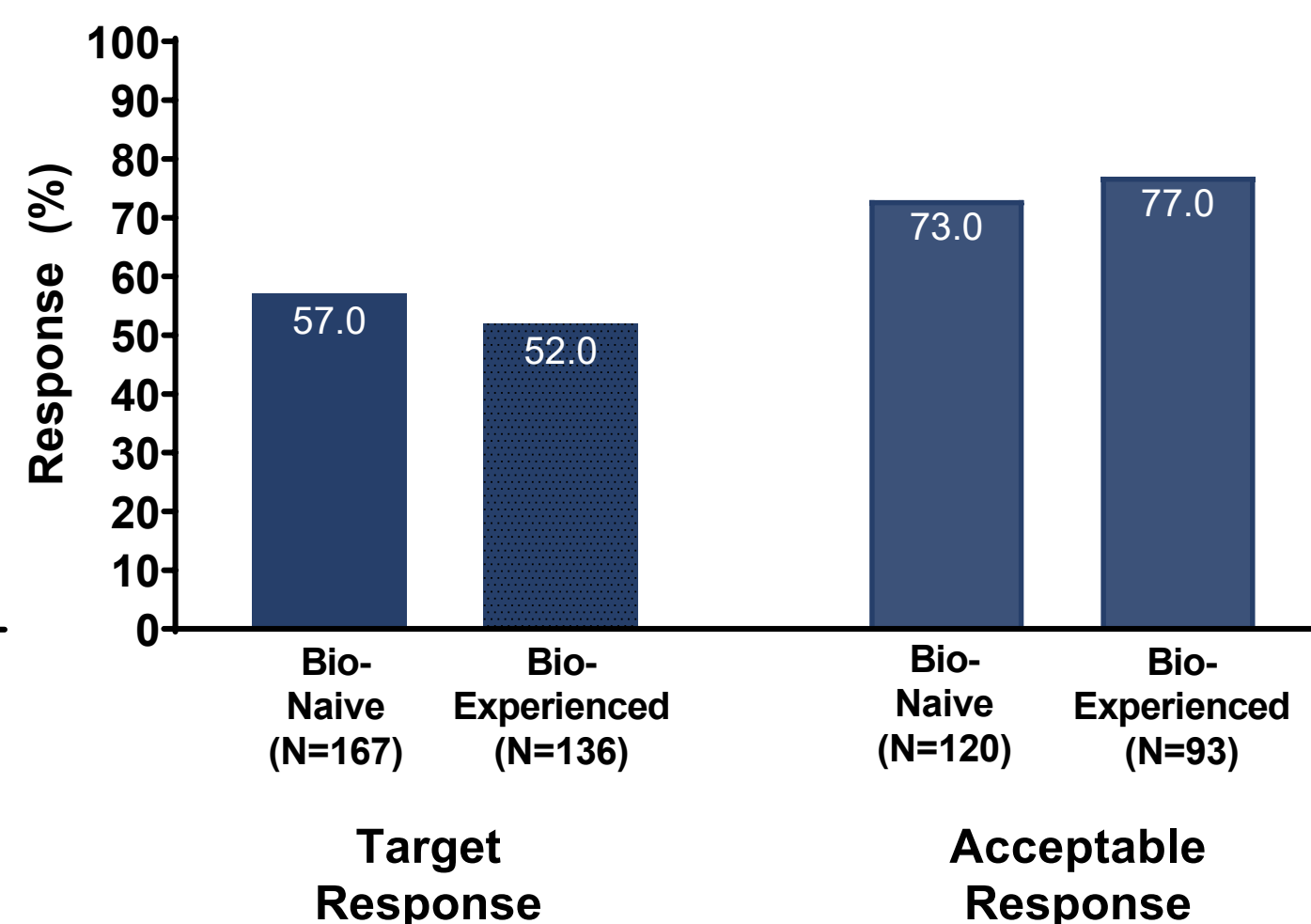
- To evaluate the real-world effectiveness of patients initiating ixekizumab to achieve NPF-defined treat-to-target goals after 12 weeks of treatment with data from the CSP

## KEY RESULTS

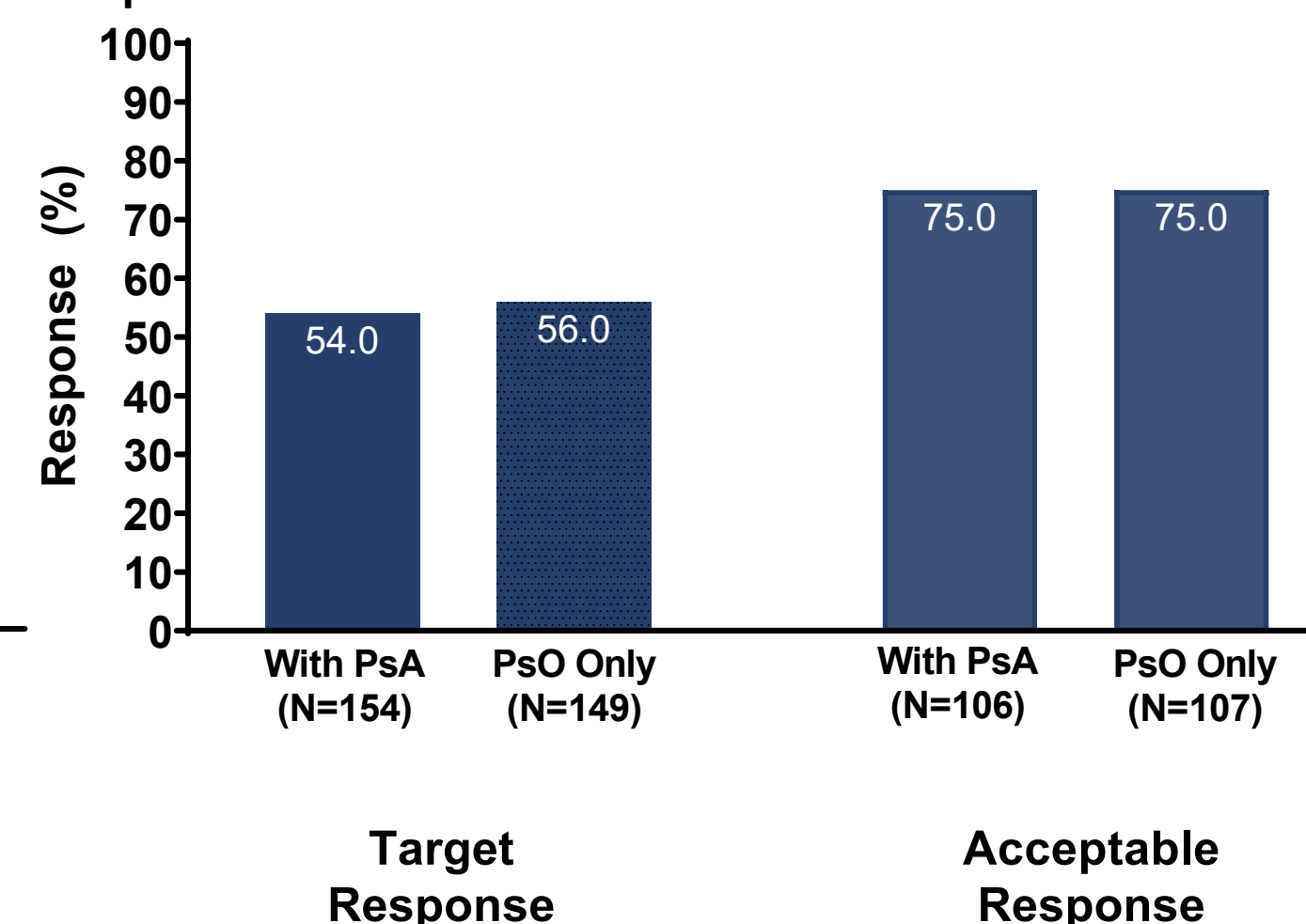
Percentage of patients achieving NPF target and acceptable response after 12 weeks of treatment



Percentage of patients achieving NPF target and acceptable response after 12 weeks of treatment by bio-experience



Percentage of patients achieving NPF target and acceptable response after 12 weeks of treatment by psoriatic arthritis



For target response, analyses included patients with a baseline BSA score >1 and non-missing BSA score at Week 12  
 For acceptable response, analyses included patients with a baseline BSA score >3 and non-missing BSA score at Week 12

## DISCUSSION

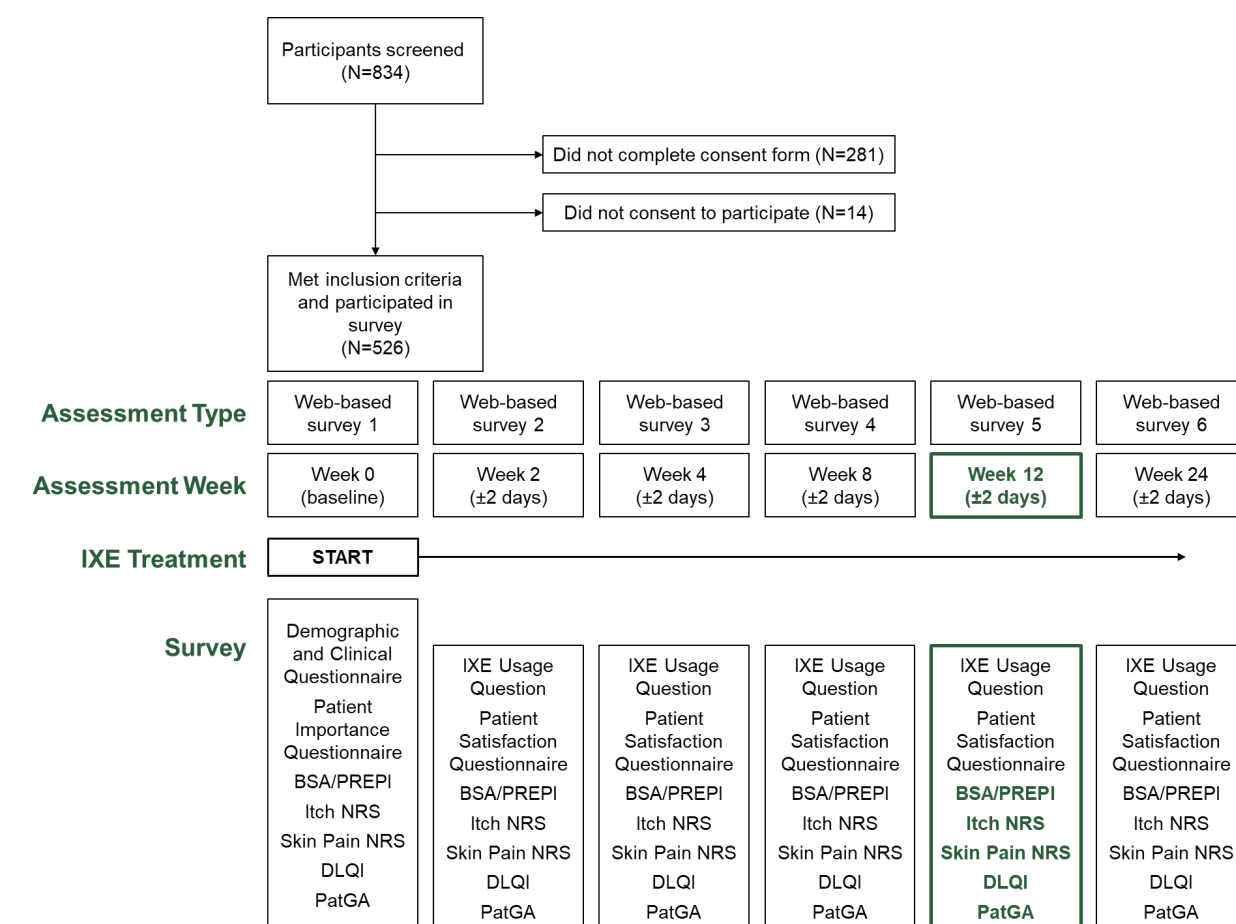
- Although BSA was measured differently (patient vs. clinical assessment) the findings for target and acceptable responses in this real-world study were similar to those seen in the UNCOVER Phase III clinical trials<sup>2</sup>
  - With a real-world study population, factors influencing outcomes may also include, but are not limited to, compliance with medications, and experience with biologics

## CONCLUSIONS

- The results from this study provide evidence of the real-world effectiveness of ixekizumab; observations from the overall sample were similar to those across the subgroups, PsA and biologic use

## METHODS

### US Ixekizumab CSP Design



### Key Eligibility Criteria

- Patients with psoriasis enrolled in the US Ixekizumab CSP
- ≥18 years of age
- Commercial insurance
- Initiated ixekizumab within 7 days of screening
- Device with access to the internet

### Assessments

- Web-based questionnaires administered at baseline, Weeks 2, 4, 8, 12, and 24
- Body Surface Area (BSA) measured by PREPI questionnaire
  - PREPI: Single question in which the patient estimates how many palms of the hand are needed to cover psoriasis patches on the body
  - A palm of the patient's hand is ~ 1% BSA
- Psoriatic arthritis diagnosis is self-reported

### NPF Treatment Goals<sup>1</sup>

- At 12 weeks after treatment initiation
  - Target response: BSA ≤1%
  - Acceptable response: BSA ≤3% or improvement in BSA ≥75% from baseline

### Statistical Analyses

- Descriptive analyses with observed data
- Inclusion in the study population
  - Target response: patients were required to have BSA >1% at baseline
  - Acceptable response: patients were required to have a baseline BSA >3%

### DISCLOSURES

A. B. Gottlieb has received honoraria as an advisory board member, non-promotional speaker or consultant for: Amgen, AnaplysBio, Avotres Therapeutics, Boehringer Ingelheim, Bristol Myers Squibb, Dice Therapeutics, Dermavant, Eli Lilly, Janssen, Novartis, Pfizer, Sanofi, Sun Pharma, UCB Pharma, and Xbiotech (stock options for an RA project); research/educational grants from: AnaplysBio, Janssen, Novartis, Ortho Dermatologics, Sun Pharma, BMS, and UCB Pharma; all funds go to the Icahn School of Medicine at Mount Sinai; R. Burge, W. N. Malatestinic, B. Zhu, Y. Zhao, M. Feely are shareholders and employees of: Eli Lilly and Company; M. Feely is a clinical instructor at: Mount Sinai Hospital and has received consulting, travel, or speaker fees from: Aerolase, Castle Biosciences, Galderma Aesthetics, Glow Recipe, La Roche-Posay - L'Oréal, Revian, Sonoma Pharmaceuticals, Sun Pharma, and Suneva Medical; J. McCormack and M. Kimel declare no conflicts of interest; J. F. Merola is a consultant and/or investigator for: AbbVie, Amgen, Biogen, Bristol Myers Squibb, Dermavant, Eli Lilly and Company, Janssen, LEO Pharma, Novartis, Pfizer, Sanofi Regeneron, Sun Pharma, and UCB Pharma  
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### Patient Demographics and Baseline Characteristics

|                                                     | Target Response (N=422) | Acceptable Response (N= 294) |
|-----------------------------------------------------|-------------------------|------------------------------|
| Age, mean ± SD                                      | 46.7 ± 12.1             | 46.1 ± 11.8                  |
| Women, n (%)                                        | 266 (63%)               | 179 (61%)                    |
| Duration from onset of psoriasis, months, mean ± SD | 193.8 ± 164.9           | 205.3 ± 165.9                |
| Baseline BSA, mean ± SD                             | 11.7 ± 16.3             | 15.8 ± 18.0                  |
| Psoriasis locations, n (%)                          |                         |                              |
| Scalp psoriasis                                     | 276 (65%)               | 206 (70%)                    |
| Genital psoriasis                                   | 105 (25%)               | 81 (28%)                     |
| Nail psoriasis                                      | 116 (27%)               | 87 (30%)                     |
| Psoriatic arthritis, n (%)                          | 211 (50%)               | 144 (49%)                    |
| Bio-experienced (previous 2 years), n (%)           | 178 (42%)               | 124 (42%)                    |

## REFERENCES

- Armstrong AW, et al. *J Am Acad Dermatol.* 2017;76(2):290-8
- Armstrong A, et al. *J Am Acad Dermatol.* 2021; 85(2): 330-336

## ABBREVIATIONS

BSA=body surface area; CSP=Customer Support Program; DLQI=Dermatology Life Quality Index; IXE=ixekizumab; NPF=National Psoriasis Foundation; NRS=numeric rating scale; PatGA=Patient's Global Assessment; PREPI=Patient-Reported Extent of Psoriasis Involvement; PsA=psoriatic arthritis; PsO=psoriasis; SD=standard deviation

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