

PHYSIOTHERAPIST IN PERTH

To rent or buy rooms in rapidly expanding area adjoining shopping centre and sporting complex. Phone (011) 788-4046 any time or write to 16 Stewarts Way, Noranda, Perth 6062, Western Australia.

PRACTICE FOR SALE

Physiotherapist leaving Pietermaritzburg. Established practice in Medical Centre to be taken over. No goodwill, only leases to be transferred. Telephone (0331) 5-6516 a.m.

EQUIPMENT WANTED

Any second-hand equipment for private practice wanted. Phone (0231) 9-1485.

DAY HOSPITALS ORGANISATION

PRINCIPAL PHYSIOTHERAPIST

Salary: The minimum commencing salary is R9 450 per annum.

Qualifications: Registration with the S.A. Medical and Dental Council.

SENIOR PHYSIOTHERAPIST

Salary: The minimum commencing salary is R7 020 per annum.

Qualifications: Registration with the S.A. Medical and Dental Council.

***PHYSIOTHERAPIST**

Salary: The minimum commencing salary is R5 430 per annum.

Qualifications: Registration with the S.A. Medical and Dental Council.

N.B.

* Applications (in duplicate) on the prescribed form (Staff 23) should be submitted to the Medical Superintendent of the hospital concerned.

Unless otherwise stated applications (in duplicate) on the prescribed form (Staff 23) should be submitted to the Director of Hospital Services, P.O. Box 2060, Cape Town 8000.

PHYSIOTHERAPY PRACTICE TO LET OR SELL

Small flourishing practice in Claremont. Available soonest. Terms negotiable. Maitland trained physiotherapists preferred, but not essential. Write or contact Mrs. Andrew, Room 4, Medical Centre, Claremont 7700. Tel. (021) 61-6602.

SIEKEFONDS VAN DIE SUID-AFRIKAANSE SPOORWEE EN HAWENS AANSTELLING VAN GESALARIEERDE FISIOTERAPEUT: WINDHOEK

Aansoeke van gekwalifiseerde fisioterapeute word ingewag vir aanstelling in die volgende betrekking teen die salaris soos aangetoon en met die reg om privaat te praktiseer:

WINDHOEK: Salaris vir die kwartaal wat op 30 Junie 1981 geëindig het — R2 024,82 per jaar.

Die salaris sal kwartaalliks gewysig word in ooreenstemming met die getal lede woonagtig in Windhoek.

Die aanstelling wat kragtens die regulasies van die Siekefonds geskied, kan na vier maande skriftelike kennis deur een van beide partye beëindig word ooreenkomstig die ooreenkoms wat aangegaan word.

Applikante moet die volgende besonderhede verstrek: Volle name, datum van geboorte, plek en land van geboorte, huwelikstaat, of tweetalig, of Suid-Afrikaanse Burger, Staatsbetrekkings wat bekleed word, kwalifikasies en ondervinding (waar en wanneer opgedoen).

Volle besonderhede in verband met die aanstelling kan verkry word van, en aansoeke moet gerig word aan die Distriksekretaris, Suidwes-Afrika Distriksiekefondsraad, Posbus 322, Windhoek.

Werwing deur of ten behoeve van enige applikant stel so 'n applikant bloot aan diskwalifikasie.

Sluitingsdatum vir aansoeke: 16h00 op **16 Oktober 1981**.

LIFTING PATIENTS — PHYSIOTHERAPY

This booklet, with enlarged clear photr graphs, available at £1 per copy post free surface n ail; 10% discount on orders of 25 or over and 15% on orders of 100 or over. Write to: The Chartered Society of Physiotherapy, 14 Bedford Row, London WC1R 4ED.

APPARATUS FOR SALE

Open to reasonable offers:

Shortwave Diathermy with cable & Condenser electrodes on trolley. R1 600 (new R3 804). Old but perfect.

Microwave with accessories. Like new. R1 000 (New R2 640).

Tru-Trac Machine, stand and couch. Suitable for any kind of position or traction. In daily use. R1 300 (New R2 360).

Standard treatment couch R59 (New R85).

Wax Therabath R128 (New R147,50).

Phone (021) 59-3681 office hours.

BOOK REVIEWS

Bromley, I. (1981). Tetraplegia and paraplegia. A guide for physiotherapists. 2nd edition. Churchill Livingstone. London.

Those persons familiar with the original edition of this book will be pleased to see this new edition with updated text and extra material. The charts indicating functional control and the information on factors in-

fluencing restoration of independence are welcome additions.

The purpose of the book, as set out in the introduction, is to give guidelines to physiotherapists who treat patients with spinal lesions and this is achieved.

As a practical guide it is essentially useful for student physiotherapists, as it is systematically presented and illustrated with excellent charts, diagrams and pictures.

H. P. Maree

Wenham, A. (1980). *Lend Baby a Hand, an illustrated guide to early posture care.* Wm. Heinemann. London. Pp. 127. Illus. Soft cover.

The author states specifically that the purpose of the book is to promote exercises for healthy babies only, with the aim of either preventing common postural faults or counteracting poor postural tendencies. Treatment of orthopaedic, neurological or medical conditions is excluded. Although some of the underlying theory may be queried, no excessive claims are made and the author expresses the wish that the book may stimulate research into the effectiveness of baby exercises.

The guidelines for parents include precautionary measures and stress checking with the family doctor before starting an exercise programme. The developmental chart also includes a cautionary note regarding interpretation.

The text is clear and the exercises themselves are beautifully illustrated by means of photographs and supplementary diagrams. The section on the basic exercises is followed by a chapter on orthopaediatric equipment, many items of which will be familiar to South African physiotherapists. The final section discusses four common postural faults of trunk and feet and lists the exercises and equipment most suited to dealing with them.

The book is intended for parents of normal babies and should fulfil its aims admirably. Therapists will find some useful ideas in it. There is no bibliography and it is a pity that mistakes have been made in the spelling of proper names in the acknowledgements.

S. H. Irwin-Carruthers

Bauer, J. J. (1972). *Riding for Rehabilitation, a guide for handicapped riders and their instructors.* Canadian Stage and Arts Publications Ltd, Pp. 217. Illus. Soft cover. Available from CanRide, 209 Deloraine Ave., Toronto, Ontario, Canada, MSM 2B2. Price (Can) \$14.75 incl. postage.

This is not a recent book and some of the photographs are not of very good quality. The book is in two parts. Part I tells of the author's own struggle with disability and return to riding and it is only in Part II that the guide begins. The author has visited riding schools for the disabled in many European countries and has utilized good ideas from each.

The guide itself covers selection and schooling of horses for use with disabled riders, adapted equipment, mounting and dismounting, exercises and riding instruction, and discusses adaptation of methods for specific disabilities, primarily adult hemiplegia. Photographs are used to illustrate methods and apparatus; some of this apparatus is not available in this country. Only a very small section at the end of the book is devoted to children and little specific guidance is given in this section.

S. H. Irwin-Carruthers

Shepherd, R. B. (1980). *Physiotherapy in Paediatrics.* Second Ed. Wm. Heinemann. London. Pp. 542. Illus. Hard cover. £10.95.

This book covers developmental and neurological disorders, congenital abnormalities, disorders of bones, joints, muscles and skin and disorders involving the respiratory tract. Many aspects of paediatric physiotherapy remain omitted, but in her preface to this new

edition the author states that it is her intention to give the student an approach to problem-solving which will equip her to deal with any clinical situation. That being so, it is a pity that, with few exceptions, details of evaluation and identification of problems are not given.

As before, the main emphasis of the book is on cerebral palsy. New sections on the developmentally delayed or at-risk infant, the blind infant and minimal brain dysfunction have been added to the original chapters on cerebral palsy and mental retardation and, with appendices on normal postural and developmental reactions and assessment, the book now gives comprehensive coverage of the whole range of cerebral disorders most frequently encountered by the physiotherapist. South African physiotherapists will wish that more space had been devoted to head injuries and the sequelae of meningitis.

Spina bifida, talipes, congenital dislocation of the hips and limb deficiencies dominate the section on congenital abnormalities and these conditions are well covered.

In section IV muscular torticollis is discussed comprehensively and the chapter on muscular dystrophy has been enlarged slightly. The chapter on inflammatory disorders remains disappointing, particularly as regards assessment and particularly in relation to haemophilia. The most important addition in this section is the chapter on the burnt child.

As before, section V on respiratory disorders gives good value regarding both assessment and treatment, and a short section on cardiac surgery has been added.

Most of the errors mentioned in the review of the first edition (*S. Afr. J. Physiother.*, 32, 2, 19) have been eradicated. An irritating feature of the copy received was the large number of uncut pages. One of the best features of this book is the really comprehensive bibliography which, as mentioned before, should stimulate the student to further study in her own fields of interest.

S. H. Irwin-Carruthers

Sarno, M. T. and Höök, O. (1980) (editors). *Aphasia — an assessment and treatment.* Almqvist and Wiksell International. Pp. 234. Hard cover.

This is a collection of papers presented at the International symposium on Aphasia in Sweden in 1977. The first part of the book contains material presented at a two-day teaching seminar and covers research, assessment and rehabilitation. It contains much of interest to physiotherapists who are concerned with stroke patients.

Part II of the book contains selected papers from the ensuing two-day session of special committees of the World Federation of Neurology, concerned with aphasia and neurologic rehabilitation. These vary in their relevance for physiotherapists, some being very technical, but there are papers on language recovery, family treatment, therapy programmes, aphasia associated with head injuries, lateralization of speech and singing, psychiatric problems in aphasia and communication aids which not only provide valuable background information but also some practical hints regarding the handling of aphasic patients.

Not a book which most physiotherapists would wish to own themselves, but one well worth having access to in a medical school library.

S. H. Irwin-Carruthers