

## FROM THE LITERATURE

Title: Diagnostic Classification of Patients with Low Back Pain.

Author: Binkley *et al.*

Journal: Physical Therapy 1993;75(3)138-144.

A survey was undertaken to establish the level of agreement among orthopaedic physiotherapists on diagnostic classes of LBP and associated clinical findings. By use of the Delphi Technique, three diagnostic classes were agreed upon, these being hypomotility dysfunction, nerve root adhesion and sacro-iliac dysfunction. There was less agreement regarding the other 22 diagnostic classes. Further survey will examine the reliability with which physiotherapists use the classification system.

Title: The Effects of an Aids Education Program on the Knowledge and Attitudes of a Physical Therapy class

Author: Held SL

Journal: Physical Therapy 1993;75(3)156-164

Undergraduate students were surveyed regarding their knowledge and attitudes to AIDS before and after an education programme on the disease.

(Similar surveys were carried out by South African students and papers on their findings were given at the recent Congress).

Title: Implications of Elbow Arthrodesis for Individuals with Paraplegia

Author: Young JH

Journal: Physical Therapy 1993;75(3)194-201

The case report discusses the advantages and disadvantages of two different positions in which the elbow could be fused to allow for maximum independence. The author stresses the importance of the physiotherapist in considering the biomechanical needs of patients when options in surgical decisions are required.

Title: Incidence of Injury in Rugby League Football

Author: Gissome *et al.*

Journal: Physiotherapy 1993;79(5)305-310

The number of injuries incurred at one professional Rugby League club are recorded and the implications for physiotherapists working with such teams are discussed. The role of physiotherapy is not only one of rehabilitation but includes counselling and warning players and coaches of the potential for injury and the way of preventing these.

The Norwegian physiotherapy journal for May 1993 covers various aspects of Physiology and its relevance to physiotherapy. These include articles on:

- Muscle fatigue and preventive strategies
- Weight training and osteoporosis
- Behavioural and psychological factors which may influence components of the immune system.

JC Beenhakker