

THE SOUTH AFRICAN SOCIETY OF PHYSIOTHERAPY

GROUP ENDOWMENT FUND

THE above fund was inaugurated in order to give members of the South African Society of Physiotherapy the opportunity to obtain Endowment Assurance Policies at lower rates of premium than those available if individual policies of assurance are effected direct with an insurance company, and thus to encourage members to save for their retirement, protect their dependants in the event of their death and also to assist their Association.

The fund has now been in operation since last year and has proved of considerable value and it is felt desirable to draw members' attention to it again.

Briefly, the benefits are as follows:—

- (a) A cash sum is payable on the attainment of the age selected—45, 50, 55, 60—or on death before that age.

This cash sum will be increased by bonus additions as declared by the underwriting company.

(b) Further cash sums are payable on permanent total disablement from certain contingencies prior to the attainment of the selected age. These benefits are clearly set out in the membership certificate issued to each member on joining the fund. Briefly these benefits cover, among others, the following eventualities caused by an accident:—

1. **The full sum assured is payable if either hand is lost by severance above the wrist and no further premiums are payable for the remaining years of the Endowment, while at maturity the full proceeds are again payable with bonuses.**
2. In the event of loss by physical severance above the ankle of ONE foot an amount of one half the sum assured is payable.
3. If a member should sustain an accident and, as a result, be Permanently and Totally disabled, as defined in the policy and schedule, from following his or her occupation, the full sum assured and bonuses would be payable. In addition, **no further premiums would be payable for the rest of the term of the enrolment, and, at Maturity or Prior Death the full proceeds would be paid with bonuses.** The importance of this additional benefit cannot be overestimated, as it represents a considerable relief at a time when income may have been reduced as a result of incapacity.
4. In certain circumstances, a member will be reimbursed in respect of medical expenses, up to a maximum of £100, incurred in connection with any claim under the Permanent and Total Disablement Clause. Such a benefit will offer a measure of relief to our members suffering a disability.

All the benefits described above are clearly set out, in and are subject to, the full terms of the Policy and Schedule, which is lodged with your Trustees.

ALL members are urged in their own interest to give the Group Endowment Fund their fullest support. By joining their Fund they protect their dependants, save for their retirement and protect themselves.

Further particulars can be obtained from the Fund's enrolling officers, who will call and see members, or details of the Scheme will be forwarded on receipt of the appended slip, duly completed.

Cut here.

To THE TRUSTEES,

S.A. Society of Physiotherapy Group Endowment Fund,
P.O. BOX 1106.

NAME:

ADDRESS: Home:

Business:

Date of Birth:

Contribution desired to pay:

Selected Age for Policy to Mature:

BOOK REVIEW

Physiotherapy in Paraplegia, by Elvira P. G. HOBSON, F.C.S.P. Pp. 1—110. Figs. 30. Published by Messrs. J. A. Churchill, Ltd., 104, Gloucester Place, London, W.1. Price: 12s. 6d. nett.

Keeping pace with the increased number of specialised branches of Physiotherapy in recent years, several very good books have been written because of this turn of events. One of the latest of these is Miss Hobson's book "Physiotherapy in Paraplegia." The material in the book is based on that submitted by the author for the Fellowship of the Chartered Society of Physiotherapy.

Before the second world war, paraplegics were only treated symptomatically by physiotherapy and hardly anyone envisaged the possibility that these cases could be rehabilitated to a position of near independence in many cases. This is a very specialised job, and the work was largely initiated by Dr. Ludwig Guttman towards the end of the last war at his National Spinal Injuries Centre at Stoke Mandeville, where Miss Hobson gained much of her experience.

This book describes the methods used at Stoke Mandeville, although reference is made in a separate chapter to certain slightly differing methods of rehabilitation in use in the U.S.A.

The book opens with an interesting survey of paraplegia, and goes on to discuss in some detail the principles and methods of treatment. Stress is laid on the importance of the physiotherapist-patient relationship in long term cases of this kind. Every aspect and progression of treatment is considered, and a chapter follows on the complications to which the paraplegic is prone. The material is most comprehensive and valuable, particularly as there must be many physiotherapists who have only recently been called upon to treat these cases. The importance of early treatment is proved as being vital.

The use of sports and other factors in the general rehabilitation of the paraplegic are discussed.

Photographs illustrate the text, though it is felt that these could have been used to even greater advantage had some of them been a little clearer or even presented diagrammatically.

This is a first class book, and the author must be congratulated on assembling this material, so important for the physiotherapist who wishes to be well informed on all branches of her subject.

L.E.D.

After a general introduction, the book is divided into three parts, dealing with (a) The Acute Stage, (b) The Early Convalescent Stage and (c) The Late Convalescent Stage.

The text is clearly set out and each section is appropriately subdivided to cover the particular problems of that stage of the disease, and the author presents a wealth of valuable information and recommendations based on his unique experience. Although not discarding other forms of treatment, he gives very sound reasons for the choice made at Queen Mary's Hospital.

The section dealing with the position in bed, and treatment by hot packs in the acute stage, testing for tightness and neuromuscular re-education in the early convalescent stages, is particularly well described and illustrated by excellent line drawings. The text is further explained by several excellent and interesting photographs.

This book must be taken as a serious basis for the treatment of poliomyelitis, providing the principles are accepted. Some have been proved without doubt, others are open to controversy. However this is a book which must be read by all who are interested in this very important branch of physiotherapeutic work, for it would be foolish not to benefit from the author's wide experience.

L.E.D.

Physical Measures in the Treatment of Poliomyelitis, by R. J. S. REYNOLDS, S.R.N., M.C.S.P. Pp. 5—140. Figs. 31, Plates 9. Published by Faber & Faber, 24, Russell Sq., London, W.C.1. Price 12s. 6d. net.

In this book Mr. Reynolds describes the physical methods of treating poliomyelitis at Queen Mary's Hospital for Children, Caishalton. After many years of experience and seeing the results of various methods of treatment, the author presents what he has found to be the most valid and worth while approach to the subject.

ADVERTISING SPACE AVAILABLE

Apply:

Hon. Treasurer: Mrs. M. Levy,
105, Acacia Road,
Blackheath - Johannesburg.