

## BOOK REVIEWS

**Physiotherapy in Disorders of the Brain.** Shepherd, R. and Carr, J. (1980). William Heinemann, London. Price: £10.95.

The authors of this book achieve the goals which are stated in the preface. They are obviously experienced, widely read and tremendously interested in improving understanding and handling of patients suffering from brain disorders.

Their opinions are freely expressed, well substantiated and information is well documented throughout.

Section I has four subsections which form an integrated and comprehensive background to the following sections. It is pleasant to see ageing treated as an important consideration, and not just briefly mentioned as is so often the case. Assessment and re-learning movement emphasise the problem-oriented approach to treatment which considers all aspects of the patient's rehabilitation programme.

This approach is carried through to Section II, which deals with aspects of the more commonly encountered disorders.

Section III covers other common problems of neurological disorders and extends the field covered in the previous section and substantiates it.

Although the Techniques of Treatment listed in Appendix I are dealt with very briefly, there is a good deal of information which will help the reader to discriminate between and clarify concepts.

The material in this book should aid the therapist to a better integration of patients' problems with treatment procedures, and a more discriminatory approach to choice of techniques.

The book makes pleasant reading and should be a valuable companion to physiotherapists at various levels of experience and to senior students.

H. P. Maree

**Cash's Textbook of Physiotherapy in Some Surgical Conditions.** Ed.: Downie, Patricia A. (1979). 6th Edition. Faber & Faber, London. Represented by MacMillan South Africa. Price: ± R12.75.

The 6th edition has been enlarged and updated in all

sections and includes three new chapters. One addition is a chapter on "Using Medical Libraries" and has sections on the Universal Decimal Classification, indexing periodicals and the Index Medicus. A second new addition to the book is the chapter on Plastic Surgery and includes information on grafts, hand surgery, as well as cosmetic surgery. The third new chapter is on Advanced Rehabilitation by the well-known authority on the subject, S. H. McLaren of the Hermitage Rehabilitation Centre. All three new chapters are welcome additions. This book, as over the years, continues to keep up with medicine to-day and should remain a main reference in Physiotherapy both for qualified and training physiotherapists.

M. Farquharson

**Multiple Choice Questions in Anatomy & Neurobiology for Undergraduates.** Blunt, M. J. and Girgis, M. (1979). Butterworth. London. Price R8.90, plus GST. Obtainable from: Butterworth & Co. (S.A. Pty) Ltd. P.O. Box 792, Durban, 4000.

This book of multiple choice questions has been compiled from a question bank collected over many years in the Department of Anatomy at the University of Sydney. The questions are grouped according to anatomical regions and include three multiple choice question types.

As these questions were primarily set for medical students many of them are unnecessarily detailed for paramedics and a more functional emphasis would be preferable in most of the sections.

However, it is well set out with some questions that can be used exactly as they are written. More important, it is useful for ideas on setting new questions and often questions need only one or two distractors changed to suit the students answering them. This could be a valuable book for examiners in universities and colleges training students in professions allied to medicine. As an additional aid to learning it is not suitable for the student.

I. Sellars