

## CASE STUDIES

Authors are invited to submit articles in a new category – “Case Studies” – to the *SA Journal of Physiotherapy*.

Guidelines: Articles should be not longer than 1,000 words or 3 pages typed in double spacing.

The article should comprise

- Short abstract: 40 – 50 words
- Short background to the problem
- Description of case history – assessment, treatment, results of treatment
- Conclusion – summary and recommendations.

## BOOK REVIEW

### **STROKE: CARING AND COPING**

Edited by: Vivian Fritz and Claire Penn

Published by: Witwatersrand University Press

Stroke is one of the leading causes of death and disability in South Africa at present. This locally produced resource book is a comprehensive guide for patients, family members, care givers and professionals of stroke victims.

The book includes chapters written by a member of each of the professionals that offer skills and services to patients that have suffered a cerebral vascular accident. Contributions from the disciplines of neurology, nursing, neuropsychology, occupational therapy, physiotherapy, social work and speech and hearing therapy are informative and relevant to the South African situation.

The book is written in a way that allows the lay public easy access to information that will encourage holistic rehabilitation. The chapter on gadgets and resources and the contribution from the multi-disciplinary team make this book the most practical and informative manual on the treatment and rehabilitation of such victims. An added attraction to this book is its reasonable price that will ensure a wide distribution.

*Trish Wallner*