## Editorial

## Administrative Insights: Leadership

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Recently I invited a colleague to attend a Leadership workshop with me. Her first response was "I don't lead anyone so why should I attend?" This nurse is the Director of a Wellness program in a local hospital, Diabetic Educator for the community, conducts foot clinics for the region, and oversees the fundraisers for diabetes in the community. Additionally, she is responsible for various youth activities in her church. She has underestimated her leadership role which transcends any title.

Do we as nurses fail to realize the impact that we have as leaders in our own spheres of influence? Almost daily we find ourselves being questioned about some health care issue by family, friends, and acquaintances. Lay persons look to nurses for answers. We are, in their minds, leaders in a different way than we have boxed it in our minds.

In an era of nursing shortage throughout the country it is our responsibility to accept that role of Leader, no matter how humble. It will not only build confidence and self-esteem, but will be helpful to those who depend on us for care, compassion, and knowledge.

## Be the leader that you are and continue to expand that leadership role.

For comments or questions please contact me at b\_roder10@yahoo.com.