In vitro Multiplication of Iraca palm (*Carludovica palmata* Ruíz & Pavón)

Multiplicación *in vitro* de palma de iraca (*Carludovica palmata* Ruíz & Pavón)

UNIVERSIDAD NACIONAL DE COLOMBIA

Rodrigo Alberto Hoyos Sánchez[1]*, Diego Chicaíza Finley[2] and Juan Carlos Zambrano Arteaga[3]

ABSTRACT

Keywords:
Auxins
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Carludovica palmata Ruíz & Pavón is a plant that belongs to the Cyclanthaceae family. Its commercial interest is related to the production of fibers for the manufacture of handicrafts, mainly the Panama hat, so it is important to study its propagation. This investigation aimed to determine the effect of 6-benzylaminopurine (BAP) in the formation of new shoots and 1-naphthaleneacetic acid (NAA) in the formation of roots, as well as the adaptation in greenhouse conditions of *Carludovica palmata* Ruíz & Pavón. In order to find the optimal multiplication rate, 0.5 cm length explants were planted in glass jars with 15 mL of semisolid MS with different concentrations of BAP and cultured under *in vitro* conditions for 90 days. The multiplication parameters in this stage were number of shoots per explant (NSE), length of shoots (LS), and length of roots (LR) as multiplication parameters. In a similar procedure, the number of roots per explant (NRE), length of roots (LR), and length of plantlets (LP) was determined using different concentrations of NAA. Finally, different substrates were evaluated for the adaptation of plantlets of *C. palmata* produced *in vitro*, under greenhouse conditions for 80 days. The highest multiplication rate (17±3 shoots per explant) was obtained with 2.0 mg L^{-1} of BAP. Root formation occurred efficiently in all treatments, without significant statistical differences between them. On the other hand, the use of substrate soil-t15 was the best treatment for the growth of *C. palmata* under greenhouse conditions. From the results obtained, it is concluded that C. *palmata* can be efficiently multiplied under *in vitro* conditions and did not present problems during the *in vivo* rooting process.

RESUMEN

Palabras clave:
Auxinas
Artesanías
Cultivo *in vitro*
Micropropagación
Sombrero de Panamá

Carludovica palmata Ruíz & Pavón es una planta que pertenece a la familia Cyclanthaceae. Su interés comercial se relaciona con la producción de fibras para la elaboración de artesanías principalmente el sobrero de Panamá, por lo que es importante estudiar su propagación. El objetivo de esta investigación fue determinar el efecto de la concentración de 6-bencilaminopurina (BAP) en la formación de nuevos brotes y de ácido 1-naftalenacético (NAA) en la formación de raíces, así como, la adaptación en condiciones de vivero de *Carludovica palmata* Ruíz & Pavón. Para determinar la tasa de multiplicación óptima, se sembraron explantes de 0.5 cm de longitud en frascos de vidrio con 15 mL de MS semisólido en diferentes concentraciones de BAP y se cultivó bajo condiciones *in vitro* durante 90 días, obteniendo el número de brotes por explante (NSE), longitud de brotes (LS) y longitud de raíces (LR) como parámetros de multiplicación. En un procedimiento similar, el número de raíces por explante (NRE), longitud de raíces (LR) y longitud de las plántulas (LP), fueron determinadas usando diferentes concentraciones de NAA. Finalmente se evaluaron diferentes sustratos en la adaptación de plántulas de *C. palmata* producidas *in vitro*, bajo condiciones de invernadero por un periodo de 80 días. La tasa de multiplicación más alta (17±3 brotes por explante) fue obtenida con 2.0 mg L^{-1} de BAP. La formación de raíces se dio eficientemente en todos los tratamientos, sin diferencias estadísticas significativas entre estos. Por otra parte, el uso del sustrato suelo-t15 fue el mejor tratamiento en el crecimiento de plántulas *C. palmata*, bajo condiciones de invernadero. A partir de los resultados obtenidos, se concluye que *C. palmata* puede multiplicarse eficientemente con técnicas de cultivo *in vitro*, y no presentó problemas durante el proceso de enraizamiento bajo condiciones *in vivo*.

[1] Facultad de Ciencias Agrarias. Universidad Nacional de Colombia. AA 1779, Medellín, Colombia.
[2] Facultad de Ciencias. Universidad Nacional de Colombia. AA 3840, Medellín, Colombia.
[3] Facultad de Ciencias de la Salud. Fundación Universitaria Navarra. CP 410010, Neiva, Colombia.
* Corresponding author: <rhoyos@unal.edu.co>

*C*arludovica palmata is a plant that belongs to the Cyclanthaceae family. It is typically found in the Neotropical region in the Americas, ranging from the northern provinces of Perú and Mexico (Bennett *et al.*, 1992). In Colombia, this species is called "Palma de Iraca" (Iraca palm), and inhabits forests in altitudes from 900 to 1,800 m.a.s.l. and temperatures from 22 °C to 28 °C. This plant exhibits great economic potential for many families that live in the rural areas due to its use as a non-wood forest product (te Velde *et al.*, 2006; Galviz-Quezada *et al.*, 2019), an industrial product (Linares *et al.*, 2008), an alimentary product (Álvarez, 2014), or a possible source of plant fibers in bio-composites (Bourmaud *et al.*, 2018). Its reproduction can be sexual through seeds; however, germination problems associated with pollination events have been reported (Gómez *et al.*, 2011). Therefore, *C. palmata* is usually asexually reproduced by rhizomes or underground stems, which have several apical meristems with pyramidal shapes. The Cyclanthaceae family is comprised of monocotyledons, and it is characterized by having leaves that exhibit folded blades joined to a petiole that sprouts from the rhizome on the ground level. In the specific case of the iraca palm, the leaves are recognized by having a palmate shape (Wilder, 1977). When the plants are young, they form leafy shoots known as buds, whose fibers are used to produce the traditional Panama hat (Linares *et al.*, 2008) and other handicrafts of economic importance. These products are manufactured in small Colombian cities. For instance, in La Unión, Genova, Linares, and Sandoná located in the Nariño Department (Reyes, 2007); Aguadas in the Caldas Department; Usiacurí in the Atlántico Department (Córdoba and Portilla, 2005); Arusí in the Chocó Department (Muñoz and Tuberquia, 1999); and Suaza and Guadalupe in the Huila Department.

The diminish of agricultural production in Colombia (SAC, 2011) and the slow growth of the economic sector in the last few years have affected the production of *C. palmata*, causing low production of raw material and affecting the handicraft production chain negatively. A protocol for the mass multiplication of *C. palmata* is needed to satisfy its demand. A plant tissue culture is a group of techniques that allow the multiplication and rooting of plant material (Davey and Anthony, 2010). This important technology of mass multiplication has been applied with much success in medicinal plants (Fallah *et al.*, 2019),

as well as industrial plants and edible crops. In clonal multiplication, the ability of the plant to generate new plants from buds is potentialized through hormonal relations. This effect is achieved through the presence of plant growth regulators such as cytokinins. The generation of roots in the protocol of clonal multiplication *in vitro* is important because it allows the adaptation of the plants to *ex vitro* conditions.

The aim of this work was to determine the effect of 6-benzylaminopurine (BAP) in the formation of new shoots and 1-naphthaleneacetic acid (NAA) in the formation of roots of *Carludovica palmata* Ruíz & Pavón, as well as its adaptation in greenhouse conditions.

MATERIALS AND METHODS
Plant material and seed sterilization
The plant material used in this study was obtained from 504 seeds of plants located on the campus of the Universidad Nacional de Colombia in Medellin (6°15'44"N 75°34'37"W). Dried and mature seeds were collected and submerged in an aqueous solution 3% (w/v) of NaClO with five drops of Tween 20® for 20 minutes in a laminar flow cabinet. Afterward, the seeds were washed in a solution of ethanol 95% (v/v) for one minute. Any amount of alcohol left in the seeds was eliminated by washing them three times with sterile distilled water.

Establishment of *in vitro* cultures
Ten seeds were placed in each glass jars containing 15 mL of a semi-solid Murashige and Skoog culture medium (MS) (Murashige and Skoog, 1962), supplemented with 0.5 mg L^{-1} of pyridoxine, 0.5 mg L^{-1} of thiamine, 0.5 mg L^{-1} of niacin, 2 mg L^{-1} of glycine, and 100 mg L^{-1} of myo-inositol. Sucrose 2% (w/v) was used as the source of carbon and IAA (0.025 mg L^{-1}), BAP (0.02 mg L^{-1}), and gibberellic acid (GA3) (0.02 mg L^{-1}) were added as growth regulators. The pH of the medium was adjusted from 5.8 to 6.0, with drops of aqueous solutions of NaOH. Finally, 1.8 g L^{-1} of phytagel were added as a gelling agent. 20 glass jars were used to set 10 seeds per glass jar; they were kept in a culture room with controlled temperature conditions (22±1 °C) and a photoperiod of 12 h for 60 days. The explants used in this work (Figure 1B) were obtained from the resulting seedlings of the germination; then, they were placed in glass jars containing 15 mL of culture medium.

Culture media and *in vitro* propagation
Bud induction. For *in vitro* micropropagation, the same MS basal medium with the same proportion of vitamins, sugars, and the gelling agent was used. The medium was supplemented with different concentrations of BAP (Table 1) to evaluate the rate of bud induction.

Table 1. Hormonal treatments with BAP to evaluate the rate of bud induction and NAA to measure root formation of iraca palm under *in vitro* conditions.

Treatment	T0	T1	T2	T3	T4	T5	T6	T7	T8
BAP (mg L^{-1})	0.00	0.25	0.50	0.75	1.00	2.0	3.0	4.0	5.0
NAA (mg L^{-1})	0.00	0.02	0.05	0.10	0.50	0.75	1.0	1.25	1.5

The experiments were randomly carried out with nine treatments; they were applied to seven glass jars each with 15 mL of culture medium. Four explants were planted in each glass jar and kept under the same conditions (temperature and light exposure), used in the first establishment of the culture, for 90 days. After each treatment, the number of shoots per explant (NSE), the length of shoots (LS), and length of roots (LR) were determined by manual counting.

Root formation. Different concentrations of NAA were added to the MS modified medium as a root generation factor in each treatment (Table 1). The experiments were randomly carried out with nine treatments. They were applied to seven sterilized glass jars with 15 mL of culture medium each one. Buds were put in each glass jar and then kept under the same constant conditions (temperature and light exposure) as the ones described when establishing the parameters for the *in vitro* culture. After each treatment, the number of roots per explant (NRE), length of plantlets (LP) and the length of roots (LR) of each explant was obtained by measuring its longest root counting from its tip to the base where the root system ends, and the stem begins.

Establishment of plantlets to *ex vitro* culture
The *in vitro* plantlets obtained from the rooting process were used for this stage. The selected plantlets were washed with distilled water to eliminate any residual culture medium and then submerged for 10 min in an aqueous solution with the fungicide propamocarb hydrochloride at 0.1% to prevent fungal proliferation. For the acclimating experiments, a factorial array of 2×3 in a completely randomized design was used. The first factor was the fertilization with two levels (with and without fertilizer), and the second factor was the composition of the substrate with three levels: I) soil-rice husk in a proportion of 1:1, II) peat, and III) the mixture soil-peat-rice husk in a proportion of 1:1:1. There were carried out six treatments with five repetitions each, totaling 30 experimental units, being each growth chamber an experimental unit. The fertilizer used was 15-15-15 (Triple 15), formulated at a concentration of 0.5 g L^{-1}. The substrates were deposited in plastic containers where they were sterilized with boiling water and left to cool down for an hour; this procedure was performed twice. Then, the fertilizer was added to those substrates, which required it as instructed in the experimental design. The fertilized substrates were then taken to the humidity chambers to initiate the process of sowing the plantlets. The humidity chambers built for this investigation are closed containers where the process of acclimation happens due to its ability to maintain high relative humidity, which helps the plant to tolerate the transition to *in vivo* conditions (Read and Fellman, 1985). Each of the chambers consists of two 16-oz plastic cups (Figure 2C) that were previously sterilized using sodium hypochlorite at 2% (w/v) for 10 min. The plantlets were cultivated for 80 days, in which there was measured the growth and development of the plantlets. In days 0 and 80, the length of its leaves and roots, as well as its wet weight, were measured. The chambers were kept at room temperature in greenhouse conditions.

RESULTS AND DISCUSSION
Establishment of *in vitro* culture
Plantlets were established after the *in vitro* germination of the seeds. The *in vitro* germination rate was 87.9±3.03%. In Colombia, this species is exclusively asexually propagated from rhizomes (Córdoba and

Portilla, 2005), mostly due to the low germination rate of the seeds *in vivo*. Unlike *in vitro* cultures, *in vivo* cultures in soil do not have controlled conditions of pH, temperature, availability of nutrients, or humidity. The use of growth factors presents in the semisolid media (IAA, BAP, and GA3) may have influenced some phenomena, such as the physiological latency of the seeds (Baskin and Baskin, 2014). These events could be successfully established in an *in vitro* culture to develop a product that allows more efficient multiplication of *C. palmata*.

In vitro propagation

The resulting plantlets of the *in vitro* propagation are shown in Figure 1A. It is worth noticing that the plantlets were vigorous and did not exhibit the presence of necrotic tissue in their roots or stems.
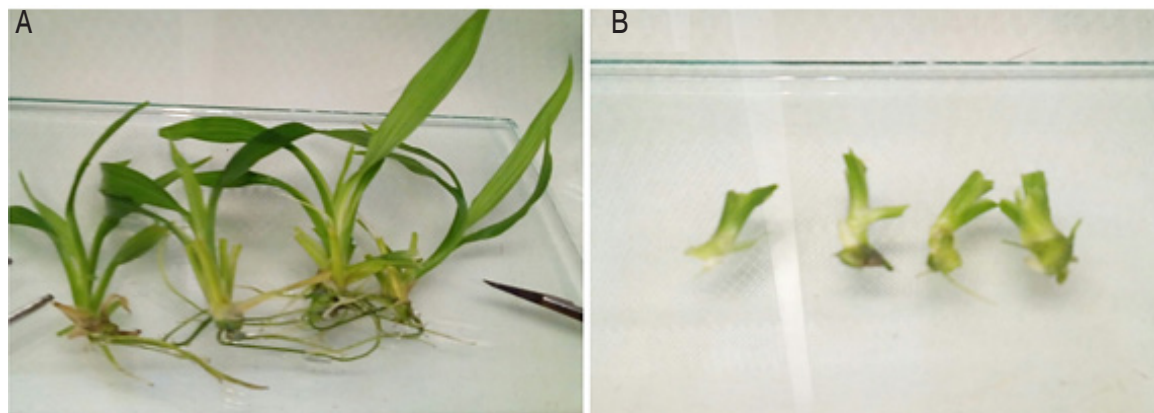

Figure 1. A. Plantlets grown *in vitro* from seeds; B. Explants used for the *in vitro* experiments.

Table 2 shows that a BAP concentration lower than 1 mg L^{-1}, the NSE was low, whereas, in higher concentrations, the multiplication rates increased, with more than 10 shoots per explant. The highest NSE was obtained (17±3 shoots per explant), and it was achieved with 2 mg L^{-1} of BAP. The large proportion of new regenerated shoots might be due to the ease that some plants have to respond to hormonal and environmental conditions, as in the case of the iraca palm.

Table 2. Effect of the concentration of BAP in the formation and development of new shoots from seedlings of *C. palmata*.

Treatment BAP (mg L^{-1})	NSE	LS (cm)	LR (cm)
0.00	2.7±0.9 a	14.3±1.0 a	8.7±1.1 a
0.25	1.7±0.2 a	9.8±0.7 a	7.6±1.3 a
0.50	3.0±1.0 a	9.2±0.7 a	10.7±1.5 a
0.75	2.9±0.6 a	9.5±0.5 a	4.2±1.0 ab
1.00	2.0±0.3 a	9.8±0.6 a	1.7±0.8 bc
2.00	17.0±3.0 b	4.8±0.4 b	1.8±1.0 c
3.00	12.8±1.6 b	4.8±0.4 b	0.00
4.00	10.2±1.9 b	4.3±0.3 b	0.00

NSE: number of shoots per explant, LS: length of shoots, LR: length of roots. Means with different letters among rows have significant differences ($P<0.05$) according to the multiple comparison tests Tukey and Duncan.

It was found that the highest LS with a value of 14.3±1.0 cm was the control (without hormones), as it is shown in Table 3. Similar results were observed when BAP was used as a growth regulator for the induction of shoot growth when multiplying the medicinal species *Zhumeria majdae* (Fallah *et al.*, 2019) and other plants of industrial interests, such as bamboo and *Hibiscus cannabinus* L. (Herath *et al.*, 2004; Ayadi *et al.*, 2011). Furthermore, it can be noticed that the length of the shoots decreases as the concentration of BAP increases. This response would be associated with a physiological factor of the plants related to the redirection of energy to generate biomass: at a greater number of shoots, the shorter those are, and vice-versa.

Currently, there are no reports about the *in vitro* propagation of *C. palmata*. For this reason, there was propose to add cytokinin BAP to achieve an efficient multiplication of this plant. This phytohormone has been used to generate buds in an important amount of commercial vegetal species and forest trees. When observing the effects of BAP in the multiplication and elongation of shoots, it can be noticed that while the maximum number of shoots is achieved, their length diminishes. This behavior might happen because lower concentrations of BAP in the medium cause the biomass production to be more directed towards elongating the shoots rather than generating new ones, whereas, in the presence of concentrations of BAP higher than 2.0 mg L^{-1}, the biomass production would be directed to the generation of new shoots. This can be noticed when observing the smaller shoots in the presence of higher concentrations of BAP and the larger shoots in lower concentrations of BAP, as described by George *et al.* (2008). This phenomenon could be related to the ability of the cytokinins of intervening in the cellular cycle, encouraging the synthesis of cyclin-dependent kinases, which act upon the transition G2/mitosis. In turn, this encourages cellular division, and all reactions that tend towards said division require a certain amount of energy to be spent (Azcón-Bieto and Talón, 2013) to generate new vegetative shoots (Jurado, 2010; Miller *et al.*, 1955).

Root formation

The LR did not present any significant difference for the treatments with NAA. Roots were present in every treatment, including the control subject. On the other hand, the treatment of NAA at 0.75 mg L^{-1} was the one that presented the highest NRE with a value of 9.0, as shown in Table 3.

Table 3. Effect of different concentrations of NAA in the rate of root formation in *C. palmata*.

Treatment NAA (mg L^{-1})	LP(cm)	NRE*	LR(cm)
0.00	11.2±1.1 a	5±0.4 a	6.5±0.7
0.02	10.0±0.6 a	6±0.7 ab	5.8±0.6
0.05	13.1±0.8 ab	6±0.7 ab	5.5±0.5
0.10	12.3±0.9 ab	6±0.7 ab	5.6±0.5
0.50	14.3±1.0 ab	7±0.6 ab	5.9±0.6
0.75	9.3±1.3 ac	9±1.5 b	5.8±0.7
1.00	11.0±0.8 ac	7±0.9 ab	5.8±0.5
1.25	10.7±0.8 ac	7±1.0 ab	5.3±0.5
1.50	8.3±1.0 c	6±1.1 a	4.6±0.8

LP: length of plantlets, NRE: number of roots per explant, LR: length of roots. Means with different letters among rows have significant differences with (P<0.05) according to the multiple comparisons Tukey and Duncan test. (*) Data that does not present normality nor variable homogeneity were evaluated using non-parametric tests such as Kruskal-Wallis.

The highest LR was observed in the treatment of 0.5 mg L^{-1} of NAA (5.9 cm) as well as in the control subject (6.5 cm). These results show that in the experiments of clonal multiplication of iraca palm, root generation would not be a problem. Lastly, as shown in Table 3, it can be observed that in shoot formation, there were no

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significant differences across treatments. These events suggest that *C. palmata* does not present resistance to rooting and might not require hormones due to the presence of endogen auxins (Figures 2A and 2B). This behavior of iraca palm clones when rooting facilitates the process of hardening the plant for *in vivo* conditions. It was also found that in the presence of high concentrations of auxins, there is no effect over the growth and development of the root system (Overvoorde *et al.*, 2010).

Adaptation to *ex vitro* conditions

One hundred percent of the plantlets that were transferred to the humidity chambers survived after being planted for four weeks (Figure 2C). The plants were planted in bags of soil and continued to grow on free exposition without presenting signs of deterioration or death (Figure 2D). This could be due to all *in vitro* grown plants had an adequate growth of shoots and mainly of roots, which facilitated the acclimation process (Asadi *et al.*, 2009; Shekhawat *et al.*, 2015).
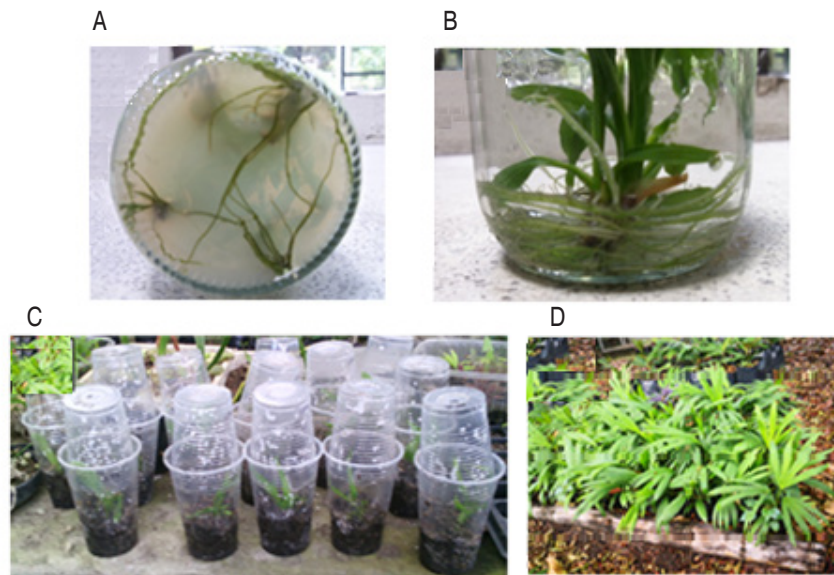

Figure 2. Formation of roots and adaptation in greenhouse conditions of *iraca palm*. A and B. Formation of shoots and roots; C. Hardening process in the humidity chambers; D. Plantlets in plastic bags.

The data, corresponding to the effect of different substrates in the adaptation of the plantlets, are reported in greenhouse conditions (Table 4). In the case of the growth of the aerial part, the use of triple-15 fertilizer aided the growth of the foliage considerably, unlike the substrate soil without fertilizer registered the lowest values of the growth of the aerial portion. The mixture (soil-peat-rice husk) in two presentations (with and without fertilizer) proved to be better than soil-rice husk or the peat substrate on their own, although no differences significant enough to establish the presence of the fertilizer as a determining factor in foliage growth were found.

In terms of root growth percentage, it was found that the substrate soil-rice husk without fertilizer exhibited the lowest root production with 28.25±11.96%, being significantly different compared with other treatments ($P<0.05$). For all other treatments, it was found that, although an increment in the percentage of growth was found with triple-15 fertilizer, the results were not significantly different. As for the wet weight, an increment of 80.80±4.66% was found in the plantlets that were planted in the substrate soil-rice husk-t15, which was higher than other treatments ($P<0.05$). This difference could be explained by the contribution of macronutrients present in the fertilizer. Similarly, the physical structure of the soil substrate, which allowed better adaptation of the plantlets; however, it could be rather poor in regard to the concentration of the nutrients present in it, nutrients necessary to generate a strong vascular system, and greater foliage.

It is noteworthy that synthetic fertilizers, such as triple-15, are a relation of macronutrients that contain 15% (w/w) of nitrogen, phosphorus, and potassium, respectively.

Nitrogen intervenes in processes of synthesis of proteins, chlorophyll, sugar conversion, and facilitates the absorption of nutrients. Phosphorous is related to the metabolism of coenzymes (NAD+, NADP+, FAD+, thiamine pyrophosphate), ATP synthesis, promotes root development and cellular division and growth. Lastly, potassium is related to enzyme action and therefore intervenes in processes of protein synthesis participating in the formation of roots and in the ability to open and close stomas (Rozov *et al.*, 2019; Zahoor *et al.*, 2017). It also regulates the transpiration of water in periods of drought – this translates into the growth of foliage and the plant's vigor, incrementing its biomass (Zahoor *et al.*, 2017).

Table 4. Effect of different substrates over the adaptation of plantlets of *C. palmata* between day 0 and day 80 of being in greenhouse conditions.

Substrates	% Growth of aerial portion	% Growth of roots (*)	% Increment of wet weight
Soil-rice husk	5.09±0.60 a	28.25±11.96 a	44.00±9.40 a
Soil-rice husk-t15	38.9±12.56 b	60.13±7.13 b	80.80±4.66 b
Mixture	30.73±7.03 b	61.51±5.36 b	59.26±5.39 a
Mixture-t15	27.81±4.68 cb	67.26±3.37 b	53.40±10.58 a
Peat	19.80±5.86 cb	58.41±6.60 b	59.60±8.15 a
Peat-t15	26.20±8.47 cb	55.81±9.62 b	58.26±13.81 a

Means with different letters among rows have significant differences ($P<0.05$), according to the multiple comparison tests Turkey and Duncan. (*) Data that did not present normalcy nor variable homogeneity were tested using non-parametric tests such as Kruskal-Wallis.

On the other part, the sample of soil taken for this experiment is similar to the soil in which the plant would develop naturally, so the relation between plants and microorganisms could be considered. In turn, this might have manifested in the increment of the biomass in the substrate soil-rice husk-t15. These relationships are beneficial for the absorption of minerals and nutrients, such as phosphorus, nitrogen, zinc, calcium, and potassium (Gonçalves de Oliveira *et al.*, 2011; Smith and Read, 2008), and that increments tolerance to environmental stress. Therefore, those macro- and micronutrients are beneficial because they are absorbed, and the growth and vigor of the plantlets improve. The increase of root formation and the strengthening of stomas increases water absorption and nutrients and regulate water loss via transpiration. This process might increase the plant's biomass because the presence of water that has been retained increases its wet weight.

CONCLUSIONS
In this study, it has been developed an efficient *in vitro* micropropagation system for the multiplication and root formation of the iraca palm. The use of BAP and NAA had an important effect on this purpose. *In vitro* grown plants successfully adapted to *ex vitro* conditions; thus, the first report of the *in vitro* micropropagation of the iraca palm (*Carludovica palmata*) has been informed. This multiplication protocol through biotechnological tools might contribute as the base of a future *in vitro* germplasm bank of iraca palm.

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