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Original Research

The Risk of Mortality on Patients with Traffic Accidents of Emergency Department at dr. Soebandi Regional Hospital, Jember Regency

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ABSTRACT

Introduction: The number of deaths due to traffic accidents has become a global burden. In addition SDGs 2030 has set a target to decrease the number of fatalities and global injuries due to traffic accidents. The purpose of this study was to analyse the risk of mortality due to traffic accidents in the Emergency Department (ED) of dr.Soebandi Hospital Regional, Jember Regency.

Methods: A retrospective observational study was carried out in the ED by studying medical records of the traffic accident patients aged ≥ 16 years. The sampling technique was simple random sampling with sample size 250. The study collected data with Modified Rapid Emergency Medicine Score. This study result was analyzed with frequency distribution and Chi-square test.

Results: The result showed respondents who experienced traffic accidents were mostly 20-29 years old (19.6%). The majority of the patients were men (68.4%). The riders of two/three-wheeled vehicles who suffered traffic accidents reached 73.2%. Most of the accidents occurred between 06.00-11.59am, 37.6%. Generally, traffic accidents occur to drivers as much as 68.4% and the number of types of head trauma as much as 57.2%. This study showed that 94.8% patients were at low risk of mortality. There was significant relationship between risk of mortality and the role in vehicle use (p-value = 0.043).

Conclusion: Almost all patients have a low risk of mortality in the ED of dr. Soebandi Hospital Jember Regency.

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INTRODUCTION

Traffic accidents can increase mortality rates for vulnerable road users, such as bicycle riders, motor riders and pedestrians. Mortality rate due to traffic accidents is still a global burden and the 3.6th target of the Sustainable Development Goals 2030 program (SDGs) is to reduce half of global mortality and injury rates by 2020 (WHO, 2018; ILO, 2018). During the period 01 January to 30 December 2018, the number of traffic accidents in Indonesia reached 108,873 accidents with a total mortality of 25,511 people (National Traffic Police, 2019). One of the provinces contributing mortality rates due to traffic accidents is East Java. The number of traffic accidents in East Java during the period 01 April to 30 June 2019 reached 423 accidents with a total mortality of 104 victims (National Traffic Police, 2019). On the other hand, Jember Police data revealed that traffic accidents in

2018 reached 1,260 accidents with a total mortality of 379 victims (Wahyunik, 2019).

Traffic accidents can cause emergency condition for the victim (Ministry of Health of the Republic of Indonesia, 2016). Therefore it requires treatment within the first hour or what is often called as the golden period to save the victim (Korlantas Polri, 2019). One of the initial steps to save victims is determining risk of mortality in prioritizing victim care in health facilities. The Rapid Emergency Medicine Score (REMS) observation sheet can be used to determine patient's risk of mortality (Seak et al., 2017). Based on research by Nakhjavan-Shahraki, Bikpour, Youseifard, Nikhseresht, Razaz, Faridaalaee, and Hossein (2017), REMS can predict mortality events and adverse effects on patients in the **Emergency Department.**

However, REMS has a lower validity value than the Modified Rapid Emergency Medicine Score (mREMS) in determining the incidence of mortality in trauma patients. REMS validity value is 91.1% and 92.1% for mREMS. In addition, mREMS is suitable to apply in trauma cases. mREMS is better than some other trauma scores, such as the Mechanism of Glasgow Coma Scale and Arterial Pressure (MGAP), Revised Trauma Score (RTS), Injury Severity Score (ISS), Shock Index (ISS), and Shock Index SI). mREMS score range is between 0 and 26. Patients who have mREMS score 0 to 2 reached 70 mortalities (0.03%) out of 221,684 victims, while trauma patients having mREMS score 22 to 26 reached 1,781 mortality (91.2%) out of 1,952 victims. The higher the value of mREMS, the higher the mortality rate of patients with trauma (Miller et al., 2017).

The mREMS instrument consists of age, Systolic Blood Pressure (SBP), heart rate (HR), respiratory rate (RR), oxygen saturation, and Glasgow Coma Scale (GCS). These variables are needed by the EMS (Emergency Medical Service) officer or triage officer to check the patient's health status in making the decision to transport the victim to the most appropriate facility (Miller et al., 2017). Thus, it is important to know the score of the mREMS at the Hospital ED, which is the first emergency service.

Emergency services are expected to prevent the risk of disability and mortality in patients (to save life and limb) (Korlantas Polri, 2019). Emergency Departments experience an increase in the number of patient visits each year (Deviantony et al., 2017). Based on data from the dr. Soebandi Regional Hospital Emergency Department there were 2,402 patients with traffic accident in 2018. Therefore, it is important to know the patient's condition in preventing mortality, especially in the hospital emergency department. The assessment of mortality scores with mREMS is unknown in the dr. Soebandi Regional Hospital Emergency Department. This study aimed to analysis the risk of mortality patients with traffic accidents in the dr. Soebandi Regional Hospital **Emergency Department**, Jember Regency

MATERIALS AND METHODS

Quantitative research with retrospective approach was used in this study. Retrospective observational research is a research conducted on events that have occurred to see the risk factors of the causes of these events (Nursalam, 2015). This research was conducted for one month (December 2019-January 2020) using a variable risk level of patient mortality due to traffic accidents and the risk factors for mortality in the dr. Soebandi Regional Hospital, Emergency Department, Jember Regency. The population in this study is the data of medical records of patients with traffic accidents in the dr. Soebandi Regional Hospital, Emergency Department, Jember Regency in January to December 2018; there were 2,402 population while the number of samples used in the study was 250.

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This study used probability sampling, which is a sampling technique by giving equal opportunities to each population to be selected as a sample (Sastroasmoro & Ismael, 2014). The technique in sampling used simple random sampling by randomization. This technique is a random sampling technique without considering strata in the population (Sugiyono, 2015). The instrument used in this study was the mREMS observation sheet. The mREMS component consists of age, SBP, HR, RR, SpO2 and GCS that are measured when the patient is in the first triage or during the primary survey. The AUC value of mREMS has been tested for validity and reliability by Miller, Nazir, McDonald and Cannon (2017) of 0.967 (95% CI (Confidence Interval): 0.963-0.971) which means that the validity level of mREMS is 96.7% to predict mortality of trauma patients in the hospital. mREMS had three categories in the risk of mortality: low risk (score 0-8), moderate risk (score 9-17), and high risk (18-26) (Miller et al., 2017).

This study employed univariate analysis of patient characteristics (such as age, education, gender, and occupation), season, day of traffic accident, time of traffic accident, type of road, role of patient using vehicle, type of trauma, patient information and level risk of mortality. The component is analyzed by percentage and frequency distribution. This study also employed bivariate analysis with Chi-square test. The Chi-square test was used for relationship between categorical variables with the risk of mortality (p<0.05). The research ethics were approved on October 21, 2019, by the ethics committee of the Faculty of Dentistry, University of Jember based on a certificate of ethical qualification number 594 / UN25.8 / KEPK / DL / 2019.

RESULTS

Respondent characteristic, risk factors, and risk of mortality of traffic accident patients were analyzed in this present study. Table 1 shows that the highest data of traffic accident patients characteristic in the dr. Soebandi Regional Hospital, Emergency Department, Jember Regency, in 2018 was age group of 20-29 years with 49 patients (19.6%), and 171 male patients (68.4%) with 94 high school education level patients (37.6%). Based on the type of employment often involved in crashes are farmers with 57 patients (22.8%). Table 1 shows that the characteristics of respondents' age, gender, education, and job had no significant relationship with risk of mortality.

Table 2 shows that, according to type of user, 2/3wheeled motorized vehicles with about 183 patients (73.2%) became the highest case. Based on the distribution of the day, the highest accident occurrence was on Wednesday as many as 46 patients (18.4%) and Sunday as many as 40 respondents (16%), while based on the time of the incident there were 94 patients (37.6%) who had an accident at 06.00-11.59am. There were 134 respondents (54.0%) who had accidents in the dry season dominated by drivers as many as 171 respondents (68.4%). The most types of trauma were head trauma of 143 respondents (57.2%) out of 250 respondents and referral patients were 158 respondents (63.2%). Table 2 found significant relationship in the role in vehicle use between risk of mortality (p = 0.043 < 0.05), but there wasn't a significant relationship in type of road, the day of occurrence, time of occurrence, season, type of trauma and patient information between the risk of mortality.

Table 3 illustrates the level of risk of mortality of patients due to traffic accidents in the dr. Soebandi Regional Hospital Emergency Department in Jember Regency that in 2018 there were 237 patients (94.8%) who had a low risk of mortality. The high risk of mortality is 12 patients (4.8%) and the lowest level risk of mortality is a high risk of one patient (0.4%)

DISCUSSION

This study analyzed 250 medical records from patients with traffic accident in the dr. Soebandi Regional Hospital, Emergency Department, Jember Regency. Most of the study samples or 237 patients (94.8 %) had a low risk of mortality. Trauma patients death reached 6.0% with the highest proportion of head /spinal trauma patients (67%) (Eaton et al., 2017). In addition, other studies also showed 4.5 % deaths in motorbike traffic accident, treated in ward (82.5%) and ICU (13%) (Fouda et al., 2016).

The high risk of mortality was caused by traffic accident. Traffic accidents can cause casualties to become an emergency (Ministry of Health of the Republic of Indonesia, 2016). An emergency case is a situation that can threaten a victim's life. Emergency case requires immediate treatment to reduce the

Table 1. The Relationship Between the Characteristics of Patients with the Risk of Mortality in the ED of dr. Soebandi Hospital, Jember Regency, in 2018 (n = 250)

Characteristics of	Risk of Mortality							_	
respondents	Frequency							Totals	
	Low Risk		Modera	te Risk	High Risk				
	Ν	%	N	%	Ν	%	N	%	
Age									
16-19	43	95.6	2	4.4	0	0	45	100	
20-29	48	98	1	2	0	0	49	100	
30-39	31	100	0	0	0	0	31	100	
40-49	45	93.8	3	6.2	0	0	48	100	
50-59	35	94.6	2	5.4	0	0	37	100	
60-69	27	87.1	3	9.1	1	0,1	31	100	
>69	8	88.9	1	11.1	0	0	9	100	
Totals	237	94.8	12	4.8	1	0.4	250	100	
Chi-square Test	237	74.0	p = 0		1	0.4	230	100	
Gender			p = 0	.127					
Man	164	95.9	6	8.2	1	0,6	171	100	
Woman	73	92.4	6	7.6	0	0	79	100	
Totals	237	94.8	12	4.8	1	0.4	250	100	
Chi-square Test	207	9 110	p = 0		-	0.1	200	100	
Education			p 0						
Not Schooling	16	84.2	3	15.8	0	0	19	100	
Primary School	84	94.4	4	4.5	1	0,4	89	100	
Middle School	28	93.3	2	6.7	0	0	30	100	
Senior High School	92	97.9	2	2.1	0	0	94	100	
College	17	94.4	1	5.6	0	0	18	100	
Totals	237	94.8	12	4.8	1	0.4	250	100	
Chi-square Test			p = 0						
lob			P						
Not Working	6	100	0	0	0	0	6	100	
Government Employees	11	100	0	0	0	0	11	100	
General Employees	40	90.9	3	6.8	1	2.3	44	100	
Entrepreneur	47	97.9	1	2.1	0	0	48	100	
Housewife	19	82.6	4	17.4	0	0	23	100	
Farmer	54	94.7	3	5.3	0	0	57	100	
Student	48	98	1	2	0	0	49	100	
Etc (Driver, Pedicab and	12	100	0	0	0	0	12	100	
Wood Driver, Fisherman,									
Trader)									
Totals	237	94.8	12	4.8	1	0.4	250	100	
Chi-square Test			p = 0						

* A statistically significant (p < 0.05)

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Table 2. The Relationship Between the Type of road, Day of Occurrence, Time of Occurrence, Season, Role in Vehicle Use, Type of Trauma and Patient Information with the Risk of Mortality in the ED of dr. Soebandi Hospital, Jember Regency, in 2018 (n = 250)

Variable	Risk of Mortality Frequency Totals							
	Low Risk		Frequency Moderate Risk		High Risk		Totals	
	<u> </u>	%	N N	ate RISK%	N N	<u>KISK</u> %	N	%
Type of Road		70		70		70		70
Pedestrian	47	87	6	11.1	1	0,2		100
Non-Motorized Vehicle Users	8	100	0	0	0	Ó	8	100
User of 2/3-Wheeled Motorized	177	96.7	6	3.3	0	0	183	100
Vehicles								
Motorized Vehicles \geq 4-Wheeled	5	100	0	0	0	0	5	100
Motor								
Totals	237	94.8	12	4.8	1	0.1	250	100
Chi-square Test			<i>p</i> = 0).122				
Day of Occurrence								
Monday	29	87.9	4	12.1	0	0	33	100
Tuesday	32	94.1	2	5.9	0	0	34	100
Wednesday	44	95.7	2	4.3	0	0	46	100
Thursday	33	100	0	0	0	0	33	100
Friday	25	92.6	2	7.4	0	0	27	100
Saturday	35	94.6	2	5.4	0	0	37	100
Sunday	39	97.5	0	0	1	0,4	40	100
Totals	237	94.8	12	4.8	1	0.1	250	100
Chi-square Test			<i>p</i> = 0	0.350				
Time of Occurrence			_					
06.00-11.59 AM (Morning)	89	94.7	5	5.3	0	0	94	100
12.00-17.59 AM (Noon)	69	95.8	3	4.2	0	0	72	100
18.00-23.59 AM (Night)	61	95.3	3	4.7	0	0	64	100
00.00-05.59 AM (Early day)	18	90	1	5	1	5	20	100
Totals	237	94.8	12	4.8	1	0.1	250	100
Chi-square Test			p = 0	0.070				
Season	120	05 (-	2.7	1	0.7	105	100
Dry	129	95.6	5	3.7	1	0.7	135	100
Rain	108	93.9	7 12	6.1 4.8	0 1	0.4	115	100
Totals Chi-square Test	237	94.8		-	1	0.1	250	100
-			p = 0).448				
Role in Vehicle Use Pedestrian	47	87	6	11.1	1	1.9	54	100
Driver	47	87 97	5	2,9	1 0	1.9	54 171	100
Passenger	24	97 96	5 1	2,9 4	0	0	25	100
Totals	24	90 94.8	12	4.8	0	0.1	250	100
Chi-square Test	237	74.0		4.0).043	T	0.1	230	100
Type of Trauma			<i>p</i> -0	.045				
Head Trauma	130	90.9	12	8.4	1	0.7	143	57.2
Facial Trauma	32	100	0	0	0	0.7	32	12.8
Neck and spinal Trauma	4	100	0	0	0	0 0	4	1.6
Chest Trauma	5	83.3	1	16.7	0	0 0	6	2.4
Abdomen and Pelvic Trauma	5	100	0	0	0	0 0	5	2
Upper Extremity of Trauma	52	98.1	1	1.9	0	0 0	53	21.2
Lower Extremity Trauma	95	95	4	4	ů 1	1	100	40
Totals	323	129.2	18	7.2	2	0.8	343	137.2
Chi-square Test		/).689	-	2.0		
Patient Information			г					
Tranfer Patient	147	93	10	6.3	1	0.6	158	100
Non-Transfer Patient	90	97.8	2	2.2	0	0	92	100
Totals	237	94.8	12	4.8	1	0.1	250	100
Chi-square Test	-	-).245				

* A statistically significant (p < 0.05)

threat of life and an emergency situation needs to be handled quickly and appropriately to avoid the threat of life and disability in the limbs of the victim (Musliha, 2010). Thus, this requires treatment in the first hour, or what is often called the golden period, to save the victim's condition (Kartikawati, 2012). There are trimodal mortality patterns in trauma. The first periode is the risk of mortality caused by disorders of the heart, large blood vessels, brain and spinal cord system. The second periode is is the risk of mortality

Table 3. Overview Risk of Mortality of Traffic Accident Patients (n = 250)

Mortality Risk	Frequency (n)	Percentage (%)	
Low Risk	237	94.8	
Moderate Risk	12	4.8	
High Risk	1	0.4	
Total	250	100	

caused by intracranial bleeding, pelvic fracture and tears in solid organs bleeding. The third periode is the risk of mortality caused by sepsis, failure of some respiratory organs or other complications (American College Of Surgeons, 2018; Kartikawati, 2012; Sheehy, 2013).

This study showed one referral patient experienced the highest risk of mortality with an mREMS score 25. Patient had traffic accident between pedestrians and motorbikes on Sunday at 04.00am. The traffic accident was in early morning with vehicle tending to speeding because there are not many vehicles on the road. According to Rompis, Mallo, and Tomuka (2016), the slower the vehicle on the road, the higher the severity of the patient's condition due to traffic accidents. On the other hand, this 68-yearold patient was also diagnosed with brain hemorrhage and open fracture femur, systolic blood pressure (78mmHg), heart rate (39 x/min), respiratory rate (5x/min), SPO2 (74) %), and GCS (3). Hemorrhagic brain can increase intracranial pressure, which increases the risk of cerebral hypoxia (lack of oxygen), cerebral necrosis, cerebral ischemia, brain tissue edema, and brain herniation. Open fracture femurs can cause massive bleeding according to the location of the fracture and its trauma (Sheehy, 2013; Ulya et al., 2017). These conditions can increase patient's risk of mortality.

In addition to the types of trauma above, the patients' vital signs are in the abnormal range. According to Ha et al. (2017), the vital signs of patients experiencing the risk of mortality are patients with abnormal vital signs and as much as 5% risk of mortality with respiratory distress from the first eight hours to 48 hours. Systolic blood pressure, GCS, and RR also affect the risk of mortality. The lower the value of systolic blood pressure, GCS, and RR the higher risk of mortality (Ristanto et al., 2016). SBP (<90mmHg) can predict the risk of patient mortality (Liu et al., 2012). If the SpO2 is lower (<90%), it can increase the risk of mortality within 24 hours (Ha et al., 2017). Age also plays a role in determining the level of risk of mortality in trauma patients. Lingsma, Roozenbeek, Steyerberg, Murray, and Maas (2010), showed that the older the age of the patients, the worse their condition. This was caused by decreased neurological function and disability conditions increased.

The role in vehicle use has significant relationship with risk of mortality (p = 0.043). The role in vehicle use as drivers often experiences traffic accidents (68.4%). Drivers had the risk of mortality (67.8%) due to traffic accident in Tomohon. This incident was caused by an undisciplined driver using a seat belt, on the motorist's helmet and completeness of the letter, the condition of the driver who was tired, drunk (or the influence of alcohol and drugs) and / or sleepy (Rompis et al., 2016). Drivers had 66,2% experience of traffic accidents (Angela et al., 2013). Thus, researchers assume that drivers have higher risk of mortality due to traffic accidents.

The age group of 20-29 years often experiences traffic accidents (19.6%). Generally traffic accidents at Guilan Province Medical Center occur in the age group of 20-29 years (32.2%) (Amiri et al., 2016). Other studies show that ages 21-30 years dominate traffic accidents (33.46%) (Yogesh, 2015). So it can be seen that the productive age group and adult contribute in the occurrence of traffic accidents. This is because these age groups have anger and are less stable. As a result, there is lack level of caution and discipline in using vehicles and roads (Rompis et al., 2016). Researchers assume that traffic accidents often occur in the age group 21-29 years with status as students and workers due to the time when the accident happened; 6 am to 11.59am is the time where students go home and go to school. However, based on Chi-square test, there is no significant relationship between the age group and risk of mortality (P = 0.427).

Type of road user who frequently experience traffic accidents are 2-wheeled or 3-wheeled motor riders (73.2%). Motorcycle users often experience traffic accidents (53.78%) (Wicaksono et al, 2014). Another study explained that the number of motorcycle users who experienced traffic accidents was 65% (Herawati, 2014). This is due to an increase in the number of motorized vehicles, which in developing countries sees an increase occurred in two-wheeled motor vehicles and buses (Nugroho & Yulianti, 2016). On the other hand, drivers and passengers of motorized vehicles are not protected by security as are car drivers (Rompis et al., 2016). Researchers assume that two or three-wheeled motorized vehicle users have a vulnerability to traffic accidents due to lack of safety driving behavior. However, the Chi-square test showed no significant relationship between type of vehicle and the risk of mortality (p = 0.122> 0.05).

Traffic accident patients at the ED of dr. Soebandi Regional Hospital, Jember Regency, in 2018 often occurred from 06.00-11.59am (morning) (37.6%). This research is in line with the results of Herawati's research (2014), stating that the highest number of traffic accidents occurred 06.00-12.00am and 12.00-18.00pmeach as much as 31%. Most traffic accidents occurred at 12.00-18.00pm (31.74%) (Wicaksono et al., 2014). Other research also explains that 12.00-18.00pmis a time that often occurs traffic accidents, by 44% (Saputra, 2017). This is because at 06.00-

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11.59am and 12.00-17.59pmare the peak of outdoor activities, which means that people tend to go out at the same time, either for going to school or having lunch, so that the level of traffic accidents is greater (Rompis et al., 2016). Although traffic accident tends to increase in a specific time, there is no significant relationship between time of traffic accident and risk of mortality (Chi-square test p = 0.070 > 005).

Furthermore, the number of male patients in the ED of dr. Soebandi Regional Hospital due to traffic accidents reached 68.4%. But the gender does not have significant relationship with risk of mortality (p = 0.299 > 0.05). Male dominates the incident of traffic accidents by 88.5% (Katageri et al., 2015). The fatalities were primarily male (98.5%) (Kotwal et al., 2019). The ratio of injuries due to traffic accidents between men and women is 8.4: 1 (Hosseinpour et al., 2017). Furthermore, traffic accident victims who experienced mortality in the city of Tomohon for the 2012-2014 period were 84.75% men (84.75%) (Rompis et al., 2016). Gender which frequently experiences traffic accidents is men. Factors that cause an increase in traffic accidents in men are behavior patterns in driving, mobility levels, and male dominance on the road (Oktavianti, 2016; Rompis et al., 2016).

In this study, traffic accident patients experienced head trauma (57.2%), and lower limb trauma (40.0%). Lower extremities consist of femur, tibia, fibula, patella, tarsal, metatarsal, and phalanges (Ros & Wilson, 2014). Other studies also explained that head trauma due to traffic accidents reached 87.8% and external trauma as much as 92.8% (Nugroho& Yulianti, 2016). The type of trauma that usually occurs in traffic accident victims is extremity trauma as much as 28% (Yogesh et al., 2015). Generally, head and neck trauma is experienced by victims of traffic accidents by 26.4% (Amiri et al., 2016). Head trauma is caused due to negligence in the use of helmets. The use of helmets can reduce the incidence of severe head injuries by 70%. Traumatic injuries also often occur due to traffic accidents because of primary impact or secondary impact; secondary impact is caused by a collision with an opposing vehicle and / or highway (Oktavianti, 2016). The highest mortality rates occur in patients with chest trauma (22.2%) and head trauma (14.7%) (Fouda et al., 2016). This research result showed no significant relationship between type of trauma and risk of mortality (p = 0.689).

The limitation of this study was it only analyzed medical record patients in one year and only in one hospital. This study cannot show risk of mortality trend due to regulation change that makes patients go to first referral hospitals.

CONCLUSION

The conclusion of this research was that almost all patients with traffic accident in the ED dr.Soebandi regional hospital (94.8%) had low risk of mortality. Traffic accidents often occured in the age group of 20

to 29 years (19.6%) and the male group (68.4%). Traffic accidents were often experienced by riders of 2 or 3-wheeled motor vehicles (73.2%), while the highest type of trauma in traffic accident patients was head trauma (41.7%). There was a significant relationship between the role in vehicle use with the risk of mortality. Future studies can focus on the prevention risk of mortality for patients due to traffic accidents according to role in vehicle use. The clinical implication of this research is a source of data for health workers to make clinical decisions at various levels risk of mortality for patients with traffic accidents. This is expected to prevent worsening in the patient's condition.

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