# THE INFLUENCE OF β-CYCLODEXTRIN CONCENTRATIONS AS LIGANDS ON INCLUSION COMPLEXES TO INCREASE THE SOLUBILITY OF IBUPROFEN

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# ABSTRACT

Ibuprofen is a compound with low solubility but high permeability in water. One method to improve the ability of a substance to dissolve in water is through the formation of inclusion complexes. This study aims to obtain ratio between ibuprofen and  $\beta$ -cyclodextrin which results in inclusion complex with an optimal amount of dissolved ibuprofen. The inclusion complex was made using solvent evaporation method with molar ratio variations of 1: 1, 1: 2, 1: 3, 1: 4 and 1: 5. The results of the inclusion complex were characterized by X-ray diffraction, FTIR, SEM, and DTA. The solubility test was carried out using three different media; they are pH solution 7.4; pH solution 1.5; and distilled water. The solubility test results showed no increase on the ibuprofen solubility of the inclusion complex within medium solutions of pH 7.4 and pH 1.5 whereas in aquades medium there was an increase in the inclusion complex solubility compared to pure ibuprofen. Based on the results, it can be concluded that inclusion complex with molar ratio of 1: 1 shows optimal amount of dissolved ibuprofen compared to other ratio variations in aquadest medium.

**Keywords:** β-cyclodextrin; ibuprofen; inclusion complexes; solvent evaporation.

## **INTRODUCTION**

In a study conducted by Octavia *et al.* (2015), it was found that pure ibuprofen could not be dissolved for more than 70% in 30 minutes. Such compound requires a method to increase its solubility to improve the bioavailability of drugs (Yasir *et al.* 2010). Other studies investigating the increase of ibuprofen solubility have been carried out in the form of solid dispersion by the methods of solvent evaporation and melting dispersion (Gupta *et al.*, 2011). This study uses relatively toxic organic solvents which will leave residue on the results of ibuprofen solid dispersion.

Another way to improve the solubility of drugs that are difficult to dissolve in water is through the inclusion complex, through which can improve the speed of dissolution, absorption, bioavailability, and chemical stability of the drug (Loftsson & Brewster, 1996). Inclusion complex is a form of inserting non-polar compounds (substrates) into a container of another compound (ligand) (Ketan et al., 2012). β-cyclodextrin compound is one of cyclodextrin types that can be used as a ligand in the formation of inclusion complex. It is because ßcyclodextrin has relatively large cavity diameter of up to 6Å and good water solubility of 1 part in 20 parts of water (Rowe et al., 2012).

Based on the explanation above, this research will produce an inclusion complex with a variation of ibuprofen: $\beta$ -cyclodextrin ratio using the solvent evaporation method due to an increase in ibuprofen solubility. The purpose of this study is to obtain ratio of ibuprofen: $\beta$ -cyclodextrin which produces inclusion complex with an optimal amount of dissolved ibuprofen.

# **METHODS**

The materials used in this study are ibuprofen (Hubei granules-biocause pharmaceutical). β-cyclodextrin (BaoJi GuoKang Bio-Technology), alcohol. aquadest, KCl (Merck), HCl (Merck), KH2PO4 (Merck), and NaOH (Merck). In addition, the instruments used in this study include X-ray diffractometer (Pan Analytical empryren), DTA (Mettler Toledo), UV-VIS spectrophotometer, SEM (SEM-eds JEOL JED350), FTIR spectrophotometer (Agilent), magnetic stirrer (Power MS-H-Pro), rotary evaporator (Butchi), and sieving (Retsch AS 200 digits CA).

# **Production of inclusion complex**

The inclusion complex was made into 5 formulas by varying the molar ratio between ibuprofen: $\beta$ -cyclodextrin which were 1: 1; 1: 2; 1: 3; 1: 4 and 1: 5 (Table 1). Ibuprofen was dissolved in 50 ml of ethanol (M1) while  $\beta$ -cyclodextrin was dissolved in 50 ml of hot water (60°C) (M2). After that, the M2 clear solution was put into M1 clear solution and stirred using a magnetic stirrer at 300 rpm for 30 minutes. The turbid solution is then evaporated (170 bar, 150 rpm, temperature 40°C). The dried powder formed was sieved using a mesh of 100, then dried in a desiccator for 3 hours (Priotta, 2015).

## Characterization of inclusion complexes

Infrared spectra of ibuprofen,  $\beta$ cyclodextrin and inclusion complexes were recorded using FT-IR spectrophotometer by KBr pellet method. Measurements were made at wavenumbers 400 - 4000 cm-1 (Hiremath *et al*, 2008).

DTA would characterize the solid-state interaction of the inclusion complex,  $\beta$ cyclodextrin and, ibuprofen. The sample used was approximately 5 mg of ibuprofen,  $\beta$ -cyclodextrin, and inclusion complex at warming temperatures from 30 to 400 °C with a heating speed of 10  $^{\circ}$ C / minute (Ma *et al.*, 2012).

XRD patterns of Ibuprofen,  $\beta$ cyclodextrins and inclusion complexes were recorded using X-ray diffractometer with Cu anode tube at 5-700 / 2 $\theta$  intervals. The sample was placed on a plate-shaped holder made of aluminum. Diffractogram would be read automatically on the computer (Asih II, 2011).

Particle morphology was observed using SEM. The powder sample (ibuprofen,  $\beta$ -cyclodextrin, inclusion complex) was placed in an aluminum sample holder and coated with gold with thickness of 10 nm. Samples were then observed for the enlargement of SEM devices. The voltage was set at 20 kV and the current was 12 mA (Octavia *et al*, 2015).

# Solubility test

A total of 100 mg of standard ibuprofen and inclusion complex results were dissolved into 20 ml of ethanol each, put into a 100 ml volumetric flask and dissolved with the medium (buffer pH 1.5/ distilled water) until the boundary mark. It was stirred using a magnetic stirrer at a speed of 150 rpm for 15 minutes. A sample of 10 ml was taken and filtered with a 0.45  $\mu$ m filtrate membrane. Absorption was measured at maximum wavelength using spectrophotometer. The solubility test was also carried out on solvent buffer pH 7.4 without the addition of ethanol to help to dissolve ibuprofen.

## DATA ANALYSIS

Solubility test data on dissolved ibuprofen levels were analyzed using nonparametric analysis of Friedman because the data were not normally distributed and were not homogeneous.

| Tabel 1 | . Formula of | Inclusion Complex |   |
|---------|--------------|-------------------|---|
| F 1     | F 2          | F 3               | F |

|                     | F 1    | F 2   | F 3    | F 4   | F 5     |
|---------------------|--------|-------|--------|-------|---------|
| β-cvclodextrine (g) | 283.75 | 567.5 | 851.25 | 1135  | 1418.75 |
|                     |        | ,-    | , -    |       | - ,     |
| Ibuprofen (g)       | 51 55  | 51 55 | 51 55  | 51 55 | 51 55   |
|                     | 51,55  | 51,55 | 51,55  | 51,55 | 51,55   |

# **RESULTS AND DISCUSSION FTIR**

The results of FTIR characterization from ibuprofen,  $\beta$ -cyclodextrin and inclusion complexes can be seen in Figure 1 and Table 2. Inclusion complexes showed the presence of  $\beta$ -cyclodesktrin and ibuprofen groups. In formula 1 there were wavelengths of 1701.5 cm<sup>-1</sup> and 1459.3 cm<sup>-1</sup> which were the peaks in ibuprofen, a slight shift in wavelength from 1461 cm<sup>-1</sup> to 1459 cm<sup>-1</sup> (Barmi *et al.*, 2018). In formula 2, a shift in wavelength from 3283.8 to 3280.1 belonged to  $\beta$ -cyclodextrin (Silverstein et.al., 1981), but there was no aromatic peak of ibuprofen. The wavelength of ibuprofen aromatic group was not seen in formulas 3, 4 and 5 as well. Carboxylic group wavelength shift from 1701.5 to 1735.1 belonged to ibuprofen in formula 3, formula 4 and formula 5. This indicated a weak interaction between ibuprofen and ßcyclodextrin (Hiremath et al., 2008). From these results, it was known that there was a shift in wavelength and appearance of ibuprofen, and wavelengths of  $\beta$ -cyclodextrin which indicated an interaction between ibuprofen and  $\beta$ -cyclodextrin

|--|

|                         | Distance wave number (cm <sup>-1</sup> ) | $\beta$ -cyclodextryn (cm <sup>-1</sup> ) |
|-------------------------|--|---|
| (O-H)                   | 2500-3300                                | 3263,3                                    |
| (C-H) aromatis          | 1000-1275                                | 1099,6                                    |
| (C-O) alcohol dan fenol | 1000-1300                                | 1077,2                                    |
|                         | Distance wave number (cm <sup>-1</sup> ) | Ibuprofen (cm <sup>-1</sup> )             |
| (C=O) carboxylic acid   | 1701                                     | 1701.5                                    |
| (C=C) aromatic          | 1461                                     | 1460                                      |
|                         | Distance wave number (cm <sup>-1</sup> ) | Inclusion complex (cm <sup>-1</sup> )     |
| О-Н                     | 2500-3300                                | 3265-3280,1                               |
| С-Н                     | 1000-1275                                | 1104.1                                    |
| C-O                     | 1000-1300                                | 1079.1                                    |
| C=O carboxylic acid     | 1701                                     | 1701.5-1735.1                             |
| (C=C) aromatic          | 1461                                     | 1459                                      |



Figure 1. IR Spectrum of ibuprofen,  $\beta$ -cyclodextrin and inclusion complex.

#### **X-ray Diffractometry**

It can be seen in Figure 2. In formula 1, the inclusion complex was formed due to the bonding of ibuprofen and  $\beta$ -cyclodextrin so that the peaks in formula 1 and formula 2 were not too many. With the increase on the number of  $\beta$ -cyclodextrin, the peaks were increasingly visible until formula 5, but did not cover the peak of ibuprofen. The diffraction pattern formed from formula 1 to formula 5 was increasingly seen approaching  $\beta$ -cyclodextrin diffraction pattern with increasing peaks

similar to  $\beta$ -cyclodextrin. This signifies that ibuprofen molecule has entered the structure of  $\beta$ -cyclodextrin cavity so that it looks dominant  $\beta$ -cyclodextrin diffractogram (Rini *et al.*, 2015). The decrease in height of peak intensity indicates a change in the structure so that the results of the inclusion complex are amorphous (Pamudji *et al.*, 2014; Barmi *et al.*, 2018).





Figure 2. XRD result of ibuprofen,  $\beta$ -cyclodextrin and inclusion complex.

# **Differential Thermal Analysis**

Formula 1 and formula 2 showed an endothermic process at a temperature of 2900°C - 3200°C. Endothermic changes can occur due to oxidation of organic compounds (Setabudi *et al.*, 2012). However, formula 3 experienced an exothermic process at a temperature range of 2940°C - 3020°C and at that temperatures there was a change in mass. Meanwhile, in formula 4 and formula 5, exothermic process was directly followed by endothermic process. Exothermic process usually occurs due to the formation of crystals during the heating process which is often referred to solidification.

In all results (Figure 3) on inclusion complex, dehydration which usually occurs at temperatures of around 1000°C is absent this

time due to the disappearance of ibuprofen melting point. Ibuprofen loses its peak because it has entered the cavity of  $\beta$ -cyclodextrin so that it does not show endothermic points at these adjacent temperatures (Hirameth 2008; Manca *et al.*, 2005).

## **Scanning Electron Microscope**

The results of pure ibuprofen examination showed a long cylindrical rod shape while  $\beta$ -cyclodextrin was seen as a lump with a rough and irregular texture. In the results of inclusion complex, all formulas appear to have no form that resembles ibuprofen and  $\beta$ -cyclodextrin. In fact, almost all are irregular in shape (Figure 4).



#### (b) Platinum Evaluation V1.0.131







**Figure 3.** DTA result: (a) Formula 1, (b) Formula 2, (c) Formula 3, (d) Formula 4, (e) Formula 5, (f) ibuprofen, (g) β-cyclodextrin.



Formula 1

Formula 2



Figure 4. SEM results

(g)



Formula 5

β-cyclodextrin



ibuprofen Figure 4. SEM results (*Continued*)

#### **Solubility Test**

One of the most common methods in evaluation inclusion complexation is phase solubility. A phase solubility diagram is constructed by plotting the molar concentration of dissolved solute found on the vertical axis against the concentration of complexing agent added on the horizontal axis. Two general types of phase solubility profiles are generated; Type A where soluble complexes are formed, and Type B where complexes of limited solubility are formed (Higuchi & Connors, 1965).

The results (Figure 5) show that the addition of  $\beta$ -cyclodextrin to the inclusion complex at solution of pH 7.4 and pH 1.5 follows the type BI diagram which means that there is no increase in the solubility of ibuprofen with the addition of  $\beta$ -cyclodextrin at ratios of 1: 1, 1: 2, 1: 3, 1: 4, and 1: 5. As with the aquadest medium, there is an increase

in the solubility of ibuprofen in formula 1 (ratio 1: 1) compared to pure ibuprofen, and the solubility type follows type Bs diagram. Curve Bs shows the formation of a complex that increases the total solubility of the compound (similar to type A diagram). More addition of complexing agents producing solubility of the complex is reached. As additional compound goes into solution, some solid complexes precipitate. Further addition of complexing agents beyond point z results in depletion of the compound from solution by complex formation. Curve BI is interpreted similarly except that the complex formed is so insoluble that no increase in solubility is observed (Mosher & Thompson, 2007).

Statistical analysis of the solubility test results shows that sig < 0.05 based on which it can be concluded that the 2 variables (ratio of ibuprofen: $\beta$ -cyclodextrin and the type of medium) generate different solubility results



**—** pH1,5 **—** aquadest **—** pH7,4 **Figure 5.** Solubility phase diagram of inclusion complexes

# CONCLUSION

The inclusion complex is not able to increase the solubility of ibuprofen within solution medium of pH 7.4 and pH 1.5. Meanwhile, in the aquadest medium, the formation of inclusion complexes can increase the solubility of ibuprofen at ratio of 1: 1.

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