



The Psychological Analysis of Divorce at Early Marriage

Zadrian Ardi¹, Nining Maizura^{1*}

¹Universitas Negeri Padang

*Corresponding author, e-mail: maizuranining18@gmail.com

Abstract

Marriage purposes are to form a prosperous and happy family forever. Happy the family is a reflection of the harmony of a family. But in the last few years many phenomena are emerging about the problems in the family that makes the family becomes unharmonious such as quarrels, jealousy, infidelity, income differences, and differences in life principles and to the action to end marriage or divorce. Households are very dangerous if they keep on continuing though in the family difference is a reasonable thing. Problems that occur should immediately find the best solution so as not to cause negative impacts for the family. Solving various problems in the family one of them can be completed through counseling so that the problems faced can be resolved. This study aims to get a picture of the psychological impact of divorce at the beginning of marriage. The research method used in this research is qualitative research. In this study, the variables that will be examined the psychological impact on divorce early in the marriage will be explored in depth.

Keywords: Marriage, Divorce, Psychological Analysis.

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Introduction

Every human individual who lives together and in pairs in legitimate marriage bonds must crave a family that runs harmoniously and is protected by GOD. (Armansyah, 2014). Getting married is process done to achieve and foster a harmonious family (Amato, 1988; Carter & McGoldrick, 1988; Pryor, 2004; Rollins & Feldman, 1970). Contained in the Law number 52 of 2009 on population development and family building, article 1 mentioned that development population and family development is planned effort to make it happen the population grows balanced and develop the quality of the population at all dimensions of the population at all dimensions of the population. And also contained within, in the act No 1 Year 1974, that: Marriage is the inner bond between a person men and a woman as husband and wife with the aim of forming a family is happy and eternal based on belief in the One Supreme (Sulistyo, 1998: 13). Which i would obviously rate for quality of marriage and harmony awakened in it. The purpose of the wedding is to form a prosperous family and happy forever (Agustian, 2013).

The marriage life is in the last five cycles of family life, with the preparation to leave home as an independent individual and responsible emotionally and financially. But, not all couples or husband and wife do preparation of personal accountability moment married and family well (Santrock, 1995). Even mentioned that couples with the age of marriage five years will experience a variety problems arise (Doss, Rhoades, Stenly, & Markan, 2009). The issue requires enrichment program marriage enrichment as an effort to promote a balanced and growing commitment in marriage relationships, to develop and agree on type's communication, listening and learning how to take advantage of problem for growth is not to avoid (Satih & Very, 2016).

Marriage will becomes a scared bond for husband and wife, and will have a positive impact on both parties. Individuals have a higher level of happiness and health high through unmarried individuals. The process of choosing life for official relations (marriage) is found in every individuals in all cultures, then 90% of people in the world under certain conditions have the desire o marry when viewed from the meaning of the marriage itself, said that the meaning of marriage is mentioned with 3 things namely; (a). Manifest family

social function, (b). Complement the nature of the sexes, and (c). Happiness as a measure of his successful marriage (Kinasih, 2015; Wahyu Trihantoro, 2016).

But in reality, not much married couples can fulfill the meaning of the marriage to earn a complete happiness. Divorce is ultimately an option. Divorce seen as the best solution to avoid such as problem, disputes, and disputes that occur between husband and wife or couple in marriage (Rice & Dolgin, 2008). The quality of marriage there must be on every married couple, but when reviewed contrary to the report which states that the divorce rate the last five years have increased dramatically, with two million pairs married, as much as 15 to 20 percent divorced. Meanwhile, the number of divorce cases that has happened which the high court of religion has decided all of Indonesia in 2014 reached 382.231, up around 131.023 cases compared to 2010 of 251,208. This problem of course does not make silence and must be resolved (Satih & Very, 2016).

Based on the data percentage of the religious courts of the Supreme Court, in the last five years the case of divorce ceremony reached 59 percent to 80 percent (Baiquni, 2016). Meanwhile, in the city of Medan itself in 2014, the number of divorces are terminated the Medan religious court has 1,660 cases. That number jumped in 2015 reached 1,849 cases. Then in 2016, the divorce rate in Medan again showed an increase, reaching 2,327 cases, of which the cause of the divorce was 1,001 cases due to the absence of harmony and 773 cases due to not responsibility answer. By the end of 2016 there are still 341 cases that have not been decided by Medan religious court. Of all these divorce cases about 60% are lawsuits from the wife (Dwi Rahmalia, 2017).

Problem in the household is already in life of every couple and from there is a case of divorce is always a problem at home, and from here can be known case divorce that often becomes problems in the household. The nature of the cause of divorce is very complex and a family different from each other. As for the factors that result divorce in household first factor economy, level of economic needs at today is forcing both the couple must work to fulfill family economic needs, so often the difference income or salary make each couples are often mistaken, especially if the husband who do not have a job (Armansyah, 2014). Limits word divorce i.e. removal of marriage with the judge's verdict, on the demands of one party in the marriage (Subekti, 1998 hal 43; Armansyah, 2014). That divorce is the marriage breakup or marital relationship (Armansyah, 2014). While in Law no. 1 year 1974, it is affirmed that is meant with a divorce is: Regardless marital bond between the two sides parties, after a court decision have a fixed legal force valid since its inception marriage. Divorce is a formal farewell event between the couple and they resolve not to run duties and obligations as husband and wife or marital relationship (Agoes Dariyo, 2004). The couples who have divorced but not yet have children, then separation does not have an impact traumatic psychological for children. But those who already have the children, of course divorce cause psycho-emotional problems for children (Amato, 2000; Olson & DeFrain, 2003). It is possible children who were born during their time live as husband and wife, will be included to one of his parents whether of follow his father or mother (Olson & DeFrain, 2003).

Many couples of the lesser family can often divorce occurs because the husband is not successful to meet material needs and other needs from family (Agoes, 1992 hal 12). From the opinion above that bickering often happens inside family because the husband cannot meet daily needs, on a regular basis protracted because the wife feels disappointed and feel miserable or tormented, so with such circumstances this often leads to divorce (Armansyah, 2014). Young marriage contains many failure because of the love of the monkey full of dreams and fantasies not with the preparation enough (Sudarshono, 1992 hal 23).

The cause of divorce is also triggered rampant marriage underage or not old enough. Wedding on underage makes them not ready yet overcoming the problems they meet. Marriage is requires unity of determination, trust and acceptance of each couple undergoing marriage. Couples unpreparedness to the level maturity, overcoming related issues with life, such as finance, kinship, every job couple. The way they think, act determine the way they take decisions in life Married downstairs age with low education cause is immature (Armansyah, 2014). Many young people think that with the capital of love everything will be complex and very perfect. But not all of them in accordance with he wishes, often the family who built households aground in the middles of the road because their inability resolve the problems that arise in pedaling the household ark.

Divorce is certainly developing negative against the process of education and development of the child soul, in because of elementary school children it still requires the love and full attention of the both parents. This will be evidenced in the following discussion, matters relation to the consequences felt by children due to the change of both parents (M.Yusuf, 2014). Due to divorce: (1) Children become victims; it would be wonderful if all the fathers and mothers crave the children the wise and the good. Of course, the first thing they have to do is improve his own behavior in the house. If it gets to a father still behaving badly against his wife and child, then it must change the habit (Banu Garawiyani, 2003; Resti Humaira, 2016), (2) the

emergence of disputes. Not just beginning with hostility, couples who initially want to split up well can become dislike of divorce (Resti Humairah, 2016). (3) The emergence of child self-hatred. This is not uncommon on divorced families. A child's hatred of parents can another cause, one of them is a sexy abnormality (Resti Humairah, 2016).

Marriage is living together from a man and a woman who make good conditions, and if scrutinized basically a marriage of one thing that gives birth with the foundation of faith and the agreement the goal is to realize the happiness between the both sides (husband and wife), and are not limited in a certain time and has a religious nature the aspect of worship as well as marriage if the inner birth bond is not happy or marriage it is impermanent and not based on the belief in the one supreme (Idris Ramulyo, 1995; Sayuti, 1986; Wirjono, 1981). Marriage has a close Relationship with religion/sprituality, thus marriage not only has elements born/physical, but the inner/ spiritual elemen also has a role important. Can be said that national development is a process experienced by socity toward a life that better and to be able to achieve an expected goal of development process, then generally development activities must be planned, integrated and directed, as well as with legal development. In line this many opinions say that the present is the cumulative result and the continuity of the times thepast and the future will be more determined by the pattern and the steps and efforts of a nation in the present through a planned social and cultural change for implementation development. This change itself should also be supported through renewal of national law and the development of national law there are three dimensions that nedd to be considered are : dimensions of maintenance, renewal, and feinement (Fajrial Nuh, 2011; Tengku Erwinsyahbana, 2012).

Legal development must be sustainable snytime, because people's live in other fields is always changing, so the law isoften left behind and can not solve the problems that occur within people;s lives. It must be admitted that the construction of this law no as easy as predicted, as may factors can be become a constraint among others due to tribal, cultural, and pluralism religionThe difficulty of legal development is due to circumstances pluralism is primarily in the field of community life that is particularly sensitive in areas such as: in the field of family law, marriage law, the law marriage and the law of inheritance (Mochtar, 2011). Family law is the oldest law in comparison another type of law, beacause when talking family then that is necessary it was agreed that the family was the smallest unit in society, which consist of a least a husband and a wife. Family formed through marriage, and by interpreting the adage "sweet potato sociates ibi ius" "where there is society there is law,then it can it is said that part of the oldest family law is marriage law. A new family is formed more and more society more broadly, then since then began to develop laws public such as constitutional law state administrative law, law criminsl and other legal fields (Amin Summa, 2004). Speaking of family law, it can not be separated from the issues of marriage law, because the family is formed through marriage. After the marriage then formed relationship law between wife and husband, including related relationships with treasures in marriage (Tengku Erwinsyahbana, 2012).

There are 6 principal in the act this marriage: (1) the purpose of marriage is to form a family the happy and the eternal. For that husband and wife need help each other and equip so that each can be develop his personality help and achieve spiritual well-being and materials. (2) In this law it is affirmed that a marriage is lawful if done accordingly the law of ecah religion and trust it, and besides each marriage should be recorded according to the rules current regulation. (3) This law adheres to the principle of monogamy. Only when it is deidered by that concerned, because the law and religion of that concerned to allow a husband to be able more than one wife. (4) This marriage law adheres to the principle that the prospective husband and wife must have been ripe soul the body to be able to hold a marriage, in order to realize the purpose of marriage, both without thingking on divorce ang getting good healthy offspring. (5) The the purpose of marriage is to form a happy and everlasting family the position of prosperity, Then this law adhere to the principle to complicate the occurre. (6) The right and position of the wife is balanced with rights and position of the husband, both in life household and social society, so with all that something in the family can be negotiated and decided jointly bt husband and wife (Ahmad Rafiq, 2000). The meanings and purpose of marriage. The purpose if marriage according to Islamic law consists of: (1) Worsship to God, fulfill or satisfy the nature of life man who has become the law that between men and woman need each other, (2) Maintaining the offspring of mankind, (3) Continuing the development and serenity a spiritual life between man and womn, (4) Closer and mutually understanding between human groups to keep watch safety of life. (Santoso,2016)

Marriage is also viewed as the common good, because if there is no marriage man will follow hid lust as like animals, and by that nature will aris disputes, disasters, and hostilities between people human, which may also be vause a mass murder. The purpose of that wedding true in islam is the guidance of human morals and humanize the human so that the relationship happens between teo different gender can build new life socially and culturally. Relationships inside the building are household life and the generation of human descendants giving benefit to the future of society and country (Beni Ahmad, 2009).

The Divorce at Early Marriage.

Individual who have made serious effort to live a married life and eventually end up divorcing for some reason, then an individual experiencing a divorce situation feel the psychological instability is characterized by sadness, disappointment, frustration, discomfort, uneasiness, unhappiness, stress, depression, fear and worry in the individual. As a result, individuals will have an attitude of hate, resentment, anger, self-blame, or blaming his ex-spouse. In addition, it is often the individual who have divorced can not sleep, tense, difficult concentration in doing work, helplessness, and despair. If the psychic condition is not tackled well, can lead to psychosomatic disorders, suicide or other psychological disorders (Agus Dariyo, 2003; Resti Humairah, 2016).

The impact of divorce is not only felt by the wife the husband will also feel the deep sadness. Trauma can blocking or at least making it difficult for him to get the matching couple as his wife in the future. And is not impossible will cause difficulties collecting the treasure for married to another woman (Resti Humairah, 2016). Parent will also hesitate to marry off their daughters with a person who has been divorced or widower. Because the female parents are afraid of going the same thing to her daughter, if the opportunity to marry a widower then then divorced as he divorces his previous wife. Not again sadness for thinking about the future of children who will obviously lose some of the mother figure or their real father (Resti Humairah, 2016). After divorce, the individual feels no psychological impact stable. Psychological instability is characterized by feelings of discomfort, not calm, restless, uncomfortable, unhappy, feeling unsuccessful, blaming yourself, disappointed, sad, afraid, worried and angry. As a result, psychologically they can not sleep and can not concentrating on work so that disturb his working life, such as job performance decreased. Divorce between husband and wife causes trauma to the couple own. The failure of the household to be bad memories to re-marry someone else. Trauma divorce not only encountered the feelings of spouses who had just split up, but also impact on fear of accepting the new stepparent.

Conclusion

Divorce in the household does not happen just like that, but also caused by several factors, internal and external. Internal factors include economic and internal violence household, while external factors such as infidelity and interference the family. Divorce has an impact on all family members, which has a negative impact on the psychological husband and wife. Such as economic problems, disillusionment with spouse, stress, breakup, communication, the emergence of animosity, feelings of resentment, anger, violate people old, sadness, self-blame, feelings of dislike, loss of taste safe and warm, declining performance and being aggressive, depressed and lonely (Ardi, Ibrahim, & Said, 2012; Ardi & Sukmawati, 2017; Ardi & Yendi, 2017; Daharnis & Ardi, 2016). Therefore divorce becomes a serious matter as it leaves the negative impact that will affect all family members.

From the above description on be raised although the divorce is a decision taken together by a divorced couple, but divorce remains causing psychological impact on both wife and husband. And maybe this is not felt at the time of the divorce but after both feel the loss something they once had before the divorce. The impact of divorce is not only a traumatic experience on one partner life and instability of life but also in the instability of life in work.

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