

Strawberry Gingivitis - A Diagnostic Clue in a Male With Epistaxis and Hemoptysis

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Citation: Bhandari A, Kumar S, Bishnoi A, Bhattacharjee R, Sharma A, Mahajan R. Strawberry Gingivitis - A Diagnostic Clue in a Male with Epistaxis and Hemoptysis. *Dermatol Pract Concept.* 2023;13(3):e2023171. DOI: https://doi.org/10.5826/dpc.1303a171

Accepted: February 2, 2023; Published: July 2023

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Funding: None.

Competing interests: None.

Authorship: All authors have contributed significantly to this publication.

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Case Presentation

A young male presented with the complaint of gingival swelling which started 15 days before and increased rapidly in size. He gave a history of productive cough with bouts of streaky hemoptysis for the past 9 months along with episodes of rhinitis, nasal crusting and nasal bleeding for the past 1 month. On mucocutaneous examination, enlargement of maxillary gingiva and lower labial mucosa was observed with granular surface and overlying petechial spots giving an appearance of a "ripe strawberry". Investigations revealed ground glass opacities in the lungs on contrast-enhanced computed tomography (CECT) chest, maxillary sinusitis on non-contrast computed tomography scan of the paranasal sinuses (NCCT PNS) and positive cytoplasmic antineutrophil cytoplasmic autoantibody (C-ANCA) serology. On the basis of above findings, a diagnosis of Wegener granulomatosis (WG) was established and the patient was started on oral corticosteroids and immunosuppressants.

Teaching Point

WG is characterized by necrotizing and granulomatous vasculitis predominantly affecting the respiratory tract and kidneys but may also involve other tissues [1]. Oral involvement in WG is observed in 6%-13% of patients and oral cavity may be the first site of involvement in 5%–6% of cases [1]. Strawberry gingivitis is considered to be a characteristic sign of WG and presents as red to purple enlarged gingiva with petechiae and granular surface resembling an over-ripe strawberry. Other differentials for similar gingival enlargement include drug-induced gingival hypertrophy, hemangiomas, pyogenic granulomas, Crohn's disease , sarcoidosis, peripheral giant cell granuloma and Kaposi sarcoma [2]. Presence of characteristic strawberry gingivitis is a vital clue



Figure 1. Diffuse edematous and erythematous gingival hyperplasia with petechial spots giving an appearance of a ripe strawberry.

in the patients of WG who otherwise lack several other typical features.

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