

Optical Super-High Magnification Dermoscopy: a Complementary Means in the Diagnosis of Trombiculosis

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Case Presentation

In October 2021, a 27-year-old man working in the countryside of Tuscany (Italy) presented with a 3-day history of diffuse intense pruritus. Dermatological examination revealed multiple, erythematous macules localized on his right side of the trunk, the genitals, and the right popliteal fossa (Figure 1, A and B). A 10x dermoscopy examination revealed in the center of each macula the presence of a tiny bright yellow mite, hard to recognize due to its small size (Figure 1C). Videodermoscopy at 40x (Figure 1D) and 400x (Figure 1E) magnification (Medicam 1000, Fotofinder System^(R)) allowed to observe six-legged golden colored parasites, strongly attached to the skin, and thus to identify an

infestation of the larval stage of Neotrombicula Autumnalis, a mite involved in the underestimated and misdiagnosed trombiculosis.

Teaching Point

Trombiculosis is a common but underreported ectoparasitosis caused in Europe by the larval stage of Neotrombicula Autumnalis.

Diagnosis of trombiculosis can be difficult: clinical presentation is extremely vague, mainly asymptomatic, occasionally consists of multiple pruritic papules due to parasite biting.

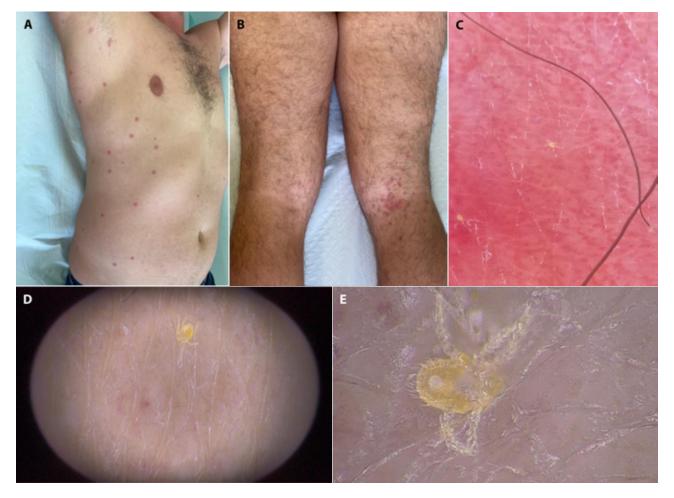


Figure 1. (A, B) Multiple, erythematous macules scattered on the right side of the trunk and right popliteal fossa. (C) Conventional dermoscopy 10x showed a tiny golden mite in the center of each macula. (D, E) videodermoscopy at 40x (D) and 400x (E) magnification of Neotrombicula Autumnalis (Medicam 1000, Fotofinder System^(R)).

Futhermore, larvae show tiny dimensions (200-400 μ m) and can easily be missed at conventional 10 x dermoscopy, so high-magnification dermoscopy could represent an useful means in the diagnosis of trombiculosis.

Only one case of Neotrombicula Autumnalis described by using high-magnification videodermoscopy was found in literature [1, 2]. In particular, under optical 400 x magnification, the color, the entire contour of the body and the details of the legs of the parasite are better visible, allowing a precise diagnosis.

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