

Zosteriform Cutaneous Distant Metastases as Onset of Relapsing Melanoma

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Case Presentation

A 66-year-old man with a history of an ulcerated melanoma on the lumbar region, Breslow index 2.9 mm, with regional lymph node involvement, presented with pinkish papules on his forehead 5 months after the initial surgery. The lesions rapidly evolved into multiple coalescent papulonodules forming a zosteriform plaque on his forehead (Figure 1). Skin biopsy confirmed the diagnosis of cutaneous melanoma metastases.

Teaching Point

Zosteriform metastases are rare, with only about 60 cases reported, and melanoma is one of the most frequent neoplasms implicated [1,2]. Physicians should suspect this infrequent form of skin metastases even when lesions are distant from the primary site.

References

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Figure 1. Metastatic melanoma. Multiple coalescent papulonodules forming a zosteriform plaque on the forehead.

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