



5 STEPS FOR STARTING A SUCCESSFUL RESEARCH JOURNEY

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STEP 1 FIND YOUR MOTIVATION

As the world of research is expanding, it is becoming a necessary skill to have for the future. Developing this skill will help build an understanding of the new discoveries in the field of science. No specific qualification is needed to do research, and it can be done at home. Also, it is an achievement to add to your resume.



STEP 2 SET GROUND RULES

A dedicated, reliable, and ethical attitude is needed before starting the journey. Make sure you maintain a work-research balance. Have a devoted time for research in your schedule.



STEP 3 GET TO KNOW THE RESEARCH WORLD

Gain knowledge by attending research workshops, online courses, watching youtube videos, and reading research books and published articles in the field of interest.



STEP 4 LOOK FOR RESEARCH OPPORTUNITIES

Approach professors, doctors, and colleagues doing research. Contact people on LinkedIn and Researchgate. Look for research electives and internships. Participate as a research volunteer.



STEP 5 DONT GIVE UP!

Research can be very time-consuming and there is a chance of rejection, but focus on acquiring research skills and enjoy the process.



“ IF WE KNEW WHAT IT WAS WE WERE DOING, IT WOULD NOT BE CALLED RESEARCH, WOULD IT? - ALBERT EINSTEIN ”

REFERENCES:

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- <https://www.princetonreview.com/med-school-advice/research-experience-for-medical-school>
- <https://www.osmosis.org/blog/2021/03/25/how-to-find-research-opportunities-in-medical-school>