

Food & Mood: The Complete Guide to Eating Well and Feeling Your Best, by Elizabeth Somer (460 pages, January 1995), offers dietary solutions to such common problems as depression, mood swings, sleeplessness, irritability, seasonal affective disorder (SAD), and PMS. Somer's practical advice is supplemented by her substantial reference listings and resource recommendations. The frequent tables, charts, worksheets, quizzes, and lists encourage browsing. \$25.00. Henry Holt, 115 W. 18th St., New York, NY 10011. ISBN 0-8050-3125-1.

Harrod's Librarians' Glossary, compiled by Ray Prytherch (692 pages, 8th ed., March 1995), contains 9,000 terms used in information management, library science, publishing, the book trade, and archive management. First published in 1938, *Harrod's* now has an advisory board to improve coverage in records management, preservation, and computer and international terminology. More complete than the already dated *ALA Glossary*, this volume defines such terms as *Mearne style*, *spamming*, *Vosper Fellowshipships*, *ola books*, *denudation*, *plug and play*, *bibliopsychology*, and *EuroCAIRN*. A good one-volume first stop for definitions. \$99.95. Ashgate Publishing, Old Post Road, Brookfield, VT 05036. ISBN 0-566-07533-4.

The Microsoft Wine Guide on CD-ROM (1995) is a fine example of multimedia in its most instructive and entertaining form. Wine connoisseur Oz Clarke, in a series of video clips, explains wine glasses, decanting, opening the bottle, corks and corkscrews, sparkling wine, wine tasting, the appearance of wine, elements of wine, and faults in wine. He also conducts a tasting tour of wine flavors from champagne to port and discusses labels, varieties, styles, when to drink wine, and how to plan a cellar. One of its most enjoyable features is its wine selector, through which you can choose a wine region, grape variety, wine style, star rating, food match (from pizza to *pâté*), specific producers, appellations, or tasting notes, to come up with a list of appropriate wine labels. No



printed guide can produce a customized list as this CD-ROM can. Even if you are not a wine drinker, you will find some aspect of this software to admire. \$39.95 list. Microsoft Corp., One Microsoft Way, Redmond, WA 98052-6399.

On These Walls: Inscriptions and Quotations in the Buildings of the Library of Congress, by John Cole (106 pages, April 1995),

is the first book to list the inscriptions and quotations in all three library buildings. It also includes brief descriptions of paintings and works of sculpture, along with a short history of each building. Includes six color and 27 black-and-white photos and a detailed index and guide to names. \$8.50 (plus \$3.50 handling). Library of Congress Sales Shop, Washington, DC 20540.

The Oxford Encyclopedia of the Modern Islamic World, edited by John L. Esposito (4 vols., March 1995), is devoted to culture, religion, and politics in the Islamic world of the 19th and 20th centuries. Its more than 750 original articles (including 100 biographical entries) were written by an international team of scholars in Islamic studies. The topics are well chosen and highly informative, offering lucid analyses of complex concepts that many users will be unfamiliar with. The Islamic perspective on women, suicide, class, urban planning, magic and sorcery, terrorism, and libraries will be of interest to students in those fields. \$395.00. Oxford Univ. Press, 200 Madison Ave., New York, NY 10016. ISBN 0-19-506613-8.

Secret Intelligence and Public Policy: A Dilemma of Democracy, by Pat M. Holt (269 pages, October 1994), examines the paradox of covert intelligence operations within an open, democratic society. This book deals with such vital issues as what arm of government is ultimately responsible for intelligence, how that authority reaches its decisions, and how the lines of communication from authority to operational officer can be unclogged. Holt has considerable experience with his subject: he was the Senate Foreign Relations Committee's

principal contact with the intelligence community for 17 years. He writes: "[I] learned a great many secrets and failed to learn others despite diligent efforts to penetrate the obfuscation that is a bureaucrat's natural defense." \$18.95. Congressional Quarterly Books, 1414 22nd St., N.W., Washington, DC 20037. ISBN 0-87187-683-3.

Tantalizing Tingles: A Discography of Early Ragtime, Jazz, and Novelty Syncopated Piano Recordings, 1889-1934, by Ross Laird (258 pages, April 1995), brings together all data for recordings of nonclassical piano made for issue on disc and cylinder prior to 1935. Primary arrangement is by performer, with cross-references for pseudonyms and recordings made as part of piano duets, trios, or quartets. An appendix lists nonsolo instrumental re-

cordings by selected pianists, and the index provides access by song title. Much of this data has not been published before. \$65.00. Greenwood Press, 88 Post Road West, P.O. Box 5007, Westport, CT 06881. ISBN 0-313-29240-X.

The Visual Dictionary of American Domestic Architecture, by Rachel Carley (272 pages, January 1995), presents more than 500 detailed illustrations of American dwellings from Native American wigwags to postmodern country houses. Text and definitions are minimal, the author presuming that readers will look up "voussoir" and "modillion course" if need be. The fine points of floor plans, interior views, and details are also carefully examined. \$40.00. Henry Holt, 115 W. 18th St., New York, NY 10011. ISBN 0-8050-2646-0. ■

Whole Library Handbook 2 adds humor to facts and figures

Do you know how many people attended the first ALA Annual Conference in Philadelphia in 1876? (It was 103; 24,653 attended last June.) Do you know how much money is spent on home video games per year, compared to that spent on educational and research materials for college and university libraries? (It's \$5.5 billion compared to \$1 billion.)

For facts like these and others, turn to *The Whole Library Handbook 2: Current Data, Professional Advice, and Curiosa about Libraries and Library Services*, compiled by George M. Eberhart (ALA, 1995; \$30.00, ALA members \$27.00).

An update of the first volume, published in 1991, the *Handbook* includes 90 percent new material. Compiled from many sources, including *C&RL*, *C&RL News*, *RBML*, and *American Libraries*, it includes articles of general and special interest on topics like: what librarians can do to save the earth; managing employees; how to raise good readers; 84 library uses for the Internet; and 11 ways to answer a censor.

Almost every aspect of the profession is covered here in brief, informative pieces. You will find information on forming a foundation, workplace violence, planning library buildings, library promotion ideas, attending conferences, part-time workers, selecting software, and many more topics.

And if you like some humor with your facts and figures, check out the section on haunted libraries (a male librarian haunts the rooms west of the Rotunda in the U.S. Capitol Building, where the Library of Congress was once housed, because he died before he could fetch the \$6,000 he had hidden between the pages of books there). Or try "The Top Ten List of Silly and Illogical Reasons to Ban a Book," "Daffy Dissertations," or "Little-Known Nets" like NyetNet for Russian dissidents.

The Whole Library Handbook 2 will prove to be an entertaining and informative resource for librarians of all kinds. To order a copy call (800) 545-2433, press 7 or fax (312) 836-9958.—Pam Spiegel, ACRL

