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GOODWIN'S COURSE IN SEWING

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To set in embroidery.—Trim the edges of the inserting even, allowing sufficient material to form a narrow French felled seam. About $\frac{3}{8}$ inch is sufficient in fine materials. The seaming may be done by hand with fine running or combination stitches, or by machine.

The same method is employed to set in the narrow seam beadings, or veinings, with which seams are joined in fine white work. In the case of gathered edges, the plain material at the edge of the embroidery is left wide enough to form a binding over the seam, as in sewing on ruffle, shown in Fig. 19.

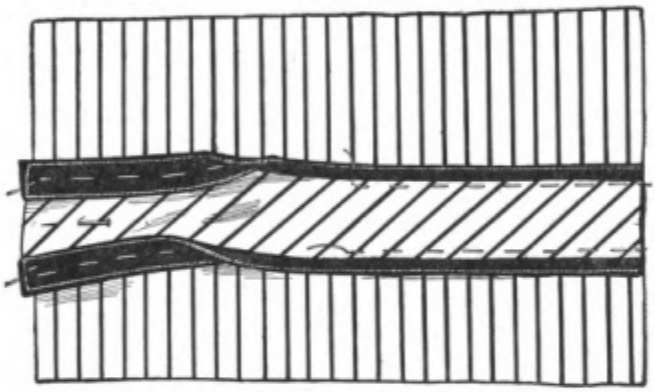

FIG. 27.—BIAS BAND WITH PIPING AT EDGES.

Bias bands.—Trimmings for linens, ginghams and other washable fabrics may be made effectively from bias bands, plain or with pipings of contrasting color.

Cut the bands exactly even, and cut twice the length for the piping, also bias, from $\frac{3}{4}$ to 1 inch in width, according to the width of edge shown. Fold the piping double, and baste on the right side of the band with the raw edges even with the edge of the band. Turn the seam to the wrong side and baste the band carefully to the garment, as shown in Fig. 27. Use a card marker for spacing the bands, as in folding tucks or hems.

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For striped and plaid materials, bands cut on opposite bias for the right and left sides of the garment are used with excellent

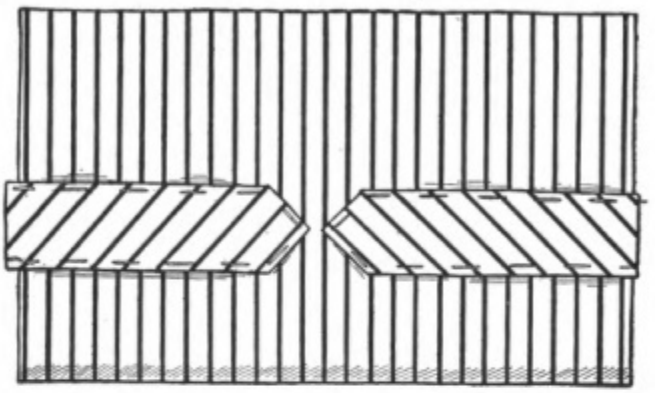

FIG. 28.—BANDS CUT ON OPPOSITE BIAS.

effect, as shown in Fig. 28. Fold the material with right sides together and cut the bands from the two pieces with the bias in opposite directions.

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VIII. PETTICOAT

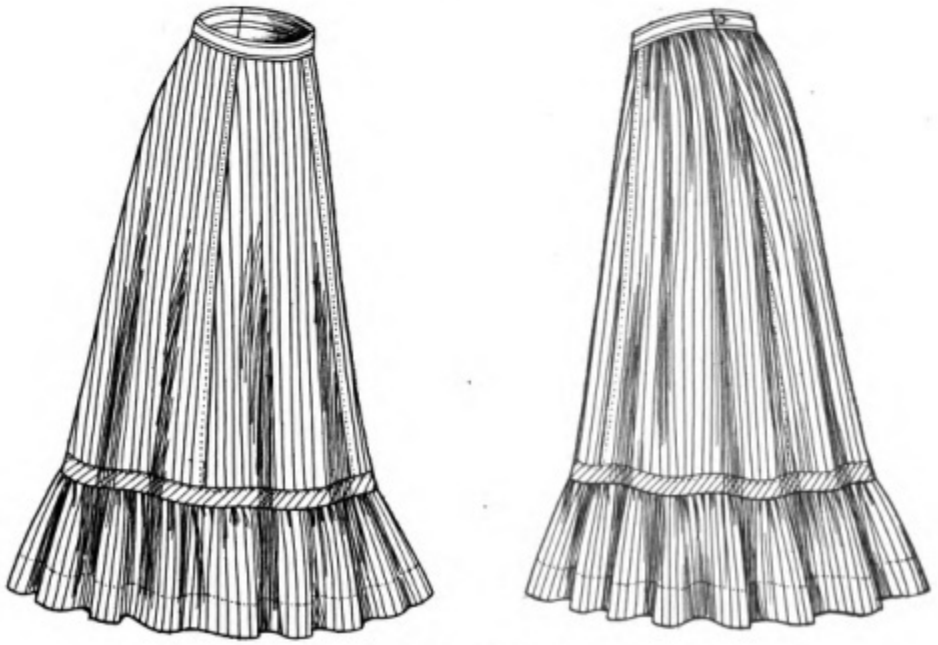

FIG. 29.—PETTICOAT WITH FLOUNCE.

Materials.—Striped, checked or plain percale, gingham or other suitable cloth, 32 to 36 inches wide,

4 yards,	.12½	$0.50
1 button,		.01
		$0.51

Cut by School Pattern No. 3, which is in four pieces: one-half of the front gore, one side gore, one back gore and one-half of the belt.

Measure the waist for size of belt, allowing for lap and finish at the ends. Measure the length of skirt from the waistline in front to the bottom of the skirt, and increase or decrease the length of the pattern the same amount for each gore, as shown in diagrams, Fig. 29 and Fig. 30.

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(*Note*: In marking notches, etc., a cross-stitch or a short line of running-stitches will be found to repay the trouble, as it is much easier to put the markings in when cutting out than to measure up the half-made garment to find the correct positions.)

Cut a strip 2 inches wide and 18 inches long, lengthwise of the cloth, for the binding of the placket.

If the petticoat is to be made with flounce, as shown in Fig. 29, cut the upper portion to the line of perforations 9 inches from the bottom of the pattern. If to be made plain, cut the full length of the pattern, which allows 3 inches for hemming, indicated by the line of perforations 3 inches from the bottom.

Cut the flounce crosswise of the cloth, 9 inches deep and 3 yards in width.

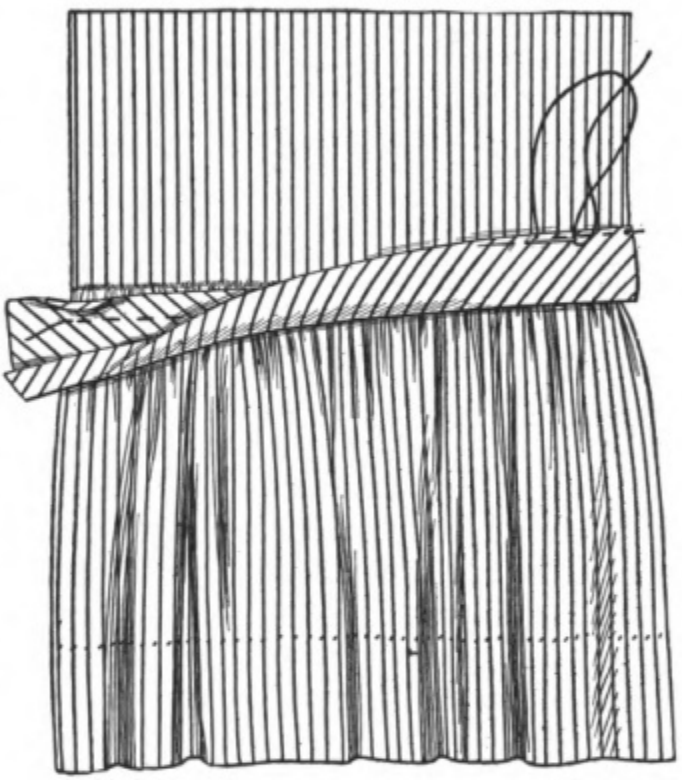

FIG. 33.—FLOUNCE ATTACHED WITH BIAS BAND.

Cut the bias band to finish the top of the flounce, $1\frac{3}{4}$ inches wide and 2 yards long.

To make the petticoat.—Join the gores of the skirt according to the notches and finish with flat felled seams. Close the center back seam to the double perforation (●●), which indicates the placket opening, as shown in Fig. 18.

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IX. DRESSING SACQUE

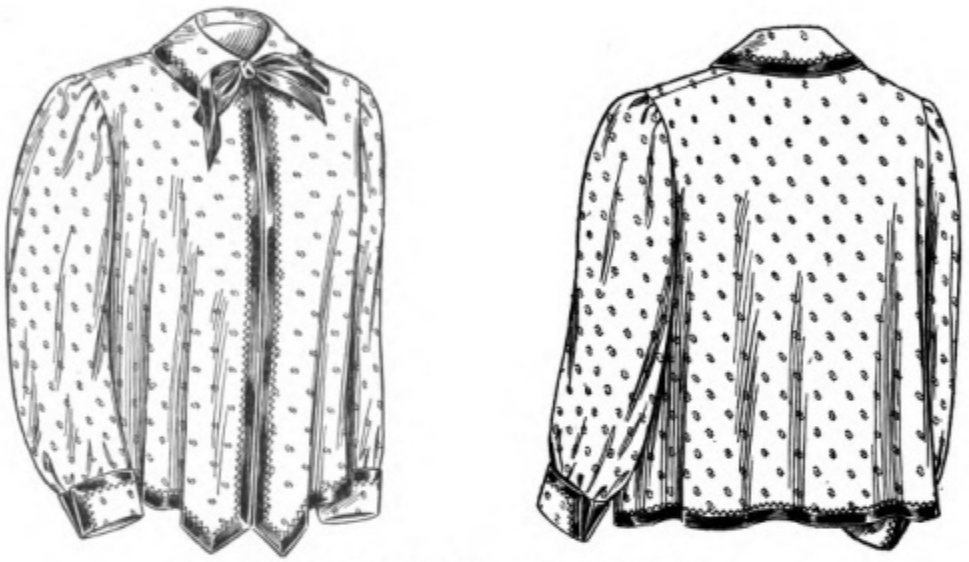

FIG. 34.—DRESSING SACQUE OF WOOL CHALLIE.

Materials.—Wool challie, 32 inches wide,

	2¼ yards,	.29	$0.65
Ribbon,	5½ "	.07	.39
Embroidery twist for feather-stitching,			.05
			$1.09

Lawn, dimity, cotton challie or other suitable material may be used to make this sacque. A plain colored fabric may be used for trimming instead of ribbon. Cut this in folds 2 inches wide and turn in ¼ inch along the edges.

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XI. SHIRT WAIST DRESS

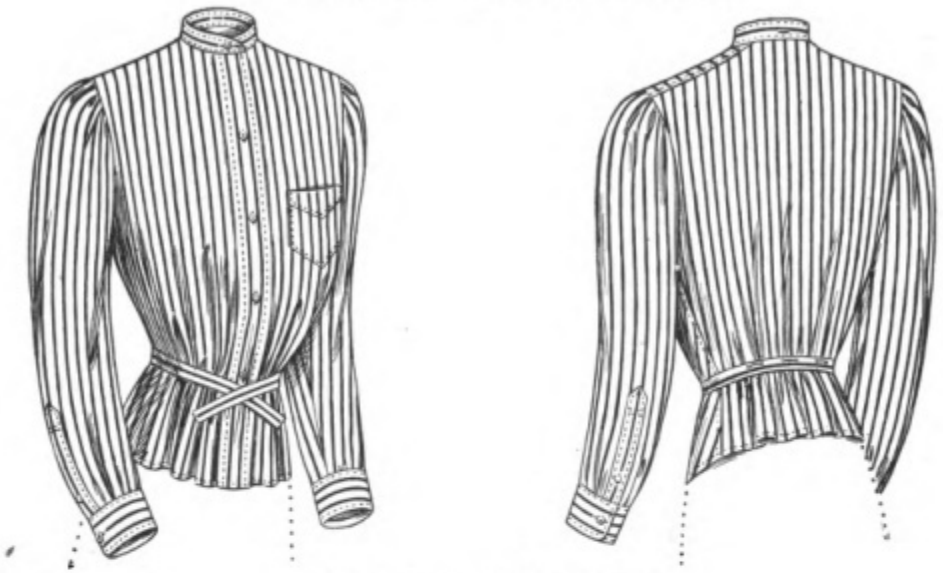

FIG. 39-1.—PLAIN SHIRT WAIST.

FIG. 39-2.—SEVEN GORED SKIRT.

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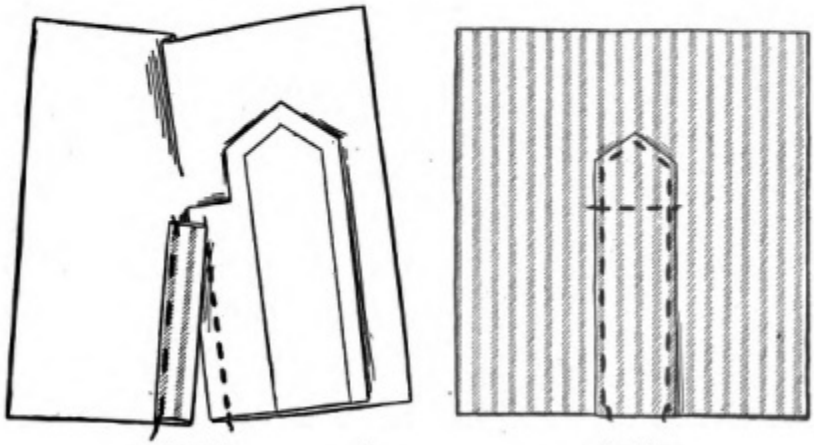
bottom and apply to the left side of the front in position indicated by the perforations. Stitch flat around the edges. Fasten carefully at the corners of the opening.



Inside. Outside.

FIG. 43.—FACING FOR SHIRT WAIST SLEEVE.

To make the sleeve.—Bind the under side of the sleeve opening with the narrow piece for the underlap, sewing it on from the right side and hemming down underneath. Sew the upper facing along its shorter side to the opening, with the right side of the facing to the wrong side of the sleeve. Fold over to the right side and turn under the edges as indicated in Fig. 43. Stitch from the right side around the edges and across below the point at the end of the opening, through both top facing and underlap. Close the sleeve with a plain seam, overcasted, or a French felled seam if the material is not too heavy. Gather the sleeve at top and bottom according to the perforations. Stitch the lower edges of the cuffs, right sides together, with a small seam. Turn right side out and baste the seamed edge flat. Baste the outside of the cuff to the gathered edge of the sleeve, the middle of the cuff at the seam inside, and the ends even with the edges of the opening. If the cuffs are intended for link buttons, allow the width of the underlap to extend beyond the edge of the cuff.

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