# Letters to the Editor

Send your letters to the Editor, British Dental Journal, 64 Wimpole Street, London W1G 8YS Email bdj@bda.org

Priority will be given to letters less than 500 words long. Authors must sign the letter, which may be edited for reasons of space.

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## **COMPLIANCE OUT OF FEAR**

Sir, we read with interest the paper by Soheilipour *et al.* on the views of professionals on the NICE guidelines (CG64) relating to antibiotic prophylaxis for cardiac patients.<sup>1</sup>

We recently completed a survey of 162 dentists in the West Midlands about their views of NICE CG64.<sup>2</sup> We agree that we should treat our patients on a one to one basis and take into account their wishes and needs, as these current NICE guidelines state clearly 'treatment and care should take into account patients' needs and preferences. Patients should have the opportunity to make informed decisions about their care and treatment'.<sup>3</sup>

However, we found that most of the dentists we surveyed were not happy to consider patients' preferences: 90% preferred not to administer antibiotic prophylaxis even if patients insisted that they should be prescribed. Fifty-two percent of the respondents felt that the guidelines from the American Heart Association would better serve their patients' interests.

Soheilipour et al. highlighted an important issue, that guidelines should be seen as recommendations rather than protocols. The majority of the dentists in our study were convinced that deviating from the guidelines may result in litigation and disciplinary proceedings. There appears to be a need for a fundamental debate about the rule of guidelines in determining clinical practice and this situation provides a good example of the dilemma faced by dentists in applying national guidelines to every day clinical practice.

Further we note there is a difference in emphasis given by the two

main defence organisations regarding this issue. Dental Protection states that 'Dentists working within an NHS contract are required under the terms of their contract to observe the guidance of NICE when writing prescriptions. Clinicians working privately may not have contractual obligation to follow the quidance, but they would need a very strong justification for choosing not to do so'.4 The Dental Defence Union advises members to be aware of the current guidance, but if they judge it is in the patient's clinical interest not to follow advice contained in national guidelines, they will need to make a careful record of their reasons for doing so. They further advise that if a dentist is later called upon to justify a decision to prescribe or not prescribe a prophylactic antibiotic, he or she would have to be able to establish that they were working in accordance with a reasonable body of dental opinion.5 Thus we wish to draw attention to the question of what constitutes a reasonable body of dental opinion, when compliance appears to be done more out of fear of adverse personal consequences than anything else.

## E. Beshara, B. Speculand, Birmingham

- Soheilipour S, Scambler S, Dickinson C et al.
   Antibiotic prophylaxis in dentistry: part I. A qualitative study of professionals' views on the NICE guidelines. Br Dent J 2011; 211: E1.
- Accepted as a poster, British Association of Oral Surgeons conference. London, September 2011.
- NICE Short Clinical Guidelines Technical Team. Prophylaxis against infective endocarditis: antimicrobial prophylaxis against infective endocarditis in adults and children undergoing interventional procedures. London: National Institute for Health and Clinical Excellence, 2008.
- Dental Protection. Position statement. Antibiotic prophylaxis. Issued 24 March 2008.
- 5. Harvey B. *New guidance on antibiotic prophylaxis*. The Dental Defence Union, 2 April 2008.

DOI: 10.1038/sj.bdj.2011.874

## **CONTRARY TO JUSTICE**

Sir, we write to express our unhappiness at the decision to withdraw Seniority Payments to dentists working in the General Dental Services over the age of 55 from 1 April 2011 who, we understand, will no longer be admitted to the scheme. We would like to state that we find this action reprehensible.

Monies supposedly allocated to this payment have been 'top sliced' from fees paid to all dentists working in the GDS for many years. The action of the DH to remove this payment without any form of replacement is, in our opinion, contrary to natural justice.

If we, as dentists in the GDS, were to accept payment for services to patients and then arbitrarily refuse to provide these services we would be called to account by the patients and ultimately by the relevant authorities. Prior to the introduction of the present contract we were assured that we would be operating in a 'high trust' environment. This action by the DH shows that the reality is far from this empty rhetoric.

To restore your readers' faith in the actions of the DH we would ask them to reinstate these payments immediately.

M. Buckle Chair, on behalf of Devon Local Dental Committee DOI: 10.1038/sj.bdj.2011.875

## **QUALITY MEASURES**

Sir, I was extremely interested to read *An analysis of patient expenditure in the GDS in Scotland 1998 to 2007 (BDJ* 2011; 211: E3) by Chalkley, Rennie and Tilley. This provided an opportunity to revisit a 'fee for item of service' (FIS) contract and highlighted the tensions which I experienced as a practice owner