MANUAL

OF

HOMŒOPATHIC

THEORY AND PRACTICE.

DESIGNED FOR THE USE OF

Physicians and Families.

BY ARTHUR LUTZE, M. D.

Man can what he wills,
But he must have faith and trust!

TRANSLATED FROM THE GERMAN, WITH ADDITIONS,

BY CHARLES J. HEMPEL, M. D.

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TO

His Highness

THE

REIGNING DUKE BERNHARD,

OF

SAXE-MEININGEN.

Although I have not the honor to be one of your Highness' subjects, yet you are so generally known and admired as a promoter of the Homœopathic Healing Art, and you occupy such an eminent position in the history of Homœopathy that it affords me the highest honor and delight to be permitted to dedicate to your Highness my Manual of Homœopathy.

Would that many reigning Princes might follow your Highness' example, and protect and promote the new Healing Art fraught with blessings.

With deep respect, I am your Highness'

Faithful and obedient servant,

ARTHUR LUTZE.

Cœthen, August 10th, 1860.

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THE PUBLISHER'S ANNOUNCEMENT.

DR. LUTZE'S work on the Theory and Practice of Homœopathy is the most popular treatise on this science which has yet been published in Europe. No less than sixty thousand copies of this work have been sold at the present moment. No physician in Europe can boast of a larger and more lucrative practice, or of a larger number of patients of the highest social standing and education than Dr. Lutze. He adheres with the utmost rigidity to Hahnemann's original doctrines, and his practice is crowned with undeniable and, in many respects, unparalleled success. In one particular Dr. Lutze deviates in the treatment of inveterate chronic diseases from the established rule of homœopathic practitioners; we allude to a combination of remedies. This proceeding is, however, applied only to a few remedies, and then only in chronic maladies.

The section where the use of combined drugs is explained, does not form an integral part of this work; but, in order not to omit any thing of the original text, the publisher has deemed it advisable to insert this section of Lutze's work in this Announcement, together with the letters to and from Hahnemann where the discovery of a combination of drugs is sanctioned by the author of Homœopathy as a legitimate development of the homœopathic healing art. This innovation, however,

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need not shock the orthodox reader; it is never alluded to in the body of the work; all that need be said in reference to this matter is that in chronic cases, Dr. Lutze, instead of alternating drugs, frequently gives the two remedies, each of which is supposed to be homœopathic to the case, in combination. The reasons which have prompted him to innovate thus far upon the general practice of homœopathic physicians, are fully stated in Section VII. of his work, which is here transcribed for the benefit of the American reader.

Section VII.

"An important subject is the combination of remedies. As in acute cases we often have to give two remedies in alternation, because the symptoms of the case are not always covered by one, so in chronic cases two remedies may be given not in alternation, *but in combination*, three to four globules of each remedy being dissolved in the same tumbler of water, and a spoonful of this solution being taken morning and night for several days in succession. In a case of tetter, for instance, or debility from loss of blood, *Sulphur* and *China* may be given in combination. Sulphur for the psora, China for the debility, and the result shows that this combination cures much more effectually than either of these drugs, if given singly. In cardialgia the symptoms of which are covered by *Nux*, I give Nux and Sulphur in combination, if an eruption had existed previously. In tetter which breaks out after suppressed itch or syphilis, I give *Mercurius* and *Sulphur* in combination.

In making such a combination I have to warn against using drugs each of which is not homœopathic to the

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existing case. This, however, is a matter of course, for no cure can be expected of a remedy which is not homœopathic to the case.

Any two remedies may be combined, if highly potentized, even antidotes. Experience shows that, if two antidotes are indicated in a case, they produce striking effects, *if given in combination.* The explanation of this phenomenon is not difficult. I suppose that the process of mixing does not apply to higher potencies, but that the two may assist each other in their mutual effects; but even this fact does not extend to antidotes which repel each other, and each of which pursues its own action to the end of the cure.

This important discovery of the combination of drugs was first announced twenty-four years ago, by Doctor Julius Aegidi, at that time physician to the Princess Frederica of Prussia, and now medical counsellor. This discovery was communicated to Hahnemann in the year 1833, corroborated by two hundred and thirty-three cures with combined remedies, and was joyfully received by Hahnemann, but kept secret from the public by the imbecility of the foes of truth, whereas the worthy discoverer was insulted and derided by those who were unworthy of unloosening his shoe-strings.

Read Hahnemann's reply to Aegidi's letter where he announces his discovery, and relates the history of two hundred and thirty-three cures with remedies administered in combination. The letter bears date May 15th, 1833.

"DEAR FRIEND AND COLLEAGUE:

"Do not suppose that I reject any thing good from mere prejudice, or because it might lead to modifica-

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tions in my doctrine. All I desire is the truth, and I know that this is all you care for. I am rejoiced that you should have had such a happy thought, at the same time confining its execution to proper limits. Two remedies should only be given in combination, in a highly potentized form, provided each is, in its own way, homœopathic to the case. In such a case, this proceeding is an advantage to our art which should not be repudiated. I shall take the first opportunity of making a trial, and I doubt not that it will be successful. I am likewise glad to hear that Bœnninghausen approves of this plan. I believe that two remedies may be given in combination, which we do even now when *Sulphur* and *Calcarea* are given in combination in the form of *Hepar sulphuris;* or *Sulphur* and *Mercurius,* when Cinnabaris is administered. Permit me to communicate your discovery to the world, in the fifth edition of the Organon which is soon to appear. Until then please keep this discovery to yourself, and request Dr. Jahr, whom I esteem very highly, to do the same. At the same time I shall protest and earnestly warn against the arbitrary combination of any two drugs indiscriminately.

"Truly yours,

"S. HAHNEMANN."

In another letter to Dr. Aegidi, Hahnemann writes, under date of June 19th, 1833:

"——— I have devoted a special paragraph to your discovery of a combination of drugs, in the fifth edition of my Organon, the manuscript copy of which was sent last night to Arnold, with a request that the work should be printed very speedily and that my likeness

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should be placed in front of the title-page. The rivalry for priority is a most anxious chase. Thirty years ago I, too, had the weakness of wooing it. But for a long time past I have not felt any other desire than that the world should know the best and most useful truth, whether through me or any body else."

These are the words of the master, and we now ask, What has become of this paragraph? We search the Organon from the first page to the last, *without finding it!*

Here is the explanation. Hahnemann laid the new discovery which he had kept secret heretofore, before the meeting of homœopathic physicians on the 10th of August, 1833. Their number was as yet small, but instead of meeting with open hearts, he found stubborn minds that were incrusted with old prejudices, and, instead of accepting the blissful truth, assailed it with all sorts of persecutions, comparing it to the mixtures of allœopathic practitioners, and persuading Hahnemann to abandon the publication of this discovery and even to allow one of his friends, while passing through Dresden, to suppress the paragraph which had already been printed.

Thus it is that the world has been robbed of a most important discovery these twenty-one years; for Aegidi's publication of his discovery in the 14th volume of the Archive, 1834, was assailed in such a shameless manner by a number of enemies, that it was soon forgotten by those who only heed the cry of the multitude, and that the worthy discoverer preferred remaining silent to exposing himself to abuse and to the assaults of an imbecile crowd.

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I do not know the persons who have perpetrated this robbery against humanity, nor do I care to hear their names mentioned; most of them may be in their graves, and the balance are already judged; therefore we will not condemn them any further, but pray for them: Father, forgive them, for they knew not what they were doing.

The time of requital has come; the hitherto suppressed discovery rises like a phenix from its ashes, and the name of its author, *Julius Aegidi*, shall be snatched from oblivion. I am thankful for the privilege I enjoy of wresting the new truth from its slumber, not like a feeble infant, but grown up to manhood and armed with the sword of intelligence and power, which will enable it to resist the persecutions of darkness.

In comparing the use of *combined remedies* to the mixtures of allœopaths, the opponents of this discovery showed most conclusively that they have neither apprehended the essence of homœopathy nor the meaning of potentization. If a medicine is selected *homœopathically*, or in conformity with the law of similarity, every arbitrary proceeding which prevails in allœopathic practice, ceases; an arbitrary compounding of drugs cannot be compared with a combination of remedies based upon law. In the next place, the term mixture only applies to coarse materials, but not to high dynamisations which are deprived of their material constituents, and have been converted into purely spiritual powers by means of which the most astonishing effects can be produced, such as the instantaneous cure of a violent toothache, by simply smelling of the appropriately-selected agent; thousands of cases illustrate these marvellous effects. Spiritual forces can be mixed

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no more than mental productions received into the storehouse of the mind; a proof of this is our memory in which thousands of objects, whether acquired or invented, are ranged side by side without being mixed; if this should take place, it shows mental disease, derangement, insanity.

Mesmerism exhibits a form of *combined medicines*. If a person has a headache in both sides of the forehead or in both temples, and I first make a pass over the right side of the forehead, the pain disappears in this region; if, then, I make a similar pass over the left side, the pain there disappears likewise; we know this from experience. In making simultaneous passes with both hands down both sides of the forehead, the pain disappears in both sides at the same time. Who will assert that this is not in strict accord with the requirements of art? On the contrary, any one who is acquainted with mesmerism, will proceed in this very manner,-and will obtain striking results. This is the case with *combined remedies*.

I do not mention this by way of an explanation, but my intention has only been to illustrate my position by analogous facts; for no fundamental or elementary phenomenon can be explained.

Hahnemann commits a slight mistake by ranging Hepar sulphuris and Cinnabaris with combined remedies; the difference is, that the former are mixed in their crude elements, and then potentized and proved as identical units; whereas combined remedies consist of two high dynamizations acting side by side with each other, *each in its specific manner*.

Three or four years ago the discoverer first acquainted me with the combination of remedies; having had thou-

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sands of opportunities of trying them in my clinic, it is useless to deny their efficacy. But I must request my colleagues who are anxious to institute similar experiments, to do so with carefully prepared potencies. Our excellent Bœnninghausen has informed me orally, that he has obtained equally fortunate results with the high potencies, and every honest experimenter will be able to achieve a similar success.

I made my first experiments in Berlin, on the very day when the discovery of a combination of remedies was first made known to me. It was in the case of a lady who had been operated on for cataract by Jûngken nine months ago, and who had been suffering since then with such a violent ophthalmia and such intense pains in the eyes that she prayed for death, since Jûngken was unable to order any thing for her relief except leeches to the temples, a stupid remedy which had the effect of determining the blood to the head more and more. As soon as she heard my steps, she exclaimed: Oh, relieve me of my boundless misery, else I shall prefer death! I at once mixed 3 globules of *Aconite* and 3 of *Belladonna* in a small tumblerful of water, and ordered a dessertspoonful every hour. Half an hour after the first dose she felt relieved; in two hours the pains had left her, and in twenty-four hours pains and inflammation had disappeared. Now she was for the first time able to enjoy the benefit of the operation which had otherwise been performed with perfect success. Homœopathy has converted ophthalmic surgery into a true blessing; I can show numbers of cases where I have operated without the least inflammation supervening; for immediately after the operation I give *Aconite* 30 in water every two hours, and if the patient complains of

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pains in or over the eyes, I give *Belladonna* 30 in alternation or combination with Aconite.

I will now relate a few cases which I have treated in my clinic:

2. Antonia D., aged 25 months, was thrown down by a cat jumping against her, with such violence that her head was knocked against a chair, and she trembled with fright. Half an hour after she commenced to stutter, which grew worse from day to day. I gave a solution of *Arnica* 30, and *Opium* 30 *in combination*, a dessertspoonful every morning and night, for four days in succession (Arnica for the concussion, and Opium for the effects of the fright). After a trifling aggravation the child improved, and, in a fortnight, talked with her usual ease.

3. Mrs K. had pulmonary phthisis for some time past. Cough with expectoration of yellow mucus, having a saltish and sometimes a bitter taste. Hoarseness, faint sound of the voice. Slight fever without thirst, oppression of the chest, palpitation of the heart, whining mood. Complete suppression of the menses for the last three months, they had been scanty and watery for a long time previous. Great debility, constant night-sweats. Every other day all the symptoms were worse. Gave *Pulsatilla* 30 and *China* 30 in water, in combination, for four days as above. Eight days after commencing the treatment the menses became regular and a general improvement set in. Cough and expectoration likewise disappeared. She was cured in four months.

4. Mrs. K., 40 years old, had been affected for many years with violent pains in the abdomen, especially when the menses happened to be suppressed, which took

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place very irregularly in consequence of severe confinements. The menses had been suppressed for six months. The pain in the abdomen set in with so much chilliness that the limbs trembled, and the pain affected the whole body. In the right side of the abdomen a hardness was sometimes perceived, which disappeared again. Stool generally hard, attended with great pain. In consequence of great weakness the patient had almost always to keep her bed; when she attempted to rise, the pain grew worse. It lasted from three in the morning until evening. When a child, she had the itch which was removed by means of an ointment. I gave *Nux* and *Sulphur* 30 in combination. Six weeks after, I received the following report: "After the first dose the pains ceased, the menses returned in a fortnight, and I feel quite well except a little weak."

5. Augusta F., 12 years old, had been afflicted with vomiting of the ingesta since her birth, except bread. She could not even retain her mother's milk, so that she had to be brought up on bread; afterwards she was unable to keep any thing on her stomach except dry bread. After having employed several physicians, among whom some homœopaths, she applied to me. I ascertained that she was occasionally troubled with an eruption in the face, and that her fingers were covered with small warts. I gave *Sulphur* and *Ipecac.* 30 in combination, dissolved in water, morning and evening, for four days, Sulphur for psora, Ipecac. for the vomiting. Three days after taking this medicine she was seized with such violent vomiting for three days, that even the dry bread was rejected; after this she was able to keep every thing on her stomach, even water, and any kind of nourishment. The vomiting ceased en-

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tirely, the warts diminished in size from week to week, disappeared first on the left hand, in eight weeks after likewise on the right (because Sulphur first acts upon the left side), so that a single dose of this combined remedy effected a cure.

6. Mr. W., 29 years old, after every slight cold was attacked with chilliness, followed by pains in the head, chest and back which continued for some time. The pain then extended throughout the whole head and was most violent on the top. During the attack the bowels remained costive for three or four days, he had no appetite, his sleep was restless and disturbed by anxious dreams. In his 17th year he had spitting of blood and pains in the chest; he had occasional attacks of congestion of blood to the chest, so that he had to tear his clothes open. In his youth he had a tetter on the legs which was removed by an ointment. This was followed by swelling of the knee-joints, sour, nauseous taste in the mouth on waking in the morning, frequent itching of the hands. Gave *Nux* and *Sulphur* in combination. A fortnight after, he had another attack, and another in four weeks which only lasted one day, after which the attacks ceased entirely, even when he took a violent cold.

7. Mr. F., 32 years old, had a fall six years ago, which caused a contusion of the testicles, in consequence of which *hydrocele* developed itself which increased continually. He complained of constant pain in the testes, especially in stormy weather. I gave *Arnica* and *Rhod.* 30 in combination (Arnica for the contusion, Rhod. on account of the influence of stormy weather). The pains abated after the first dose, and disappeared entirely in four days, without ever returning. The hydrocele was cured in six weeks.

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8. Mrs. L., 35 years old, was afflicted with spasmodic attacks which recurred several times a day. They were attended with distortion of the mouth, trembling of the hands and feet, paralysis of the tongue, flow of mucus from the mouth, sweat on the whole body. The paroxysms lasted half an hour, and were worse in the evening than in the morning. Delirium after the paroxysms. Suppression of the menses for the last three months, pains in the small of the back, stinging in the rectum. Gave *Bellad.* and *Pulsat.* 30 in combination. On the second day after taking the medicine, the menses reappeared normally, but the spasms grew worse, especially on the third day; they were much less on the fourth and fifth day, ceased on the sixth, and on the seventeenth the patient only complained of a feeling of dullness in the head, which disappeared very speedily.

9. Miss S., 19 years old, took a violent cold, in consequence of which she had almost lost her voice for eight days past. She felt a dryness and heat in the throat, sensation as of a foreign body having lodged in the throat, which cannot be raised. Painful feeling when moving the throat. Menses scanty, but occurring every three weeks. Gave *Chamom.* and *Sepia* 30 in combination (Chamomilla for the hoarseness, Sepia for the scanty menses). The patient took her first dose in the evening, slept well, and was able, after taking her second dose in the morning, to answer a question with a clear and ringing voice; every painful feeling in the throat had disappeared, and she was cured. Afterwards the menses appeared every four weeks and a little later.

10. Frederick, aged 18 years, had been troubled with ulcers for two years past, one of which at least broke out on the arms, legs or back, and caused violent pain.

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The patient was so feeble that he sometimes was scarcely able to stand. This weakness was the result of masturbation which he had practiced for four years. I gave *Hepar* and *China* 30 in combination. Eight days after taking the medicine a large ulcer broke out on the thigh; this was the last that ever troubled him; the weakness likewise disappeared, and he soon felt better than he had ever done.

11. Julius, aged three years, had had several attacks of tertian fever, for which nothing had been taken. The child had not much chilliness or sweat, but a good deal of dry heat, and some breaking out around the mouth. He took *Aconite* and *Sulphur* 30 in combination. He had another violent attack, which was the last.

12. Mrs. H., 24 years old, was attacked with violent stitches in both breasts after weaning her infant, dry heat and vertigo so that she had to hold on to something to prevent her falling. I gave *Acon.* and *Bell.* in combination. A few minutes after the first dose, pain, stitches, etc., disappeared completely.

13. Mr. S., 75 years old, had been hard of hearing of the right ear since his infancy. The ear discharged a yellow, fetid pus, as is sometimes the case after scarlet-fever. For four weeks past he did not hear well of the left ear where I observed a good deal of indurated, dark-brown cerumen. The itch had been suppressed on him in his youth. I gave *Bell.* and *Sulphur* 30, in combination. On the twelfth day, on waking, he heard the ticking of the watch: he had recovered the hearing of both ears.

14. Mr. W., aged 23 years, had been affected with figwarts for some years past; they were cauterised, cut, tied, but they invariably broke out again. Three weeks ago, syphilis had supervened. He took *Thuja* and

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Mercurius 30, in combination; in a fortnight the fig-warts fell off, and the syphilitic symptoms disappeared in a month; several years after, he assured me that he never enjoyed such good health as after my treatment.

15. The most remarkable case is that of the stocking-manufacturer Harnisch, of Hoheneck in Saxony. This case is so remarkable that the prime-minister von Gossler, examined the patient, and Drs. Moldenhawer and Loewenstein, who attend my clinic, were instructed to relate the case officially. The patient sent me the following report: Is 44 years old, has had caries of the left leg for thirteen years and a-half, which had six suppurating sores. The leg was one and a-half inches shorter than the other, so that he had been limping for fourteen years. The many physicians whom he had consulted, had never been able to heal the sores which had discharged four pieces of bone. Owing to his exertions in walking, the right thigh had likewise become affected, so that he frequently complained of tearing pains and stiffness in the hip-joint. Every year he had been bled two or three times for a rush of blood to the head; he hadbeen practising this for twenty-five years past, and had been much weakened by it. I gave him *Sulphur* and *China* 30, in combination, the former for the psora, the latter for the weakness from loss of blood. Six weeks after the treatment he sent me the following report: "After the first dose I had ease in my leg, so that I was able to sleep for three nights, which I had not been able to do for the four weeks past in consequence of the tearing pain, and the anxiety. After that, I was again attacked with burning, especially in the right hip, and colicky pains, with distention of the abdomen. On the twelfth day I expérienced a stretching in the legs, which, however,

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made me feel stronger, so that I desired to stretch all the time. In the night from the 13th to the 14th, this desire was very strong, and when I arose, behold! *both legs had the same length.* Those who did not see me, would not believe it, nor could the physicians account for this change, for they had seen me limp on a stick for fourteen years, whereas I was now able to walk erect like a soldier. The weakness in the hip-joint has likewise left me, so that I am now able to walk for ten hours on a stretch, whereas, formerly, I was hardly able to walk a mile."

This case created quite a sensation in Saxony, and brought daily from fifty to sixty people to my clinic who expected to be cured in the same striking manner. Harnisch who visited me every few weeks, brought me some thirty or forty reports of cases at each visit, and this case has converted many persons to homœopathy who did not believe in it previously. It is interesting to every friend of homœopathy that a single dose of a combined remedy effected this cure in a fortnight. Every physician will want to know how it happened that the shortened limb acquired its natural length back again. Upon examination I found that the bones of the left leg were not shortened, and that only single splinters had been detached by the ulcerative process; the pus had become healthy, and the pain had disappeared. The inequality could not, therefore, be owing to any defect in the left leg, but must depend upon the right leg being abnormally elongated. The patient indeed recollected that, fourteen years ago, previous to the breaking out of the sores, he experienced a violent pain in the right hip. I infer from this that he was then affected with coxitis or coxarthrocace (hip-

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disease,) which was arrested in the first stage of elongation of the limb, in consequence of the morbid process developing itself in the left limb, and terminating in ulceration. My deeply-penetrating combined remedy re-excited the former ailment and cured it. I have several cases of inveterate coxarthrocace, where a cure was effected and where both limbs were restored to the normal size and length. The difference is that in some cases it takes years to effect a cure, whereas twelve days were sufficient in Harnisch's case.

These cases point out the method I pursue, with sufficient clearness to any one who chooses to understand it. To him who does not choose, a thousand additional cases would afford no light.

The following is my formula for prescribing two remedies in combination. I unite them by means of this sign &, and moreover by the sign + placed underneath the former, and a ⌣ thus: *Acon.* $\overset{\&}{\underset{\smile}{+}}$ *Bell.*"

The reader will see at a glance that this work is an eminently practical treatise, and that both laymen and beginning practitioners may derive great benefit from its use. Dr. Lutze uses throughout the 30th potency of Hahnemann. The publisher has deemed it sufficient to make this general statement in his Announcement, instead of repeating it on every page. The translation has been carefully prepared by competent hands, and all that now remains for the publisher to do is to plead in justification of his undertaking his firm conviction that Lutze's work will prove a most useful and interesting addition to the popular literature of our School.

WM. RADDE, JR.

1861, *Philadelphia.*

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