







THE
 WORKES
 of that famous
 Chirurgion
 Ambrose Paréy
 Translated out of
 Latine and compared
 with the French.
 by Tho: Johnson.

*Wherunto are added three Tractates
 out of Adrianus Spigelius of the
 Venies, Arteries, & Nerves,
 with large Figures.*

Also a Table of the Bookes and Chapters.

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J. Goussier del.



TO
**THE RIGHT
HONOURABLE**

EDWARD LORD HERBERT OF

Cherbury and Castle Island, and one
of his Majesties most Honorable
Counsell of War.

My Lord,



IT is not the far-fetcht pedigree of noble Ancestors, nor those Honours your Lordship deservedly possesses, that make mee crave your Patronage to this my Labour; but it is that Heroick mind, enriched with the choice endowments of Nature and Art, and that earnest affection wherewith your Honour entertains all Sciences, Arts, and Artists, with that exquisite Judgment which sees into the inner man, which embolden and incite me to sue for your Honors assistance, in protecting the fame of him, who by your many favours is made yours. I know the seeming and self-pleasing Wisdom of our times, consists much in cavilling and unjustly carping at all things that see light, and that there are many who earnestly hunt after the publike fame of Learning and Judgment, by this easily trod, and despicable path, which notwithstanding they tread with as much confidence as folly; for that oft-times which they vainly and unjustly brand with opprobrie, outlives their Fate, and flourishes when it is forgot that ever any such as they had being.

I know your Lordships disposition to be far dissenting from these men, and that you rather endeavour to build up the fame of your Learning and Judgement upon a strong laid foundation of your own, than *Herosthratus* like, by pulling down any howsoever fair built fabrick of another. I heartily wish that your Honour

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could

The Epistle Dedicatory.

could propagate this good, and that all Detractors might be turned into Actors, and then I know it would much mitigate their rigour in censuring others, when as they themselves were also exposed unto the same Hazzard,

I think it impertinent to acquaint your Honour with the Nature of the Work, my Pains in translating, or the Benefit that may ensue thereon, for that I know your Honour ignorant of nothing in this kind; neither doubt I of your favourable acceptance of the good will of him, that thinks himself much honoured by being

Yours,

THOMAS JOHNSON.

TO

To the Reader.



Have here for the publike good taken pains to subject my self to common censure, the which I doubt not but to find as various as the faces of the Censurers; but I expect no thanks, nor hunt after other praise, than that I have laboured for my Countries good, if that deserve any. I fear not Calumniation (though sure to hear of it) and therefore I will not Apologize, but inform thee of some things concerning the Author his work, and the reason that induced me to the translation thereof, with some few things besides. For the Author, who was principall Surgeon to two or three Kings of France, he was a man well versed in the writings of the Ancient and modern Physitians, and Surgeons, as you may evidently find by sundry places alledged in his works. For his experience, or practise (the chief help to attain the highest perfection in this Art) it was wonderfull great, as you may collect by his voyages recorded in the last part of this work; as also by that which *James Guissemus*, Surgeon to the French King, a man both learned and judicious in his profession, avers, speaking of his own education and progresse in the Art of Surgery. I so laid (saith he) the first foundation of this Art in the Hospitall of Paris, being as it were, an ample Theater of wounds and diseases of all kinds, that for two whole years, during which time I was there soveriaunt, nothing was consulted of, nothing performed, the Physicians, and Surgeons being present, whereof I was not an Auditor or Astor. There flourished at these times, and yet doth, *Ambrósio Paré*, principall Surgeon to the most Christian King, the Author of this great work, much renowned for the most gracious favour of Kings, Princes and Nobles towards him, for his Authority amongst his equals, for his Chirurgicall operations amongst all men. Therefore I earnestly endeavoured to be received into his family, as unto another *Mechanic*, or *Palatinar*: once admitted, I so by all dutifullness and due respect acquired his favour, that he, unlesse I were present and assisting, did nothing (such is his naturall gentleness and carities to all such as are studious of the Art) at home or abroad, in the field, in the tents, or lastly in this famous City of Paris, about the bodies of Dukes, Noblemen, or Citizens, in whose cure, he by the ardent desire of them all, had still the prime place.

Now for this work, bear what this same man in the same place affirmeth further: I not content with these means, which may seem sufficient, and too much, as desirous to satiate my long thirst, determined to try whether I could draw, or borrow any thing from strangers, which our men wanted, to the fuller knowledge of Surgery. To this purpose I travailed over Germany, and then for four years space I followed the Spanish Army in the Low-countries; whereas I did not only carefully cure the wounded Souldier, but also heedfully and curiously observe what way of curing the renowned *Belgian*, *German*, and *Spanish* Surgeons observed, who together with me were employed in the Hospitall, for the healing of the wounded and sick. I observed them all to take no other course than that which is here delivered by *Paré*. Such as did not understand French, got some pieces of this work for large rewards, turned into Latin, or such Languages as they understood, which they kept charily, and made great store of; and they esteemed, and admired, and embraced this work alone, above all other works of Surgery, &c. Our Author also himself, not out of a vain-glorious ostentation, but a mind conscious of the truth of his assertion, affirms thus much of this his work. I have (saith he) so certainly toucht the mark whereat I aimed, that Antiquity may seem to have nothing wherein it may exceed us, besides the glory of invention, nor posterity any thing left, but a certain small hope to add some things, as it is easie to do to former inventions. Thus much concerning our Author, and the excellency of his work.

Now come I to my translation, the which, as desiring more a publike good, than private praise, I have performed plainly and honestly, labouring to fit it to the capacity of the meanest Artill; for these are they to whom I chiefly commend this work, and from whom I expect acceptance. I being by the earnest persuasions of some of this profession, chiefly, and almost wholly perswaded and incited to take this pains, who knowing the disability of understanding this Author in Latin or French, in many of the weaker members of the large body of their profession, dispersed over this Kingdome, and the rest of his Majesties Dominions, whose good, and increase in knowledge may be wisht, that so they may be the better enabled to do good to such as shall implore their aid in their profession.

In his Epistle
prefaced before
the Latin edition
of this
Author.

To the Reader.

Vide Ant. Gal.
L. 2. c. 4.

There are some (I know) will blame me for Englishing this work, as laying open the mysteries of a woathy Art, to the unworthy view of the vulgar. To such I could answer as *Aristotle* did to *Alexander*: but for the present I will give them these, which I think may satisfie any but the purposely malicious: the first is drawn from the goodness of the thing, as intended for those that want such guides to direct them in their Art; for it is commonly granted, that, *Enim qui communis est melius*. Secondly, it hath been the custome of most Writers in all Ages and Tongues the mysteries of their Art: thus did *Celsus*, *Serenus*, and others in Latin: *Mesue*, *Avicen*, *Serapin*, and others, in Arabick; as also, to go no further, our Author writ this work in his native *French*, and learned men have done the like in this, and all other Arts. And it is a great hinderance to us in these dayes, that we must be forced to learn to understand two or three tongues, before we can learn any science, whereas the Ancients learned and taught theirs in their mother tongue: so that they spent a great deal lesse time about words, and more upon the study of that Art or Science they intended to learn and follow. Thirdly, I must tell you, that, *Ex libro non erasit Artifex*, No man becomes a workman by book: so that unless they have had some insight in the Art, and be in some sort acquainted both with the terms of Art; as also with the knowledge and use of the instruments thereto belonging, if by reading this, or any other book of the like nature they becomes Surgeons, I must needs liken them (as *Galen* doth another sort of men *) to Pilots by book only: to whose care, I think none of us would commit his safety at Sea, nor any if wife, will commit themselves to these at land, or Sea either, unless wholly destitute of other.

Gal. de Simp. L. 6.
T. 2. c. 1. 2. 3. 4.
Kufiprimer.

The other things whereof I must also give you notice, are these. The figures in the Anatomy are not the same used by my Author (whose were according to those of *Vesalius*) but according to those of *Baillou*, which were used in the work of *Dr. Cruick*, and these indeed are the better and more compleat. Also pag. 118. I thought it better to give the true figure of the *Helmet* floured *Aconite*, mentioned out of *Plin*, than to reserve the false picture of *Mantula*, which in our Author was increased with the further addition of a *Helmet*. I have in some few places in the margin, which you shall find marked with a star, put short annotations, for the better illustration of that which is obscure, &c. I have also in the Text to the same purpose, here and there put two or three words, contained in these limits [] which I find here and there turned into a plain Parenthesis, especially toward the latter end of the book, but the matter is not great. Further I must acquaint you that the Apologie and Volapet, being the last part of this work, and not in the Latin, but *French* editions, were translated into English out of *French* by *George Baker*, a Surgeon of this City, since that time, as I hear, dead beyond the Seas.

This is all, Courteous Reader, that I have thought necessary to acquaint thee withall concerning this, which I would desire thee to take with the same mind that it is presented to thee, by him that wisheth thee all happinesse.

THOMAS JOHNSON.



THE
A U T H O R S
EPISTLE DEDICATORIE

To Henry the third, the most Christian
King of France and Poland.



When as (most Christian King) we see the members of mans body by a friendly consent are alwayes busied, and stand ready to perform those functions for which they are appointed by nature, for the preservation of the whole, of which they are parts; so it is convenient that we, which are, as it were, Citizens of this earthly Common-weal should be diligent in the following of that calling which (by Gods appointment) we have once taken upon us: and content with our present estate, not carried away with rashness and envy, desire different and diuers things whereof we haue no knowladg. He which doth otherwise, perverts & defiles with hated confusion the order and beauty, ou which this Uniuers consists. Wherefore when I considered with my self, that I was a member of this great Mundant body, and that not altogether unprofitable; I endeouered earnestly, that all men should be acquainted with my duty, and that it might be known how much I could profit every man. For God is my witnesse, and all good men known that I haue now laboured fifty years with all care and pains in the illustration and amplification of Chirurgery; and that I haue so certainly touched the mark whereat I aimed, that Antiquity may seem to haue nothing wherein it may exceed us, beside the glory of invention; nor posterity any thing left but a certain small hope to add some things, as it is easie to add to former inventions. In performance whereof, I haue been so prodigall of my self, my watchings, faculties and means, that I spared neither time, labour, nor cost, whereby I might satysfie and accomplish my own desires, this my great work, and the desires of the studious. Neither may we doubt but their studies would at length wax cold, if they only furnished with the Theorick and Precepts in Schools and that with much labour, should see no maner all operation, nor manifest way of performing the Art. For which cause I seeking the praise and profit of the French Nation, even with the

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hinderance of my particular estate, have endeavoured to illustrate and increase Chirurgery, but hitherto obscure either by the infelicity of the former ages, or the envy of the Professors; and not only with precepts and rules, but being a lover of carved works I beautified it with 300. forms, or graven figures, and apt delineations, in which whosoever shall attentively look shall find five hundred anatomical or organical figures belonging to the Art, (if they be reckoned particularly). To every of these I have given their names and shewed their use, lest they should seem to have been put in vainly for ostentation or delight. But although there be few men of this profession which can bring so much authority to their writings either with reason, or experience as I can; notwithstanding I have not been so arrogant, but intending to publish my work, I first communicated it with men the most excellent in the Art of Physick, who gave me greater encouragement to perfect and publish it, that it might be in common use: professing they wished nothing more, than that it might be turned into Latin, (so by which means it should be known to forain Nations, that there is no kind of Learning which is not delivered with great dexterity of wit in this Kingdom over which you rule. And thus much I dare boldly affirm, that there is scarce any, be he never so stately or supercilious, but that he may here find some thing which may delight him, and by which he may better his knowledg. Therefore I doubted not to consecrate this book unto your Majesty both as a Pattern and treasury of my labours, as well in respect of my duty, who am yours by nature and education, as that I might manifest to all, your Highness exceeding bounty towards me, in placing me, (having heretofore enjoyed the office of principall Chirurgeon under three Kings your Majesties Predecessors) in the same dignity, and that of your own accord. And moreover I did conjecture that it would fall out, as now it doth, that this my work carried through the world by the fame of your Majesties name, should neither fear the face nor view of any, supported by the favour and Majesty of a most invincible Monarch and most excellent and renowned Prince. Neither did King Charles the ninth of happy memory, incited by the relation of the most gracious Queen his Mother, refuse to read it, being he understood it proceeded from him, who having happily passed all his time in private and publick employments, and conversed with all men of all sorts, was judged most worthy to obtain this favour, as to have the front of this work adorned and beautified with the splendor of his prefixed name. I encouraged by this hope, desired that my request should passe as by a certain continuation and succession from a most powerfull, to a most Invincible King; and do wholly consecrate these my labours taken for my Countries good unto your sacred Majesty. God grant that your Majesty may have happy successe of all your enterprises abundantly added to Nestors years.

Paris, 8. Feb: Anno Dom. 1579.

Your most Christian Majesties
faithfull Servant

Ambrose Parey.



The Preface.



Most men derive the Originall of Physick from heaven; for those who hold the best opinion of the Creation of the world, affirm, the Elements being created and separated each from other, man being not as yet made; incontinently by the divine decree, all herbes and plants with infinite variety of flowers, endued with various sents, tastes, colours, and forms, grew and sprung forth of the bowels of the Earth, enriched with so many and great vertues, that it may be thought a great offence to attribute to any other than the deity, the benefit of so great a blessing so necessary for so many uses. Neither could Mans Capacity ever have attained to the knowledge of those things without the guidance of the Divine power. For God the great Creator and fashioner of the World, when first he inspired *Adam* by the breath of his mouth into a living and breathing man, he taught him the nature, the proper operations, faculties and vertues of all things contained in the circuit of this Universe. So that if there be any who would ascribe the glory of this invention to man, he is condemned of ingratitude even by the judgment of *Pliny*. But this knowledg was not buried in oblivion with *Adam*: but by the same gift of God was given to those whom he had chosen and ordained for Physick, to put their helping hands to others that stood in need thereof. Which opinion was not only received in the common manner and by the tacite consent of all Nations, but confirmed by *Moses* in the Scripture. Which thing *Jesus* the son of *Sirach* the wisest amongst the Jews, hath confirmed saying; *Honor the Physitian with the honor due unto him, for the most High hath created him because of necessity: and of the Lord cometh the gift of healing. The Lord hath created Medicins of the Earth, and he that is wise will not abhor them. Give place and honour to the Physitian, for God hath created him, let him not go from thee for thou hast need of him.* The *Gracians* who first seem more fully and with greater fame to have professed the Art of Physick, do in a manner consent with this opinion, in acknowledging *Apollo* to have been the inventer thereof, neither did they it without a reasonable cause. For whether by *Apollo* they may understand the Sun who by its gentle and vitall heat doth bring forth, temper and cherish all things; or else some

Heros,

*Genf. 1.
Eccl. 38. 1.*

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Heros, who incited by an excellent and almost divine understanding first taught and put in practise the Medicinall vertues of Herbs; in which sense *Ovid* brings him in speaking thus:

*Herbes are of mine invention, and through all
The world, they me the first Physitian call.*

The originall of Physick arising from those beginnings shall alwayes be celebrated, as celestially, and was increased principally after this manner. After *Apollo*, *Æsculapius* his son instructed by his father reduced this Art being as yet rude and vulgar into a litle better and more exquisite form, for which cause he was reputed worthy to be accounted as one of the Gods. At the same time flourished *Chiron* the Centaure, who for that he excelled in knowledge of Plants, and taught *Æsculapius* (as many report) their faculties, is thought by *Pliny* and some others to have been the inventor of Physick. *Æsculapius* had two sons, *Podalirius* and *Machaon*, who following their fathers steps and professing Physick, did principally beautifie and practise that part thereof which is called Chirurgery, and for that cause were accounted the Inventers thereof. After those *Asclepiades* left this Art much enlarged as hereditary to his posterity; by whose study and diligence, that part of the Art was invented and annexed, which by a more curious skill searcheth and cureth those diseases which lye hid within the body. *Hippocrates* the *Cean* the son of *Heraclidas*, born of the noble race of *Asclepiades*, Prince of the Physitians that were before him, perfected Physick and reduced it into an Art and wrote divers Books thereof in Greek. *Galen* succeeded him six hundred years after, who was a man most famous not only for his knowledge in Physick, but also in all other sciences, who faithfully interpreting every thing that was obscure and difficult in the writings of *Hippocrates*, enlarged the science with many volumes. Thus therefore was the beginning, thus the increase and perfecting the Art of Physick, as much as can be hoped for from mans industry. Although indeed we cannot deny but that Experience hath much profited this Art, as it hath and doth many other. For as men perceived that some things were profitable, some unprofitable for this or that disease, they set it down, and so by diligent observation and marking of singularities, they established universall and certain precepts and so brought it into an Art. For so we find it recorded in ancient Histories, before the invention of Physick, that the *Babylonians* and *Assyrians* had a custom amongst them to lay their sick and diseased persons in the porches and entries of their houses, or to carry them into the streets and market places, that such as passed by and saw them, might give them counsel to take those things to cure their diseases, which they had formerly found profitable in themselves or any other in the like affects, neither might any passe by a sick man in silence.

Plin. l. 7. c. 2.

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lence. Also *Strabo* writes that it was a custom in *Greece* that those which were sick should resort to *Æsculapius* his Temple in *Epidaurum*, that there as they slept, by their dreams they might be admonished by the God what means they should use to be cured; and when they were freed from their diseases, they writ the manner of their infirmities and the means by which they were cured in tables and fastened them to the pillars of the Temple, not only for the glory of the God, but also for the profit of such, as should afterwards be affected with the like maladies. All which tables (as fame reports) *Hippocrates* transcribed, and so from those drew the Art of Physick. Beasts also have added much to this Art. For one man was not only instructed by another, but learned also much from brute beasts, for they by the only instinct of nature have found out divers herbs, and remedies, by which they freed and preserved themselves from infirmities, which might presently be transferred to mans use. Wherefore considering that such and so many have concurred to bring this Art to perfection, who hereafter dare call in question the excellency thereof? chiefly if he respect the subject thereof, Mans body, a thing more noble than all other Mundane things, and for which the rest were created. Which thing moved *Herophilus* in times past to call Physitians *The hands of the Gods*. For as we by putting forth our hand, do help any man out of the water or mud into which he is fallen: even so we do sustain those that are thrown down from the top of health to the gates of death by violence of diseases, with happy medicines, and as it were by some speciall and divine gift deliver them out of the jaws of death. *Homer* the Prince of Greek Poets affirms that one Physitian is far more worthy than many other men. All Antiquity gave Physitians such honour, that they worshipped them with great veneration as Gods, or the sons of their Gods. For who is it which is not much delighted with the divine force of healthful medicines, with which (we see by dayly experience) Physitians, as armed with *Mercuries* rod, do bring back those languishing souls which are even entring the gates of death? Hence it cometh to passe that the divine Poets of ancient times, as *Orphens*, and *Musæus*, and *Hesiod*, and the most renowned Philosophers, *Pythagoras*, *Plato*, *Aristotle*, *Theophrastus*, *Chrysippus*, *Cato Censorius*, and *Varro*, esteemed nothing more excellent than to excell in the knowledge of Medicines, and to testify the same by written monuments to Posterity. For what can be more noble and worthy of a generous disposition than to attain to that by the benefit of Physick, that adorned with the ornaments of dignity thou mayest have power over other men, and favoured of Princes, Kings, and Emperours, mayest appoint and prescribe to them those things which are profitable to preserve health, and cure their diseases? But if you look for benefit by sciences;

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In what ehem
Physicians have
formerly been.

ences; then know that the professors hereof have beside sufficient gain, acquired much honour and many friends. *Hippocrates* coming to *Abdera* to cure *Democritus* of his madness, not only the men of the City, but also the women, children, and people of every age, sexe and rank, went forth to meet him, giving him with a common consent and loud voice the title of a *Tutelary Deity* and father of their Country. But the *Athenians*, for freeing their country from the plague, with triumphant pompe celebrated playes to his honour, and bountifully set upon his head as if he had been a King, a Crown of gold weighing a 1000. pieces of their golden coin, and erected his statue, for a perpetuall monument of his piety and learning. *Erasistratus* the Nephew of *Aristotle* by his daughter, received, freely given him by *Ptolomy* King of *Egypt*, for the cure of his son, 100. Talents of Gold. The Emperour *Augustus* honoured *Anonius Musa* with a golden statue. *Quintus Stertinus* yearly received out of the Emperours Treasury 12000. 500. pieces of gold. In the time of our Grandfathers *Petrus Aponensis* called *Conciliator* was so famous through all *Italy* for his knowledg in Physick, that he could scarce be intreated to come to any man of fashion that was sick, unless he gave him 50. crowns, for every day he was absent from home: but when hee went to cure *Honorius* the Bishop of *Rome*, he received 400. crowns for every day he was absent. Our *French* Chronicles relate in what credit & estimation *James Cotterius* the Physitian was with *Lewis* the 11. King of *France*, for they report he gave him monethly out of his Treasury 10000. crowns. Physick in times past hath been in such esteem with many famous and noble personages, that divers Kings and Princes delighted with the study thereof, and desirous to attain glory and credit thereby, called sundry herbs after their own names. For so *Gentian* took its name of *Gentius* King of *Illyria*; the herb *Lysimachia* of *Lysimachus*, the King of *Macedon*, the *Mithridaticke* herb or *Scordium*, of *Mithridates* the King of *Pontus* & *Bitinia*, *Achilla* of *Achilles*, *Centorie* of *Chiron* the *Centaur*; *Artemisia* of *Artemisia* the Queen of *Caria*. *Attalus* King of *Pergannus*, *Salomon* of *Judea*, *Evax* of *Arabia*, and *Iuba* the King *Mauritania*, were not only inflamed with a desire of the knowledg of Plants; but either they have written books of it, or for the great commodity of posterity, invented by their skil many choise antidotes compounded of divers simples; neither the desire of learning this noble science is yet altogether extinct. As may appear by that *Indian* plant *Tobacco*, called by some the noble herb, *Catherines* herb and *Medices* herb, but commonly the *Queens* herb, because *Catherine Medices* the mother of our Kings, by her singular study and industry made manifest the excellent vertue it hath in curing malign ulcers and wounds, which before was unknown to the *French*. For these worthy men understood that their glory,

thus

Names given
to Plants.

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thus fastened and ingrafted into the deep, and as it were ever living roots of plants, would never decay; but should be propagated to all posterity in many succeeding ages, growing up with their sprouting and budding shoots, stalks, flowers and fruits. Neither did these famous men whilst they adorned this part of Physick suffer the other, which treats of the dissection of mans body, be buried in oblivion, and without their knowledg; as instructed with the precepts and learning of the wisest men, how artificiall and unimitable by mortall hand this fabrick of our body is. Neither is it probable that *Apis, Osiris* and *Ptolomy* Kings of *Egypt*, *Solomon*, *Alexander* the great, *Mithridates*, *Attalus*, seeing they dedicated themselves wholly to the contemplation of naturall things; neglected the use of Anatomy, and being men most desirous to know themselves, to have been ignorant of the structure of their own bodies being the habitations of their souls immortal and made to the Image of God: seeing they observed with certain judgment the differenc lights of the Sun, Moon and Stars; and passed over so many lands, so many seas, so many regions, so far remote one from another, by wayes so terrible by reason of cold, uncouthness, darkness, by rocks, by fire and sword, with great labour, charge and danger of life, only that they might satisfie their minds thirsting after the knowledg of things; and to have left untouched a thing truly noble, admirable, and most worthy of knowledg, easie to be attained by any and to be acquired without any danger of life, or fortunes.

Seeing there be three parts of that Physick which at this time we professe, *Chirurgery* which by the use of the hand, *Diet* which with a convenient manner of feeding and ordering the body, and *Pharmacy* that by medicins attempt to expell diseases, and preserve health; The prime Physitians do not without reason contend wth of these may be accounted the chief. Certainly *Herophilus* had *Pharmacy* in such esteem, that he thought medicins were first mixed and administred to the sick by *Apollo* (whom Antiquity thought a great Deity.) And *Pliny* had so good an opinion of Diet, that he exclaims; The true remedies and Antidotes against diseases are put into the pot and eaten every day by the poor people. Verily all learned men confesse that the manner of curing which is performed by diet, is much more facile & prosperous, than that which is done by medicins; as those things which sought with much labor and cost are taken with much loathing, and taken are scarce retained, but retained they oft work with much labour and pain: Which things long ago moved *Aesclepiades* to exclude the use of medicins, as hurtfull to the stomach. Yet if we will beleve *Celsus*, neither of these parts merit the preheminnence, but both of them give place to *Chirurgery*. For seeing that fortune is very powerfull in diseases, and the same Meats and Medicins are often good and often vain,

truly

Physick is divided into three parts.

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truly it is hard to say, whether the health is recovered by the benefit of Diet and *Pharmacy*, or by the strength of the body. Moreover in those cases, in which we most prevail with medicines, although the profit be more manifest, yet it is evident that health is often sought in vain even by these things, and often recovered without them. As it may be perceived by some troubled with sore eyes, and others with Quartain feavers, who having been long troubled by Physicians are sometimes healed without them. But the effect of Chirurgery as it is very necessary, so it is the most evident amongst all the parts of physick. For who without Chirurgery can hope to cure broken, or luxated parts, who wounds and ulcers, who the falling of the matrix, the stone in the bladder, a member infested with a Gangrene or Sphacele? Besides, this part also is the most ancient; for *Podalirius* and *Machaon* following their Generall *Agamemnon* to the *Trojane* wars, yeilded no small comfort to their fellow Souldiers. Whom notwithstanding *Homer* affirms not to have given any help in the Pestilence, nor in divers other diseases, but only were accustomed to heal wounds by instruments and medicines. And if the difficulty of learning it argue the excellency of the Art, who can doubt but Chirurgery must be the most excellent, seeing that none ought to be accounted a Chirurgeon or which can perform his duty, without the knowledge of Diet and *Pharmacy*? But both the other can perform their parts without Chirurgery if we may beleeve *Galen*. But if we consider the matter more neerly according to truth; we shall understand those three parts have a certain common bond and are very near of kindred, so that the one implores the aid of the other; neither can the Physician do any thing praise-worthy without the conspiracy and joint consent of these three; therefore in ancient times there was but one performer and user of all the three parts. But the multitude of men daily increasing, and on the contrary mans life decreasing, so that it did not seeme able to suffice for to learn and exercise all the three, the workmen divided themselves. Wherefore that which happens to any man either by lot, or counsell, that let him follow, maintain and only use, as mindfull how short his life is, and how long the Art.

The excellency
of Chirurgery.

THE



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AN

A N
INTRODVCTION
 O R
COMPENDIOUS WAY
 T O
CHIRURGERY.

CHAP. I.

What Chirurgery is.

CHIRURGERY is an Art, which teacheth the way by reason, how by the operation of the hand we may cure, prevent, and mitigate diseases, which accidentally happen unto us. Others have thought good to describe it otherwise; as that, It is that part of Physick which undertaketh the cure of Diseases by the sole industry of the Hand: as, by cutting, burning, sawing off, unking fractures, rejoining dislocations, and performing other works, of which we shall hereafter treat. Chirurgery also is thus defined by the Author of the *Medicinal Definitions*; The quick motion of an intrepid hand

The definition of Chirurgery.

joyned with experience; or, an artificiall action by the hand used in Physick, for some convenient intent. Yet none must think to attain to any great perfection in this Art, without the help of the other two parts of Physick; I say, of Diet and Pharmacie, and the divers applications of proper Medicines, respecting the condition of the Causes, Diseases, Symptoms, and the like circumstances, which comprehended under the names of things naturall, not naturall, and besides nature, (as they commonly call them) we intend to describe in their proper place. But if any reply, that there be many which do the works of Chirurgery, without any knowledge of such like things, who notwithstanding have cured desperate Diseases with happy success: Let them take this for an answer, That such things happen rather by chance, than by the industry of the Art; and that they are not provident that commit themselves to such. Because that for some one happy chance, a thousand dangerous errors happen afterwards, as *Galen* (in divers places of his Method) speaks against the Empericks. Wherefore seeing we have set down Chirurgery to be a diligent operation of the hands, strengthened by the assistance of Diet and Pharmacy, we will now shew what, and of what nature the operations of it are.

What necessary for a Chirurgeon.

CHAP. II.

Of Chirurgical Operations.

THese things are proper to the duty of a Chirurgeon; To take away that which is superfluous; to restore to their places such things as are displaced; to separate those things which are joyned together; to joyn those which are separated, and to supply the defects of nature. Thou shalt far more easily and happily attain to the knowledge of these things by long use and much exercise, than by much reading of Books, or daily hearing of Teachers. For speech, how perspicuous and elegant soever it be, cannot so vively express any thing, as that which is subjected to the faithful eyes and hands.

The nature of a Chirurgeon.

Experience more necessary for a Chirurgeon, than Art.

Examples of taking away, that which is superfluous.

We have examples of taking away that which abounds in the Amputation or cutting off a finger, if any have six on one hand, or any other monstrous member that may grow out: in the lopping off a putrefied part inwardly corrupted; in the extraction of a dead child, the secundine, mole, or such like bodies out of a womans womb: In taking down of all Tumors, as Wens, Warts, Polypus, Cancers, and fleshy excrescences of the like nature; in the pulling forth of bullets, of pieces of maile, of darts, arrows, shells, splinters, and of all kind of weapons in what part of the body soever they be. And he taketh away that which redunds, which plucks away the hairs of the ey-lids which trouble the ey by their turning in towards it: who cuts away the web, possessing all the *Adhæc*, and part of the *Cornæ*: who letteth forth suppurated matter: who taketh out bones in what part soever of the body they grow; who pulls out a rotten or otherwise hurtfull tooth; or cuts a nail that runs into the flesh: who cuts away part of the *Uvula*, or hairs that grow on the ey-lids: who taketh off a Cataract; who cuts the navill or foreskin of a child newly born; or the skinny caruncles of womens privities.

* Two muscles of the eye.

Examples of replacing.

Examples of placing those things which are out of their natural site, are manifest in restoring dislocated bones; in re-placing of the guts and kall fallen into the cods, or out of the navill or belly by a wound; or of the falling down of the womb, fundament, or great gut, or the eye hanging out of its circle, or proper place.

Example of separating things joined together.

But we may take examples of disjoyning those things which are continued; from the fingers growing together, either by some chance, as burning; or by the imbecillity of the forming faculty; by the disjunction of the membrane called *Hymen*, or any other troubling the neck of the womb; by dissection of the ligament of the tongue, which hinders children from sucking and speaking, and of that which hinders the *Gloss* from being uncovered of the foreskin; by the division of a varicous vein, or of a half cut nerve or tendon, causing convulsion; by the division of the membrane stopping the auditory passage, the nose, mouth, or fundament, or the shabbon sticking together of the hairs of the ey-lids. Refer to this place all the works done by Causticks, the Saw, Trepan, Lancet, Cupping-glasses, Incision-knife, Leeches, either for evacuation, derivation, or revulsion sake.

Examples of uniting things disjoined.

The Chirurgeon draws together things separated, which healeth wounds by stitching them, by bolstering, binding, giving rest to, and sit placing the part: which repairs fractures; restoring fixated parts: who by binding the vessel, stayeth the violent effusion of blood: who cleaveth cloven lips, commonly called *Hare-lips*: who reduceth to equality the cavities of *Ulcers* and *Fistula's*.

Examples of supplying defects.

But he repairs those things which are defective either from the infancy, or afterwards by accident, as much as Art and Nature will suffer; who sets on an ear, an ey, a nose, one or more teeth; who fills the hollownes of the palat eaten by the Pox, with a thin plate of gold or silver, or such like; who supplies the defect of the tongue in part cut off, by some new addition; who fastens to a hand, an arm, or leg with fit ligaments, work-manlike: who fits a doublet, bumbasted, or made with iron plates to make the body freight; who fits a shoe too big with cork, or fastens a stocking or sock to a lame mans girdle to help his gait. We will treat more fully of all these in our following Work. But in performing those things with the hands, we cannot but cause pain: (for who can without pain cut off an arm, or leg, divide and tear asunder the neck of the bladder, restore bones put out of their places, open *Ulcers*, bind up wounds, and apply causteries, and do such like!) notwithstanding the matter often comes to that pass, that unless we use a judicious hand, we must either die, or lead the remnant of our lives in perpetual misery. Who therefore can justly abhor a Chirurgeon for this, or accuse him of cruelty? or desire they may be served, as in ancient times the Romans served *Archagatus*, who at the first made him free of the City; but presently after, because he did somewhat too cruelly burn, cut, and perform the other works of a good Chirurgeon, they drew him from his house into the *Campus Martius*, and there stoned him to death, as we read it recorded by *Sextus Cicerone*, *Platarch's* nephew by his Daughter. Truly it was an inhumane kind of ingratitude, so cruelly to murder a man intent to the works of so necessary an Art. But the Senate could not approve the act, wherefore to expiate the crime as well as then they could, they made his Statue in Gold, placed it in *Atholopis* his Temple, and dedicated it to his perpetual memory. For my part, I very well like that saying of *Celsus*: A Chirurgeon must have a strong, stable, and intrepid hand, and a mind resolute and merciles; so that to heal him he taketh in hand, he be not moved to make more haste than the thing requires; or to cut less than is needfull; but which doth all things as if he were nothing affected with their cries; not giving heed to the judgment of the vain common people, who speak ill of Chirurgeons because of their ignorance.

Archagatus the Chirurgeon.

In præf. lib. 7.

The properties of a good Chirurgeon.

CHAP.

CHAP. III.

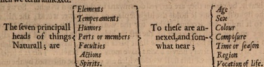
Of things Naturall.

Hat the Chirurgeon may rightly, and according to Art perform the foresaid works, he must set before his eyes certain Indications of working: Otherwise he is like to become an Emperick, whom no Art, no certain reason, but only a blind temerity of fortune moves to boldness and action. These Indications of actions are drawn from things (as they call them) naturall, not naturall, and besides nature, and their adjuncts, as it is singularly delivered of the Ancients, being men of an excellent understanding. Wherefore we will prosecute according to that order, all the speculation of this Art of ours. First therefore things Naturall are so termed, because they confitute and contain the nature of mans body, which wholly depends of the mixture and temperament of the four first bodies, as it is shewed by *Hippocrates* in his book *de Natura humana*: wherefore the consideration thereof belongs to that part of Physick, which is named *Physiologia*; as the examination of things not naturall to *Dietetic*, or Diet, because by the use of such things it endeavours to retain and keep health: but *Therapeutic*, or the part which cures the Diseases, and all the affects besides nature, challenges the contemplation of those things which are not agreeable to nature. But the things which are called Naturall, may be reduced to seven heads: besides which there comes into their fellowship, those which we term annexed.

From whence we must draw Indications.

What things are called naturall.

To what part of physick things not naturall pertain. To what things besides nature.



CHAP. IIIII.

Of Elements.

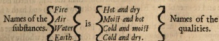
N Element (by the definition which is commonly received amongst Physicians) is the least and most simple portion of that thing which it compositeth: or that my speech may be the more plain: the four first and simple bodies are called Elements; Fire, Air, Water, and Earth; which accommodate and subject themselves as matter to the promiscuous generation of all things which the Heavens engirt, whether you understand things perfectly, or imperfectly mixed. Such Elements are only to be conceived in your mind, being it is not granted to any external sense to handle them in their pure and absolute nature. Which was the cause that *Hippocrates* expressed them not by the names of substances, but of proper qualities, saying, Hot, Cold, Moist, Dry; because some one of these qualities is inherent in every Element, as his proper and essential form, not only according to the excess of latitude, but also of the active faculty; to which is adjoined another simple quality, and by that reason principall, but which notwithstanding attains not to the highest degree of his kind, as you may understand by *Gales* in his first book of Elements. So, for example sake, in the Air we observe two qualities, Heat and Moisture, both principall, and not remitted by the commixture of any contrary quality, for otherwise they were not simple. Therefore thou maist say, What hinders that the principall effects of heat shew not themselves as well in the Air, as in the Fire? because, as we said before, although the Air have as great a heat according to his nature, extent, and degree, no otherwise than Fire hath, yet it is not so great in its active quality. The reason is, because that the calfactory force in the Air is hindered, and dulled by society of his companion and adjoynd quality, that is, Humidity which abateth the force of heat, as on the contrary, drineth quicketh it. The Elements therefore are endued with these qualities.

What an Element is.

Elements are understood by reason, not by sense. Why Hippocrates expressed the Elements by these names of qualities.

Two principall qualities are in each Element.

Why the Air heats not so vehemently, as the Fire.



These four Elements in the composition of naturall bodies, retain the qualities they formerly had, but that by their mixture and meeting together of contraries, they are somewhat tempered and abated. But the Elements are so mutually mixed one with another, and all with all, that no simple part may be found; no more than in a mass of the Emplaster *Diacathart* you can shew any *Acacia* oil, or *Litharge* by it self, all things are so confuted

How the Elements may be understood or be mixed in compound bodies.

Why of the
first qualities,
two are active,
and two pas-
sive.

Why the first
qualities are fo
called.
What the secon
d qualities
are.
What Ele-
ments light,
what heavy.

What the Ele-
ments of gener-
ation are.

What the Ele-
ments of man
bodies.

and united by the power of heat, mixing the smallest particulars with the smallest, and the whole with the whole, in all parts. You may know and perceive this concretion of the four Elementary substances in one compound body, by the power of mixture, in their dissolution by burning a pile or heap of green wood: For the flame expresses the Fire; the smoke, the Air; the moisture that sweats out at the ends, the Water; and the ashes, the Earth: You may easily perceive by this example so familiar and obvious to the senses, what dissolution is, which is succeeded by the decay of the compound body; on the contrary, you may know that the concretion, or uniting and joining into one of the first mixed bodies is such, that there is no part sincere or without mixture. For if the heat which is pre-dominant in the fire, should remain in the mixture in its perfect vigor, it would consume the rest by its pernicious neighborhood; the like may be said of Coldness, Moisture, and Dryness; although of these qualities, two have the title of Active, that is, Heat and Coldness, because they are the more powerfull; the other two Passive, because they may seem more dull and slow, being compared to the former. The temperaments of all subluxary bodies arise from the commixture of these substances and elementary qualities, which hath been the principall cause that moved me to treat of the Elements. But I leave the force and effects of the Elementary qualities to some higher contemplation, content to have noted this, that of these first qualities, (so called, because they are primarily and naturally in the four first bodies) others arise and proceed, which are therefore called the second qualities: as of many, three, Heaviness, Lightness, variously distributed by the four Elements, as the Heat or Coldness, Moistness or Dryness have more power over them. For of the Elements, two are called light, because they naturally affect to move upwards; the other two heavy, by reason they are carried downward by their own weight. So we think the fire the lightest, because it holds the highest place of this lower world; the Air, which is next to it in size, we account light; for the water which lies next to the Air, we judg heavy; and the earth the center of the rest we judg to be the heaviest of them all. Here-upon it is, that light bodies, and the light parts in bodies, have most of the lighter Elements; as on the contrary heavy bodies have more of the heavier. This is a brief description of the Elements of this frail world, which are only to be discerned by the understanding, to which I think good to adjoin another description of other Elements, as it were arising or flowing from the commixture of the first: For besides these, there are said to be Elements of generation, and Elements of mans body. Which as they are more corporall, so also are they more manifest to the sense. By which reason *Hippocrates* being moved, in his Book de *Natura humana*, after he had described the nature of Hot, Cold, Moist, and Dry, he comes to take notice of these by the order of composition. Wherefore the Elements of our generation, as also of all creatures which have blood, are seed and mensurous blood. But the Elements of our bodies, are the solid and similar parts arising from those Elements of generation. Of this kind are bones, membranes, ligaments, veins, arteries, and many others manifest to the eyes, which we will describe at large in our Treatise of Anatomie.

CHAP. V.

Of Temperaments.

What a Tem-
perament is.

What
the life
performs in
Plants.

What
the life
performs in
Plants.

The manifold
division of a
Temperament.

A Temper-
ament, of four
kinds.

Temperament is defined, a proportionable mixture of hot, cold, moist, and dry; or, it is a concord of the first disagreeing faculties. That harmony springs from the mixture of the four first bodies of the world. This whether Temperament or Concord is given to Plants and brute Beasts for the beginning of their life, and so consequently for their life and form. But as Plants are inferior in order and dignity to beasts, so their life is more base and infirm, for they have only a growing faculty, by which they may draw an Alimentary juice from the earth, as from their mothers breasts, to preserve them and their life, by which they may grow to a certain bigness, and lastly, by which they may bring forth their like for the perpetual continuance of their kind. But the life of beasts, have to the three former, the gift of sense annexed: by benefit whereof, as by a certain inward knowledge they scan those things that are hurtfull, and follow those which profit them; and by the power of their will, they move themselves whether they please. But the soul of man far more perfect and noble than the rest, ariseth not from that earthly mixture and temper of the Elements, but acknowledgeth and hath a far more divine off-spring; as we shall teach hereafter.

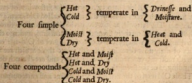
They divide a Temperament at the first division, into two kinds; as one a temperate, another an untemperate. The untemperate is of two sorts: The one wholly vicious, which hath altogether exceeded the bounds of mediocrity: The other, which hath somewhat strayed from the mediocrity of temper, but notwithstanding is yet contained within the limits of health: as that which brings no such evident harm to the actions, but that it somewhat hinders them, so that they cannot so well and perfectly perform their duties. But the vicious Temperament doth three manner of wayes corrupt the functions, either by weak-

wakening, depraving, or abolishing them. For so *Spasme*, or *astonishment*, diminisheth and sloweth the quickness of motion; *convulsion* depraves it; the *Palsie* abolisheth it, and taketh it away. The *temperate Temperament* is also divided into two kinds; which is either to equality of weight or justice. It is called a *Temperature* to weight which ariseth from the equall force of exactly concurring qualities, and as placed in a perfect balance, draws down neither to this nor that part. They think the example of this *Temperature* to appear in the inner skin of the fingers ends of a man tempered to Justice. For *soing* the most exquisite touch resides there, they ought to be free from all excess of contrariety; for otherwise being corrupted by too much heat or cold, moisture or driness, they could give no certain judgment of the tangible qualities. For which thing nature hath excellently provided in the fabrick and coagmentation of the parts, of which the skin consists. For it is composed of hot and moist *Bell*, and therefore soft, and of a tendon and nerve cold and dry, and therefore hard; which are not only equally fitted and conjoynd, but wholly confused and mixed together, by which it comes, that removed from all extremes of opposition, it is placed in the middle, as a rule to judge of all the excesses that happen to the touch. So it was fit the eye, which was to be the instrument of sight, should be tintured with no certain colour, that it might be the less deceived in the judgment of colours. So it was convenient the hearing should not be troubled with any distinct sound, whereby it might more certainly judge of equall and unequall sounds, not distinguished by a ratable proportion; neither was it fit the tongue should have any certain taste, lest the excess of that taste should deceive it in knowing and judging of so many different tastes. The *Temperature* tempered to justice, is that, which although it is a little absent from the exact and severe parity of mixed qualities, yet hath that equality which doth fully and abundantly suffice for to perform all the functions fully and perfectly, which nature doth require, wherefore we can judge no otherwise of it than by the integrity of the Actions. For hence it took its name; for as distributive justice equally gives to every one rewards, or punishment according to their deserts; so Nature, having regard to all the parts of the body, gives then all that temper which may suffice to perform those duties, for which they are ordained. Let us for an example consider a Bone; no man doubts, but that, like as the other similar parts of the body, proceeds from the mixture of the four Elements: but nevertheless nature weighing the use of it, and ordaining it to support the rest of the body, would have more of the terrene and dry Element infused into it, that it might be the stronger and firmer to sustain weight. But a *Ligament*, seeing it was made for other uses, hath less of that earthly driness than the bone, but more than the *Bell*, altogether fitted to its nature. So it hath seemed good to nature to endue all the parts of the body, not only with an equall portion, but also proportion of Elements and qualities; we call that a *Temperature* to justice, and we say, that it is in Plants, brute Beasts, and all naturall bodies, which enjoy that temper and mediocrity, which may be agreeable to their nature. Hereupon by comparison arise eight kinds of intemperate temperments: As

Ad pondus, vel ad justitiam.

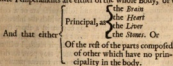
A Temperament ad justitiam.

The temperment of a bone.



The kinds of untemperate temperments.

But these Temperaments are either of the whole Body, or of some part thereof;



Again, such Temperaments are either healthfull, which suffice perfectly to perform their actions; or unhealthfull, which manifestly hurt them, the signes whereof may be read described by *Galen*. And you must observe that when we say the body, or any part of it is hot, we understand more hot than is fit for one of that kind which is tempered to justice; as when we say a man hath a hot liver, we mean his liver is hotter, than a man justly tempered should have; for all other temperments, whether of the whole body, or any of the parts thereof, are to be referred to this; and in the cure of diseases we must look upon it, as the mark, and labour to preserve it by the use of convenient things, as much as lieth in our power. Wherein, because it is very necessary to know the distinction of Temperaments, I have

Lib. 2. de Temper. Cap. 11. Ad modum.

What the temperaments of mans body are.

thought good in this place, briefly to handle the Temperaments of the parts of the body, ages, seasons of the year, humors, and medicines. Therefore the temperaments of the parts of our body are of this nature, not only by the judgment of the touch of a mans hand, which is justly tempered, (who is often deceived by Bowing heat, which spread from the heart into all the body, imparts a certain kind of heat to all the parts) but also by the rule of their reason, composition and substance, as

A Bone is the most dry and cold.

A Gristle less than it.

A Ligament less than a Gristle.

A Tendon is so much dryer and colder than the membrane, by how much

it in the same temper exceeds a Vein and Artery. Then follow the harder Veins, for the softer are in a middle temper of dryness and moisture, like as the skin; although all, both soft and hard, are of a cold temper. Wherefore all these parts of their own nature are cold and without blood: although the Veins and Arteries wax hot, by reason of the heat of the blood they contain, which notwithstanding also borroweth that heat from the heart, as a part most hot, and softer than the skin; the liver next followeth the heart, in the order of the hotter parts, which is far softer than the skin it self: for if, according to Galens opinion, the heart is somewhat less hard than the skin, and that is far harder than the liver, as appears by touching them, it must necessarily follow that the liver much exceeds the skin in softness; I understand the skin simple, and separated from the flesh lying under it, to which it firmly cleaves. The flesh is more moist and hot than the skin, by reason of the blood dispersed in it. The spinal marrow is colder and moister than the skin; but the brain so much exceeds it in moisture, as it is exceeded by the fat. The lungs are not so moist as the fat, and the spleen, and kidneys are of the like nature, and nevertheless they are all moister than the skin.

As from, &c. de temper.

The temperaments of ages.

What an age is.

According to the diversities of ages, the temperaments both of the whole body, and all its parts, undergo great mutations; for the bones are far harder in old men than in children, because our life is, as it were, a certain progress to dryness; which when it comes to the height, consequently causeth death. Wherefore in this place we must speak of the Temperaments of ages, when first we shall have defined what an age is. Therefore an age is defined, A space of life in which the constitution of the body of its self and own accord, undergoeth manifest changes. The whole course of life hath four such Ages. The first is Childhood, which extends from the birth to the eighteenth year of age, and hath a hot and moist temper, because it is next to the hot and moist beginnings of life, seed, and blood. Youth followeth this, which is prolonged from the eighteenth to the twenty fifth year, and is temperate, and in the midst of all excesses. Mans estate succeedeth youth, which they deny to extend beyond the thirty fifth year of age, in its proper temper it is hot and dry; whereby it cometh to pass that then the heat is felt more acrid and biting, which in childhood seemed milde; because the progress of the life to dryness, hath much wasted the native humidity.

Old-age divided into two parts.

* These degrees of the second part of Old age.

Old men have their solid parts dry.

Then succeeds Old-age, ever divided into two parts; the first whereof extends from the thirty fifth, to the forty ninth year; those of this age are called Old-men, (*but we commonly call them middle-aged men.*) The latter is, as it were, divided by Galen into three degrees; the first whereof are those, who having their strength found and firm, undergo civil affairs and businesses: which things those which are in the second degree of Old-age cannot do, because of the debility of their now decaying strength; but those which are in the last degree, are afflicted with most extreme weakness and misery, and are as much deprived of their senses and understanding, as of the strength of their bodies; whereof arose this Proverb, *Old men, twice children.* Those Old men of the first rank are pleasant and courteous; and those we say, are beginning to grow Old, or in their green Old-age; those of the second sort delight in nothing but the board and bed; but old decrepit men of the last order, think of nothing else, than their graves and monuments. Their firm and solid parts are of a cold and dry temperature, by reason of the decay of the radicall moisture, which the inbred heat causeth in the continuance of so many years. Which thing may happen in a short space, by the vehement flame of the same naturall heat, turned by fevers into a fiery heat. But if any to prove Old men moist, will object, That they cough up, and spit much, I will answer him, as an old Doctor once said, That a pitcher filled with water, may pour forth much moisture; yet no man will deny but that such a vessel of its own terrene nature and matter is most dry; so old men may plainly be affirmed to be moist, by reason of their defect of heat, and abundance of excrements. But this description of ages is not to be taken so strictly as alwayes to be measured by the spaces and distances of years, for there are many which by their own middle age or seem elder at forty, than others do at fifty.

A comparison of the four ages to the four seasons of the year

Lastly, the famous Philosopher Pythagoras divided mans life into four ages, and by a certain proportion compared the whole course thereof to the four seasons of the year; as Childhood to the Spring, in which all things grow and sprout out, by reason of plenty and abundance of moisture. And Youth to the Summer, because of the vigor and strength which men enjoy at that age. And mans estate, or constant age, to Autumn, for that then

after

After all the dangers of the fore-past life, the gifts of discretion and wit acquire a reasonableness or ripeness, like as the fruits of the earth enjoy at that season. And lastly, he compares Old-age to the sterile and fruitless Winter, which can ease and console in tediousness by no other means, than the use of fruits gathered and stored up before, which then are of a cold and troublesome condition. But for extreme Old-age, which extends to eighty or a hundred years, it is so cold and dry, that those which arrive at that decrepit age are troublesome, harsh, touchy, froward, crabby, and often complaining, untill at the length deprived of all their senses, tongue, feet, and understanding, they dozing, return again to childlike state, as from the staff to the start. And thus much of the Temperaments of ages.

Now in like manner we will explain the Temperatures of the seasons of the year, which are four; the Spring, Summer, Autumn, Winter. The Spring continues almost from the twelfth or thirteenth day of March to the middle of May; Hippocrates seemeth to make it hot and moist; which opinion seemeth not to have sprung from the thing it self, but from an inveterate error of the ancient Philosophers, who would fit the Temperaments of the four seasons of the year, as answering in proportion to the temperatures of the four ages. For if the matter come to a just tryall, all men will say, the Spring is temperate, as that which is in the middle of the excess of heat, cold, moisture and dryness; not only by comparison, because it is hotter than Summer, and colder than Winter; but because it hath that quality of its own proper nature. Wherefore it is said of Hippocrates, The Spring is most wholesome, and least deadly; if so be that it keep its native temper, from which if it decline, or succeed a former untemperate season, as Autumn or Winter, it will give occasion to many diseases described by Hippocrates; not that it breeds them, but because it brings them to light, which before lay hid in the body. Summer is comprehended in the space of almost four months; it is of a hot and dry temper, a breeder of such diseases as proceed from choler, because that humor at this time is heaped up in many bodies by addition of blood bred in the Spring; but all such diseases do speedily run their course. The beginning of Autumn, is from the time the Sun enters into Libra, and endures the like space of time as the Spring. But when it is dry, it hath great inequality of heat and cold, for the mornings and evenings being very cold, the noondays on the contrary are exceeding hot. Wherefore many diseases are in Autumn, and then long and deadly, especially if they incline towards Winter, because all daily and sodain changes to heat and cold are dangerous. The Winter possides the remnant of the year, and is cold and moist, it increases naturall heat, stirs up the appetite, and augments Phlegme. It increases heat by *Asperitas*, or coarseness of the encompassing air, which being then cold, prohibits the breathing out of heat; whereby it happens that the heat being driven in and hindered from dissipation, is strengthened by co-acting its forces. But it augments Phlegme, for that men are more greedy, the Appetite being increased by the strengthened heat; from whence proceeds much crudity, and a large store of diseases, especially Chronick or Long, which spread and increase rather in this winter-season than in any other part of the year. To this discourse of the temper of the seasons of the years, is to be revoked the variety of tempers which happens every day, which certainly is not to be neglected, that there may be place of election, especially if nothing urge. For hither belongs that saying of Hippocrates; When in the same day it is one while hot, another cold, Autumnall diseases are to be expected. Therefore an Indication taken from hence is of great consequence to the judgment of diseases; for if it agree with the disease, the disease is made more contumacious, and difficult to cure.

Whereupon the Patient and Physician will have much trouble; but if on the contrary it reclaim and disperse, the health of the Patient is sooner to be expected. Neither is it a thing of less consequence to know the customs and habits of the places and Countreys; in which we live; as also the inclination of the Heavens, and temperature of the Air; but let us leave these things to be considered by Naturall Philosophers, that we may deliver our judgment of the temperaments of Humors. Blood, as that which answers to the Air in proportion, is of a hot and moist nature, or rather temperate, as Galen testifies; for, faith he, it is certain and sure, that the Blood is neither hot nor moist, but temperate, as in its first composition none of the four first Qualities exceeds other by any manifest excess, as he repeats it upon the 39th Sentence. Phlegm, as that which is of a watery nature, is cold and moist; no otherwise than Choler being of a fiery temper, is hot and dry. But Melancholy assimilated to earth, is cold and dry. This which we have spoken in general of Phlegm and Melancholy, is not always true in every kind of the said Humors. For salt Phlegm is of a hot and dry temperature; as also all kinds of Melancholy which have arose or sprung by addition from the native and alimentary, as we will reach in the following Chapter. Now the temperaments of Medicines have not the same form of judgment, as those things which we have before spoken of; as, not from the Elementary quality, which conquering in the constitution and mixture, obtains the dominion; but plainly from the effects, which taken or applied, they imprint in a temperate body. For so we pronounce those things, hot, cold, moist, or dry, which produce the effects of Heat, Coldness, Moisture, or Dryness. But we will defer the larger explication of these things to that place, where we have peculiarly appointed

The temper of the seasons of the year.

How the Spring is temperate.

Apher. 9. fol. 34

Apher. 20. fol. 31.

Autumn unequal.

How Winter exceeds the native heat.

Apher. 4. fol. 34

The temperaments of Humors.

Lit. de natura humoralium lib. 30. Sect. 1.

The temperature of the Blood.

From whence we judge of the temperature of Medicines.

appointed to treat of Medicines; where we will not simply enquire whether they be hot or cold, but what degree of heat and cold, or the like other quality; in which same place we will touch the temperature and all the nature of tastes, because the certainest judgment of Medicines is drawn from their tastes. Hitherto of Temperaments; now we must speak of Humors, whose use in Physicall speculation is no less than that of Temperaments.

C H A P. VI.

Of Humors.

The knowledge of the Humor is necessary.
Lib. De natura Humorum.

TO know the nature of *Humors*, is a thing not only necessary for Physicians, but also for Chirurgeons, because there is no disease with matter which ariseth not from some one, or the mixture of more *Humors*. Which thing *Hippocrates* understanding, writ, every Creature to be either sick or well according to the condition of the *Humors* in the body. And certainly all putrid fevers proceed from the putredition of *Humors*. Neither do any acknowledge any other original or distinction of the differences of Abscesses or Tumors: neither do ulcerated, broken, or otherwise wounded members hope for the reparation of continuity, from other than from the sweet falling down of *Humors* to the wounded part. Which is the cause that often in the cure of these affections, the Physicians are necessarily busied in tempering the Blood, that is, bringing to a mediocrity the four *Humors* composing the mass of blood, if they at any time offend in quantity, or quality. For whether if any thing abound or digress from the wonted temper in any excess of heat, cold, viscosity, grossness, thinness, or any such like quality, none of the accustomed functions will be well performed. For which cause whose chief helps to preserve and restore health have been divinely invented: *Phlebotomie*, or blood-letting, which amends the quantity of too much blood; and *Purgings*, which corrects and draws away the vicious quality. But now let us begin to speak of the *Humors*, taking our beginning from the definition.

The helps of Health.

What an Humor is.

The manifold division of Humors.

The material and efficient causes of Blood.

What the Chyle is.
* *Vita pars*.

Where the Blood is perfected.

The repercussions of Choler and Melancholy.

Four unlike Humors in the Blood.

An *Humor* (is called by Physicians) what thing so ever is liquid and flowing in the body of living Creatures endued with Blood, and that is either naturall, or against nature. The naturall is so called because it is fit to defend, preserve and sustain the life of a Creature. Quite different is the nature and reason of that which is against nature. Again, the former is either Alimentary or Excrementitious: The Alimentary which is fit to nourish the body, is that *Humor* which is contained in the veins and arteries of a man which is temperate and perfectly well; and which is understood by the generall name of Blood, which is let out at the opening of a vein. For Blood otherwise taken, is an *Humor* of a certain kind, distinguished by heat and warmth from the other *Humors* comprehended together with it, in the whole mass of the blood. Which thing that it may the better be understood, I have thought good in this place to declare the generation of Blood by the efficient and materiall causes. All things which we eat or drink, are the materials of Blood; which things drawn into the bottom of the Ventricle by its attractive force, and there detained, are turned by the force of concoction implanted in it, into a substance like to Almond-butter. Which thing, although it appear one and like it self, yet it consists of parts of a different nature, which not only the variety of meats, but one and the same meats yeelds it self. We term this *Chyle*, (when it is perfectly concocted in the stomach.) But the * *Gate-vein* receives it driven from thence into the small Guts, and sucked in by the *Meseraick-veins*, and now having gotten a little radiment of change in the way, carries it to the Liver, where by the Blood-making faculty, which is proper and naturall to this part, it acquires the absolute and perfect form of Blood. But with that Blood, at one and the same time and action all the *Humors* are made, whether alimentary or excrementitious. Therefore the Blood, that it may perform its office, that is, the faculty of nutrition, must necessarily be purged and cleansed from the two excrementitious *Humors*: of which the bladder of Gall draws one, which we call yellow Choler; and the Spleen the other, which we term Melancholy. These two *Humors* are naturall, but not alimentary or nourishing, but of another use in the body, as afterwards we will shew more at large. The Blood freed from these two kinds of Excrements, is sent by the veins and arteries into all parts of the body for their nourishment. Which although then it seem to be of one simple nature, yet notwithstanding it is truly such, that four different and unlike substances may be observed in it, as, Blood, properly so named, Phlegm, Choler, and Melancholy, not only distinct in colour, but also in taste, effects, and qualities. For, as *Gales* notes in his book *de Natura humana*, Melancholy is acide or sour, Choler bitter, Blood sweet, Phlegm unflavoury. But you may know the variety of their effects, both by the different temper of the nourished parts, as also by the various condition of the diseases springing from thence. For therefore such substances ought to be tempered and mixed amongst themselves in a certain proportion, which remaining, health remains; but violated, diseases follow. For all acknowledge, that an *Crdeme* is caused by Phlegmatick; a *Scirrhus*, by Melancholick; an *Erysipelas*, by Choleric; and a *Phlegmon*, by pure

pure and laudable blood. *Galen* traces by a familiar example of new wine presently taken from the Press, that these 4 substances are contained in that one mass, and mixture of the blood. In which every one observes 4 distinct Essences; for the flower of the wine working up, swims at the top, the dregs fall down to the bottom, but the crude and watery moisture, mixed together with the sweet and vinous liquor, is every where diffused through the body of the wine: the flower of the wine, represents Choler, which bubbling up on the superficies of blood, as it concretes and grows cold, shineth with a golden colour; the dregs, Melancholy, which by reason of its heaviness ever sinketh downward, as it were, the mud of the blood; the crude and watery portion, Phlegm; for as that crude humor, except it be rebellious in quantity, or stubborn by its quality, there is hope it may be changed into wine, by the natural heat of the wine; so Phlegm, which is blood half concocted, may by the force of native heat be changed into good and laudable blood. Which is the cause that nature decreed or ordained no peculiar place as to the other 2 Humors, whereby it might be severed from the blood: But the true and perfect liquor of the wine represents the pure blood, which is the more laudable and perfect portion of both the humors of the conformed mass. It may easily appear by the following scheme, of what kind they all are, and also what the distinction of these four Humors may be.

A comparison
of blood and
new wine.

Phlegm is
Blood half
concocted.
Why it hath
no property
extracted.

	NATURE.	CONSISTENCE.	COLOUR.	TASTE.	U S E.
Blood is	Of Nature airy, but, and moist, or rather temperate.	Of indifferent consistence, neither too thick nor too thin.	Of Colour red, ruddy, or crimson.	Of Taste sweet.	Of such use, that it chiefly serves for the nourishment of the fleshy parts, and carried by the vessels, imparts heat to the whole body.
Phlegm is	Of Nature watery, cold and moist.	Of Consistence, liquid.	Of Colour, white.	Of Taste, sweet, or rather insensory, for we commend the water which is insensory.	Fit to nourish the brain, and all the other cold and moist parts, to temper the heat of the blood, and by its superficies to help the motion of the joints.
Choler is	Of Nature fiery, hot and dry.	Of Consistence, thin.	Of Colour yellow, or pale.	Of Taste, bitter.	It provoketh the capacity faculty of the guts, attenuates the Phlegm cleaving to them, but the Alimentary is fit to nourish the parts of like temper with it.
Melancholy is	Of Nature earthy, cold and dry.	Of Consistence, gross and muddy.	Of Colour, blackish.	Of Taste, acrid, sour or biting.	Stirs up the Appetite, nourishes the Spleen, and all the parts of like temper to it, as the bones.

Blood hath its nearest matter from the better portion of the *Cyber*; and being begun to be laboured in the veins, at length gets form and perfection in the Liver; but it hath its remote matter from meats of good digestion and quality, seasonably eaten after moderate exercise; but for that, one age is better than another, and one time of the year more convenient than another. For blood is made more copiously in the Spring, because that season of the year comes nearest to the temper of the blood, by reason of which the blood is rather to be thought temperate, than hot and moist; for that *Galen* makes the Spring temperate; and besides, at that time blood-letting is performed with the best success: Youth is an age very fit for the generation of blood; or by *Galen's* opinion, rather that part of life that continues from the 25, to the 35 year of our age. Those in whom this humor hath the dominion, are beautified with a fresh and rose colour, gentle, and well-natured, pleasant, merry, and facetious. The generation of Phlegm, is not by the imbecillity of heat, as some of the Ancients thought; who were persuaded that Choler was caused by a raging, Blood by a moderate, and Phlegm and Melancholy by a remiss heat. But that opinion is full of manifest error: for if it be true that the *Cyber* is laboured and made into blood in the same part, and by the same fire, that is, the Liver; from whence in the same moment of time should proceed that strong and weak heat, seeing the whole mass of the blood different in its four essential parts, is perfected and made at the same time, and by the same equal temper of the same part, action, and blood-making faculty; therefore from whence

Lib. 1. de temp.

One and the
same heat is
the efficient
cause of all
humors at the
same time.

have we this variety of Humors? From hence, for that those meats by which we are nourished, enjoy the like condition that our bodies do, from the four Elements, and the four first Qualities: for it is certain, and we may often observe, in what kind soever they be united or joined together, they retain a certain hot portion imitating the fire; another cold, the water; another dry, the earth; and lastly, another moist like to the air. Neither can you name any kind of nourishment, how cold soever it be, not Lettuce it self, in which there is not some fiery force of heat. Therefore it is no marvail, if one and the same heat working upon the same matter of *Chylas*, varying with fo great dissimilitude of substances, do by its power produce fo unlike humors, as from the hot, *Choler*; from the cold, *Phlegm*; and of the others, such as their affinity of temper will permit.

There is no cause that any one should think that variety of humors to be caused in us, rather by the diversity of the active heat, than wax and a flint placed at the same time, and in the same situation of climat and soil, this to melt by the heat of the Sun, and that scarce to wax warm. Therefore that diversity of effects is not to be attributed to the force of the efficient cause, that is of heat, which is one, and of one kinde in all of us; but rather to the materiall cause, seeing it is composed of the conflux, or meeting together of various substances, gives the heat leave to work, as it were out of its force, which may make and produce from the hotter part thereof *Choler*, and of the colder and more rebellious *Phlegm*.

Yet I will not deny, but that more *Phlegm*, or *Choler* may be bred in one and the same body, according to the quicker, or slower provocation of the heat; yet nevertheless it is not consequent, that the originall of *Choler* should be from a more acide, and of *Phlegm* from a more dull heat in the same man. Every one of us naturally have a simple heat, and of one kind, which is the worker of divers operations, not of it self, seeing it is always the same, and like it self, but by the different fitness, pliability, or resistance of the matter on which it works. Wherefore *Phlegm* is generated in the same moment of time, in the fire of the same part, by the efficiency of the same heat, with the rest of the blood, of the more cold, liquid, crude, and watery portion of the *Chylas*. Whereby it comes to pass, that it shews an exact figure of a certain rude or imperfect blood, for which occasion nature hath made it no peculiar receptacle, but would have it to run friendly with the blood in the same passages of the veins, that any necessity hapning by famine, or indigency, and in defect of better nourishment, it may by a perfecter elaboration quickly assume the form of blood. Cold and rude nourishment make this humor to abound principally in winter, & in those which incline to old-age, by reason of the similitude which *Phlegm* hath with that season and age. It makes a man drowdie, dull, fat, and hatheth gray-hairs. *Choler* is as it were, a certain heat and fury of humors, which generated in the Liver, together with the blood is carried by the veins and arteries through the whole body. That of it which abounds, is sent, partly into the guts, and partly into the bladder of the gall, or is consumed by transpiration, or sweats; it is somewhat probable that the Arteriall blood is made more thin, hot, quick, and pallid, than the blood of the Veins, by the commixture of this Alimentary *Choler*. This Humor is chiefly bred and expelled in youth, and acrid and bitter meats give matter to it: but great labours of body and mind give the occasion. It maketh a man nimble, quick, ready for all performance, lean, and quick to anger, and also to concoct meats. The melancholick humor, or Melancholy, being the grosser portion of the blood, is partly sent from the Liver to the Spleen to nourish it, and partly carried by the vessels into the rest of the body, and spent in the nourishment of the parts endued with an earthy driness; it is made of meats of gross juice, and by the perturbations of the mind, turned to fear and sadness. It is augmented in Autumn, and in the first and crude Old-age; it makes men sad, harsh, constant, froward, envious and fearfull. All men ought to think, that such Humors are wont to move at set hours of the day, as by a certain peculiar motion or tide,

Therefore the blood flows from the ninth hour of the night, to the third hour of the day; then *Choler* to the ninth of the day; then Melancholy to the third of the night; the rest of the night that remains, is under the dominion of *Phlegm*. Manifest examples hereof appears in the French-Pox. From the elaborat and absolute mass of the blood, (as we said before) two kinds of Humors, as excrements of the second concoction, are commonly and naturally separated, the one more gross, the other more thin. This is called either absolutely *Choler*, or with an adjunct, yellow *Choler*. That is called Melancholy, which drawn by the Spleen in a thinner portion, and elaborate by the heat of the Arteries, which in that part are both many and large, becomes nourishment to the part; the remnant thereof is carried by the veiny Vessel into the orifice of the ventricle, whereby it may not cause but whet the appetite, and by its asfriction strengthen the actions thereof. But yellow *Choler* drawn into the bladder of the gall, remains there so long, till being troublesome, either in quantity or quality, it is excluded into the guts, whereby it may call forth the excrements residing in them; the expulsive faculty being provoked by its acrimony, and by its bitterness kills the worms that are bred there. This same Humor is accustomed to die the urine of a yellow colour. There is another serous Humor, which truly is not fit to nourish but profitable for many other things, which is not an excrement of the second, but of the first concoction. Therefore nature would that mixed with the *Chylas*, it should come to the

The heat of the Sun alone doth melt wax and harden clay.

The divers condition of the matter alone, is the cause of variety.

The effect of Phlegm.

The effects of Choler.

The effects of Melancholy.

What motions are in each quarter of the Body.

The Melancholy Humor doth not cause, but whet the appetite.

A serous or wheyish humor

the Liver, and not be voided with the excrements, whereby it might allay the grossness of the blood, and serve it for a vehicle; for otherwise the blood could scarce pass through the capillary veins of the Liver, and passing the firmous and gibbous parts thereof, come to the hollow vein. Part of this ferous humor separated together with the blood which serves for the nourishment of the Reins, and straight carried into the bladder, is turned into that urine which we daily make; the other part therefore carryed through all the body together with the blood, performing the like duty of transportation, is excluded by sweats into which it degenerates. Besides the forenamed, the *Arabians* have mentioned four other humors, which they term Alimentary and secondary, as being the next matter of nourishment, as those four the blood contains, the remote. They have given no name to the first kind, but imagin it to be that humor, which hangs ready to fall like to little drops in the most orifices of the veins. They call the second kind, * Dew; being that humor, which exud already into the substance of the parts, doth moisten it. The third they call by a barbarous name, *Cœstium*, which already put to the part to be nourished, is there distilled. The fourth named *Glaten*, or *Glew*, is only the proper and substance-making humidity of the similar parts, not their substance. The distinction of the degrees of nutrition recited by *Cælius* in his books of Naturall faculties, answer in proportion to this distinction of humors. The first is, that the blood flow to the part that requires nourishment; then that being there arrived, it may be agglutinated; then lastly, that having lost its former form of nourishment, it may be assimilated.

Those humors are against nature, which being corrupted, infect the body and the parts in which they are contained by the contagion of their corruption, retaining the names and titles of the humors, from whose perfection and nature they have revolted, they all grow hot by putrefaction, although they were formerly by their own nature cold. And they are corrupted, either in the veins only, or within and without the veins: In the veins Blood and Melancholy; but both without and within the veins, Cholera and Phlegm. When Blood is corrupted in its thinner portion, it turns into Cholera, when in its thicker, into Melancholy; for the Blood becomes faulty two manner of ways, either by the corruption of its proper substance by putrefaction, or by admixtion of another substance by infection. The Melancholy humor which is corrupted in the veins, is of three sorts: The first is of a Melancholy juice putrefying, and by the force of a strange heat, turned, as it were, into ashes, by which it becomes acrid and biting. The other ariseth from that Cholera which resembles the yolks of eggs, which by aduision becomes leek-coloured, then arguinous, or of a blewish green, then red, and lastly black, which is the very worst kind of Melancholy, hot, malign, eating, and exulcerating, and which is never seen or voided with safety. The third comes from Phlegm putrefying in the veins, which first degenerates into salt Phlegm, but straight by the strength of extraneous heat degenerates into Melancholy.

Secondary Humors.

* Ros.

Humors agglutinated.

Into what Humors the blood when it coagulates, doth degenerate. The Melancholy Humor corrupted, is of three kinds.

In the Veins, and is either

Acide and very crude, as which hath had none or very little impression of heat, but that which it first had in the Stomach.

Salt, which is bred by the sweet, putrefying and adult, or mixture of adult and salt particles.

Waterish, as is that thin moisture which distills from the brain by the nostrils.

Mucous, as when that waterish is thickned into filth by the help of some accident all or small heat.

Glassie, or * Albuminous, resembling molten glass, or rather the white of an egg, and is most cold.

Cyssa, or Plaster-like, which is concreet into the hardness and form of chalk, as you may see in the joints of the fingers in a knotty gout, or in inveterate distillations upon the Lungs.

Polignat natural is bred, either

Or without the Veins, & is of four sorts; either

as the * vitelline (like in consistence to the yolk of a raw egg) which the acrimony of strange heat breeds of yellow Cholera, which same in diseases altogether deadly, degenerates into green, arguinous, & lastly into a blue, or colour like that which is bred by woad.

The first is called *Perrance*, or leek-coloured, resembling the juice of a leek in greenness.

The second *arguinosa*, or arguinous, like in colour to verdigrise.

The third blewish, or woad-coloured, like the colour dyed by woad.

The fourth red, differing in this from blood, whose colour it imitates, that it never cometh into knots, or clods like blood.

The sixth very red, generated by the excess of the former, which causeth burning fevers.

Cholera natural is bred, either

Or in the capacity of the upper belly, as the ventricle, and this is of five kinds:

Polignat natural is bred, either

* Albuminous.

* Vitelline.

The kinds of such Cholera, are often cast forth by vomit in diseases, the strength of the disease being past; being troublesome to the parts through which they are evacuated, by their bitterness, acrimony, and biting.

The signs of a Sanguine person.

I Think it manifest, because the matter and generation of flesh is principally from blood, that a man of a fleshy, dense, and solid habit of body, and full of a sweet and vaporous juice, is of a Sanguine complexion. And the same party hath a flourishing and rose colour in his face, tempered as with an equal mixture of white and red; of white, by reason of the skin lying utmost; of red, because of the blood spread underneath the skin: for always such as the humor is, such is the colour in the face. In manners, he is courteous, gentle, easy to be spoken to, not altogether changed from the love of women, of a lovely countenance and smooth forehead, seldom angry, but taking all things in good part; for as the inclination of humors is, so also is the disposition of manners. But blood is thought the mildest of all humors; but the strong heat of the inward parts maketh him to eat and drink freely. Their dreams are pleasant, they are troubled with diseases arising from blood, as frequent Phlegmons, and many sanguine pustles breaking through the skin, much bleeding, and menstruous fluxes. Wherefore they can well endure blood-letting, and delight in the moderate use of cold and dry things; and lastly, are offended by hot and moist things. They have a great and strong Pulse, and much urine in quantity, but milde of quality, of an indifferent colour add substance.

Such as the humor is, such is the colour.

The manners and diseases of Sanguine persons.

The signs of a Choleric person.

Choleric are not commonly fat.

The manners and diseases of Choleric persons.

Choleric men are of a pale or yellowish colour, of a lean, slender and rough habit of body, with fair veins and large Arteries, and a strong and quick pulse: their skin being touched, feels hot, dry, hard, rough and harsh, with a pricking and acrid exhalation which breathes forth of their whole body. They cast forth much choler by stool, vomit and urine. They are of a quick and nimble wit, stout, hardy and sharp vindicators of received injuries, liberal even to prodigality, and somewhat too desirous of glory. Their sleep is light, and from which they are quickly waked; their dreams are fiery, burning, quick, and full of fury; they are delighted with meats and drinks which are somewhat more cold and moist, and are subject to Tertian and burning fevers, the Phrensie, Jaundise, Inflammations, and other Choleric pustles, the Lask, Bloody flux, and bitterness of the mouth.

The signs of a Phlegmatick person.

The manners and diseases of phlegmatick persons.

Those in whom Phlegm hath the dominion, are of a whitish coloured face, and sometimes livid and swollen, with their body fat, soft, and cold to touch.

They are molested with Phlegmatick diseases, as Oedematous tumors, the Dropick, Quotidian fevers, falling away of the hairs, and catarrhes falling down upon the Lungs, and the *Aphera Arteria*, or Weason: they are of a slow capacity, dull, slothfull, drowsie; they do dream of rains, snows, floods, swimming, and such like, that they often imagin themselves overwhelmed with waters; they vomit up much watery and Phlegmatick matter, or otherwise spit and evacuate it, and have a soft and moist tongue.

And they are troubled with a dog-like hunger, if at any time it should happen that their insipid Phlegm become acide; and they are slow of digestion, by reason of which they have great store of cold and Phlegmatick humors; which if they be carried down into the windings of the Colick-gut, they cause murmuring and noise, and sometimes the Colick.

For much wind is easily caused of such like Phlegmatick excrements wrought upon by a small and weak heat, such as Phlegmatick persons have, which by its natural lightness is diversly carried through the turnings of the guts, and distends and swells them up, and whiles it strives for passage out, it causeth murmuring and noises in the belly, like wind breaking through narrow passages.

From whence noise or rumbling in the belly proceeds.

Signs of a Melancholick person.

Diseases familiar to Melancholick persons.

The face of Melancholy persons is swart, their countenance cloudy and often cruell, their aspect is sad and froward; frequent Scirrhus, or hard swellings, tumors of the Spleen, Hemorrhoids, *Varices* (or swollen Veins) Quartain fevers, whether continuall or intermitting; Quintain, Sextain, and Septimane fevers: and to conclude, all such wandering fevers or agues let upon them. But when it happens the Melancholy humor is sharpened, either by addition, or commixture of Cholera, then Tetters, the black Morpheus, the Cancer simple and ulcerated, the Leprous and filthy scab, sending forth certain scaly and branlike excrescences, (being vulgarly called *Saint Mares* his evil,) and the Leprosie it self invades them: They have small veins and arteries, because coldness hath dominion over them; whose property is to straiten, as the quality of heat is to dilate. But if at any time their Veins seem big, that largeness is not by reason of the

laudable

laudable blood contained in them; but from much windiness; by occasion whereof it is somewhat difficult to let them blood; not only, because that when the Vein is opened, the blood flows slowly forth, by reason of the cold slowness of the humors; but much the rather, for that the vein doth not receive the impression of the Lancet, sliding this way and that way, by reason of the windiness contained in it, and because that the harsh driness of the upper skin, resists the edge of the instrument. Their bodies seem cold and hard to the touch, and they are troubled with terrible dreams, for they are observed to seem to see in the night Devils, Serpents, dark dens and caves, sepulchers, dead corpses, and many other such things full of horror, by reason of a black vapor, diversly moving and disturbing the brain, which also we see happens to those, who fear the water, by reason of the biting of a mad dog. You shall finde them froward, fraudulent, perfidious, and covetous even to baseness, slow speakers, fearfull, sad, complainers, carefull, ingenious, lovers of solitariness, man-haters, obstinate maintainers of opinions once conceived, slow to anger, but angry not to be pacified. But when Melancholy hath exceeded natures and its own bounds, then by reason of putrefaction and inflammation all things appear full of extreme fury and madness, so that they often call themselves headlong down from some high place, or are otherwise guilty of their own death, with fear of which notwithstanding they are terrified.

But we must note that changes of the native temperament, do often happen in the course of a mans life, so that he which a while agoe was Sanguine, may now be Choleric, Melancholick, or Phlegmatick; not truly by the changing of the blood into such Humors, but by the mutation of Diet, and the course or vocation of life. For none of a Sanguine complexion but will prove Choleric if he eat hot and dry meats, (as all like things are cherished and preferred by the use of their like, and contraries are destroyed by their contraries) and weary his body by violent exercises, and continuall labors; and if there be a suppression of Choleric excrements, which before did freely flow, either by nature or art. But whosoever feeds upon Meats generating gross blood, as Beef, Venison, Hare, old Cheese, and all salt meats, he without all doubt sliding from his nature, will fall into a Melancholy temper; especially if to that manner of diet, he shall have a vocation full of cares, turmoils, miseries, sorrow and much study, carefull thoughts and fears, and also if he sit much, wanting exercise, for so the inward heat, as it were, defrauded of its nourishment, faints, and grows dull, whereupon gross and droffie humors abound in the body. To this also the cold and dry condition of the place in which we live, doth conduce, and the suppression of the Melancholy humor accustomed to be evacuated by the Hemorrhoids, courses, and stools.

But he acquires a Phlegmatick temper, whosoever useth cold and moist nourishment, much feeding, who before the former meat is gone out of the belly, shall stuff his paunch with more, who presently after meat runs into violent exercises, who inhabit cold and moist places, who lead their life at ease in all idleness; and lastly, who suffer a suppression of the Phlegmatick humor accustomedly evacuated by vomit, cough, or blowing the nose, or any other way, either by nature or art. Certainly it is very convenient to know these things, that we may discern if any at the present be Phlegmatick, Melancholick, or of any other temper, whether he be such by nature, or necessity. Having declared those things which concern the nature of Temperaments, and deferred the description of the parts of the body to our Anatomy, we will begin to speak of the Faculties governing this our life, when first we shall have shewn by a practicall demonstration of examples, the use and certainty of the aforesaid rules of Temperaments.

CHAP. VII.

Of the Practice of the aforesaid rules of Temperaments.

THAT we may draw the Theorick of the Temperaments into practice, it hath seemed good for avoyding of confusion which might make this our Introduction seem obscure, if we would prosecute the differences of the Tempers of all men of all Nations, to take those limits which Nature hath placed in the world; as South, North, East, and West, and, as it were, the Center of those bounds, that the described variety of Tempers, in colour, habit, manners, studies, actions, and forms of life of men that inhabit those Regions situated so far distant one from another, may be as a sure rule, by which we may certainly judge of every mans temperature in particular, as he shall appear to be nearer or further off from this or that Region. Those which inhabit the South, as the *Africans*, *Ethiopiens*, *Arabians*, and *Egyptians*, are for the most part deformed, lean, duskie coloured, and pale, with black eyes and great lips, curled hair, and a small and shrill voice. Those which inhabit the Northern parts, as the *Sythians*, *Moscovites*, *Falensians*, and *Germanes*, have their faces of colour white, mixed with a convenient quantity of blood, their skin soft and delicate, their hair long, hanging

From, or by
what their
Veins are
swollen.

Their dreams.

* Hydrophob.
Their manners.

From whence
the change of
the native
temper.

How one may
become Cho-
lerick.

How Melan-
cholick.

How Phlegma-
tick.

Four bounds
or Regions of
the world.

The forces of
temperatures
in particulars.
The temper-
ance of the
Southern
people.
Of the Northern,
down

C

down and spreading abroad, and of a yellowish, or reddish colour; of stature they are commonly tall, and of a well proportioned, fat and compact habit of body, their eyes gray, their voice strong, loud and big. But those who are situated between these two former, as the *Italians* and *French*, have their faces somewhat swart, are well favoured, nimble, strong, hairy, slender, well in flesh, with their eyes resembling the colour of Goats-eyes, and often hollow eyed, having a clear, shrill and pleasing voyce.

The Southern people prevail in wit, the Northern in strength.

The Southern people are exceeded so much by the Northern in strength and ability of body, as they surpass them in wit and faculties of the mind. Hence is it you may read in Histories, that the *Sythians*, *Goths*, and *Vandals* vexed *Africa* and *Spain* with infinite incursions, and most large and famous Empires have been founded from the North to South; but few or none from the South to the North. Therefore the Northern people thinking all right and law to consist in Arms, did by Duell only determine all causes and controversies arising amongst the Inhabitants, as we may gather by the ancient laws, and customs of the *Lombards*, *English*, *Burgundians*, *Danes* and *German*; and we may see in *Saxo the Grammaticus* that such a law was once made by *Frodo* King of *Denmark*. The which custome at this day is every where in force amongst the *Musketes*. But the Southern people have always much abhorred that fashion, and have thought it more agreeable to Beasts than Men. Wherefore we never heard of any such thing used by the *Abyssians*, *Egyptians*, *Persians* or *Jews*. But moved by the goodnets of their wit, they erected Kingdomes and Empires by the only help of Learning and hidden sciences. For seeing by nature they are Melancholik, by reason of the dryness of their temperature, they willingly addit themselves to solitariness and contemplation, being endued with a singular sharpness of wit. Wherefore the *Aethiopian*, *Egyptians*, *Africans*, *Jews*, *Thracians*, *Persians*, *Assyrians*, and *Indians* have invented many curious sciences, revealed the Mysteries and secrets of Nature, digested the *Mathematiques* into order, observed the motions of the heavens, and first brought in the worship and religious sacrifices of the gods: Even so far that the *Arabians* who live only by stealth, and have only a Waggon for their house, do boast that they have many things diligently and accurately observed in *Astrology* by their Ancestors, which every day made more accurate and copious, they, as by an hereditary right, commend to posterity, as it is recorded by *Les the African*. But the Northern people, as the *German*, by reason of the abundance of humors and blood, by which the mind is as it were oppress'd, apply themselves to works obvious to the senses, and which may be done by the hand. For their minds oppress'd with the carthy mass of their bodies, are easily drawn from heave and the contemplation of Celestiall things, to these inferior things, as to find out Mines by digging, to buy and cast metals, to draw and hammer out works of Iron, steel and brass. In which things they have proved so excellent, that the glory of the Invention of Guns and Printing belongs to them.

The Southern people learned and religions.

The Northern famous Warriors, and Artificers.

The endowments of each as inhabit between them.

The people who inhabit the middle regions between these, are neither naturally fit for the more abstruse sciences, as the Southern people are, nor for Mechanick works, as the Northern, but intermeddle with civil affairs, commerce and Merchandizing. But are endued with such strength of body as may suffice to avoid and delude the crafts and arts of the Southern Inhabitants; and with such wisdom as may be sufficient to restrain the fury and violence of the Northern. How true this is, any one may understand by the example of the *Carthaginians* and *Africans*, who when they had held *Italy* for some years by their subtle counsels, crafty sleights and devices; yet could not escape, but at the length their Arts being deluded, and they spoiled of all their fortunes, were brought in subjection to the *Romans*. The *Goths*, *Huns* and other Northern people have spoiled and overrun the *Roman* Empire by many incursions and inroads, but destitute of counsell and providence, they could not keep those things which they had gotten by Armes and valour. Therefore the opinion of all Historians is agreeing in this, that good laws, the form of governing a Common-wealth, all politick ordinances, the Arts of disputing and speaking, have had their beginnings from the *Greeks*, *Romans* and *French*. And from hence in times past and at this day a greater number of Writers, Lawyers and Counsellors of State have sprung up, than in all the whole world besides. Therefore that we may attribute their gifts to each Region, we affirm that, The Southern people are born and fit for the Studies of learning, the Northern for warres, and those which be between them both for Empire and rule. The *Italian* is naturally wise, the *Spaniard* grave and constant; the *French* quick and diligent, for you would say hee runs when he goes, being compared to the slow and womanish pace of the *Spaniard*, which is the cause that *Spaniards* are delighted with *French* servants for their quick agility in dispatching business. The Eastern people are specially endued with a good, firm and well tempered wit, not keeping their counsels secret and hid. For the haste is of the nature of the Sun, and that part of the day which is next to the rising of the Sun is counted the right side and stronger; and verily in all things living the right side is always the more strong and vigorous. But the Western people are more tender and effeminate, and more close in their carriage and mind,

The Northern know how to overcome, but not how to use the victory.

The abundance of counsellors and Lawyers from France and Italy.

The manners of the Eastern people.

not

not easily making any one partaker of their secrets. For the West is as it were subject to the Moon, because at the change it always inclines to the West, whereby it happens, that it is reputed as nocturnal, sinister and opposite to the East; and the West is less temperate and wholesome. Therefore of the winds none is more wholesome than the Eastwind which blows from the West with a most fresh and healthfull gale, yet it seldom blows, and but only at Sun-set.

The Northern people are good eaters, but much better drinkers, witty when they are a little moistened with wine, and talkers of things both to be spoken and concealed, not very constant in their promises and agreements, but principal keepers and preservers of shamefastness and chastity, far different from the inhabitants of the South, who are wonderful speaking, sober, secret and subtle, and much addicted to all sorts of wicked Lust. *Aristotle* in his Problems saith that those nations are barbarous and cruell, both which are burnt with immoderate heat, and which are oppress'd with excessive cold, because a soft temper of the Heavens, softens the manners and the mind. Wherefore both, as well the Northern, as Scythians and Germans; and the Southern, as Africans are cruell; but these have this of a certain naturall stoutness, and fouldierlike boldness, and rather of anger than a willfull desire of revenge; because they cannot restrain by the power of reason the first violent notions of their anger by reason of the heat of their blood. But those of a certain inbred and inhumane privacy of manners, wilfully and willingly premeditating they perform the works of cruelty, because they are of a sad and melancholy nature. You may have an example of the Northern cruelty from the Transilvanians against their seditious Captain *George*, whom they gave to be torne in pieces alive and devoured by his Souldiers, (being kept fasting for three dayes before for that purpose) who was then unbowed, and roasted, and so by them eaten up. The cruelty of *Hannibal* the Captain of the Carthaginians may suffice for an instance of the Southern cruelty. He left the Roman Captives wearied with burdens and the length of the way, with the soles of their feet cut off; but those he brought into his tents, joyning brethren and kinsmen together he caused to fight, neither was satisfied with blood before he brought all the victors to one man. Also we may see the cruell nature of the Southern Americans, who dip their children in the blood of their slain enemies, then suck their blood, and banquet with their broken and liquefied Limbs.

And as the Inhabitants of the South are free from divers Plethorick diseases, which are caused by abundance of blood, to which the Northern people are subject, as Feavers, Deffuxions, Tumors, Madnes with laughter which causeth those which have it to leap and dance, (the people commonly term it *S. vitæ his esit*) which admits of no remedy but Musick: so they are often molested with the Frensic invading with madnes and fury; by the heat whereof they are often so ravished and carried beside themselves that they foretell things to come; they are terrified with horrible dreams, and in their fits they speak in strange and forain tongues, but they are so subject to the scurfe and all kind of scabs and to the Leprosie as their homebred disease, that no houses are so frequently met withal by such as travell through either of the Mauritania's, as Hospitals provided for the Lodging of Leapers.

Those who inhabit rough and Mountainous places, are more brutish, tough and able to endure labour: but such as dwell in Plains, especially if they be moorish, or fennish, are of a tender body, and sweat much with a little labour; the truth of which is confirmed by the Hollanders and Frizlanders. But if the Plain be such as is scorched by the heat of the Sun, and blown upon by much contrariety of winds, it breeds men who are turbulent, not to be tamed, detrous of sedition and novelty, stubborn, impatient of servitude, as may be perceived by the sole example of the Inhabitants of *Narbon* a province of *France*.

Those who dwell in poor and barren places are commonly more witty and diligent and most patient of labours; the truth of which the famous wits of the *Athenians*, *Ligurians* and *Romans*, and the plain country of the *Bastians* in *Greece*, of the *Companians* in *Italy*, and of the rest of the Inhabitants adjoining to the *Ligurian* Sea, approves.

The East wind healthfull.

The Northern people great eaters and drinkers.

Who are to be counted Barbarous.

The Northern and Southern have each their Cruelties.

Vid. Man. lib. 9. cap. 1.

The diseases of the Southern people.

Mountainers.

CHAP. VIII.

Of the Faculties.

Faculty is a certain power, and efficient cause, proceeding from the temperament of the part, and the performer of some actions of the body. There are three principall Faculties governing mans body as long as it enjoyes its integrity; the Animall, Viral and Natural. The Animall is seated in the proper temperament of the Brain, from whence it is distributed by the Nerves into all parts of the body, where it have sense & motion. This is of three kinds, for one is Moving, another sensitive, the third principall. The sensitive consists in the five external senses, sight, hearing, taste, smell & touch. The moving principally remains in the Muscles & nerves as the fix instruments

What a faculty is.
3. Faculties.

of voluntary motion. The Principall comprehends the Reasoning faculty, the Memory and Fantasie. *Golden* would have the common or inward sense to be comprehended within the compass of the Fantasie, although *Aristotle* distinguish between them.

The Vitall abides in the Heart, from whence heat and life is distributed by the Arteries to the whole body: this is principally hindered in the diseases of the Breast; as the Principall is, when any disease affails the Brain; the prime action of the vitall faculty is Pulsation, and that continued agitation of the Heart and Arteries, which is of threefold use to the body: for by the dilatation of the Heart and Arteries the vitall spirit is cherished by the benefit of the Air which is drawn in; by the contraction thereof the vapours of it are purged and sent forth, and the native heat of the whole body is tempered by them both.

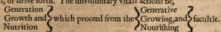
The last is the Naturall faculty which hath chosen its principall seat in the Liver, it spreads or carries the nourishment over the whole body; but it is distinguished into 3. other faculties; The Generative, which serves for the generation and forming of the Issue in the wombe; the Growing or increasing faculty, which flourisheth from the time the Issue is formed, untill the perfect growth of the solid parts into their full dimensions of length, height and breadth. The nourishing faculty, which as servant to both the other repairs and repays the continual efflux, and waste of the threefold substance; for Nutrition is nothing else but a replenishing, or repairing whatsoever is wasted or emptied. This nourishing faculty endures from that time the Infant is formed in the wombe untill the end of life. It is a matter of great consequence in Physick to know the 4. other faculties, which as servants attend upon the nourishing faculty; which are the Attractive, Retentive, Digestive, and Expulsive faculty. The Attractive draws that joyce which is fit to nourish the body, that I say which by application may be assimilated to the part. This is that faculty which in such as are hungry draws down the meat scarce chewed, and the drink scarce tasted, into the gnawing and empty stomach. The Retentive faculty is that which retains the nourishment once attracted untill it be fully laboured and perfectly concocted; And by that means it yields no small assistance to the Digestive faculty. For the naturall heat cannot perform the office of concoction, unless the meat be embraced by the part, and make some stay therein. For otherwise the meat carryed into the stomach never acquires the form of *Chylus*, unless it stay detained in the wrinkles thereof, as in a rough passage, untill the time of *Chylification*. The Digestive facultie assimilates the nourishment, being attracted and detained, into the substance of that part whose faculty it is, by the force of the inbred heat and proper disposition or temper of the part. So the stomach plainly changes all things which are eat and drunk into *Chylus*, and the Liver turns the *Chylus* into blood. But the Bones and Nerves convert the red and liquid blood which is brought down unto them by the capillary or small veins, into a white and solid substance. Such concoction is far more laborious in a Bone and Nerve, than in the Musculous flesh. For the blood being not much different from its nature, by a light change and concretion turns into flesh. But this Concoction will never satisfie the desire of Nature and the parts, unless the nourishment purged from its excrements, put away the filth and dross, which must never enter into the substance of the part.

Wherefore there do not only two sorts of excrements remain of the first and second Concoction, the one thick, the other thin, as we have said before; but also from the third Concoction which is performed in every part. The one of which we conceive only by reason, being that which vanisheth into Air by insensible transpiration. The other is known sometimes by sweats, sometimes by a thick fatty substance staining the shirt; sometimes by the generation of hairs and nails, whose matter is from sulliginous and earthy excrements of the third Concoction. Wherefore the fourth faculty was necessary which might yeeld no small help to nourishment; it is called the Expulsive, appointed to expell those superfluous excrements which by no action of heat, can obtain the form of the part. Such faculties serving for nutrition are in some parts two-fold; as some common, the benefit of which redounds to the whole body, as in the ventricle, liver and veins; Others only attending the service of those parts in which they remain, and in some parts all these 4. as well common as proper, are abiding and residing as in those parts we now mentioned: some with the 4. proper have only two common, as the Gall, Spleen, Kidnies and Bladder. Others are content only with the proper, as the similar and Musculous parts, who if they want any of these 4. faculties, their health is decayed either by want of nourishment, and ulcer, or otherwise. The like unnatural affects happen by the deficiency of just and laudable nourishment. But if it happen those faculties do rightly perform their duty, the nourishment is changed into the proper part, and is truly assimilated as by their degrees. First it must flow to the part, then be joynd to it, then agglutinated, and lastly as we have said, assimilated. Now we must speak of the Actions which arise from the faculties.

CHAP. IX.

of the Actions.

N Action or Function is an active motion proceeding from a faculty; for as the faculty depends on the Temperament, so the Action on the faculty, and the Act or work depends upon the Action by a certain order of consequence. But although that the words Action and Act or work are often confounded, yet there is this difference between them, as that the Action signifies the motion used in the performance of any thing; but the Act or work, the thing already done and performed: for example, Nutrition and the Generating of Flesh are naturall Actions; but the parts nourished, and a hallow ulcer filled with flesh are the works of that motion, or action. Wherefore the Act ariseth from the Action, as the Action ariseth from the faculty, the integrity or perfection of the instruments concurring in both. For as, if the faculty be either defective, or hurt, no Action will be well performed: so unless the Instruments keep their native and due conformity (which is their perfect health, the operator of the Action proper to the instrument) none of those things, which ought to be, will be well performed. Therefore for the performance of blameless and perfect actions, it is fit a due conformity of the instrument concur with the faculty. But Actions are two fold; for they are either Naturall, or Voluntary. They are termed Naturall, because they are performed not by our will, but by their own accord and against our will: As are, that continuall motion of the Heart, the beating of the Arteries, the expulsion of the Excrements, and such other like which are done in us by the Law of Nature whether we will, or no. These Actions flow either from the Liver and veins, or from the Heart and Arteries. Wherefore we may comprehend them under the names of Naturall and Vitall Actions. For we must attribute his Action to each faculty, lest we may seem to constitute an idle faculty, and no way profitable for use. The involuntary vitall actions, are the dilatation and contraction of the Heart and Arteries, the which we comprehend under the sole name of the Pulse: by that they draw in, and by this they expell, or drive forth. The involuntary vitall actions be,



Generation is nothing else then a certain producing or acquiring of matter, and an introducing of a substantiall form into that matter; this is performed by the assistance of two faculties: of the Altering, which doth diversly prepare and dispose the seed and mensbruous blood to put on the form of a Bone, nerve, spleen, flesh and such like: of the Forming faculty, which adorns with figure, site, and composition, the matter ordered by so various a preparation.

Growth is an enlarging of the solid parts into all the dimensions, the pristine and ancient form remaining safe and found in figure and solidity. For the perfection of every growth is judged only by the solid parts; for if the body swell into a mass of flesh, or fat, it shall not therefore be said to be grown; but then only when the solid parts do in like manner increase, especially the bones, because the growth of the whole body follows their increase, even although at the same time it wax lean and pine away.

Nutrition is a perfect assimilation of that nourishment which is digested, into the nature of the part which digests. It is performed by the assistance of 4. subsidiary or helping Actions, Attractive, Retentive, Digestive, and Expulsive.

The voluntary actions which we willingly perform, are so called, because we can at our pleasure hinder, stir up, slow or quicken them. They are three in general, the sensitive, moving, and principall Action. The sensitive * Soul comprehends all things in five senses, in Sight, Hearing, Smell, Taste and Touch. Three things must necessarily concur to the performance of them, the Organ, the Medium or mean, and the Object. The principall Organ, or Instrument, is the Animall spirit diffused by the nerves into each several part of the body, by which such actions are performed. Wherefore for the present we will use the Parts themselves for their Organs. The Mean is a Body, which carries the Object to the Instrument. The Object is a certain externall quality, which hath power by a fit Medium or Mean to stir up and alter the Organ. This will be more manifest by relating the particular functions of the senses by the necessary concurring of these three.

Sight, is an action of the seeing faculty, which is done by the Eye, fitly composed of its coats and humors, and so consequently the Organical body of this Action. The Object is a visible quality brought to the Eye. But such an Object is twofold; for either it is absolutely visible of its self, and by its own Nature, as the Sun, the fire, the Moon and Stars: or desires as it were the help of another that it may be actually such, for so by the coming of the light colours, which were visible in power only, being brought to the Eye, they do seem and appear such as they actually are.

What an Action is.

As actions and acts are different.

Naturall actions.

What Growth is.

What Nutrition is.

Action voluntary. * Animall functions.

How Sight is performed.

But such Objects cannot arrive at the Eye, but through a clear and illuminate Medium, as the Air, Water, Glasse and all sorts of Cryfall.

How hearing. The Hearing hath for its Organ the Ear and Auditory passage, which goes to the stony bone furnished with a Membrane investing it, an Auditory Nerve, and a certain inward spirit there contained. The Object is every sound arising from the smitten or broken Air, and the Collision of two bodies meeting together. The Medium is the encompassing Air which carries the sound to the Ear.

How smelling. Smelling (according to *Galesus* opinion) is performed in the Mamillary processes produced from the proper substance of the brain, and seated in the upper part of the nose; although others had rather smelling should be made in the very foremost ventricles of the brain. This Action is weak in man in comparison of other Creatures: the Object thereof is every smell, or fuidid exhalation breathing out of bodies. The Medium by which the Object is carried to the noses of Men, Beasts and Birds, is the Air, but to Fishes the Water it self. The Action of taste is performed by the tongue being tempered well and according to nature, and furnished with a nerve spread over its upper part from the third and fourth conjugation of the brain. The Object is * Taste, of whose nature and kinds we will treat more at large in our Antidotary. The Medium by the which the Object

How the taste.

* *Supr.*

is so carried to the Organ, that it may affect it, is either external or internal: The external is that spittle which doth as it were anoint and supple the tongue; the internal is the spongy flesh of the tongue it self, which affected with the quality of the Object doth presently so possess the nerve that is implanted in it, that the kind and quality thereof by the force of the spirit may be carried into the common sense. All parts endued with a nerve enjoy the sense of touching, which is chiefly done, when a tractable quality doth penetrate even to the true and nervous skin, which lyeth under the Cuticle, or scari-skin; we have formerly noted, that it is most exquisite in the skin which invests the ends of the fingers. The Object is every tractable quality, whether it be of the first rank of qualities, as Heat, Cold, Moisture, Dryness, or of the second, as Roughness, Smoothness, Heaviness, Lightness, Hardness, Softness, Rarity, Density, Friability, Unctuousity, Grossness, Thinness. The Medium by whose procurement the instrument is affected, is either the skin or the flesh interwoven with many Nerves.

How touching.

Of motion.

The next Action, is that Motion, which by a peculiar name we call voluntary; this is performed and accomplished by a Muscle, being the proper Instrument of voluntary Motion. Furthermore every motion of a member possessing a Muscle is made either by bending and contraction, or by extension. Although generally there be so many differences of voluntary motion, as there are kinds of site in place; therefore Motion is said to be made upward, downward, to the right hand, to the left, forward and backward; Hither are referred the many kinds of motions, which the infinite variety of Muscles produce in the body. Into this rank of Voluntary Actions, comes Respiration, or breathing, because it is done by the help of the Muscles; although it be chiefly to temper the heat of the Heart. For we can make it more quick, or slow as we please, which are the conditions of a voluntary Motion.

How respiration may be a voluntary motion.

Lastly, that we may have somewhat in which we may safely rest and defend our selves against the many questions which are commonly moved concerning this thing, we must hold, that Respiration is undergone and performed by the Animal faculty, but chiefly instituted for the vitall.

The third principal Action.

The principall Action and prime amongst the Voluntary is absolutely divided in three, Imagination, Reasoning and Memory.

Imagination is a certain expressing, and apprehension which discerns and distinguisheth between the forms and shapes of things sensible, or which are known by the senses.

Reasoning is a certain judicial estimation of conceived or apprehended forms or figures, by a mutual collating or comparing them together.

Memory is the sure storer of all things, and as it were the Treasury which the mind often unfolds and opens, the other faculties of the mind being idle and not employed. But because all the forementioned Actions whether they be Natural, or Animal and voluntary, are done and performed by the help and assistance of the Spirits; therefore now we must speak of the Spirits.

CHAP. X.

Of the Spirits.

What a spirit is.



He Spirit is a subtile and acry substance, raised from the purer blood that it might be a vehicle for the faculties (by whose power the whole body is governed) to all the parts, and the prime instrument for the performance of their office. For they being destitute of its sweet approach doe presently cease from action, and as dead do rest from their accustomed labours. From hence it

is

is that making a variety of Spirits according to the number of the faculties, they have divided them into three; as one Animall, another Vitall, another Naturall.

The Animall hath taken his seat in the brain; for there it is prepared and made, that from thence conveyed by the Nerves, it may impart the power of sense and motion to all the rest of the members. An argument hereof is, that in the great cold of Winter, whether by the intercepting them in their way, or by the concretion, or, as it were, freezing of those spirits the joints grow stiff, the hands numb, and all the other parts are dull, destitute of their accustomed agility of motion, and quickness of sense. It is called Animall, not because it is the * Life, but the chief and prime instrument thereof: wherefore it hath a most subtil and aery substance; and enjoys divers names, according to the various condition of the Sensories or seats of the senses into which it enters; for that which causeth the sight, is named the Visive: you may see this by night, rubbing your eyes, as sparkling like fire. That which is conveyed to the Auditory passage, is called the Auditive or Hearing: That which is carried to the instruments of Touching, is termed the Tactive; and so of the rest.

Spirits three-
kinds.

The Animall
spirit.

Why so called.
* *Anim.*

How it is made;

This Animall spirit is made and laboured in the windings and foldings of the Veins and Arteries of the brain, of an exquisit subtil portion of the vitall brought thither by the *Cerebrals Arteries*, or *sleepy Arteries*; and sometimes also of the pure air, or sweet vapour drawn in by the Nose in breathing. Hence it is, that with Ligatures we stop the passage of this spirit, from the parts we intend to cut off. An Humor which obstructs or stops its passage, doth the like in Apoplexies and Palities, whereby it happens that the members insinate under that place do languish and seem dead, sometimes destitute of motion, sometimes wanting both sense and motion.

The Vitall
spirit.

The Vitall spirit is next to it in dignity and excellency, which hath its chief mansion in the left ventricle of the Heart, from whence, through the Channels of the Arteries, it flows into the whole body, to nourish the heat which resides fixed in the substance of each part, which would perish in short time, unless it should be refreshed by heat flowing thither together with the spirit. And because it is the most subtil next to the Animall, Nature (lest it should vanish away) would have it contained in the Nervous coat of an Artery, which is five times more thick than the coat of the Veins, as *Galen*, out of *Hierophilus*, hath recorded.

What the mat-
ter of it is.

It is furnished with matter from the subtil exhalation of the blood, and that air which we draw in breathing. Wherefore it doth easily and quickly perish by immoderate dissipations of the spirituous substance, and great evacuations; so it is easily corrupted by the putrefaction of Humors, or breathing in of pestilient air and filthy vapours; which thing is the cause of the so suddain death of those which are infected with the Plague. This spirit is often hindered from entering into some part, by reason of obstruction, fulness, or great inflammations; whereby it follows, that in a short space, by reason of the decay of the fixed and inbred heat, the parts do easily fall into a Gangrene, and become mortified.

There is some
doubt of the
Naturall spirit.

The Naturall spirit (if such there be any) hath its station in the Liver and Veins. It is more gross and dull than the other, and inferior to them in the dignity of the Action, and the excellency of the use. The use thereof is to help the concoction both of the whole body, as also of each severall part, and to carry blood and heat to them.

Fixed Spirits

Besides those already mentioned, there are other Spirits fixed and implanted in the similar and prime parts of the body, which also are naturall, and Natives of the same place in which they are seated and placed. And because they are also of an aery and fiery nature, they are so joined or rather united to the Native heat, that they can no more be separated from it than flame from heat; wherefore they with these that flow to them, are the principall instruments of the Actions which are performed in each severall part; And these fixed Spirits have their nourishment and maintenance from the radicall and first-bred moisture, which is of an aery and oily substance, and is, as it were, the foundation of these Spirits, and the inbred heat. Therefore without this moisture, no man can live a moment. But also the chief Instruments of life are these Spirits, together with the Native heat. Wherefore this radicall Moisture being dissipated and wasted, (which is the feat, sunder, and nourishment of the Spirits and heat) how can they any longer subsist and remain? Therefore the consumption of the naturall heat, followeth the decay of this sweet and substance-making moisture, and consequently death, which happens by the dissipating and resolving of naturall heat.

The radicall
Moisture.

Naturall death

But since then these kind of Spirits with the naturall heat, is contained in the substance of each similar part of our body, (for otherwise it could not persist) it must necessarily follow, that there be as many kinds of fixed Spirits, as of similar parts. For because each part hath its proper temper and encrease, it hath also its proper Spirit, and also its own proper fixed and implanted heat, which here hath its abode, as well as its Originall. Wherefore the Spirit and heat which is seated in the bone, is different from that which is imparted into the substance of a Nerve, Vein, or such other similar part; because the temper of these parts is different, as also the mixture of the Elements from which they first arose and sprung up. Neither is this contemplation of Spirits of small account, for in these consist all the force and efficacy of our Nature.

These

The use and necessity of the Spirits.

What the remedy for the distipation of the Spirits. What the remedy for oppression of the Spirits is.

These being by any chance dissipated or wasted, we languish; neither is any health to be hoped for, the flour of life withering and decaying by little and little. Which thing ought to make us more diligent, to defend them against the continual efflux of the threefold substance. For if they be decayed, there is left no proper indication of curing the disease; so that we are often constrained, all other care laid aside, to betake our selves to the reforcing and repairing the decayed powers. Which is done by means of good Juice, easie to be concocted and distributed; good Wines, and fragrant smells.

But sometimes these Spirits are not dissipated, but driven in and returned to their fountains, and so both oppress and are oppress'd; wherupon it happens we are often forced to dilate and spread them abroad by binding and rubbing the parts. Hitherto we have spoke of these things which are called Natural, because we naturally consist of them; it remains that we now say somewhat of their Adjuncts and Associates of Condition.

The Adjuncts and Associates to things Natural: are,

Age: of which, by reason of the similitude of the Argument, we were constrained to speak, when we handled the Temperatures.
Sex.
Claus: of which we have already spoken. The conformation of the Instrumental parts.
Time: whose force we have also considered.
Region.
Order of Diet, and condition of Life.

CHAP. XI.

Of the Adjuncts of things Natural.

What sex is.

The nature of women.

Of Eunuchs.

Of Hermaphrodites.

Colour the bewayer of the Temperament.

The perfection of the organical parts, consists in four things.

SEX is no other thing than the distinction of Male and Female; in which this is most observable, that for the parts of the body, and the site of these parts, there is little difference between them; but the Female is colder than the Male. Wherefore their spermaticall parts are more cold, soft, and moist; and all their naturall actions less vigorous and more depraved.

The Nature of Eunuchs is to be referred to that of women, as who may seem to have degenerated into a womanish nature, by deficiency of heat; their smooth body, and soft and shrill voice do very much assimilate women. Notwithstanding you must consider, that there be some Manly women, which their manly voice, and chin covered with a little hairiness, do argue; and on the contrary, there are some womanizing, or womanish men, which therefore we term dainty and effeminate.

The Hermaphrodite is of a doubtful nature, and in the middle of both sexes seems to participate of both Male and Female.

The Colour which is predominant in the habit and superficies of the body, and lyes next under the skin, shews the Temperament of what kind forever it be; for as *Galen* notes in *Comment. ad Aphor. 2. sect. 1.* Such a colour appears in us, as the contained Humor hath. Wherefore if a rosie hew colour the cheeks, it is a sign the body abounds with blood, and that it is carried abroad by the plenty of Spirits. But if the skin be dyed with a yellow colour, it argues Cholera predominant; if with a whitish and pallid hue, Phlegm; with a fable and duskie, Melancholy. So the colour of the Excrements which are according to Nature, is not of the least consideration. For thus, if an Ulcer being broken send forth white matter, it argues the soundness of the part from whence it flows; but if fanious or bloody, green, blackish, or of divers colours, it shews the weakness of the solid part, which could not assimilate by concoction the colour of the excrementitious humor. The like reason is of unnaturall Tumors: For, as the colour, so the dominion of the Humor causing or accompanying the swelling commonly is.

The conformity and integrity of the Organical parts is considered by their figure, greatness, number, situation, and mutuall connexion. We consider the figure, when we say, almost all the external parts of the body are naturally round, not only for stow, but for necessity, that being smooth and no way cornered, they should be less obnoxious to external injuries; we speak of Greatness, when we say, some are large and thick, some lank and lean. But we consider their Number, when we observe some parts to abound, some to want, or nothing to be defective or wanting. We insinuate Site and Connexion, when we search, whether every thing be in its proper place, and whether they be decently fitted, and well joined together.

We have handled the varieties of the four seasons of the Year, when we treated of Temperaments. But the consideration of Region (because it hath the same judgment that the Air) shall be referred to that disquisition or enquiry which we intend to make of the Air, amongst the things not naturall.

The

The manner of life, and order of Diet are to be diligently observed by us, because they have great power either to alter, or preserve the Temperament. But because they are of almost infinite variety, therefore they scarce seem possible to fall into Art, which may, prosecute all the differences of Diet and Vocations of life. Wherefore if the Calling of Life be laborious, as that of Husbandmen, Mariners, and other such trades, it strengthens and dries the parts of the body. Although those which labour much about Waters, are most commonly troubled with cold and moist diseases, although they almost kill themselves with labour.

Again, those which deal with Metals, as all sorts of Smiths, and those which cast and work brass, are more troubled with hot diseases, as Feavers. But if their Calling be such, as they sit much, and work all the day long sitting at home, as shoemakers; it makes the body tender, the flesh effeminate, and causeth great quantity of excretions. A life as well idle and negligent in body, as quiet in mind, in all riotousness and excesses of Diet, doth the same. For from hence the body is made subject to the Stone, Gravel, and Gout.

That calling of life which is performed with moderate labour, clothing, and diet, seems very fit and convenient to preserve the naturall temper of the body. The ingenious Chirurgeon may frame more of himself that may more particularly conduce to the examination of these things. Therefore the things naturall, and those which are near or neighbouring to them being thus briefly declared; the Order seems to require, that we make enquiry of things not Naturall.

The common-
dies of an
indifference
Diet.

CHAP. XII.

Of things not Naturall.

The things which we must now treat of, have by the later Physicians been termed Not-naturall; because they are not of the number of those which enter into the constitution or composition of mans body; as the Elements, Humors, and all such things which we formerly comprehended under the name of Naturall: although they be such as are necessary to preserve and defend the body already made and composed. Wherefore they were called by *Galen* Preservers; because by the due use of them the body is preserved in health. Also, they may be called Doubtfull, and Neuters, for that rightly and sely used, they keep the body healthfull, but inconsiderately, they cause diseases. Whereby it comes to pass, that they may be thought to pertain to that part of Physick which is of preserving health; not because some of these things should be absolutely and of their own nature wholesome, or others unwholsom; but only by this, that they are, or prove so by their convenient, or preposterous use. Therefore we consider the use of such like things from four conditions, Quantity, Quality, Occasion, and Manner of using: If thou shalt observe these, thou shalt attain and effect this, That those things which are of themselves, are, as it were, doubtfull, shall bring certain and undoubted health. For these four Circumstances do so far extend, that in them, as in the perfection of Art, the Rules which may be prescribed to preserve health are contained. But *Galen* in another place, hath in four words comprehended these things not Naturall; as, things Taken, Applied, Expelled, and to be Done. Things Taken, are those which are put into the body, either by the mouth, or any other way; as the air, meat and drink. Things Applied, are those which must touch the body, as the Air now mentioned, affecting the body with a diverse touch of its qualities of heat, cold, moisture, or driness. Expelled, are what things soever being unprofitable are generated in the body, and require to be expelled. To be Done, are labour, rest, sleep, watching, and the like. We may more distinctly, and by exprestion of proper Names, revoke all these things to six:

Why they are
called things
not naturall.

Galen 1. ad
Glacien.

Lib. de facult.
verba.

Which are $\left\{ \begin{array}{l} \text{Air.} \\ \text{Meat and Drink.} \\ \text{Labour and Rest.} \\ \text{Sleep and Watching.} \\ \text{Repletion and Inanition; or things to be expelled, or retained} \\ \text{and kept.} \\ \text{Perturbations of the Minde.} \end{array} \right.$

CHAP.

CHAP. XIII.

Of the Air.

How necessary
for life the Air
is.

AIR is so necessary to life, that we cannot live a moment without it; if so be that breathing, and much more transpiration, be not to be separated from life. Wherefore it much conduceth to know, what Air is wholesome, what unwholesome, and which by contrariety of qualities fights for the Patient against the disease; or on the contrary by a similitude of qualities shall nourish the disease, that if it may seem to burden the Patient by increasing or adding to the disease, we may correct it by Art. So in curing the wounds of the head, especially in winter, we labour by all the means we may to make the air warm. For cold is hurtfull to the Brain, Bones, and the wounds of these parts; and heat is comfortable and friendly. But also the Air being drawn into the body by breathing when it is hotter than ordinary, doth with a new warmth over-heat the heart, lungs, and spirits, and weaken the strength by the dissipation of the Spirits too much attenuated; so being too cold, in like manner the strength of the faculties faints and grows dull, either by suppression of the vapors, or by the inspissation or thickning of the Spirits.

What Air is
harmful.

Therefore to conclude, that Air is to be esteemed healthfull, which is clear, subtil, and pure, free and open on every side, and which is far remote from all carion-like smells of dead carcases, or the stench of any putrefying thing whatsoever: the which is far distant from standing pools, and fens, and caves, sending forth strong and ill vapors; neither too cloudy nor moist by the nearness of some river.

Such an Air, I say, if it have a vernal temper, is good against all diseases. That Air which is contrary to this, is altogether unhealthfull; as that which is putrid, shut up, and prest by the straitness of neighbouring Mountains, infected with some noisome vapor. And because I cannot prosecute all the conditions of Airs, fit for the expelling of all diseases, as which are almost infinite; it shall suffice here to have set down, what we must understand by this word *Air*.

Three things
are understood
by the name of
the Air.

Physicians commonly use to understand three things by the name of *Air*; The present state of the Air; the Region in which we live; and the season of the Year. We spoke of this last, when we treated of Temperaments. Wherefore we will now speak of the two former. The present state of the Air, one while for some small time, is like the Spring, that is, temperate; otherwhiles like the Summer, that is, hot and dry; otherwhiles like the Winter, that is, cold and moist; and sometimes like the Autumn, which is unequal; and this last constitution of the Air is the cause of many diseases. When upon the same day, it is one while hot, another cold, we must expect Autumnall diseases. These tempers and varieties of constitutions of the Air, are chiefly and principally stirred up by the winds; as which being diffused over all the Air, shew no small force by their sodain change. Wherefore we will briefly touch their natures: That which blows from the East, is called the East-wind, and is of a hot and dry nature, and therefore healthfull. But the West-wind is cold and moist, and therefore sickly. The South-wind is hot and moist, the Author of putrefaction and putrid diseases. The North-wind is cold and dry, therefore healthy: wherefore it is thought, if it happen to blow in the Dog-days, that it makes the whole year healthfull, and purges and takes away the seeds of putrefaction, if any chance to be in the Air. But this description of the four Winds, is then only thought to be true, if we consider the Winds in their own proper nature, which they borrow from these Regions from which they first proceed. For otherwise they affect the Air quite contrary, according to the disposition of the places over which they came; as Snowie places, Seas, Lakes, Rivers, Woods, or sandy Plains, from whence they may borrow new qualities, with which they may afterwards possess the Air, and so consequently our bodies.

How the winds
acquire other
faculties, than
they naturally
have.

The Westwind
of it self un-
wholesome.

Hence it is we have noted, the Western-wind unwholesome, and breeding diseases, by reason of the proper condition of the Region from whence it comes; and such, that is cold and moist; the *Cassians* find it truly to their so great harm, that it seldom blows with them, but it brings some manifest and great harm, either to their bodies, or fruits of the earth. And yet the *Greeks* and *Latins* are wont to commend it for healthfulness, more than the rest. But also the rising and setting of some more eminent stars, do often cause such cold winds, that the whole Air is cooled, or infected with some other malign quality. For vapors and exhalations are often raised by the force of the Stars, from whence winds, clouds, storms, whirlwinds, lightnings, thunders, hail, snow, rain, earthquakes, inundations, and violent raging of the sea, have their originall. The exact contemplation of which things, although it be proper to Astronomers, Cosmographers, and Geographers, yet *Hippocrates* could not omit it, but that he must speak something in his book *De Aire & Aquâ*; where he touches by the way, the description of the neighbouring Regions, and such as he knew.

What force
stars have upon
the Air.

From this force of the Air, either hurtfull, or helping in diseases, came that famous
observa-

observation of *Gaile of Caen*; That wounds of the head are more difficult to cure at *Paris*, than at *Avignon*, and the plain contrary of wounds of the legs; for the air of *Paris*, compared to that of *Avignon*, is cold and moist, wherefore hurtfull and offensive to the wounds of the head. On the contrary, the same air, because it obscures the spirits, inflames the blood, condensates the humors, and makes them less fit for defluxions, makes the wounds of the legs more easie to be healed, by reason it hinders the course of the humors, by whose defluxion the cure is hindered. But it is manifest, that hot and dry places make a greater dissipation of the naturall heat, from whence the weakness of the powers; by which same reason, the Inhabitantes of such places do not so well endure blood-letting; but more easily suffer purgations, though venement, by reason of the continuance of the humor, caused by driness. To conclude, the Air changes the constitutions of our bodies, either by its qualities, as if it be hotter, colder, moister, or drier; or by its matter, as if it be grosser, or more subtil than is fit, or corrupted by exhalations from the earth, or by a sudden and unaccustomed alteration, which any man may prove, who makes a sudden change out of a quiet air into a stormy and troubled with many winds. But because, next to the Air, nothing is so necessary to nourish mans body, as Meat and Drink, I will now begin to speak of them both.

How the air of Paris comes to be ill for wounds of the head, and good for those of the legs.

By what means the air changes our bodies.

CHAP. XIII.

Of Meat and Drink.

Hat this our Treatise of meat and drink may be more brief and plain, I have thought good to part it into these heads, as to consider the goodness and fitness of both of them, their quantity, quality, custom, delight, order, time, and to accommodate them all to the ages and seasons of the year. We judge of the goodness and pravity of meats and drinks, from the condition of the good or vicious humors, or juice which they beget in us. For evil juice causeth many diseases. As on the contrary, good juice drives away all diseases from the body, except the fault happen from some other occasion, as from quantity, or too much excess. Wherefore it is principally necessary, that those who will preserve their present health, and hinder the access of diseases, feed upon things of good nourishment and digestion, as are good wine, the yolks of eggs, good milk, wheaten bread well baked, the flesh of Capons, Partridge, Thrushes, Larks, Veal, Mutton, Kid, and such like other, which you may find mentioned in the Books which *Galen* writ, *De Alimentorum facultatibus*; where also he examines those which are of evil juice by their manifest qualities, as acrimony, bitterness, saltness, acidity, harshness, and such like.

The goodness of nourishments.

Their quantity

The quantity of meats must be esteemed according to the nature of the disease, and strength of the Patient.

The qualities of meat.

But unless we use a convenient quantity and measure in our meats, howsoever laudable they be, we shall never reap these fruits of health we hoped for. For they yeeld matter of diseases, by the only excess of their quantity; but we may by this know the force of quantity on both parts, because often the poisonous quality of meats of ill nourishment doth not hurt, by reason they were not taken into the body into a great quantity. That measure of quantity is chiefly to be regarded in diseases: for as *Hippocrates* saith, If any give meat to one sick of a Fever, he gives strength to the well, and increases the disease to the sick, especially if he do not use a mean. Wherefore it is a thing of no small consequence, to know what diseases require a slender, and what a large diet; of which thing there is large relation made in the 1. *Section* of the Aphorisms of *Hippocrates*; where he teacheth, the sick must feed more largely in the beginnings of long diseases, whereby they may be enabled to endure the length of the disease, and last to the state thereof. But in sharp and violent diseases, which presently come to their height, we must use a slender diet; but most slender, when the disease is in the height; and besides, all our consultations in this kinde, must be referred to the strength of the Patients. But those who enjoy their perfect health, must use a quantity of meat, agreeable to their evacuation and transpiration; for men, by reason of the strength of their heat, and the more copious dissipation of the triple substance, have greater appetite than women; altogether by the same reason, that young people, and such as grow, need more frequent and plentiful nourishment, than old men; and also amongst young men of the like age; some do rightly require more copious nourishment than others; that is, according to the quantity of their evacuations and custom. Certainly for gluttony, it is such as may be extended to all; but we all should take so much meat and drink, that our powers may be refreshed and not oppressed; for by the decree of *Hippocrates*, there be the two compendiary ways of preserving health; not to be over-filled with meat, and to be quick to work; and thus much of the quantity of meats. Neither must those who are either found, or sick, have less regard to the qualities of their Meats; and those are either the first, as heating, cooling, moistening, drying; or the second, attenuating, inspissating, obstructing, opening, or some other-like, working according to the condition of their nature. The manner of our diet is not only to be framed according

to

to their, but also to be varied; for the present state of such as be in health, requires to be preserved by the use of like things. As hot and moist nourishment is to be prescribed to children, as to those which are hot and moist: and cold and dry to old men, as to those who are cold and dry; if so be that vulgar saying be true, that, *Health delights in the use of like things*. Yet because Old-age how green and new-begun howsoever it be, is of it self, as it were, a disease, it seems to be more convenient, both to truth, and for health, that old people should eat meats contrary to their nature, that is, hot and moist, that so we may defer as much as we can, the causes of death, cold and driness, which hasten the destruction of that age. For we must resist diseases by the use of their contraries, as those things which are contrary to nature. For otherwise, as much meat as you give to the sick, you add so much strength to the disease. And the same is the cause why *Hippocrates* said, that a moist diet is convenient for all such as are sick of Feavers, because a Feaver is a dry distemperature. Therefore we must diligently pry into the nature of the disease, that knowing it, we may endeavour to abate its fury by the use of contraries.

Old-age is a disease.

Apher. 16. sibi. 1.

The force of Custom.

Apher. 91. sibi. 2.

Apher. 38. sibi. 2.

Accustomed meats are more grateful, and so by that means more nourishing.

But if Custom (as they say) be another nature, the Physician must have a great care of it, both in sound and sick. For this sometimes by little and little, and insensibly, changes our naturall temperament, and in stead thereof gives us a borrowed temper. Wherefore if any would presently or sodainly change a Custom which is sometimes ill, into a better, truly he will bring more harm than good; because all sodain changes (according to the opinion of *Hippocrates*) are dangerous. Wherefore if necessity require that we should withdraw any thing from our Custom, we must do it by little and little, that so nature may by degrees be accustomed to contraries without violence, or the disturbance of its usuall government. For that meat and drink which is somewhat worse, but more pleasant and familiar by custom, is to be preferred (in *Hippocrates* opinion) before better, but less pleasant and accustomed. Hence is it, that Country-men do very well digest Beef and Bacon, which commonly they use; but will turn into nidorous vapors, Partridge, Capons, and other meat of good nourishment, sooner than change them into good and laudable Chylus. The cause of which thing is not only to be attributed unto the property of their stronger, & as it were, burning heat, but much more to Custom; which by a certain kind of familiarity, causeth that meats of hard digestion, are easily turned into laudable blood. For the force of Custom is so great, that accustomed Meats are more acceptable; whereby it comes to pass, that while the stomach delights in them, it more straitly embraces them, and happily digests them, without any trouble of loathing, vomiting, or heaviness. All the contrary meet and happen in the use of Meats which are unpleasant to the taste and stomach. For the ventericle abhorring those things, makes manifest how it is troubled by its acide and nidorous belchings, loathing, nauousness, vomit, heaviness, pain of the head, and trouble of the whole body.

Wherefore we must diligently enquire, what Meats the Patient chiefly delighted in, that by offering them, his appetite languishing by reason of some great evacuation, vomit, or the like, may be stirred up. For it will be better and more readily restored by things acceptable, though they be somewhat worse, as we noted a little before out of *Hippocrates*. By which words he plainly taught, that it is the part of a good and prudent Physician to subscribe to, and please the palat of his Patient.

The order of eating our meats.

But seeing that order is most beautiful in all things, it is truly very necessary in eating our Meat: for how laudable soever the Meats be in their quantity and quality, howsoever familiar by use, and grateful by custom, yet unless they be eaten in due order, they will either trouble or molest the stomach, or be ill, or slowly and difficultly concocted; wherefore we must diligently observe, what Meats must be eaten at the first, and what at the second course; for those Meats which be hard to concoct, are not to be eaten before those which are easie of digestion; neither dry and astringent things, before moistening and loosing.

We must begin our meals with moist or liquid meat.

But on the contrary, all slippery, fat, and liquid things, and which are quickly changed, ought to go before, that so the belly may be moistened; and then astringent things must follow, that the stomach, by their help, being shut and drawn together, may more straitly comprehend the Meat on every side, and better perform the Chylification by its proper heat united and joined together.

For this cause *Hippocrates*, *Lib. de victu in acutis*, commands those things to be always eaten in the morning, which are fit to loosen the belly, and in the evenings such as nourish the body. Yet notwithstanding drink ought not to precede or go before meat, but on the contrary meat must precede drink, by the order prescribed by him.

The time of eating.

The profit of labor before meat.

Whether ought we in our eating to have less care of the time, than we have of the order; for the time of eating of such as are healthfull, ought to be certain and fixt; for at the accustomed hour, and when hunger presses, any sound man, and which is at his own disposition may eat, but exercise and accustomed labors ought to go before; for it is fit, according to the precept of *Hippocrates*, that labor precede meat, whereby the excrements of the third concoction may be evacuated, the native heat increased, and the solid parts confirmed and strengthened, which are three commodities of exercise very necessary to the

the convenient taking of meat. But in sick persons we can scarce attend and give heed to these circumstances of time, and accustomed hour of feeding; for that Indication of giving meat to the sick, is the best of all, which is drawn from the motion of the disease, and the declining of the fit: for if you give meat in feavers, specially the fit then taking the Patient, you nourish not him, but the disease. For the meat then eaten, is corrupted in the Stomach, and yields fit matter for the disease: For meat (as we noted before out of Hippocrates) is strength to the sound, and a disease to the sick, unless it be eaten at convenient time, and diligent care be had of the strength of the Patient, and greatness of the disease.

We must not give meat in a fit of a Feaver.

But neither is it convenient that the meat should be simple, and of one kind; but of many sorts, and of divers dishes dressed after different forms, lest nature by the continual and hateful feeding upon the same meat, may at the length loath it, and so neither frailyly contain it, nor well digest it; or the stomach accustomed to one meat, taking any loathing thereat, may abhor all other; and as there is no desire of that we do not know, so the desired appetite cannot be delighted and stirred up with the pleasure of any meat which can be offered. For we must not credit those superstitious or too nice Physicians, who think the digestion is hindered by the much variety of meats.

Variety of meats.

The matter is far otherwise, for by the pleasure of what things forever the stomach allured doth require, it embraces them more frailyly, and concocts them more perfectly. And our nature is desirous of variety.

Why variety of meats is good.

Moreover, seeing our body is composed of a solid, moist, and airy substance, and it may happen, that by so many labors, which we are compelled to undergo and sustain in this life, one of these may suffer a greater dissipation and loss than another; therefore the stomach is necessarily compelled to seek more variety, lest any thing should be wanting to repair that which is wasted. But also the age and season of the year, yield Indications of feeding, for some things are convenient for a young man, some for an old; some in summer, some in winter. Wherefore we ought to know what befits each age and season. Children need hot, moist, and much nourishment, which may not only suffice to nourish, but increase the body. Wherefore they worst endure fasting, and of them, especially those who are the most lively and spiritfull. With old men it is otherwise, for because their heat is small, they need little nourishment, and are extinguished by much. Wherefore old men easily endure to fast; they ought to be nourished with hot and moist meats, by which their solid parts now growing cold and dry, may be heated and moistned, as by the sweet nourishment of such like meats. Middle-aged men delight in the moderate use of contraries, to temper the excess of their too acrid heat. Young people as temperate, are to be preserved by the use of like things.

Indications of feeding, taken from the age.

The manner of Diet in Winter must be hot, and inclining to driness. Wherefore then we may more plentifully use roast-meats, strong wines and spices; because in the Winter-season we are troubled with the cold and moist air, and at the same time, have much heat inwardly; for the inner parts, according to Hippocrates, are naturally moist hot in the Winter and the Spring, but feverish in Summer; so the heat of Summer is to be tempered by the use of cold and moist things, and much drink. In the temperate Spring all things must be moderate; but in Autumn, by little and little, we must pass from our Summer to our Winter diet.

Indication from the time of the year.

CHAP. XV.

Of Motion and Rest.



Ere Physicians admonish us, that by the name of Motion, we must understand all sorts of exercises, as walking, leaping, running, riding, playing at tennis, carrying a burden, and the like. Friction or rubbing is of this kind, which in times past was in great use and esteem, neither at this day is it altogether neglected by Physicians. They mention many kinds of it, but they may be all reduced to three; as, one gentle, another hard, a third indifferent; and that of the whole body, or only of some part thereof. The Friction is called hard, which is made by the rough, or strong pressure of the hands, sponges, or a coarse and new linnen cloth: it draws together, condenses, binds and hardens the flesh, yet if it be often and long used, at length it rarifies, dissolves, attenuates, and diminishes the flesh, and any other substance of the body; and also it causeth redness, and draws the distaxion of humours from one part to another. The gentle Friction, which is performed by the light rubbing of the hand, and such like, doth the contrary; as, softens, relaxes, and makes the skin smooth and unwrinkled; yet unless it be long continued, it doth none of these worthy to be spoken of. The indifferent kinds, consisting in the mean betwixt the other two, increaseth the flesh, swells or puffs up the habit of the body, because it retains the blood and spirits which it draws, and suffers them not to be dissipated.

What motion signifies.

Three kinds of Frictions.

Hard.

Gentle.

Indifferent.

D

The

The use of
exercife.

The benefit of exercife is great, for it increafes naturall heat, whereby better digeftion follows, and by that means nourifhment, and the expulfion of the excrements; and laftly, a quicker motion of the fpirits, to perform their offices in the body, all the ways and paffages being cleaned. Befides, it ftrengthens the refpiration, and the other actions of the body, confirms the habit, and all the limbs of the body, by the mutual attrition of the one with the other; whereby it comes to pafs they are not fo quickly wearied with labor. Hence we fee that Country people are not to be tired with labor.

What the
beft time for
exercife.

If any will reap thefe benefits by exercife, it is neceffary that he take opportunity to begin his exercife, and that he feafonably defift from it, not exercifing himfelf violently and without difcretion; but at certain times according to reafon.

Wherefore the beft time for exercife will be before meat (that the appetite may be increafed by augmenting the naturall heat) all the excrements being evacuated, left nature being hungry and empty, do draw and infufe the ill humors contained in the guts and other parts of the body, into the whole habit, the liver, and other noble parts. Neither is it fit prefently, after meat, to run into exercife, left the crude humors and meats not well concocted, be carried into the veins. The meafure and bounds of exercife muft be, when the body appears more full, the face looks red, fweat begins to break forth, we breathe more ftrongly and quick, and begin to grow weary; if any continue exercife longer, ftiffnefs and wearinefs affails his joints, and the body flowing with fweat fuffers a lofs of the fpirituos and humid fubftance, which is not eafily repaired; by which it becomes more cold, and lean even to deformity.

The quality
of exercife.

The quality of exercife which we require, is in the midft of exercife, fo that the exercife muft be neither too flow and idle, neither too ftrong nor too weak, neither too hally nor remifs, but which may move all the the members alike. Such exercife is very fit for found bodies. But if they be diftemper'd, that fort of exercife is to be made choice of, which by the quality of its excefs, may correct the diftemper of the body, and reduce it to a certain mediocrity. Wherefore fuch men as are fluffed with cold, grofs, and vifcous humors, fhall hold that kind of exercife moft fit for them, which is more laborious, vehement, ftrong, and longer continued. Yet fo, that they do not enter into it before the firft and fecond concoction, which they may know by the yellownefs of their urine. But let fuch as abound with thin and choleric humors, chufe gentle exercifes, and fuch as are free from contention, not expecting the finishing of the fecond concoction, for the more acride heat of the folid parts delights in fuch half concocted juices, which otherwife it would fo burn up, all the glutinous fubftance thereof being wafhed, that they could not be adjoynd or fafhed to the parts. For the repeating or renewing of exercife, the body fhould be fo often exercifed, as there is a defire to eat. For exercife ftirs up and revives the heat which lies buried and hid in the body: for digeftion cannot be well performed by a fluggifh heat, neither have we any benefit by the meat we eat, unlefs we ufe exercife before.

For whom
ftrong exercife
are con-
venient.

* Anæthefia.

The laft part of exercife begun and performed according to reafon, is named, * *The ordering of the body*, which is performed by an indifferent rubbing and drying of the members, that fo the fweat breaking forth, the filth of the body and fuch excrements lying under the skin, may be allured and drawn out; and alfo that the members may be freed from ftiffnefs and wearinefs. At this time it is commonly ufed by fuch as play at Tennis.

What difcom-
modities pro-
ceed from idle-
nefs.

But, as many and great commodites arife from exercife conveniently begun and performed, fo great harm proceeds of idlenefs; for grofs and vicious juices heaped up in the body commonly produce cruditates, obfturations, ftones both in the reins and bladder, the Gout, Apoplexie, and a thoufand other difeafes.

C H A P. XVI.

Of Sleep and Watching.

WHAT this our fpeech of Sleep and Watching, which we now intend, may be more plain, we will briefly declare, what commodity or difcommodity they bring; what time and what hour is convenient for both; what the manner of lying muft be, and the choice thereof; what the dreams in fleeping, and what pains or heavinefs and chearfulnefs after fleep may portend.

What fleep is.

Sleep is nothing elfe than the reft of the whole body, and the ceffation of the Animall faculty from fenfe and motion. Sleep is caufed, when the fubftance of the brain is poffeffed, and after fome fort overcome and duffed by a certain vaporous, fweet and delightfome humidity; or when the fpirits almoft exhauft by performance of fome labor, cannot any longer fuffain the weight of the body, but caufe reft by a neceffary confequence, by which means nature may produce other from the meat by concoction turned into blood.

The ufe of
fleep.

Sleep fitly taken much helps the digeftion of the parts, becaufe in the time of reft, the heat being the worker of all concoction, is carried back to them, together with the

spirits. Neither doth sleep only give ease to the wearied members, but also lessens our cares, and makes us to forget our labors.

The night is a fit time to sleep and to take our rest in, as inviting sleep by its moisture, silence and darkness. For the heat and Spirits in the thick obscurity of night, are driven in and retained in the center of the body; as on the contrary by the daily, and as it were, friendly and familiar light of the Sun, they are allured and drawn forth into the superficies, and outward part of the body; from whence they leave sleeping, and begin to wake. Besides also, which makes not a little to that opportunity and benefit which we look for from sleep, the night season suffices for the work of just and perfect concoction. Which is one reason amongst many that sleep on the day time may be hurtfull. For we are wakened from our sleep by the heat and spirits, called forth to the skin either by the light, or noise on the day time, before that the concoction which was begun be finished. But that sleep cannot be light which comes without necessity of sleeping. Wherefore the concoction being attempted, but not perfected, the stomach is filled with crudities, distended with acide or sour belchings, and the brain troubled with gross vapors and excrementitious humidities. From whence proceeds pain and heaviness of the head, and sore of cold diseases. But although sleep on the night time be wholesome, yet it is fit, that it be restrained within the limits of an indifferent time. For that which exceeds, hinders the evacuation of excrements both upwards and downwards: but in the mean time the heat which is never idle, draws from them some portion or vapor into the veins, petri-capill parts and habit of the body, to become matter for some disease. We must measure this time, not by the space of hours, but by the finishing the work of concoction, which is performed in some sooner than in other some. Yet that which is longest is perfected and done in seven or eight hours. The ventricle subsiding and falling into its self and its proper coats, and the urine unstained yellow, gives perfect judgment thereof. For on the contrary the extension of the stomach, acide belching, pain of the head, and heaviness of the whole body, shew that the concoction is imperfect.

In sleeping we must have special care of our lying down; for first we must lye on our right side, that so the meat may fall into the bottom of our stomach, which being fleshy, and less membranous, is the hotter, and more powerful to assimilate. Then a little after we must turn upon our left side, that so the Liver with its Lobes, as with hands may on every side embrace the ventricle, and as fire put under a kettle, hasten the concoction. Lastly, towards morning it will not be unprofitable to turn again upon our right side, that by this situation the mouth of the stomach being opened, the vapors which arise from the elixation of the *Chylus* may have freer passage. Lying upon the back is wholly to be avoided; for from hence the Reins are inflamed, the Stone is bred, Palsies, Convulsion, and all diseases which have their originall from the deflexion into the spinall marrow, and to the Nerves taking beginning from thence. To lye upon the belly is not unprofitable for such as have used to lye so, if they be not troubled with deflexions into the eyes; for so the humor will more easily flow into the part affected. But thus the work of concoction is not a little furthered, because by that form of lying, not only the inward heat is contained and gathered together about the ventricle, but the encompassing warmth of the soft feathers of the bed aids and assists it.

Neither are the Dreams which we have in our sleep to be neglected, for by the diligent consideration of these, the affections and superfluous Humors which have chief power in the body are marvellously known. For those who have raging choler running up and down their bodies while they sleep, all things to them appear bright, shining, fiery, burning, showers, and inundations and falling from high places. Those who are Melancholy dream of gapings and gulfs in the earth, thick and obscure darkness, smokes, caves, and all black and dismal things. But those whose bodies abound in blood, dream of marriages, dances, embracings of women, feasts, jests, laughter, of orchards and gardens; and to conclude, of all things pleasant and splendid.

Also we must observe how the Patient doth after sleep, whether more lively and chearfull, or more heavie: for by the opinion of *Hippocrates*,

*Cum labor et somno est, Letalem collige morbum:
Sic prope somno, nihil hinc Letale timeandum est.*

Aphor. 1. §. 2.

Pain sleep ensuing, an ill disease doth show:
But if sleep profit bring, no harm from thence will flow.

And as sleep, so watching, if it exceed measure, is hurtfull; for it hurts the temperature of the brain, weakens the senses, wastes the spirits, breeds crudities, heaviness of the head, falling away of the flesh, and leanness over all the body; and to conclude, it makes ulcers more dry, and so consequently rebellious, difficult to heal and malign. There are many other things may be spoken of sleep and watching, but these may suffice a Chirurgeon.

CHAP. XVII.

Of Repletion, and Inanition, or Emptiness.

The kinds of Repletions, or super of Excesses.



Here are, to be short, two sorts of Repletion, or of all excess; one is of a simple quality, without any defluxion, or focusy of any humor, as appears in distempers without matter: the other is of quantity and mass, the body being distended with too much meat, or too great quantity of humors; from whence proceed an infinite number of diseases. They call the Repletion of meats, satiety or fulness; and it is of two kinds: The one which is called * Repletion or Fulness to the vessels; the other * Repletion to the strength.

* Re 5 ad vale
pleis 2 ad vice

We judge of satiety to the vessels, by the distension and swelling of the veins and entrails, as the stomach. We call satiety to the strength, when the body is loaded with more meats than it can well bear. But also there is a double Repletion of humors. For either it is of some one humor, or of all the humors; they call this by a peculiar name, *Fluctura*. For *Galen* defines *Fluctura* an equal excess of all the humors. For if at any time he define a *Fluctura* to be an excess of blood only; then verily by the name of blood, he understands an equal comprehension of the four humors; as it is taught in Physick schools.

Gel. Meth. 15.
cap. 6.

What Car-
dymia.

The Repletion which is caused by some one humor, is termed by *Galen* in the place before mentioned, *Cardymia*, (that is, An evil juice) whether the Repletion proceed of a Choleric, Melancholic, Phlegmatic, or ferous Humor.

The kinds of
evacuation.

Now Inanition, or evacuation is no other thing than the expulsion or effusion of humors which are troublesome, either in quantity or quality. Of Evacuations, some are universall, which expell superfluous humors from the whole body; such are purging, vomiting, transpiration, sweats, Phlebotomy. Some particular, which are performed only to evacuate some part, as the brain by the nose, palat, eyes, ears; the lungs by the weazon; the stomach by vomit and stool; the guts by stool; the liver and the spleen by urine and ordure. These evacuations are sometimes performed by nature, freeing it self of that which is troublesome to it; otherwhiles by the Art of the Physician in imitation of nature.

And again, one of these is good and requisite, when only the humor which is hurtfull either in quantity or quality, is evacuated; The other not requisite, or immoderate, when the profitable Humors together with the unprofitable, are expelled.

The conse-
quences of mode-
rate scratching.

But what evacuations soever these be, they are performed and done, either by the scratching and rubbing of the skin, as when a Choleric, salt, or ferous Humor, or some windiness lying between the skin and the flesh, cause itching. For by scratching the skin, it gets passage out, which is manifest by the efflux of a ferous matter burning, or causing scabs and ulcers, if the humor be somewhat gross, but insensible and not so manifest, if it be windiness, the skin by that rubbing being rarified, and the gross fluidity attenuated. Wherefore they do ill who hinder their Patients from scratching, unless they scratch so cruelly and hard, that there may be danger (by reason of the great heat and pain thereby caused) of some defluxion or falling down of humors into the part.

The force of
vomits.

Or these evacuations are performed by such matter evacuated from an opened Bile, or running Ulcer, a Fistula, or such like fores. Or by sweats which are very good and healthfull, especially in sharp diseases, if they proceed from the whole body, and happen on the critical days. By vomit, which often violently draws these humors from the whole body, even from the utmost joints, which purging medicins could not evacuate, as we may see in the Palse, and Sciatica, or Hip-gout. By spitting, as in all who are suppurated either in the sides or lungs. By Salivation, or a Phlegmatic flux by the mouth, as in those who are troubled with the French-pox. By sneezing and blowing the nose; for by these, the brain oppress with moisture, disburdeneth its self, whether it be done without, or with the help of sennatories and erthiaks; wherefore children, and such as have somewhat moist brains, purge themselves often this way. By hicket and belching; for by these the windiness contained in the stomach, is often expelled. By urine, for by this not only Feavers, but which is more to be admired, the French-pox hath often been terminated and cured.

Salivation.

The whole
body is also
purged by
urine.

For there have been some troubled with the Pox, in whom a flux of the vicious and venenate humor could not by Unctions of quicksilver be procured, either from the mouth or belly; yet have been wonderfully freed by abundance of urine, both from danger of death and their disease. By bleeding; for nature hath often found a way for grievous diseases, especially in young bodies, by bleeding at the nose, and by their courtes in women. By a flux, or lask, purgation, sweats, insensible evacuation and transpiration; for so tumors, the matter being brought to suppuration, do sometimes vanish away and are dissolved, both of their own accord, as also by dissolving or dissolving medicins. We do the same by exercise, diet, hot-bousets, long sleep, waking, and sucking of tears. By sucking, as with cupping-glasses, and horse-leeches, in wounds made by venomous bitings.

In

In all such kinds of evacuations, we must consider three things, the quantity, quality, and manner of evacuation. As for an example, when an *Empyema* is opened, the matter which runs out, ought to be answerable in proportion to the purulent matter, which was contained in the capacity of the breast; otherwise, unless all the matter be emptied, there may happen a relapse; the matter should be white, soft, equal, and nothing flinking; Lastly, you must let it forth not all together, and at one time, but by little and little, and at severall times, otherwise not a little quantity of the Spirits and bear doth flow out together, with the unprofitable matter, and so consequently a dissolution of all the powers.

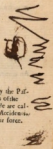
We must observe three things in every evacuation.

CHAP. XVIII.

Of the Perturbations, or Passions of the mind.

THese Perturbations are commonly called the Accidents of the mind, because as bodily accidents from the body, so may these be present and absent from the mind, without the corruption of the subject. The knowledge of these must not be lightly passed over by the Chirurgeon; for they stir up great troubles in the bodies, and yeeld occasion of many and great diseases; of which things, joy, hope, and love, may give an apparent testimony. For by these motions the heat and spirits are sometimes gently, sometimes violently diffused over all the body, for the enjoying of the present, or hoped for good. For then the heart is dilated, as to embrace the thing beloved, and the face is diew with a roffe and lively colour. For it is likely, that the faculty it self is stirred by the object, by whose power the heart it self is moved.

Why the Passions of the mind are called Accidents. Their force.

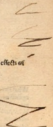


For it is first necessary, before we be moved by any Passions, that the senses in their proper seats, in which they are seldom deceived, apprehend the objects, and straight, as messengers carry them to the common sense, which lends their conceived forms to all the faculties. And then, that each faculty, as a Judge may directly examin the whole matter, how it is, and conceive in the presented objects some shew of good, or ill, to be desired, or shunned. For what man that was well in his wits, did ever fall into a laughter, unless he formerly knew, or saw somewhat said or done, which might yeeld occasion of laughter? Therefore joy proceeds from the heart, for the thing causing mirth or joy, being conceived, the faculty moves the heart, which shaken and moved by the faculty which hath dominion over it, is dilated and opened, as ready to embrace the exhilarating object. But in the mean time by the force of that dilatation, it sends forth much heat, and spirits together with the blood into all the body. A great part of which coming to the face, dilates it, the forehead is smooth and plain, the eyes look bright, the cheeks become red, as did with Vermilion, the lips and mouth are drawn together, and made plain and smooth; some have their cheeks dented with two little pits (which from the effects are called laughing cheeks) because of the contraction or curling, which the muscles suffer by reason of their fulness of blood and spirits, all which to be brief is nothing but to laugh.

From whence they have their force.

The reason of Joy.

The effects of Joy.



Anger.

Sorrow.

Fear.

Shupper. Lib. 4. de Morb.



Joy recreates and quickens all the faculties, stirs up the spirits, helps concoction, makes the body to be better liking, and fattens it, the heat, blood, and spirits flowing thither, and the nourishing dew or moisture, watering and refreshing all the members; from whence it is, that of all the passions of the mind, this only is profitable, so that it exceed not measure; for immoderate and unaccustomed joy carries so violently the blood and spirits from the heart, into the habit of the body, that sodain and unlookt for death ensues, by a speedy decay of the strength, the lasting fountain of the vitall humour being exhausted. Which thing principally happens to those who are less hearty, as women and old men.

Anger causeth the same effusion of heat in us, but far speedier than joy; therefore the spirits and humors are so enflamed by it, that it often causeth putrid fevers, especially if the body abound with any ill humour.

Sorrow, or grief dries the body by a way quite contrary to that of anger, because by this the heart is so strained, the heat being almost extinct, that the accustomed generation of spirits cannot be performed; and if any be generated, they cannot freely pass into the members with the blood; wherefore the vitall faculty is weakened, the lively colour of the face withers and decays, and the body wastes away with a lingering consumption.

Fear in like sort draws in and calls back the spirits, and not by little and little as in sorrow, but sodainly and violently; hereupon the face growes sodainly pale, the extreme parts cold, all the body trembles or shakes, the belly in some is loosed, the voice as it were stays in the jawes, the heart beats with a violent pulsation, because it is almost oppressed by the heat, strangled by the plenty of blood, and spirits abundantly rushing thither; The hair also stands upright, because the heat and blood are retired to the inner parts, and the utmost parts are more cold and drie than stone; by reason whereof the utmost skin and the pores, in which the roots of the hairs are fastned, are drawn together.

Shame

Shame.

Shame is a certain affection mixed, as it were, of Anger and Fear; therefore if, in that conflict of, as it were, contending passions, Fear prevail over Anger, the face waxeth pale, (the blood flying back to the heart;) and these or these Symptoms rise, according to the vehemency of the contracted and abated heat. But if on the contrary, Anger get the dominion over Fear, the blood runs violently to the face, the eyes look red, and sometimes they even foam at the mouth.

Shamefastness.

There is another kind of shame, which the Latins call *Verecundia* (we Shamefastness) in which there is a certain flux, and reflux of the heart, and blood, first recoiling to the heart, then presently rebounding from thence again. But that motion is so gentle, that the heart thereby suffers no oppression, nor defect of spirits; wherefore no accidents worthy to be spoken of arise from hence: this affect is familiar to young maids and boys, who if they blush for a fault committed unawares, or through carelessness, it is thought an argument of a virtuous and good disposition.

An agony.

But an agony, which is a mixt passion of a strong fear, and vehement anger, involves the heart in the danger of both motions; wherefore by this passion, the vitall facultie is brought into very great danger. To these six Passions of the mind, all other may be revok'd, as Hatred and Discord, to Anger; Mirth and Boasting, to Joy; Terrors, Frights and Swoundings, to Fear; Envy, Despair and Mourning, to Sorrow.

By these it is evident, how much the passions of the mind can prevail, to alter and overthrow the state of the body; and that by no other means, than that by the compression and dilatation of the heart, they diffuse and contract the spirits blood, and heat; from whence happens the dissipation, or oppression of the spirits.

Why the best signs of passions of the mind appear in the face.

The signs of these Symptoms quickly shew themselves in the face; the heart, by reason of the thinness of the skin in that part, as it were painting forth the notes of its affections. And certainly the face is a part so fit to disclose all the affections of the inward parts, that by it you may manifestly know an old man from a young, a woman from a man, a temperate person from an untemperate, an *Ethiopian* from an *Indian*, a *Frenchman* from a *Spaniard*, a sad man from a merry, a found from a sick, a living from a dead. Wherefore many affirm that the manners, and those things which we keep secret and hid in our hearts, may be understood by the face and countenance.

The use of passions of the mind.

Now we have declared what commodity and discommodity may redound to the man from these forementioned passions, and have shewed that anger is profitable to none, unless by chance to some dull by reason of idleness, or oppress'd with some cold, clammy and phlegmatick humor; and fear convenient for none, unless peradventure for such as are brought into manifest and extreme danger of their life by some extraordinary sweat, immoderate bleeding, or the like unbridled evacuation; Wherefore it behoves a wise Chirurgion to have a care, lest he inconsiderately put any Patient committed to his charge into any of these passions, unless there be some necessity thereof, by reason of any of the forementioned occasions.

C H A P. XIX.

Of things against Nature, and sort of the Cause of a disease.

What things against nature are.

What, and how many the causes of diseases be.

The primitive cause.

Internall antecedent.

Internall consequent.

The congenial, or inevitable cause of death.

HAVING intreated of things naturall, and not naturall, now it remains we speak of things (which are called) against nature, because that they are such as are apt to weaken & corrupt the state of our body. And they be three in number; The cause of a disease, a Disease, and a Symptom. The cause of a disease is an affect against nature, which causes the disease. Which is divided into Internall and Externall. The Externall, or originall or primitive comes from some other place, and outwardly into the body: such be meats of ill nourishment, and such weapons as hostily wound the body.

The Internall have their essence and seat in the body, and are subdivided into antecedent and consequent. That is called an antecedent cause, which as yet doth not actually make a disease, but goes near to cause one; so humors copiously flowing, or ready to flow into any part, are the antecedent causes of diseases; The consequent is that which actually causes the disease, and is so immediately joyned in affinity to the disease, that the disease being present, it is present, and being absent, it is absent.

Again, of all such causes, some are born together with us, as the over-great quantity and malign quality of both the seeds, and the menstruous blood from diseas'd Parents are causes of many diseases, and specially of those which are called Hereditary.

Other happen to us after we be born, by our diet and manner of life; a stroke, fall or such other like. Those which be bred with us, cannot be wholly avoided or amended, but some of the other may be avoided, as a stroke and fall; some not, as those which necessarily enter into our body, as Air, Meat, Drink, and the like.

But if any will reckon up amongst the internal, inherent, and inevitable causes, the dayly, nay hourly dissipation of the radical moisture, which the naturall heat continually preys upon;

upon; I do not gainfay it, no more than that divifion of Cauſes celebrated and received of Philoſophers, divided into Materiall, Formall, Efficient, and Finall; for ſuch a curious contemplation belongs not to a Chirurgeon, whom I only intend plainly to inſtruct. Wherefore that we have written may ſuffice him.

CHAP. XX.

Of a Diſeaſe.

Diſeaſe is an affect againſt Nature, principally, and by it ſelf, hurting and depraving the action of the part in which it reſides. The diviſion of a Diſeaſe is threefold; Diſtemperature, ill Conformation, and the Solution of Continuity.

What a diſeaſe it, and how various.

Diſtemperature is a Diſeaſe of the ſimilar parts diſſenting, and changed from their proper and native temper. That digreſſion from the native temper, happens two ways; either by a ſimple diſtemperature from the exceſs of one quality; and this is fourfold, Hot, Cold, Moiſt, and Dry; or by a compound diſtemperature, by the exceſs of two qualities, which alſo is fourfold, Hot and Moiſt, Hot and Dry, Cold and Moiſt, Cold and Dry. Again, every diſtemper is the fault of one ſimple and ſingle quality, as an inflammation; or hath ſome vicious humors joined with it, as a Phlegmon. Again, a Diſtemperature is either equal, as in a *Sphacule*; or unequal, as in a *Phlegmon*, beginning or increaſing.

A Diſtemperature.

Ill Conformity is a fault of the organical parts, whoſe compoſure is thereby depraved. This hath four kinds; the firſt is, when the figure of the part is faulty, either by nature or accident, or ſome cavity aboliſhed; as if a part which nature would have hollow for ſome certain uſe, do grow or cloſe up; Or laſtly, if they be rough, or ſmooth otherwiſe than they ſhould, as if that part which ſhould be rough, be ſmooth, or the contrary. Another is in the magnitude of the part increaſed, or diminiſhed contrary to nature. The third is in the number of the parts increaſed or diminiſhed; as if a hand have but four or eſt fix fingers. The fourth is in the ſite and mutuall connexion of the parts; as if the parts which ſhould be naturally united and continued be plucked aſunder, as happens in Luxations; or the contrary. The third generall kind of diſeaſe, is the ſolution of continuity, a Diſeaſe common, both to the ſimilar and organical parts, acquiring diverſity of names, according to the variety of the parts in which it reſides.

Ill Conformation.

Solution of Continuity.

CHAP. XXI.

Of a Symptome.

We do not in this place take the word Symptome in the moſt generall acceptation, for every change or accident which happens to man beſides his own nature, but more reſervedly and ſpecially, only for that change which the diſeaſe brings, and which follows the diſeaſe, as a ſhadow doth the body.

What a Symptome is.

There be three kinds of a Symptome properly taken. The firſt is, when the action is hurt; I ſay hurt, becauſe it is either aboliſhed, weakened, or depraved; ſo blindneſs is a deprivation or aboliſhing of the action of ſeeing; dulcneſs of ſight, is a diminution or weakening thereof; and a ſuſſion, ſuch as happens at the beginning of a Cataract, when they think ſies, haeres, and ſuch like bodies fly to and fro before their eyes, is a deprivation of the ſight.

Three kinds thereof.

The ſecond is a ſimple affect of the body, and a full fault of the habit thereof being changed, happening by the mutation of ſome qualities: ſuch is the changing of the native colour into a red by a Phlegmon, and into a livid and black by a Gangrene; ſuch is the filthy ſench the noiſe affected with a *Falſus* ſends forth; the bitter taſte, in ſuch as have the leuſidie; and the rough and rugged ſkin in them which are Leprous.

The third is the fault of the overmuch retention of excrements which ſhould be expelled, and expulſion of ſuch as ſhould be retained; for the evacuation of an humor profitable both in quantity and quality, is againſt nature, as bleeding in a body not full of ill Humors, nor Plethorick; and alſo the retention of things hurtfull in ſubſtance, quantity and quality, as the Coturſes in women, the urine, and the ſtone in the bladder.

CHAP.

CHAP. XXII.

Of Indications.



His knowledge and exercise of Indications befits that Chirurgion, whom no blind rashness of fortune, but reason; no chance, but counsell directs in the undertaking and performing the works of his Art. For an Indication is a certain safe and short way, which leads the Physitian, as by the hand, to the attainment of his purposed end, of preserving the sound, or curing the sick.

For Galen doth define an Indication to be a certain insinuation of what is to be done, or a quick and judicious apprehension of that which may profit or hurt. And as Faulconer, Mariners, Plowmen, Souldiers, and all manner of Artizens, have their peculiar terms and words, which are neither known, nor used by the vulgar, so this word Indication is proper and peculiar to Physitians and Chirurgions, as a Term of Art not vulgar; by consideration of which, as by some sign, or secret token, they are admonished what is to be done to restore health, or repell an imminent danger.

There are three prime and principall kinds of Indications, every of which is subdivided into many other. The first is from things naturall. The second from those things which are termed not naturall. The third from those things which are contrary to nature. Things naturall few they must be preserved by their like, and in the compass of these are contained all the Indications which are drawn from the nature of the Patient, that is, from his strength, temper, age, sex, habit, custome, diet.

Things not naturall may be doubted as uncertain, for one while they indicate the same things with things naturall, that is, they coincide with the strength, temper and the rest; other whiles they consent with things against nature, that is, they coincide with the disease. Wherefore Galen when he saith, that Indications are drawn from three things; The disease, the nature of the Patient, and the encompassing air; by proposing the familiar example of the sea, he would have us to understand the other things not naturall; because we may thus or embrace them more or less as we will our selves, but we must, whether we will or no, endure the present state of the air. Therefore the air indicates something to us, or rather coincides; for if it nourish the disease, as conspiring with it, it will indicate the same that the disease, that is, that it must be preserved in the same state.

Things contrary to nature indicate they must be taken away by their contraries; therefore that we may more accurately and fully handle all the Indications drawn from things naturall, we must note, that some of these are concerning the strength of the Patient, by care to preserve which, we are often compelled for a time to forsake the cure of the proper disease: for so a great staking happening at the beginning of an ague or fever, we are often forced to give sustenance to the Patient, to strengthen the powers shaken by the vehemency of the sicking, which thing notwithstanding lengthens both the general and particular fits of the ague. Other pertain to the temper, other respect the habit, if the Patient be slender, if fat, if well flesh'd, if of a rare, or dense constitution of body. Other respect the condition of the part affected in substance, consistence, softness, hardness, quick or dull sense, form, figure, magnitude, site, connexion, principality, service, function and use. From all these, as from notes, the skillfull Chirurgion will draw Indications according to the time and part affected: for the same things are not fit for fore eyes, which were convenient for the ears, neither doth the phlegmon in the jaws and throat admit the same form of cure, as it doth in other parts of the body. For none can there outwardly apply repercutives, without present danger of suffocation. So there is no use of repercutives in distensions of those parts which in site are not the principall. Neither must thou cure a wounded Nerve and Muscle, after one manner. The temperature of a part, as Moisture, alwayes indicates its preservation, although the disease be moist, and give indication of drying, as an ulcer: The principality of a part alwayes insinuates an Indication of astringent things, although the disease require dissolving, as an Obstruction of the Liver; for otherwise unless you mix astringent things with dissolving you will so dissolve the strength of the part, that hereafter it cannot suffer for singulacion. If the texture of a part be rare, it shews it is less apt, or prone to obstruction; if dense, it is more obnoxious to that disease; hence it is, that the Liver is oftener obstructed than the Spleen. If the part be sinuate more deeply remote, it indicates the medicines must be more vigorous and liquid, that they may send their force so far. The sensibleness, or quick-sense of the part, gives Indication of milder medicines, than peradventure the sign, or notes of a great disease require. For the Physitian which applies things equally sharp to the Horny tunicle of the eye being ulcerated, and to the Leg, must need be counted either cruel, or ignorant. Each sex and Age hath its Indications, for some diseases are curable in youth, which we must not hope to cure in old age; for hoariness and great distillations in very old men, admit no digestion, as Hippocrates saith.

What Indication is.

See Method, Cap. 7. Lib. de opt. Medis, Cap. 11.

The kinds of Indications.

Lib. 9. Method. Cap. 9.

Indications drawn from things naturall.

What the conditions of the parts affected do indicate.

Indications from the age.

Abbr. 40. B. 2.

Nonpar

Nepotum deceptus in Brachio inquit, atque Cruribus.

The feeble Sire, for age that hardly goes,
Ne've well digests the hurtfull Rheume or poffe.

Moreover according to his decree the diseases of the Reins, and whatsoever pains molest the bladder, are difficultly healed in old men; and also reason persuades that a Quarain admits no cure in Winter, and scarce a Quotidian; and ulcers in like manner are more hard to heal in Winter; that hence we may understand certain Indications to be drawn from times, and to increase the credit of the variety and certainty of Indications; some certain time, and seasons in those times command us to make choice of Medicines; for as Hippocrates

Aphor. 6. §. 10. 6.

Aphor. 5. §. 10. 4.

Ad Conia ardorem facilius purgatio non est.
In Dogdaves heat it is not good,
By purging for to cleanse the blood.

Neither shalt thou so well prescribe a slender diet in Winter, as in the Spring, for the sick hath its Indications. For experience teaches us, that wounds of the head are far more difficultly and hardly cured, at Rome, Naples, and *Rosbeh* in *Xantow*. But the times of diseases yield the principall Indications, for some Medicines are only to be used at the beginning and end of diseases, others at the increase and vigour of the disease. We must not concern those Indications which are drawn from the vocation of life, and manner of Diet; for you must otherwise deal with the painfull husbandman (when he is your Patient) which leads his life sparingly and hardly, than with the Citizen who lives daintily and idly. To this manner of life and Diet may be referred a certain secret and occult property, by which many are not only ready to vomit at eating of some meats, but trouble over all their bodies when they hear them but spoken of. I knew a prime Nobleman of the French Nobility, who was so perplexed at the serving in of an Eel to the Table, at the midst of dinner and amongst his friends, that he fell into a swoond, all his powers failing him. *Galen* in his book of *Cruciatibus* tells that *Arius* the *Peripatetic* died sodainly, because compelled by the advice of those Physicians he used, he drank a great draught of cold water in the intolerable heat of a Fever. For no reason, saith *Galen*, than that, because he knowing he had naturally a cold stomach from his childhood, perpetually obtained from cold water.

From our diet.

Hard stiring
from secret
properties.

For as much as belongs to Indications taken from things against nature; the length and depth of a wound or ulcer indicates one way; the figure cornered, round, round and smooth, unequal and rough, with a hollow neck straight or winding, indicate otherwise; the site right, left, upper, lower in another manner; and otherwise the force and violence of antecedent and conjunct causes. For oftentimes the condition of the cause indicates contrary to the disease, as when abundance of cold and gross humors cause and nourish a Fever. So also a Symptom often indicates contrary to the disease, in which contradiction, that Indication must be most chosen, which doth most urge; as for example sake, if swoounding happen in a Fever, the feverish burning shall not hinder us from giving wine to the Patient.

Indications taken
from things against
nature.

Wherefore these Indications are the principallest and most noble which lead us, as by the hand, to doe these things which pertain to the cure, prevention and mitigating of diseases. But if any object, that so curious a search of so many Indications is to no purpose, because there are many Chirurgeons, which seeing only one before their eyes, which is drawn from the Essence of the disease, have the report and fame of skillfull Chirurgeons, in the opinion of the vulgar; But let him know that it doth not therefore follow, that this indication is sufficient for the cure of all diseases; for we do not always follow that which the Essence of the disease doth indicate to be done. But chiefly then, where none of the fore-recited Indications doth resist or gainsay; you may understand this by the example of a *Pietosa*, which by the Indication drawn from the Essence of the thing requires Phlebotomy, yet who is it, that will draw blood from a child of three months old? Besides, such an Indication is not artificall but common to the Chirurgeon with the common people. For who is it that is ignorant, that contraries are the remedies of contraries? and that broken bones must be united by joining them together? but how it must be performed and done, this is of Art and peculiar to a Chirurgeon, and not known to the vulgar. Which the Indications drawn from those fountains we pointed at before, abundantly teaches, which, as by certain limits of circumstances, encompass the Indication which is taken from the Essence of the disease, lest any should think, we must trust to that only. For there is some great and principall matter in it, but not all. For so the meannest of the common people is not ignorant, that the solution of continuity is to be cured by repairing that which is lost. But in what parts we may hope for restitution of the lost substance, and in which not, is the part of a skillfull Chirurgeon to know and pronounce. Wherefore he will not vainly bestow his labour

We do not alway
follow the
Indication
which is from
the disease.

In what parts
we cannot
hope for re-
storing of
solution of conti-
nuity

labour

labor to cure the nervous part of the *Diaphragm*, or *Midriff* being wounded, or the *Heart*, *small Guts*, *Lungs*, *Liver*, *Stomach*, *Brain* or *Bladder*; and that I may speak in a word, *Empiricks* are not much more skillfull than the common people, although they do so much extoll themselves above others by the name of experience. For although experience be another instrument to find out things with reason, yet without reason, it will never teach, what the substance of the part in which the disease lies, may be; or what the action, use, site, connexion, from whence speciall and proper Indications are drawn; With which the *Chirurgion* being provided and instructed shall not only know by what means to find out a remedy, but also, left he may seem to mock any with vain promises, he shall discern what diseases are incurable, and therefore not to be meddled withall.

Experience without reason is like a blind man without a guide.

Indications in implicit diseases.

But implicit or intricate diseases require each to be cured in their severall order, except some one of them be desperate, or so urge & press that the Physitian think it necessary after preposterous order, to begin with it, although often he be forced to make some one of these diseases incurable, or give occasion of casting some new one into which straits we are necessarily compelled to fall, when, (for example) we determine to pull, or take away some extraneous body; for the performance whereof we are compelled to enlarge the wound. So we are forced by necessity to open the neck of the bladder, (that so we may draw forth the stone therein contained) with a wound which often degenerates into an incurable *Fistula*. For that disease which threatens danger of present death is of such moment, that to shun that it may be counted a small matter, and commodious for the sick to bring in other diseases, though incurable. For if a convulsion happen by pricking a Nerve, which we cannot heal by any remedies, then by cutting the Nerve asunder we end the convulsion, but deprive the part into which that Nerve did goe, of the use of some voluntary motion. So if in any great joynt there happen a *Luxation* with a wound, because there is danger of convulsion by trying to restore and set right the luxated part, we are forc'd for stunning thereof, to attend the wound only, and in the mean time to let alone the *Luxation*. Otherwise in implicit diseases if there be nothing which may urge, or call us from the ordinary cure, we must observe this order, that beginning with that affect, which hinders the cure of the principall disease, we prosecute the rest in the same and their proper order, untill all the diseases being overcome we shall restore the part affected to its integrity. Therefore let us take for an example, an ulcer in the Leg, a *Varix* (or big swollen vein) and a *Phelegmonous tumor* round about it; and lastly, a body wholly plethorick and filled with ill humors; order and reason require this, that using the advise of some learned Physitian we prescribe a convenient diet, and by what means we may bring him to an equality by purging and blood-letting, and then we will scarifie in divers places the part where it is most swollen, then presently apply Leeches, that so we may free it from the burden of the conjunct matter; then use Cauteries to help the corruption of the bone, and in the mean time change the circular figure of the ulcer into an oval, or triangular; then at the length we will undertake the cutting of the *Varix*, and cure the ulcer which remains according to Arts, and so at the length cicatrize it. In all this whole time the Patient shall neither walk, nor stand, nor sit, but ly quietly, having his Leg orderly and decently rowled up. But if (as it often happens) the temper of the hurt part, be different from the temper of the whole body, the manner of curing must be so tempered, that we increase the dosis of hot or cold medicines, according to the ratable proportion of the indications requiring this or that, therefore imagine the part ulcerated to be such, as that it is two degrees dryer than the just temper; but the whole body to exceed the same temper in one degree of humidity: reason and Art will require, that the medicin applied to the ulcer be dryer by one degree than that which the part would otherwise require if it were temperate; but on the contrary let us suppose thus: the whole body to be one degree more moist than the temper requires, and the ulcerated part to be one degree dryer: truly in this case the medicine that is applied to the ulcer by reason of the part it self, shall not be increased in dryness, but wholly composed and tempered to the Indication of the ulcer, because the force of the moisture exceeding in the like degree, doth counterpoise the superfluous degree of dryness. But it is more easie by an artificiall conjecture to determine of all such things, than by any rules or precepts.

An example of Indications in implicit diseases.

What we must do when the temper of the part is different from the temper of the whole body.

An artificiall conjecture is of much force in Indications.

Indication from similitude.

Indication of a subtle disease.

To these so many and various Indications, I think good to add two other, the one from similitude; the other of a certain crafty devise, & as the latter Physitians term it, of a certain subtle stratagem. We draw Indication from similitude, in diseases which newly spring up and arise, as which cannot be cured by Indications drawn from their contraries, as long as their Essence is unknown and hid, wherefore they think it necessary to cure them by a way and Art like those diseases, with which they seem to have an agreeing similitude of Symptoms and Accidents; Our Ancestors did the same in curing the French Pocks, at the first beginning thereof, as long as they assimilated the cure to that of the Leprouse, by reason of that affinity, which both the diseases seem to have. But we follow crafty devices and subtle counsels, when the Essence of the disease we meet, with is wholly secret and hid, either because it is altogether of a hidden and secret nature, and which cannot be unfolded by manifest qualities, or else resides in a subject which is not sufficiently known to us, nor of a physிக்க contemplation, as the Mind. For then we being destitute of Indications taken

from

from the nature of the thing, are compelled to turn our cogitations to impossibles and crafty counsels; and they say this Art and Craft is of chief use in Melancholy affects and fistions, which are often more monstrous and deformed than the *Chimæra* so much mentioned in the fables of the Ancients; to which purpose, I will not think much to recite two Examples. A certain man troubled with a Melancholick disease, I know not by what error of opinion, had strongly perswaded himself that he was without a head; the Physicians omitted nothing, by which they might hope to take this mad opinion out of his mind. But when they had in vain tryed all medicines, at length they devised this crafty, but profitable device, that so he begun to believe by the painfull drawing of the blood that ran down his face, that those bloody horns were forcibly plucked from him. Ingenious Chirurgeons in imitation of these examples may in like cases do the like. For that case requires a man of a quick apprehension and advice, who may give manifest proof of his diligence and skill by medicinall stratagems, as who forthwith can politicly devise stratagems of divers sorts.

Examples.

It is reported, another molested by the obscurity and darkness of the same disease, did verily believe, that he had horns upon his head; neither could he be drawn or diverted from that absurd and monstrous opinion, untill that binding up his eyes, they miserably bruised and scratched his forehead with the bony roughness of the lower parts of an oxes horns, that so the painfull drawing of the blood that ran down his face, that those bloody horns were forcibly plucked from him. Ingenious Chirurgeons in imitation of these examples may in like cases do the like. For that case requires a man of a quick apprehension and advice, who may give manifest proof of his diligence and skill by medicinall stratagems, as who forthwith can politicly devise stratagems of divers sorts.

A Physician should be of a quick apprehension.

Indications indicative. Coincivative.

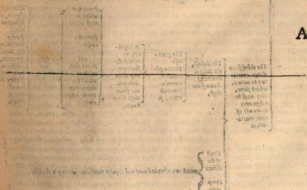
But, now coming to the end of this our tract of Indications, we must chiefly and principally observe; That of Indications some are Indicative; which absolutely and of themselves command this to be done; other coincivative, which indicate the same with the Indicative, and joynstly shew it to be done, but in some sort secondarily and not primitively; some are repugnant, which of themselves and their own nature perswade quite contrary to that the indicative primitively did perswade us; other correpuant, which give their voice after the same form and manner with the repugnant against the indicative; as the coincivative consent to and maintain them. Let this serve for an example of them all.

Repugnant. Correpuant.

A *Plethora*, or plenitude of humors of its own nature, requires and indicates blood-letting, the Spring time perswades and coincicates the same, but to this counsell is quite opposite and repugnant, a weak faculty, and childhood is correpuant.

Wherefore these four must be diligently weighed and considered when we deliberate what is to be done, and we must rather follow that which the indicative, or repugnant shew and declare, as what the diseases and strength of the Patient require, than that which the coincivative, or correpuant shall perswade, because they have a weaker and but secondary power of indicating, and not essentiall & primitive. But because the kinds of Indications are so many and divers, therefore that the knowledge of them may be more perspicuous and less confused, I have thought good to describe and distinguish them by this following scheme.

A



A Table of Indications.

From the strength and faculties of the patient. } For whose preservation, sometimes the proper cure of the disease must be sought; for whose relief it is impossible the Chirurgian should perform what he desires and expects.

From the temperaments, or if the Patient shall be } Sanguine, } Of preservation of which the Chirurgian must have care, and if they derive from equally, to reduce them to that which formerly they usually were.

From the habit of the body, or the patient shall be } Dainty and delicate. } Slender and weak. } Low of stature. } Rare, or else dense and compact.

From the nature condition of the humor or affected parts, or which we consider either } The substance thereof, as far as much as it is similar, we consider whether it be hot, cold, moist, dry, or as it is organized, and then whether it be a principal and noble part, or a subordinate and ignoble part. } Or the force, whether quick, or dull, by reason whereof the eye cannot reduce such fluxes and acrid medicines, as simple fish can. } Or the form, as, magis, ponder, sit, tenuis, collis, etc.

From the Age, for each age yields his peculiar indications, hence you may observe most diseases to be incurable in old men, which are easily cured in young, others which in youth admit of no cure, unless by the change of age and the ensuing temperaments.

From Sex, for medicines work upon women for more easily than upon men.

From the time of the year, for some meats and medicines are fit in Winter, some in Summer.

From the Region, for as there are diversities of situations and habits of places, so also there are various of humors, and manners of diseases, hence it is that wounds on the head at Paris, and fire flux at Avicenna are more difficult to be cured.

From the times of diseases, for some things in the beginning, others in the increase, and decline of the disease, are more convenient.

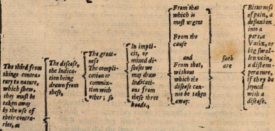
From the manner of life, for such, as the proper temper, must be preferred. Wherefore such must be full otherwise who live daintily, than those who lead their lives sparingly and hardily. Moreover add certain peculiar natures, which by a certain hidden property are effected at this, or that kind of meat. For there are some which we only cannot call Fish, Apples, Sals, Partridge, Water and such like, as can scarce behold them without nausea.

The first is drawn from things natural which indicate their preservation by their like, of this kind we may other which are drawn,

An Indication is a certain plain and comprehension way which leads the Chirurgian to a certain, determines and proposes for the cure of the present disease, of which there are three kinds.

The second is drawn from things natural, which we which indicate their preservation by their like, another while their change by their contraries; For so

If the Air, here as it were conspired with the disease by certain similitude of qualities to the destruction of the Patient, it must be corrected by its contraries, according to Art. But if by the disagreement of qualities it resist the disease, it must be kept in the same temper.



Causes of the disease } which one often indicate and require medicines contrary to the disease.

Symptoms }

CHAP. XXIII.

Of certain wonderfull and extravagant ways of curing Diseases.

AS monsters sometimes happen in nature, so also in diseases, and in the events and cures of diseases. I understand by monsters certain marvellous successes in diseases, or certain ways of curing them, which swerve from Art, and happen besides reason, nature, and common use.

Alexander de Alexandro, and *Peter Gilius* tell, that in *Apulia* a part of *Italy* they have a certain kind of Spider very frequent; the natives call it *Tarantula*, *Petrus Ekehard* calls it *Phalangium*; The Inhabitants find these Spiders in the first heat of Summer so venomate and deadly, that whomsoever they touch with their virulent biting, he presently, without he have speedy remedy, deprived of all sense and motion falls down, or certainly if he escape the danger of death, he leads the remnant of his life in madness. Experience hath found a remedy by Musick for this so speedy and deadly a disease: Wherefore as soon as they can they teach Fiddlers and Pipers of divers kinds, who by playing and piping may make musick; at the hearing whereof, he which was fallen down by reason of the venomous bite, rises cheerfully, and dances so long to their measures and tunes, untill by the painfull and continued shaking and agitation of the whole body, all the malignity is dissipated by transpiration and sweats.

Alexander adds, that it happened once in his sight, that the Musicians their wind and hands falling them ceased playing, and then the Dancer presently fell down as if he had been dead; but by and by the Musick beginning anew, he rise up again and continued his dancing till the perfect dissipation of the venome. And that it hath happened besides, that one not so perfectly healed, certain reliques of the disease yet remaining, when a long time after he heard by chance a noise of Musicians, he presently fell a leaping and dancing, neither could he be made to leave before he was perfectly cured.

Some affirm according to the opinion of *Aesculapius*, that such as are frantick are much helped with a sweet and musickall harmony. *Theophrastus* and *Aulus Gellius* say, that the pain of the Gout and Sciatica are taken away by Musick. And the sacred Scripture testifies, that *David* was wont by the sweet sound of the Harp to refresh and ease king *Saul* when he was miserably tormented by his evil spiric. *Herodotus* in *Clio* tells, that *Croesus* the king of *Lydia* had a Son, which of a long time could not speak, and when he came to man's estate was accounted dumb: but when an enemy with his drawn sword invaded his father (overcome in a great fight, and the City being taken in which he was) not knowing that he was the King, the young man opened his mouth endeavouring to cry out, and with that striving and forcing of the Spirit, he broke the bonds and hinderances of his tongue, and spoke plainly and articulately, crying out to the enemy that he should not kill King *Croesus*. So both the enemy with-held his sword, and the king had his life, and his son had his speech always after. *Plutarch* in his book, Of the benefits to be received from our enemies, tells, That a *Thesalian* called *Protesus*, had a certain inveterate and incurable Ulcer in a certain part of his body, which could not be healed, before he received a wound in a conflict in the same place, and by that means the cure being begun afeith, the wound and ulcer were both healed.

Quintus Fabius Maximus, as *Livie* writes, was long and very sick of a quartain Ague, neither could he have withed success from medicins administr'd according to Art, untill skirmishing with the *Alibreges*, he shaked off his old feverish heat, by a new heat and ardent desire of fighting. It was credibly reported to me of late by a Gentleman of the Loed of *Lesfches* Chamber, that there was a French Gentleman in *Polonia*, who was grievously tormented with a quartain Fever, who on a time walking upon the bank of the river *Wisla*, to take away the irksomness of his fit, was thrust in jest into the River by a friend of his that met him by chance, by which (although he could swim, as he also knew that thrust him in) he conceived to great fear, that the Quartain never troubled him after. King *Henry* the second commanded me to go from the Camp at *Amiens* to the City *Paris*, that I might cure those that were hurt in the conflict with the Spaniards, the Captain *S. Arbin*, although at that time he had a fit of a Quartain ague, yet would he be present at the fight, in which being shot through the side of his neck with a Bullet, he was stricken with such a terror of death, that the heat of the Fever was asswaged by the cold fear, and he afterwards lived freed from his Ague.

Francoisus Valerius the famous Physician of *Arles*, tells, That *John Berian* his fellow Citizen troubled with a Palsey of one side of his body for many years, his house taking fire, and the flame coming near the bed in which he lay, he stricken with a great fear, suddenly raised himself with all the force he had, and presently recovering the strength of his body, leaps out at the window from the top of the house, and was presently cured

Monstrous diseases.

The wonderfull force of the bite of a certain Spider.

Musick dissolveth the remedy thereof.

Musick gives ease to pain.

A strong perturbation of the mind helps by moving the spirits.

Chaste fire since exceeds Art.

Olym. 4. lib. 2.

cured of his disease, sense and motion being restored to the part, so that afterward he went upright without any sense of pain, who lay unmovable for many years before. He tells the like in the same place of his cousin *John Solvatus*; hee was a long time lame at *Avignon*, by reason that the Nerves of his hams were shrunk and drawn up, so that he could not go; being moved with a vehement and sodain passion of anger against one of his servants whom hee endeavoured to beat, he so stirred his body that forthwith the Nerves of his hams being distended and his knees made pliant he began to go and stand upright without any sense of pain, when he had been crooked about the space of six years before, and all his life after he remained found.

Cap ult. lib. de
cur. nat. per san.
gure miss.

Galen by a
dream cures
the Sciatica.

Galen tells he was once fetched to stanch the bleeding, for one who had an Artery cut near his Anckle, and that by his means he was cured without any danger of an *Aneurisma*(1) a relaxation of a veinous vessell; and besides by that accidentall wound he was freed from most grievous pain of his hip, with which he was tormented four years before; but although this easing of the pain of the Sciatica happened according to reason by the evacuation of the conjunct matter, by the artery of the anckle of the same side being opened; yet because it was not out for this purpose, but happened only by chance, I judged it was not much dissenting from this argument.

Flivy writes that there was one named *Phalerus*, which casting up blood at his mouth, and at the length medicines nothing availing, being weary of his life, went unarmed in the front of the battell against the enemy, and there receiving a wound in his breast, shed a great quantity of blood, which gave an end to his spitting of blood, the wound being healed, and the vein which could not contain the blood being condensate.

At *Paris*, *Ann* 1572. in *July*, a certain Gentleman being of a modest and courteous carriage fell into a continuall Fever, and by that means became *Frantick*, moved with the violence of which he cast himself headlong out of a window two stories high, and fell first upon the shoulder of *Veteris* the Duke of *Alencon* Physician, and then upon the pavement; with which fall he cruelly bruised his ribs and hip, but was restored to his former judgment and reason. There were present with the Patient besides *Valterra*, witnesses of this accident these Physicians, *Alexis*, *Magnus*, *Doretus*, and *Martinus*. The same happened in the like disease, and by the like chance to a certain *Galeys* lying at the house of *Agrippa* in the *Pa-ved* street.

Obonusus Doctour of Physick of *Mompelien* and the Kings Professor, told me that a certain Carpenter at *Brogner* a village in *Switzerland*, being frantick cast himself headlong out of an high window into a river, and being taken out of the water was presently restored to his understanding.

The cause of
the last recited
cases.

But if we may convert casualties into counsel and Art, I would not cast the Patient headlong out of a window. But would rather cast them sodainly and thinking of no such thing into a great cistern filled with cold water, with their heads foremost, neither would I take them out untill they had drunk a good quantity of water, that by that sodain fall and strong fear, the matter causing the Frenzy might be carryed from above downwards, from the noble parts to the ignoble; the possibility of which is manifest by the forecited examples, as also by the example of such as bit by a mad Dog, fearing the water are often ducked into it to cure them.

CHAP. XXIV.

'Of certain juggling and deceitfull wayes of Curing.

Here I determine to treat of those Impositors, who taking upon them the person of a Chirurgeon, do by any means either right or wrong, put themselves upon the works of the Art; but they principally boast themselves amongst the ignorant common sort, of setting bones which are out of joint and broken, affirming as falsely as impudently, that they have the knowledge of those things from their Ancestors; as by a certain hereditary right; which is a most ridiculous fiction; for our minds when we are born, is as a smooth table, upon which nothing is painted. Otherwise what need we take such labour and pains to acquire and exercise sciences? God hath endued all brute beasts with an inbred knowledge of certain things necessary for to preserve their life, more than man.

Sciences are
not hereditary.

But on the contrary he hath enriched him with a wit furnished with incredible celerity and judgment, by whose diligent and laborious agitation he subjects all things to his knowledge. For it is no more likely, that any man should have skill in Chirurgery because his father was a Chirurgeon, than that one who never endured sweat, dust nor Sun in the field, should know how to ride and govern a great horse, and know how to carry

carry away the credit in tilting, only because he was begot by a Gentleman and one famous in the Art of War.

There is another sort of Impostors far more pernicious and less sufferable, boldly and insolently promising to restore to their proper unity and seat, bones which are broken and out of joint, by the only murmuring of some conceited charms, so that they may but have the Patients name and his girdle. In which thing I cannot sufficiently admire the idleness of our Country-men so easily crediting so great and pernicious an error; not observing the inviolable law of the ancient Physicians, and principally of Divine *Hippocrates*, by which it is determined, that three things are necessary to the setting of bones dislocated and out of joint; to draw the bones asunder; to hold the bone receiving, firmly immoveable with a strong and steady hand; to put the bone to be received into the cavity of the receiving. For which purpose the diligence of the Ancients hath invented so many engines, Gossocomies and Bands, lest that the hand should not be sufficient for that laborious work. What therefore is the madness of such Impostors to undertake to do that by words, which can scarce be done by the strong hands of so many Servants, and by many artificiall engines?

A most impudent sort of Impostors.

Three things necessary for the cure of a Luxation.

Of late years another kind of Imposture hath sprung up in Germany, they beat into fine powder a stone which in their mother tongue they call *Embraech*, and give it in drink to any who have a bone broken, or dislocated, and affirm that it is sufficient to cure them. Through the same Germany there wander other Impostors who bid to bring to them the Weapons with which any is hurt; they lay up in a secret place and free from noise, and put and apply medicines to it, as if they had the patient to dress, and in the mean time they suffer him to go about his business, and impudently affirm that the wound heals by little and little by reason of the medicine applyed to the weapon.

But it is not likely that a thing inanimate which is destitute of all manner of sense, should feel the effect of any medicine; and less probable by much, that the wounded party should receive any benefit from thence. Neither if any should let me see the truth of such juggling by the events themselves and my own eyes, would I therefore believe that it were done naturally and by reason, but rather by charms and Magick.

In the last assault of the Castle of *Hispin* the Lord of *Martignes* the elder was shot through the breast with a Musket bullet. I had him in cure together with the Physicians, and Chirurgeons of the Emperour *Charles* the first and *Emmanuel Philibert* the Duke of Savoy, who because he entirely loved the wounded prisoner, caused an assembly of Physicians and Chirurgeons to consult of the best means for his cure. They all were of one opinion, that the wound was deadly and incurable, because it passed through the middle of his lungs, and besides had cast forth a great quantity of knotted blood into the hollownes of his breast.

There was found at that time a certain *Spaniard*, a notable Knave, and one of those Impostors, who would pawn his life, that he would make him sound; wherefore this Honorable Personage being in this desperate case was committed unto his care. First of all hee bid they should give him the Patients shirt, which he tore into shreds and peeces, which presently framing into a Cross, he laid upon the wounds whispering some conceiv'd or coined words, with a low murmure. For all other things he willed the Patient to rest content, and to use what diet he pleased, for he would do that for him, which truly he did. For he eat nothing but a few prunes, and drunk nothing but small beer; yet for all this the wounded Prince died within two days; the *Spaniard* slept away, and so escap'd hanging. And whilst I opened the body in the sight of the Physicians and Chirurgeons to embalm him, the signs and accidents of the wound did evidently and plainly appear to be as we had pronounced before.

And there be also other Juggling companions of this tribe, who promise to cure all wounds with linc, or Tents, either dry, or macerated in oyl or water, and bound to the wound, having murmured over some charm or other, who have had sometimes good success, as I can witness. But the wounds upon which tryall was made were simple ones, which only required union, or closing for to perfect the cure. So verily the bones of beasts when they be broke, grow together by the only benefit of nature. But when the affect shal be compound by diversity of Symptoms, as a wound with an ulcer, inflammation, contusion and fracture of a bone, you must hope for no other from Tents or Lincs, nor charms than death. Therefore the common sort who commit themselves to these Impostors to be cured do not only injure themselves, but also hurt the Common-wealth, and the common profit of the Citizens; for whose good and justice sake a prudent Magistrate ought to deprive Impostors of all freedome in a free and Christian common-wealth.

What wounds may be cured only by linc, or by tents and Waters.

Witches, Conjurers, Diviners, Soothsayers, Magicians, and such like, boast of curing many diseases; but if they do or perform any thing in this kind, they do it all by sleights, subtilties and forbidden Arts, as Charms, Conjurations, Witcheries, Characters, Knots, Magickall Ligatures, Rings, Images, Poysons, laces tyed across, and other damnable tricks, with which they pollute, pervert and defame the prime and sacred Art of

Deut. 18.

Physick, and that with the danger of mens lives. Who certainly are to be banished by the laws of our Country, especially seeing it is decreed in *Moses law*, *Let none be found among you that useth witchcraft, or a regard of times, or a marker of the flying of Fowls, or a Sorcerer, or a Chamer, or that counselleth with Spirits, or a Soothsayer, or that asketh counsell at the dead;* for all that do such things, are abomination to the Lord, and because of these abominations the Lord thy God doth cast them out before thee. But the Miracles of our Lord Jesus Christ the Son of God, and of his Saints and Apostles in curing diseases beyond nature and all Art, are of another kind, which we ought to believe so firmly and constantly, that it should be counted an impiety for a Christian to doubt of them. All holy Writings are full of these; as to give sight to the blinde, hearing to the deaf, power to go to those sick of the Palsie, to drive forth Devils, to cure the Leprosie, to give fruitfulness to women, to raise the Dead, and perform by the holy Ghost other Miracles which exceed the condition and law of Nature; whom here we earnestly intreat to free and protect us from unclean Devils, and the spirits of diabolicall deceit, and to give us the mind that we may will and be able always to aspire to Heaven, and fasten the hope, safety, and anchor of all our fortunes in God alone. Amen.

The End of the first Book.



The second Book,
 O F
 LIVING CREATURES,
 And of the Excellency of
 M A N.



Before I come to speak of the Anatomy of Mans body, I have thought fit to say a little of the nature of brute Beasts. There is between Beasts a great deal of difference by nature; for of these, some are hardy and bold, others fearfull; some wilde and savage, others tame; some walking in herds, others wandering alone; some covered and defended with shells and scales, as the Crocodile, the Tortois, and many kinds of fish; others have stings and prickles.

The difference
 of brute beasts.

The Horse hath his hard and strong hoofs, his crest (as being a generous beast) beset with a thick and harsh mane. The defence of the magnanimous Lion, are his teeth, his crooked paws and tail. Bulls are formidable by their horns. The Boar by his tusks standing out, as it were naturall hunting spears. The Hare being a timorous creature, is naked and unarmed; but in recompence thereof Nature hath made her nimble and swift of foot. For what the more noble and courageous beasts have in arms, is supplied in the fearfull by nimbleness and celerity. Infinite are the other endowments of brute beasts, and such as can hardly be imagined or described. For if we diligently search into their nature, we shall observe the impressions and shadows of many vertues, as of magnanimity, prudence, fortitude, clemency, and docility: for they entirely love one another, follow those things that are good, shun those that are hurtfull, and gather and lay up in store those things that are necessary for life and food. Lastly, they give undoubted prefaces of the weather and air. They have taught men many things, and are of a most exquisite and quick sense; of rare art in vocall musicke, prudent and carefull for their young, and faithfull lovers of their native soil. They are religiously observant of the rights of friendship and chastity. They have their weapons whereby they are prepared, both to invade, and to defend themselves being invaded. They submit themselves to the discipline of man, practise and imitate his speech, and mutually prattle and chant one to another. They have a kind of weal-publiek amongst themselves, and know how to preserve their present welfare, and to depell the contrary, being in this their owne counsellors, and not tutored by man. Yea, man is beholden to them for the knowledge of many wholesome things. The consideration of which bred so great a doubt amongst the ancient Philosphers, that it was a question amongst them, whether beasts had use of reason, or no? Therefore also the wise *Solomon* sends us for examples of parsimony and diligence unto the Ant or Pismire; and *Esaie* in exprobration of the people of Israel for their ingratitude and rebellion against God, sends them to the Ox and Ass; for they do not only know, but reverence their masters.

Some shadow
 of sense in
 beasts.

But from whence is the knowledge of these Medicines, wherewith the Art of Physick is so richly adorned, but from brute beasts, as *Pliny* affirmeth? The infallible vertue of the herb *Dioscorus*, in drawing darts out of the flesh, was taught us by the Hart, who wounded with the Huntsmans darts or arrows, by means hereof draws out the weapons which remain sticking in her. Which is likewise practised by the Goats of *Cecilia*, as *Aristotle* writeth. The wonderful effect which *Celandine* hath upon the sight, was taught by the practise of Swallows, who have been observed with it to have befieared, and so strengthened the eyes of their young. Serpents rub they ey-lids with fennell, and are thought by that means to quicken and restore the decaying sight of their ey. The Tortois doth defend and strengthen her self against the biting of Vipers, by eating of favorite Beans by eating of Pismires, expell that poison that they have contracted by their use of

Lib. 2. cap. 17.

The crocodiles
of Bats.

Mandrakes. And for correction of that drouziness and stoth which grows upon them by their long sleep in their dens, they eat the herb of *Aran* (i.) Cuckopint. But the Art they use in the curing and catching of Pissires is very pretty, they go softly to the holes or hills of the Pissires, and there lay themselves all their length upon the ground, as if they were dead, hanging out their tongue wet with their toam, which they draw not again into their mouth, before they see them full of Pissires, which are enticed by the sweetness of the foam: And having taken this as a purging medicine, they expell by the guts, those ill humors wherewith they were offended. We see that Dogs give themselves a vomit, by eating a kind of grass, which is from thence called Dog-grass. Swine, when they find themselves sick, will hunt after smalt, or river lobsters. Stockdoves, Blackbirds, and Partridges, purge themselves by Bay leaves. Pigeons, Turtles, and all sort of Pullen, disburden themselves of gross humors, by taking of Pellitory of the wall. The bird Ibis (being not much unlike the Stork) taught us the use of Clysters. For when he finds himself oppressed with a burden of hurtfull humors, he fills his bill with saltwater, and so purgeth himself by that part, by which the belly is best discharged. The invention of the way of removing the Cataract of the eye, we must yeeld unto the Goat, who by striking by chance against the thorny bushes, pulls off the Cataract which hinders the sight, and covers the ball of the eye, and so recovers his sight. The benefit of Phlebotomie, we owe unto the Hippotamus or River-horse, being a kind of horse, and the Inhabitant of the River *Nilar*; who being a great devourer, when he finds himself furcharged with a great deal of blood, doth by rubbing his thigh against the sharp sands on the bankside, open a vein, whereby the superfluous blood is discharged, which he stoppeth likewise when it is fit, by rowling himself in the thick mud. The Tortoise having chanced to eat any of the flesh of a Serpent, doth make origanum and marjoram her Antidote. The Ancients found help from brute beasts, even against the dreadful and non-fearing force of lightning; for they were of opinion that the wings of an Eagle were never struck with lightning, and therefore they put about their heads little wreaths of these feathers. They were persuaded the same thing of the Seal, or Sea-calf, and therefore were wont to encompass their bodies with his skin, as a most certain safeguard against lightning. It were a thing too long, and laborious, to speak of all those other muniments of life and health (observed here and there by *Aristotle* and *Plinius*) which we have learnt of brute beasts. I will therefore end this Chapter, after that I have first added this; That we are beholding to beasts not only for the skill of curing diseases, and of preservation of health, but for our food, our rayment, and the ornament and beautifying the bodies.

The bird Ibis
the first inven-
tor, or discover
of Clysters.
The invention
of removing a
Cataract.
The invention
of Phlebotomy.

A preservative
against thun-
ders.

Of the Faculty of brute Beasts in presaging.

What the bur-
ring of Rams
signifies.

Prefiges of
rain.

The sign of sea
of a storm at
hand.

The first knowledge and skill of Prognostication, and observation of weather by the Air, was first delivered unto us from beasts of the land and water, and from fowl. For we see in daily observation, that it is a sign of change of weather, when Lambs and Rams do butt at one another with their horns, and playing wantonly do kick, and keep up their heels. The same is thought to be presaged when the Ox licketh himself against the hair, and on the sodain fills the Air with his lowing, and smells to the ground, and when he feeds more greedily than he used to do. But if the Pissires in great multitudes fetch their prey so hastily, that they run and tumble one upon another in their narrow paths, it is thought a sign of rain; As is also the busy working of Moals, and the Cats rubbing and stroaking of her head and neck, and above her ears, with the bottom of her feet. Also when Fishes play and leap a little above the water, it is taken for a sign of rain. But if the Dolphins do the same in the sea, and in great companies, it is thought to presage a sodain storm and tempest. Whereby the Mariners forewarned, use all care possible for the safety of themselves and their ships, and if they can cast Anchor. And it is sufficiently known what the louder croaking of Frogs than ordinary portends.

But the facultie of birds in this kind of presaging is wonderful. If Cranes flie through the air without noise, it is a sign of fair weather, and of the contrary, if they make a great noise and flie fragglingly. As also if Sea fowl flie far from the Sea, and light on the land. The cry or screeching of Owls portends a change of the present weather, whether foul or fair. *Platarch* saith, that the loud cawing of the Crow betokens winds and showers, as also when he flaps his side with his wings. Geese and Ducks, when they dive much, and order, and prune, and pick their feathers with their beaks, and cry to one another, foretell rain; and in like manner Swallows, when they flie so low about the water, that they wet themselves, and their Wings. And the Wren, when he is observed to sing more sweetly than usual, and to hop up and down. And the Cock when he chants, or rather crows presently after the setting of the Sun. And Gnats, and fleas, when they bite more than ordinary. If the Heron soar aloft into the air, it betokeneth fair weather, if on the contrary he flie close by the water, rain. If Pigeons come late home to the Dove-house, it is a sign of rain. If Bats flie in the evening, they foretew wet weather. And lastly the Crocodile layes her eggs in that place, which must be the bounds of the overflowing of the River *Nilar*; And therefore he that first meets with

The Crocodile
by laying her
eggs, shows the
bounds of the
increase of the
River *Nilar*.

with these eggs, tells the rest of the Countrey people, and shews them how high the flood will rise, and what inundation it will make upon their grounds: A thing most worthy of admiration, that in this monster there should be that strong faculty of presaging.

Of the industry of Fishes.

Many sea-Fishes, when they feel a tempest coming, do gravell or ballast themselves, to the end they may not be tossed up and down at the pleasure of the waves. Others when the fury of the sea is at the height, hide themselves in the holes of rocks. But in that they swim against the stream, they do it for this cause and reason, that the force of the stream and the flood may not take from them, and strike off their scales, and that their gills may not fill with water which would hinder their swimming, and intercept their respiration. As by the same advice Cranes fly against the wind; whereas if they should fly down the wind, their feathers would be displaced and broken, and they would not be able to fly.

How Fishes provide for their safety against a storm.

How they swim against the stream.

Of the industry of Birds in the building of their Nests.

The industry of Birds in the building of their nests is such, that it doth far exceed the art and skill of all Masons and Architects. From whence it is become a Proverb, *That men know, and can do all things but make Birds-nests.* They are built within with wooll and feathers, and such kind of soft things, which are as a kind of a pallet for the young ones. Swallows build their nests in a round form, that they may be the more firm, and less subject to be hurt by any thing that shall strike against them, and likewise more capacious. They choose their matter out of dirt and chaff, (interlacing it with many shaws) as it were their plaster or lime. Those that build in trees, do make choice of the foundrest boughs, as if they meant to have them as a sure foundation for the building which they should erect thereon. The Cock and the Hen do by turns sit over their eggs, and likewise fetch their meat, interchanging each others labor; neither do they ever forsake their young, before they are able to get their own living. I had at my house a great number of Sparrows nests in earthen pots; and when the young ones begun to wax pretty big, and to be covered with feathers, I made the whole nest be taken down and set upon the ground, that I and my friends might delight our selves in beholding the care of the old ones in the feeding of their young; for they feed them every one in order, skipping none, neither will they (to the wrong of the rest) give one two parts, although he gape, and be importunate for it; dividing most justly to every one his own share, according to the exact rule of distribution. And oftentimes for experiment, I would make triall with a strange Sparrow of the same age, laid near, or put among the rest of the young ones, whether the old ones would feed the stranger, as if it were legitimate. But this as a stranger and a bastard they would suffer to starve, skipping it when it gaped after the meat. And in like manner Lambs and young Kids do in the fields, in the midst of a great flock, run every one to his own dam; who being most certainly able to distinguish between the legitimate and a bastard, will not suffer her self to be suckt but by her own young.

Of what things birds build their nests.

In what shape.

With what care Sparrows feed their young.

Of the industry of Spiders.

The Spider spins her web with wonderfull artifice, hanging and fastening it to every tack or stay that is nigh, drawing of his thread, and running upwards and downwards and every way. And although the diligence of the chamber-maid beats down and mars this pendulous and new-begun work, yet her feat and her hold, the Spider keeps still, neither is she, or will she desist from the work she hath begun, but in a very short time weaves a great deal more unto the ruins of her former work, than can be unweaved again with much labor. So that from hence all cloth and linnen Weavers, all Embroiderers and workers with the needle (you will easily think) have learnt their Arts, if either you observe the exactness of the weaving, the fineness of the thread, or the continuation and indissoluble knitting together of the whole web; for being abrupt, and troubled with no ends of threads at all, it resembles a thin membrane, anointed with a kind of glew, wherewith, when the prey is entangled, the Spider runs presently in, and, as it were, draws her nets, and in folds, and takes the captive after the manner of huntmen. If this were not daily seen with our eyes, it would be thought fabulous.

How the Spider weaves.

How they catch their prey.

Of Bees.

I cannot pass in silence the great industry of Bees: For having established a kind of Weal-publick, they make election of a King, who is such a one, as in procerity of body, and excellency of feature exceedeth all the rest. He is remarkable by his short wings, his freight legs, his grave gate; and in stead of a Diadem or regall Crown, either he hath no sting, or else doth not use it, which is the Artillery of the rest. He never goeth unattended out of the hive, but always invironed with a Princely retinue, the rest of his train following after neither goes he at any time abroad, but upon urgent affairs which concerns

Bees choose themselves a King.

concerns the whole state. His progress is forewarned by the voice and sound of trumpets, and as it were with singing, and they all draw nigh. Every one gets as near to his person as he can, and when he is weary with flying, they all bear him up with their own bodies.

Their pitching
their tents.
Their obse-
quies for their
dead King.

On what place soever he alighteth, there they forthwith pitch their tents. If he chance to die, they go not abroad to feed, but stand all mourning round about the corpse; then carry him out of the hive, and (as it were) follow his hearie and bury him; and lastly, having with solemnity performed all the severall rites and obsequies, they chooſe themselves another King, for without a King they cannot live. He then taketh care of all things, having his eye every where, whilst that the rest intend the performance of the work. And supervising all, giveth them encouragement, and chastiseth negligence. For their time of going forth for food, they chooſe a clear and fair day; for they have a naturall faculty of presaging of the weather. They are such observers of justice and equity, that never, either with their sting, or by any other way, do they molest any creature, neither do they exercise and prepare their spears against any, but for the safeguard of themselves and their hives.

Their justice.

Of the care of Bees.

Their watch.

Their divers
employments.

They manage and order their affairs in this manner; in the day-time they appoint before their gates a faction of watchmen and guards. In the night they rest from their labors, so long, till that one (who is appointed to this charge) by one or two humms, as by a sound of a Trumpet, rowseth all the rest. Then come they together to observe what is the state of the weather, which if they foresee will be fair, then abroad go they into the fields and pastures. Some therefore bring into the hive little fascicles of flowers on their thighs; others water in their mouth, and others a dewie moisture gathered on their bodies. These are met by others, who receive their burdens, which they dispose in their due and proper places. Those that are sent out into the fields for food, are the youngest and the smallest; And therefore if the wind chance to rise any thing high, they expect untill it cease, and that the force and violence thereof be over. But if it continue violent, then do they ballast themselves with a little stone flying close by the ground, to prevent their being driven to and fro by the force of the wind. They are exceeding diligent in all their business, and do punish the sloth of the lazie oftentimes with death. Some of them are the builders, others polish the building, and the rest bring in their materials.

They punish
sloth with
banishment.

Aristotelmus a
diligent obser-
ver of Bees.

The building in their arched hives is with wonderfull artifice, being made with two doors, one to come in, and the other to go out at. They have all things alike, lest that the inequality, either of their food or labor, should give occasion of disention. Their care is, that their houses may ſbew both state and handſomnes. Idle drones, born for nothing but to eat, and consume the fruits of their labors, they chase from their hives. Those that chance to lose their stings, are utterly disabled, and in a short time their guts come out that way, and they die. They bring to their owners wonderfull increase of wax and honey.

Aristotelmus the Philosopher doth boast, that for fifty eight years together, he had with great care been a nourisher of Bees, only that he might the better attain to the knowledge of their state and condition.

Of Primities and Aets.

Lib. 11. c. 30.

Wonderfull
care.

Neither truly is the industry, diligence, and experience of the Pismire less worthy of admiration, than that of the Bees. Inſomuch as that *Solomon* bids the sluggard to take an example of diligence from the Pismire. Truly, if experience did not witness it, it would seem incredible, that so small a creature should be able to store up such abundance of corn, to dispose and manage her affairs in that good order that we see she doth. *Pliny* saith, that they have among them the form of a well-govern'd and well-order'd Common-weal. For how pretty a sight is it to see them, when they scule upon a grain they have a mind to carry away, how they set to it, and lift it with head and shoulders. And how lest the corn which they carry to their store-house, should put forth and grow, they bite it at one end. If it be so bigg that they cannot carry it into their little hole, they divide it in the middle. If it be dampish, they lay it out to dry in the Sun and open air. When the Moon is at the full, they follow their work in the night; when she doth not shine, they take their rest, whereby they ſbew themselves to have some knowledge of heavenly things. *Pliny* affirmeth that they have their set Fairs and Markets, whither they come in great companies, and where they use to establish leagues of amity and friendship one with another. And when one marks them well, would he not think that they were in conference one with another, and that they did discourse among themselves of their business? Do we not see that the often trampling of their little feet doth wear a path even upon hard flint stones?

There is no-
thing but may
be attained by
diligence.

From whence we may note, what in all kind of things is the effect of assiduity. They say also that they perform the rites of buriall one unto another, after the manner of men.

What

What words shall I use (saith *Plato*) to express sufficiently the diligence and industry of the *Pisinares*? There is not among all the great things in nature, a light of greater wonder than these: For in the *Pisinares* are seen the marks of all vertue. Their great meetings argue that they maintain a kinde of friendship.

Their alacrity in the undergoing of their labors, seems to shew their fortitude and magnanimity; and lastly, they are eminent examples of temperance, providence, and justice. Their mutuall charity appeareth in this, that if one of them that is not laden meets another, (in one of their narrow paths) that is, he will give him the way, that he may the better go on in his intended journey. They say that the first entrance into their hole, is not straight, but full of many diverticles and crooked paths, which all end, which will bring you to three little cels; in one of which they have their conveniencs; in the other, they lay up their provisions; and in the third they bury the carcases of their dead. This doth *Plato* speak concerning *Pisinares*.

The forms of all virtues expressed in *Pisinares*.

Of *Silk-Worms*.

With the industry of these creatures, I shall not unfitly joyn that of the *Silk-worm*, of whose pains and care, both in the making of their nests, and the spinning of their thread and bottons (wherewith Kings are so magnificently adorned) Philosophers have written very strange things.

And who can chuse but wonder at those great endowments of skill and knowledge, and that exceeding industry, (the mother of so much wealth) in the little body of so small a creature? The providence therefore of God, doth not only appear in this, that he hath adorned each creature with a peculiar and proper endowment, but in this especially, that on the least creatures of all, he hath bestowed the greater portion of skill, industry, and ingenuity to supply their defect of bodily strength.

Diligence the mother of wealth.

Of the love of Beasts one towards another, and to their young.

Plato writeth, That all kind of creatures bear a singular love, and have a kind of care of those that are generated of them, and the industry of the *Partridges* this way is much commended; for during the time that their young ones are weak and unable to fly, they teach them to lye upon their backs, and to hide themselves among the clouds on the ground, that so being almost of the same colour, they may not be discerned by the *Faulconer*. But if notwithstanding, they see any body coming, and that he is near them, they do with a hundred dodges and swoopings of themselves, as if they were weary with flying, entice him away from their young to follow after them, and when they have their purpose, they then, as if they had recovered some fresh strength, fly quite away; who can but wonder at this both affection and subtilty?

The industry of Partridge in preserving their young.

In *Florida* part of the *West-Indies*, they have a beast, which for the variety and deformity of it cannot pass over in silence; the natives call it *Sacacath*, the *Canibals*, &c.



It keeps for the most part about the rivers, and the sea-shore, and lives by prey. When he perceiveth that he is pursued by the *Huntman*, he gets his young ones upon his back, and with his tail, which is very long and broad, he covereth them, and so flying, provideth both

both for his own and their safety; neither can he be taken by any other way but by pits, which those savage men use to dig in the places near which he is to run, into which at unawares he tumbles headlong. This picture of him here, I drew out of *Therets Cosmographie*.

Tom. 2. lib. 23. cap. 1.

How Hares provide for themselves and their young, for fear of hunters.

Neither are those things less wonderfull that are reported of Hares, for when they would go to their feat, they sever their young, and commit them to the trust of divers places, it may be two acres afunder one from another, lest peradventure a Huntsman, a dog, or any man should chance to come that way, and they might be in danger to be lost at once. And then after they have traced up and down, hither and thither, and every way that the dogs may not trace them, nor the huntsman prick them, they take a leap or two, and leap into their forms.

Nor inferior to this is the craft of the Hedgehog, for when the Fox pursueth him, and is now at his heels, he rowls himself up in his prickles like a cheisut in the outward shell, so that every part being rounded and encompassed with these sharp and dangerous prickles, he cannot be hurt: and so saves himself by this trick. For his young he provides in this manner:

The care of the Hedgehog to provide for her young.

In the time of Vintage he goes to the vines, and there with his feet he strikes off the boughs and the grapes, and then rowling his body makes them stick upon his prickles, and so doth (as it were) take his burthen upon his back, and then returns to his hole; you would think that the grapes did move of themselves; the prey he divides between himself and his young.

Of the affection of Birds, and of Dogs towards their Masters.

The piety of Storks.

THe young Stork provides for the old, which is disabled by age; and if any one of their equals come to any mischance, that he is not able to fly, they will give him their assistance, and bear him on their backs and wings. And therefore this affection and piety towards the old ones, and (as it were) brotherly love towards their equals, is commended in the Stork.

The Hen in any kind of danger gathers her chickens under her wings, and (as it were) with that guard, defends them as well as she can. For their sake she exposeth her self to the cruelty of the fiercest beasts; and will fly in the eyes of a Dog, a Wolf, or a Bear, that by chance offers to meddle with her chickens.

The fidelity of Dogs.

But who is there that doth not admire the fidelity and love of dogs towards their Masters, whereby they recompence them for their keeping? A Dog will never forsake his Master, no, if he be never so hardly used. For there is no man can find a stick hard enough to drive that Dog clean away from him which hath once taken a love to him. There is no kind of creature that doth more certainly and readily remember his master; he will know the voice of all the household, and of those which frequent the house. There cannot be a trustier keeper, (as *Cicero* himself saith) than a Dog is; I speak not of their faculty of smelling, whereby they follow their Masters by the foot, and find them; neither do I speak of those infinite examples of the fidelity of Dogs, which were too long to rehearse.

Doves free from adultery.

Pigeons, as well the cock as the hen, although they are all very vneruous, yet they know no adultery; yea, and the Hen will bear with the forwardness of the cock, neither will she ever leave him, but reconciling him unto her by her officious diligence, bring him to his wonted dalliance and kisses, neither is the love of either of them less towards their young.

Turtles never couple twice.

There is the like mutual bond of love between Turtles; for if one of them die, the survivor never sollicitly Hymen more, neither will he ever chuse other feat than a dry withered bough.

Of the strength, piety, docility, clemency, chastity, and gratitude of Elephants.

AMong the beasts of the field, there is none more vast, more strong, or more to be feared than the Elephant. His strength is sufficiently shewn by those towred Cailes of armed men which he carries, and herely rusheth with into the bastail. The *Roman* souldiers, being otherwise of undaunted spirits, yet in that battail which they fought against *Pyrhus*, being terrified with the vastness and immanity of these bodies, which they had never before seen, presently turned their backs and fled; which notwithstanding, it is a wonderfull thing what Stories naturall Philosopher tell of the vertues of the Elephant.

Lib. 8. cap. 1.

Plinio writeth, that an Elephant cometh very near to the understanding that men have, and that he hath a rude kind of knowledge of language; that his facility and obsequiousness is wonderfull, that his memory in the performance of his wonted duties, is no less wonderfull. And for Religion (*Plato* saith) that they pray unto the gods, and sprinkle and purge themselves with salt water, and that with great reverence they worship the Sun at his rising, lifting their trunks up towards heaven for want of hands. *Plinio* addeth, that they do with the like reverence worship the Moon and the Stars. For it is related in

The religion of the Elephant.

the

the Historics of the *Arabians*, that at a new Moon the Elephants go by troops down unto the rivers, and there wash themselves with water; and being thus purged, kinsel down and worship the Moon, and then return to the woods, the eldest going first, and the other following after according to their age.



Plinius reporteth, that it hapned once, that among the Elephants which were taught at

Rome

Fig. 10. 8.
cap. 5.

Rome against the Panegyrick shews, there was one that was something dull, and not so docile as the rest, which made him be despised by his fellows, and often beaten by his master. But that this Elephant, that he might supply by diligence what he wanted in wit, was oftentimes observed in the night, by the light of the Moon, to be practising and conning what he had learnt of his master in the day-time. For they were wont to be taught to make letters, and also to present garlands to the spectators, and other such like tricks. But they can never be brought to go aboard a ship, to be carried over the sea into any strange land, unless their master give them his word to assure them that they shall return again to their own native soil. They never hurt any one that doth not first provoke them. They never gender but in private out of sight, an argument of their modesty.

Of the Lamprey.

LEst that the heat of affection may seem to lie quenched under the waters, let us by one example, (it were an infinit thing to speak of all) see in what kind of mutual love the creatures of the water consist of those of the land. The Lamprey of all the creatures of this kind doth worthily bear the praise for its piety towards those of whom it was generated, its affection towards those that are generated of her; for first she breeds eggs within her, which in a short time after are spawned. But she doth not as soon as her young ones are formed and procreated, bring them straight-way forth into the light after the manner of other fishes, that bring forth their young alive, but nourisheth two within her, as if she brought forth twice, and had a second brood. These she doth not put forth before they are of some bigness, then she teacheth them to swim and to play in the water, but suffers them not to go far from her; and anon gapes and receives them by her mouth into her bowels again, suffering them to inhabit there, and to feed in her belly so long as she thinks fit.

The savage or brute beasts may be made tame.

Cosmograph.
Tom. 2. lib. 19.
cap. 7.

THEvet reporteth, that the Emperor of the Turks hath at *Ceire* (it was once called *Mempis*) and at *Constantinople*, many savage beasts kept for his delight, as Lions, Tigers, Leopards, Antilopes, Camels, Elephants, Porcupines, and many other of this kind. These they use to lead about the City to shew. The masters of them are girt with a girdle hung about with little bells, that by noise of these bells the people may be forewarned to keep themselves from being hurt by these beasts. But in hope of reward and of gifts, they shew them to Ambassadors of strange nations, before whom they make these beasts do a thousand very delightfull tricks, and in the interim they play their country tunes and musick upon their pipes and other instruments, and make many sports in hope of gain.

That Fishes also may be tamed.

BUT it is far more wonderfull, that the creatures of the water should be made tame, and be taught by the art of man. Among which, the chiefest are held to be the Eel. The same things also are reported of the Lamprey. For we have it recorded, that *Marcus Crassus* had a Lamprey in his Fish-pool, that was so tame, and so well taught, that he could command her at his pleasure. Therefore as a domestickall and tame beast he gave her a name, by which when he called her, she would come. And when this Lamprey died, he mourned for her in black, as if she had been his daughter. Which when his colleague *Cneus Pompeius* objected to him by way of reproach, he replying, told him, That he had buried three wives, and had mourned for none of all them three.

Of the Lion, the Ichneumon, and those other beasts which are not easily terrified.

The providence of the Lion in his going.

The general are terrified by the least.

THE Lion when he goes, hath his claws always clutched, and (as it were) put up in their sheaths, not only because he would leave no mark of his feet, whereby he may be traced and so taken, but because by continuall walking he should wear off, and blunt the points of his claws. Bulls when they fight charge one another with their horns, and like valiant souldiers, provoke and animate one another to the battail.

The Ichneumon seems to imitate the most valiant souldier in his preparation and access to battail; for he bedawbs himself with mud, and doth (as it were) buckle and make tite his armor, especially when he is to encounter with the Crocodile, who although he be a vast beast, is put to flight by this little creature. And this truly hath been observed to be by the singular providence of Nature, that the most vast creatures are terrified by the least things, and such from whence there can arise no danger; so they say the Elephant doth startle at the grunting of an Hog; and the Lion, at the crowing of a Cock; although it be reported of the Lion, that no fear can make him turn his face. These kind of fears, terrors, and affrightments, arising upon light and most ridiculous occasions, we find as well in the ancient as modern Histories of our times, to have dispersed and put to flight mighty legions of souldiers, and most potent armies.

That men were taught by Beasts to polish and to whet their weapons, and to lie in ambush.

Souldiers are carefull to keep their weapons from rust, and therefore they carry them to the Armours to be polished. But in this care, many beasts are nothing inferior un-

to them; for Boars when their tusks against they fight. And the Elephant knowing that one of his teeth is doubled with digging at the roots of trees to get meat, keepeth the other sharp, and touches nothing with it, preserving it for his combat with the Rhinoceros his



The craft of the Rhinoceros about to fight with the Elephant.

enemy; but the craft of the Rhinoceros is very remarkable, that being in continuall-enemy with the Elephant, at the time when he prepares for the battail, he warts his horn against a rock, as if it were with a whetstone; nor (if he can chuse) will he strike any other part of the Elephant but the belly, because he knows that part of the Elephant is so tender, that it may be easily pierced. This beast is in length equal to the Elephant, but in height he is inferior unto him, by reason of the shortneis of his feet; he is of a pallish yellow colour, and full of many spots.

Of Cocks.

Cock are kingly and martiall Birds.

Cocks are kingly Birds, and therefore Nature hath adorned them with a comb, as with a princely Diadem; and wherefoever they come, their magnanimity and courage makes them kings. They fight with their beaks and their spurs, and with their martiall voice they fright the Lion, who is otherwise the king of beasts.

Of Conies.

Conies have taught us underrunning.

Conies have taught us the art of Undermining the earth, whereby the most lofty Cities and structures reaching the very skies, are by taking away their foundation levelled with the ground.

Mercar Varro writes, that in Spain there was a town, and that no mean one, which standing on a sandie ground, was so undermined by a company of Conies, that all the houses tumbling and falling down to the ground, the inhabitants were fain to depart and seek new dwellings.

Of Wolves.

The decein and ambushes of Wolves.

Men have learnt the arts of waging War from the Wolves, for they come out by troops, and lye in ambush near the towns which they have appointed, and then one of them runs unto the town and provokes the dogs. And making as if he run away, incites the Dogs to follow him, untill he hath gotten them unto the place where their ambush lieth, which on a sodain appeareth, and rushest out upon them. And so they kill and eat all, or as many of the dogs as they are able to catch.

Of the Fox.

The craft of the Fox.

In subtilty and craft the Fox exceedeth all other beasts: when in the chafe the Dogs are at his heels, he berays and bewilders his tail, and swings it in the face and eyes of the Dogs that follow him, and so blinding them, in the mean time gets ground of them. To fetch the Hens down from their perch, he hath this devise, he shakes and swings his tail upwards and downwards, as if he meant to throw it at them; which they fearing tumble down, and he takes up one of them for his prey. His wariness when he passeth over a River that is frozen, is wonderfull; for he goes softly to the bank, and lays his ear to listen, if he can hear the noise of the water running under the ice. For if he can, back he goes, and will not venture to pass over. The knowledge of which thing he could never meerly by his subtilty and craft attain unto, but that of necessity he must have some faculty of reasoning joined with it; which by discourse, and by proving one thing by another, arrives at this Conclusion: whatsoever is liquid and maketh a noise, is in motion; whatsoever liquid is in motion, is not concrete and frozen; that which is not concrete and frozen, is liquid; whatsoever is liquid, will not bear a heavier body; whatsoever will not bear a heavier body, cannot with safety be adventured on; and therefore back againe must I go, and not pass over this River.

The Fox seem to reason with himself.

His Swine.

Of Swine.

Swine, if in the woods, they hear any one of the same herd with them crying out, they straight make a stand; and marshalling their forces, haste all, as if they had been warned by the sound of a martiall trumpet, to the assistance of their fellows.

Of the sisters Scarus and Anthia.

The love of Fishes one to another.

Platerch reports of the *Scarus*, that when one of them chanceth to swallow a hook, and be taken, the rest of the same kind come to his rescue, and shearing the Line with their teeth, set him at liberty. But the readines of the *Anthia* to the mutual assistance of one another, is yet more manifest; for by casting the Line upon which the hook hangeth on their back, with the sharpness of their fins they cut it asunder, and so set free themselves and their captived fellows.

Of the Pilot-fish.

There is great kindness between the Pilot-fish and the Whale; For although in bulk of body the Whale far exceed him, yet he leads the Whale, and goes always before him

him as his Pilot, to keep him from running himself into any straight or muddy place, whence he might not easily get out. And therefore the Whale always follows him, and very willingly suffers himself to be led by him, it being for his own good. And in like manner he gets into the Whales mouth, and there lodging himself, sleeps when he sleeps, and leaves him not either by day or night.

The Whales Pilot or guide.

Of Cranes.

Cranes when they are to take a long journey into some Countrey cross the seas, put their company in so good order, that no Captain can put his souldiers in better. For before they stir out of any place, they have (as it were) their trumpets to call them together, and encourage them to fly. They come together, and then fly up on high, that they may see afar off, choosing a Captain whom they are to follow. They have their Serjeants to take care of their ranks, and keep their nightly watches by turns. *Platarch* tells us that the Crane, which is appointed to stand Sentinell for all the rest, holds a stone in her foot, to the end, that if the chance to give way to nature and sleep, she may be waked by the noise of the falling stone. The leader lifting up his head, and stretching out his long neck, looks about him far and wide, and gives warning to the rest, of any danger that may befall them. The strongest lead the way, that they may the better with the flapping of their wings break the force of the air, and this they do by turns. And that they may the easilier prevail against the force and opposition of the winds, they dispose their company into a wedg in the form of the Greek letter Δ or a triangle; and being skillfull in the stars, they foresee when tempests are coming, and fly down to the ground to keep themselves from the injury of the approaching storm.

Cranes order themselves in ranks.

The Sentinell Crane.

Of Geese.

The Geese of *Sicilie* do with great wariness take care, that by their keeking and very noise, they do not expose themselves to the rapacity of Birds of prey: for *Platarch* saith, that when they are to fly over the hill *Taurus*, for fear of the Eagles that are there, they hold stones in their mouths to keep themselves from gagling, untill that they come unto a place where they may be secure.

The care of the Geese that their gagging do them no harm.

Of Dragons.

Neither are the Dragons less crafty; for thus do they overcome those vast and otherwise invincible beasts the Elephants. They lye in ambush, and suddenly set upon the Elephants where they fear no such matter, and involve their legs with the twines of their tail, in such sort, that they are not able to go forward; and stop their nostrils with their heads, so that they cannot fetch their breath, they pull out their eyes, and wheresoever they find the skin most tender, there they bite and suck the blood untill they make them fall down dead. *Pliny* saith, that there are Dragons found in *Aethiopia* of ten Cubits long, but that in *India* there are Dragons of an hundred foot long, that fly so high, that they fetch Birds, and take their prey even from the midst of the clouds.

The craft of Dragons fighting against the Elephants.

Lib 8. cap. 18. § 12.

Of the Fish called the Fisherman.

This fish is called the Fisherman, because he hunts and takes other Fishes, which he doth almost by the same cunning which the Cuttell uses; for he hath hanging at his throat a certain bag, like the Wattels of a Turkey-cock. This when he listeth he casteth out, and layeth before the little Fishes for a bait, and then by little and little draws it up again, untill he catch for food the little Fishes setting upon it as a prey.

The craft of the Fisherman fish in taking her prey.

Of the Cuttell Fish.

Wonderfull is the craft of the Cuttell-fishes, for they carry a bladder at their neck full of a black juice or ink, which they pour forth as soon as they feel themselves taken; that so they may blind the eyes of the Fishermen, as *Platarch* saith, and as *Aristotle* witnesseth, they with their long fangs do not only hunt and take little Fishes, but oftentimes also Mulletts.

The craft of the Cuttell to save herself. Lib 9. de Hist. animal. cap. 37.

Of the arms or weapons of brute Beasts.

Brute beasts are naturally so furnished with arms, that they have no need to get, make or borrow in any other place.

And some of them nevertheless are so furnished with such arms, that they captivate those which hold them prisoners; an example of this is the *Torpada*, which doth not only hunt by touch, but also by the net being between, he breaths such a quality from him, as stupifies the hands of the Fishermen, so that they are forced to let go their nets, and so let him go; moreover if it touch a ship it makes it stay. *Theophrastus* writes, that the *Persian* bay towards *Arabia*, nourishes a fish equal in length and thickness to a Carp, on every side

Cypris. lib. 1. lib. 10. cap. 19.

side encompassed with sharp and strong pricks, like our Porcupine, with which he fights against all kinds of fish. If a man chance but to be lightly hurt either with these or his teeth, he will die within 24 hours.

Of the fish Uteif.

HE saith moreover, That as he was carried by force of tempest through the Atlantick Ocean, he saw this fish, having (as it were) a Saw in his forehead of three foot long, and four fingers broad, armed on each side with sharp spikes; they call it *Uteif* in their Country speech.

Of the fish Caspilly.

HERE is another fish to be seen in the Arabian-gulf, which the Arabians call *Caspilly*, it's two foot long, and as many broad, it hath a skin not much unlike a Dogfish, but armed with spikes, one whereof he carries in his forehead a foot and half broad, in sharpness and force of cutting not much short of a graver or chissell: with this weapon, when he is oppressed with hunger, he assails the first fish he meets, neither doth he give over, before he carry her as a prey whither she please, as *Theret* saith he hath seen.

Tom. 1. lib. 5. cap. 1.

Of Crabs.

CRABS and Lobsters, though in the quantity of their body they be but small, yet they use their forked claws before, not only in feeding but also in defending themselves and assailing others.

Of the docility of Beasts, and first of the Dog.

BEASTS are apt to learn those things which men desire, whereby they shew themselves not wholly void of reason. For Dogs, Apes, and Horses learn to creep through the Juglers hoops, and rise on their hinder feet, as though they would dance. *Platerch* tells, that a Jugler had a Dog which would represent many things upon the stage besitting the occasion and argument of the Play; amongst the rest, he exceeded all admiration in that, that taking a sopotifick medicin, he excellently feigned himself dead; for first, as taken with a giddiness in his head he began to tremble, then presently fell down, and lying on the ground, as it were contracted his dying members, and lastly, as if truly dead he wax'd stiff; and moreover suffered himself diversly to be fitted according to divers parts of the Theater, the fable so requiring. But when he, by those things that were said and done, knew it was time to rise, he first began to move his legs by little and little, as if he had been wakened from a sound sleep; then presently with his head a little lifted up, he looked this way and that way, to the great admiration of all the beholders; and finally rise up and went familiarly and cheerfully to him he should; the which sight the Emperor *Vespasian* (who was then present in *Marcus* his Theater) never saw any which more delighted him.

The wonderful docility of Dogs.

A spectacle full of admiration and mirth.

Gal. lib. 1. de usu partium.

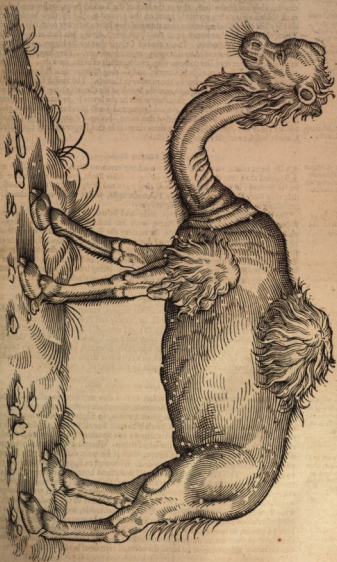
Of the Ape.

AN Ape is a ridiculous Creature, and which makes men much sport in imitating their actions. There hath been seen an Ape which would pipe and sing, and besides dance and write, and endeavour to perform many other things proper to men. I remember I saw in the Duke of *Savoys* house a great and curst Ape, who because he much troubled many, had his hands cut off, who suffering himself to be cured, when the wound was cicatrized, he grew more milde and docile. Wherefore clothed in a green coat, and girt over his loins with a girdle, he carried hanging thereat a case of spectacles, a pair of knives, and a child's handkerchief. He was committed to the charge of the Master-cook to teach, because he had taken up his lodging in the Chimney-corner, he was taught many tricks and feats. If at any time he swerved from his doctrine and precepts, in a trice the whip was upon his back and joints, and much was abated of his daily allowance; for as *Persius* saith, The belly is the Master of Arts, and sharpener of wit. By these means he profited so in a short time, that he much exceeded all the Apes of his time in the glory of his wit; and there was none counted more skillfull in leaping and dancing to the pipe, running up a pole, and nimbly leaping through his Masters legs. To conclude, he performed all the actions of a strong Ape, and very reverently carried up dishes with the waiters and serving-men, and made clean the dishes and platters by licking, and did much other drudgery, so that he was commonly called, Master *John De-ell*. At dinner and supper sitting in a chair, he said grace, and cast his eyes up towards heaven, and rouled them this way and that way, and smote his breast with the stumps of his hands with much lamentation, and imitated prayer by the gnashing or beating together of his teeth. He would turn up his tail to any that offended him, (for his coat scarce covered half his buttocks lest he should have filed it) he made much other pastime, always going upright by reason of the cutting away of his hands, unless at any time through weariness he were forced to sit on his buttocks.

Of

Of the Camels.

The Camel is a very domestick and gentle beak, and which is easily tamed and taught all kind of obedience and service; although some of them are cruel, wilde and



Camels both tame and wilde.

The case and not chargeable keeping of Camels.

Camels know when they have a sufficient load.

Camels both so carry burdens, and so ride upon.

A mighty troop of Camels.

troublesome by biting and striking (such as they meet, no less than untamed hories. There is no need to house them in the night, for they may be left in the plain fields in the open and free air, feeding upon the grais and trees and cropping the tops of the thistles; neither in the morning do they any whit the worse undergoe or carry their burdens. They are not put to carry burdens before they be four year old. The *Arabians* geld them young, that they may enjoy their labour the longer, neither being gelt do they rage for love or desire of Venerie. At the putting in of the Spring they endure hunger and thirst for eight dayes; they are so dutifull, that at the beck of the Turkish slaves, or but touched on the neck with a twig, they presently kneel on the ground to take up their burden, neither do they lift themselves up before that they find they have a sufficient load laid upon them. Those that have but one bunch upon their back are of *Africk*; but such as have two bunches are of *Asia*, or *Scythia*. Those kind of Camels that are the bigger are used to carry packs, but the lesser are used to ride upon, as our hories are. They love nothing so well as beans, and yet they live content with four handfulls of beans for a day. The greatest wealth of the *Arabians* consists in Camels, and so they estimate their riches, not by the quantity of Silver, or gold, but by the number of Camels. The *Turkish* Emperour (Thebet being the reporter) made a Captain over the herds of his Camels, giving him a great troop of *Africans* and Christian slaves, that they might be the better looked unto. I have heard it reported (saith Thoret) by certain *Arabian*, *African* and *Jewish* Merchants who were present, at that time when *Saiton Selim* the first of that name, besieged *Caire* in *Agypt* (which in former times was called *Memphis*) that there then was in that Emperours army sixty thousand Camels, besides a mighty company of Mules.

Of ravenous Birds.

The Diligence of Falconers in training up their Hawks.

The flight of the Hern and Falcon.

But let us take a view of Falconers teaching ravenous Birds, how with swift wings carried aloft into the air, they may seize upon other Birds, and cast them down dead to the ground; in performance whereof, they often too freely soare up to the clouds, so that they carry themselves out of the Falconers sight, with a desire to sun themselves, neglecting in the mean time their designed prey.

The Hern when she sees her self kept under and below the Falcon carried up by his strong wings with a marvellous swiftness, with her beak, which is long and sharp, hid under her wings, and turned upwards, she receives the Falcon blinded with the heat of fight and desire of prey, carelessly flying down and rushing upon him; so that he often strikes him through the gorge, so that oft times they both fall down dead to the ground. But if the Falcon without harm escape the deceits by art, and the happy turning of his body, and the Hern be not cast down, the Faulconer calling her back with never so loud a voice, yet by setting up his Feathers she dares her to the pretended fight.

That Birds have taught as muscull tases.

To sing like a Nightingale.

The Nightingales are sweet and excellent singers, tuning their notes with infinite quaverings, and diversities of sounds, so prettily and sweetly, that humane industry can scarce equal the sweetness thereof, by so many muscull instruments; so that we say, he sings like a Nightingale, who varies his voice with much variety. In which thing Birds much excell men, because they have that admirable sweetness of singing from nature it self without any labor of learning, which men can scarce attain to in any school of musick, by having their ears a thousand times pluckt by the hand of a curst master.

That Beasts know one anothers voice.

The voice to beasts is of the same use, as speech is to men.

We are as ill as deaf, when we hear an unknown language.

Beasts know one another by their voice, so that they may seem to talk and to laugh together, whilst flattering with their ears, they pluck in their noses with a pleasant aspect of their eyes; and as speech is given to men, so Birds have their natural voice, which is of the same use to them, as speech is to us. For all Birds of the same species, as men of the same country, chant and chirp to one another, when men understand not the speech of other men, unless of the same Nation. Wherefore the Scythian tongue is no more profitable to one living in Egypt, than if he were dumb; nor the Egyptians understand it no more than if they were deaf. Wherefore an Egyptian is dumb and deaf to a Scythian. This those which travail well understand how many dangers, how many troubles they undergoe, because they cannot express their minds, and require things necessary for life. Wherefore to the assistance of this unprofitable tongue, we are compelled to call the rest of the members, and to abuse the gestures of the head, eyes, hands, and feet. Truly the condition of brute beasts is not so miserable, seeing that all of the same kind wherefoever they be, may answer each other with a known voice. Truly if any should hear a German, Briton, Spaniard, Englishman, Polonian, and Greck, speaking amongst themselves in their native tongues, not understanding any of them, he could scarce discern, and certainly judge, whether he heard the voice of men or of beasts.

That Birds may counterfeit Mans voice.

Inets, Larks, Pies, Rooks, Daws, Crows, Scares, and other (such like Birds, speak, sing, whistle, and imitate the voices of men, and other creatures. In this Parrats excell all other, being wondrous skillfull imitators of mens voices, and very merry, but specially when they have drunk a little wine.

Parrats are wondrous full imitators of mans voice.

Plutarch reports that there was a Barber at Rome, who kept a Pie in his shop, which spoke exceeding well, and that of her own accord, none teaching her, when she first heard men talking together; she imitated the voice or cry of all beasts she heard, as also the sound of Drums, and the sound of Pipes, and Trumpets: to conclude, there was nothing which she did not endeavour to imitate. There have been Crows that have spoken and articulately sung songs and Psalms, and that of some length. To which purpose the History of Macrobius is notable; for he tells that there was one amongst those, who went forth for luck sake to meet with Augustus Caesar, returning from the war against Antonius, who carried a Crow, which he had taught plainly to pronounce this salutation, *Salve Caesar Imperator Augustissimus*, that is, *God save thee, O most sacred Emperour Caesar.* Caesar taken with the novelty of this spectacle, bought this obsequious bird with a thousand peeces of silver. Ptolemy and Valerius have reckoned up amongst prodigies, Oxen and Asses that have spoken. I omit infinite other things recorded by the ancients, *Plato, Aristotle, Ptolemy, Plutarch*, and other Philosophers of great credit, of the docility of beasts, and their admirable felicity of understanding. Which things, if untrue, these learned men would never have recorded in writing, lest to they might brand with vanity, (then which nothing is more base) the rest of their writings to posterity in all ensuing ages.

A talking Pie.

Lib 2. Scares. 1074.

Of the Sympathy and Antipathy of Living Creatures amongst themselves.

Having briefly described the understanding of brute beasts, it seems not impertinent to set down some things more worthy of knowledge, happening unto them by reason of Sympathy and Antipathy; that is, mutuall agreement and disagreement, which happens not only to them living, but also dead, by a certain hidden property, through occasion whereof some desire, other than, and others prosecute one another even to death. In testimony whereof; The Lyon the King of Beasts excelling all other in courage and magnanimity, fears the Cock, for he is not only terrified by his presence, but also by his crowing being absent. So an Elephant fears a Hog; but he is so afraid of Mice and Rats, that he will not touch the meat that is given him, if he smelt that it hath been defiled with such creatures. There is deadly hatred between the Elephant and Rhinoceros; yet when the Elephant is furious and angry, he becomes quiet and calm at the sight of a Ram. A Horse is so afraid of a Camel, that he cannot endure his sight. The Dog hates the Wolf, the Hart flies the Dog. The Snake flies from and fears a naked man, and follows him being clothed. There is deadly hatred between the Aspis and Ichneumon, for he when he hath cowed himself in the clay, dries himself in the Sun, and so being covered over (by doing thus divers times) as it were with shells, or armour, he enters into combat, stretching out his tail, and presenting his back, until he get opportunity to choak his adversary, by leaping and fastening on her jaws, by which stratagem he also kills the Crocodile. The green Lizard is a capitall enemy to the Serpent, but most friendly to man, as Erasmus witnesseth by many Histories concerning that matter, in his Dialogue of Sympathy and Antipathy. There is a great deal of hatred between a Man and a Wolf, which is most manifest by this, that if the Wolves first see a man, his voice is taken away, and his intended cry hindered. If the Weasell intend to set upon the Aspis that most venomous Serpent, shee arms her self by eating Rue, as a most certain Antidote. The Ape fears the Torpedo, as Erasmus manifests by a pleasant history in the forementioned Dialogue; where also he prettily shews the deadly hatred between the serpent called Arest and the toad. The like hate is between the Owl and Crows, so that the Owl dares not go out, fly abroad, or seek her food unless by night. The water or River fowl are afraid of the Falcon; that if they but hear her bells, they had rather be killed with flaves and bones, than take wing to flie into the air. So the Lark yeilds herself to be taken by a man, lest shee fall into the talons of the Hobby. The Cahill, or Merlin is naturally a terror to Hawks, so that they both shun his voice and presence.

The Lion fears a cock.

A horse fears a Camel.

What soul fead the Falcon.

The Kites are all at perpetual enmity with the Crows, wherefore the Crow always gets away the Kites provision. All kind of Pullen fear the Fox. The Chicken fears neither a Horse, or an Elephant, but scarce hatched, it presently runs away at the voice or sight of a Kite, and hides it self under the hens wings. The Lambe and Kid flie from the Wolf when they first see him, neither doth death give an end to that hatred, but it supervives their funerall. An Experiment whereof (they say) is, that if one Drum be beaded with Wolves skins and another with Sheeps, and beaten up together, you shall scarce hear the sound of the Drum covered with sheeps skins. And besides, if you string one Harp with strings made of sheeps guts, and another with strings of Wolves guts, you cannot bring

The enmity between the Kites and Crows. The discord between the Lamb and Wolves ended by death.

it to pass, by any art, to make them agree and go in one tune. It is reported from the experiments of many men, that if a Wolves head be hanged up on high in the place where Sheep are, that they will not touch the grafs how good and fresh soever it be, nor rest quiet in any place, but (simultaneously run up and down, untill all such kind of terror be taken away. The hate betwixt Mice and Weasels appears by this, that if you mix never so little of the brains of a Weasell in the rennet, with which you cradle your Cheese, the Mice will never gnaw or touch that cheese. The Linnet doth to hate the bird *Flemo*, that both their bloods put into one vessel cannot be mixed together. A Wolves head hung up in a dove-house, drives away Poll-Cats and Weasels. The Panther and Hyena burn with so great hatred, that if both their skins be laid one against the other, the Panthers will shed the hair, the hairs of the Hyena remaining entire and not moved; which thing, they say, happens to the feathers of other birds if any one chance to eye them up in a bundle with the Eagles. Let these suffice for some few examples of many, of the Antipathy amongst beasts. But of the Sympathy and consent of beasts amongst themselves, I think needless to write any thing, being it is sufficiently known to all, that one Jay associates another, and the cruel Bears agree amongst themselves; and beasts of the same species do wonderfully consent one with another.

That Man excels all beasts.

I Now think it fit to say to write of that excellency of man over beasts, which I have for long intended. Neither would I that Epicures and other too much naturall and material Philosophers, so take those things I have written of the endowments of beasts, as though we should think; there were no difference between man and beast. I had no such meaning, no such intention; but only that man should not become too stately, or too ingrate in his acknowledging God to be the Author of so many benefits with which he abounds. For whatsoever we have largely spoken of beasts, yet there is no comparison between beasts and man, for there is too great a difference between them. For mans mind is adorned with religion, justice, prudence, magnanimity, faith, piety, modesty, clemency, fortitude, and other virtues as lights, which shine much more bright in man than in beasts. For they are sometimes all in some one man, each whereof are thought great in beasts. For seeing that man is made to the Image of God, it cannot be, how much soever he defile himself with the pollution of vices, that he can so obscure that inbred light, but that always some beam of the divine wisdom will be inherent & shine in him. But although by collation to some beasts, he may seem a defective and weak Creature; yet no fortitude nor strength of beasts can be so great as to equal the fortitude of man. For God hath engraven in man the character of his divine virtue, by the assistance whereof, he might have all beasts under and obedient to him. And though by that we have formerly said, beasts may seem to have a certain shadow of reason, yet that small light is not fit for many and divers uses, but there is only given them so much providence, as should be sufficient for them and the preservation of their bodies. But men have reason given them to crop or gather the fruits of eternal life, (as *Leontius* saith) whereby it comes to pass, that man only, amongst so many creatures, hath sense and understanding of divine things. Which *Cicero* thought to be known by that, because man only had a certain knowledge of God in his mind. Wherefore he was enriched by God with reason, speech and hands as helps for the performance of all his actions; moreover by his singular and almost divine wit he easily excels all brute beasts. For first, reason being his guide, he invented things necessary for life, stily imposed names on the things invented befitting their natures, framed letters and Characters, invented all liberall Arts and handy-crafts, and found means to measure the Land and Sea. He hath observed and drawn into an Art the spaces of the Celestiall Globe, the distinctions of the Stars, the changes and orders of dayes and nights, of times and seasons, the rising and setting of Stars, and their power and effects over these lower bodies. Lastly, he records in writing to perpetuall memory that which concerns his own nature, or the nature of other things, the precepts and ordinances of life and manners: by which singular gift, we can now confer with *Socrates*, *Plato*, *Aristotle*, and other Philosophers of ancient times, as if they were living.

What benefit man hath by reason of his native nakedness and ignorance.

BUT as Mans body is by nature naked and unarmed, so is his mind like a smooth table in which nothing is painted, nothing graven; but for help of his nakedness he hath hands, and for supply of his ignorance, reason and speech. And by these three being as it were the ministers of infinite variety of things, he clothes and defends his body with all things needfull; and enriches his mind with the knowledge of Arts and Sciences. Now if he had certain weapons born with him, he should use them only; if he should be born skillfull in any Art, he would meddle with none else. Therefore because it was more expedient to use all sorts of weapons with the hand, and be skillfull in all Arts; therefore he must be born wanting and ignorant of all. *Aristotle* very wittily called the hand the instrument of instruments; in imitation of which speech, one may rightly affirm, that reason is the

How to make cheese that Mice will not gnaw.

Mans brain Gods image.

Man hath given nature to thought.

Gal. cap. 4. lib. 1 de fin. part. 1. an.

At the hand is the instrument of instruments for reason is the art of arts.

Art of Arts; for as the hand in worth exceeds the other instruments, because it can make, handle and fix them for use; so reason and speech, though names of no Art, yet comprehend and encrease all Arts. Therefore man seeing he hath his mind instructed by Art, that is, by reason; it is fit he should have his body defended with a weapon, or instrument, that is, the hand, which in agility and excellency should exceed all other instruments. For so Man hath of his hands in stead of all weapons, which he may use in war and peace as the instruments of all Arts; he wants not the Boars horns, the Boars tusks, the horses hoofs, nor to conclude, any arm of any other Beast. For by the benefit of his hands he can handle other arms far more profitable and safe; as a Lance, Sword, Spear, halberd; but man also can use at some distance the bow, sling and handgun, when the horn and the hoof cannot be used but near at hand. But some may say; A Lyon exceeds a man in swiftness of foot; what then? is man therefore inferior to him? no, for by the means of his hands and the guidance of his reason he bridling and riding upon a horse, out runs the Lyon, and being victor follows him to and again as he himself pleases, or vanquished flies away, and from the horses back as from a tower wounds the Lyon with what weapons he pleases. To conclude, man is abundantly provided with means, to defend himself from the violence of all other beasts. For this purpose he doth not only harness himself as with brazen walls, but also makes ditches and Bulwarks, he makes by the ministry of his hands all kind of weapons, weaves himself garments, casts into the water and draws forth nets to catch fish; and to conclude, he performs all things to his own contentment, and having that privilege granted him by God, he rules over all the earth; all things which lye hid in the bowels of the earth, which go, or creep upon the earth, which swim in the Sea, and fly through the air, or are any where shut up in the compass of the skie, are in mans dominion.

How wonderful God hath shewed himself in making man.

GODS Deity and providence hath principally shewed it self in the creation of man; neither his so admired light hath so shone in the production of other creatures, seeing that God would have them to live and have their being, only for mans sake, that they might serve him. Therefore man is, if we diligently consider all his endowments, a certain pattern and rule of the divine majesty and (if I may so say) Artifice. For being made to Gods image, he is as it were his coin, exceeding the capacity of all humane understanding. Which stamped a just reason to the ancient Philosophers, that he should be called *Miraculum*, or a little world, because the particles of all things contained in the compass of heaven and earth, are contained in his mind and body, that in the mean time I may in silence pass over his soul more great and noble than the whole world.

If by Nature hath not given Man the faculty of judging.

THIS seems the reason, that men by the instinct of nature do not foresee the future seasons & dispositions of the heaven & air, because, seeing they have received certain sparks of providence from God, by whose care and guidance they are led to the knowledge of things by no deceitfull but certain judgment, being not obnoxious to the conditions and changes of times and seasons, as beasts are. Wherefore knowing all these airy changes to be placed under them, that is to say, their minds, according as occasion serves, and their minds desire, they give themselves to mirth when the air is wet, stormy and dark, and on the contrary, in a clear and fair season, to a sincere and grave meditation of things sublime and full of doubt. But beasts accommodating themselves to that disposition of the air which is present and at hand, are lively, or sad, not from any judgment as men, but according to the temper and complexion of their bodies following the inclinations of the air, and of the humors one while diffused, another while contracted. Neither ought we to blame man, because he can imitate the voice of beasts, but rather much commend him, that he can infinitely writ and vary one thing, that is, his voice; for men can bark like Foxes and dogs; grunt like hogs; whet and grind their teeth like boars; roare like Lyons; bellow like bulls; neigh like horses; knock their teeth like Apes; howl like Wolves; bray like Asses; bleat like Goats and Sheep; mourn like Bears, Pigeons, and Turtles; keeke and gagle like geese; hiss like Serpents; cry like Storks; caw like a Crow, and crow like Cock; cack like hens; chatter as Swallows and Pies; sing like Nightingales; croak like Frogs; imitate the singing of Wasps, and Humming of Bees; mew like Cats. The singing of Birds scarce seems to merit the name of Musick, compared to the harmony of men fitted and tuned with infinite variety of voices. For with this they possess the ears of Kings and Princes; provoke and temper their wrath, and carry mens minds beyond themselves, and transforme them into what habits they please. But if those cruell beasts have any humanity, they owe it all to man. For he tames Lyons, Elephants, Bears, Tigers, Leopards, Panthers, and such other like.

Man under God is the king and Emperour of the world.

Man is the end of all mundane things.

Man a little world, yea almost a great world.

Man is not obnoxious to the air and Stars.

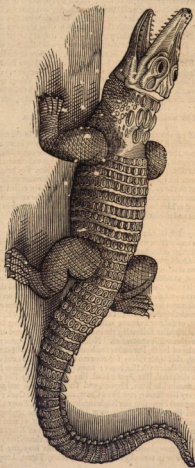
One that will counterfeite the voices of infinite varieties of beasts.

The power of Musick.

Of the Crocodile.

A tame Crocodile.

Plato reports of the Crocodile (whose figure is delineated) that being tamed, and taught by man, he doth not only hear mans voice, and answers to his call, but suffers himself to be handled, and opening his throat, lets his teeth be scratched and wiped with a towell. How small a part of Physick is that, which beasts are taught by nature? Certainly nothing in comparison of man, who by the study and practise of a few years can learn at his fingers ends all the parts of Physick: and practise them not only for his own, but also for the common good of all men. But why cannot beasts attain unto the know-



ledg of Physick so well as men? I think, because so great an Art as Physick is, cannot be attained unto by the dull capacities of Beasts.

But

But for that I have written of the Religion of Elephants, if I must speak according to the truth of the matter, we cannot say they worship God, or have any sense of the divine Majesty. For how can they have any knowledge of sublime things or of God, seeing they wholly following their food, know not how to meditate on celestial things? Now for that they behold and turn themselves to the Moon by night, and to the Sun in the morning, they do not that as worshipping, or for that they conceive any excellency or divinity in the Sun; but because nature so requiring and leading them, they feel their bodies to rejoice in that light, and their entrails and humors to move and stir them to it. Therefore when we attributed religion to Elephants, we said it rather popularly, than truly, and more that we might exhort men to the worship of God, than that we thought Elephants had any knowledge of divine worship implanted in their minds.

In what sort we said Elephants had religion.

That man may attain unto the knowledge of all voices and tongues.

The docility of mans wit is so great, and facility of the body obeying that divine gift of wit such, that he is not only able to learn to understand and speak the tongues of divers nations differing in so many peculiar languages; and not only to imitate and counterfeit the voices of all beasts though so much different from man, which many flattering and juggling companions, followers of other mens tables, will do; but also may be able to know and understand both what they pretend and signifie. In confirmation of which thing they cite the Philosopher *Apolonius* most famous in this kind of study and knowledge. He walking on a time amongst a company of his friends through the field, and seeing a Sparrow come flying and chirping much to divers other Sparrows sitting upon a tree, is reported to have said to those which were with him: That bird which came flying hither, told me other in her language, that an Ake laded with corn was fallen down at the City gate, and had shed the wheat upon the ground. Wherefore *Apolonius* and all his friends which minds were with him went thither to see whether it were so, and found that it was so, as he had told them, and observed that the Sparrows moved thereto by the coming of the other, were eating up the grains of Corn shed on the ground.

Man not only imitates, but the imitator of the voices of beasts and birds.

But for Crows and Pies artificially taught to counterfeit mens voyces, it is too small a thing, that for that cause they should contend with men. For they have quickly babbled all they have learnt with longer cost and labour, tediously singing still the same song, and whatsoever they prate they do it without sense, understanding or any reason for what they say. But man alwayes contemplating somewhat more high, still thinks of greater things than these present, and never rests. But burning with an infinite and endless desire of knowledge, he doth not only covet to know these things which appertain to food and cloathing, but by casting up his eyes towards heaven, and by the light of his mind, he learns and understands things divine. Which is so certain an argument of the celestial original of our soul, that he which considers those things can no wayes doubt, but that we have our minds seasoned, by the universall divine understanding. But now it is time for us to see that upon the description of the body, the habitation and fit instrument of all the functions of divine mind.

The unquenchable desire of learning in man.

The End of the second Book.

The third Book,

TREATING

Of the Anatomy of *MANS BODY*.



Following the custom and the manner of such as before me have written of Anatomy, will first, (that I may make the minds of the Readers more attentive and desirous of these studies) declare how necessary it is, and also how profitable, and then shew the order to be observed in it, before I come to the particular description of mans body.

Furthermore how Anatomy may be defined, and the manner of the definition of the parts. For the first, the knowledge of Anatomy seems in my judgment very necessary to those that desire to excell, or attain to

perfection of Physick; that is, whereby they may be able to preserve the present health of the body, and the parts thereof, and drive away diseases. For how can either Physician or Chirurgion preserve health by the use of the like things, which consists in the temperament, conformation, and naturall union of the parts, or expell the disease which burrs those three, by the like use of their contraries, unless he shall know the nature and composition of the body, and understand as by the rule of this knowledge, how much it swerves from the nature thereof? Wherefore it is excellently said of *Hippocrates*; that the Physician called to cure the sick Patient, ought diligently to consider, whether those things that are in him, or appear to be in him, be like or unlike, that is, whether the Patient be like himself and his own nature in all his parts and functions, temperature, composition and union; that he may preserve those which are yet contained in the bounds of nature, and restore those that are gone away. Which thing *Galen* hath also confirmed, specially where he saith, he must well know the nature and structure or composition of the bones, who takes upon him to restore them broken or dislocated to themselves and their proper seats or places. Moreover seeing that healing doth not only consist in the knowledge of the disease, but as well in prescribing fit medicines and like application of them to the body and the parts thereof, all which by their naturall dissimilitude, do require unlike medicines, according to *Gales* opinion: I prethe tell mee, who can perform this, which is ignorant of the description of the whole and the parts thereof, taught by Anatomy? We may say the like of the Apothecary, who ignorant of the situation of the parts in the body cannot apply Emplaisters, Ointments, Cataplasms, Fomentations, Epithemes, bags to the fit places, as to the sutures of the skull, to the Heart, Liver, Stomach, Spleen, Reins, Wombe or Bladder. For example, let us imagine the Liver to be troubled with a hot distemperature, but on the contrary, the stomach with a cold (which commonly happens, seeing the Liver hotter than it ought to be, sends up many vapours to the head, from whence cold humours fall into the stomach) if hot things to be applied to the stomach by the Physicians prescription, be by the Apothecary making no difference, applied both to the stomach and neighboring Liver (which may chance if he be ignorant that the stomach bends somewhat to the left side under the breast-blade; but the liver so takes up the right side of the body that with a great part thereof, it covers almost all the stomach) will not be much offend by increasing the hot distemper of the liver, and not thereby giving ease, or help to the disease? Shall not by this his ignorance, the Patient be frustrated of his desire, the Physician of his intent, and the medicine of its effect? By these examples I think it most manifest, that the Anatomical knowledge of the parts of the body is exceeding necessary to all Physicians, Chirurgions, and Apothecaries, who will practise Physick with any praise to the glory of God, and the benefit and good of man, for whose sake we have writ these things, and illustrated them by figures, subjecting the parts to the eye, and fitly put them in their proper places.

But Anatomy is commodious four manner of wayes; the first is, because thus we are led to the knowledge of God the Creator, as by the effect to the cause, for as we read in *St. Paul*, the invisible things of God are made manifest by the visible. The second is, that by means hereof we know the nature of mans body, and the parts thereof, whereby we may more easily and certainly judge and determine of sickness and health. The third is, that by the knowledge of the body and its parts, and together therewith its affections and diseases, we may prognosticate what is to come, and foretell the events of diseases. Lastly, the fourth is, that considering the nature of the diseased part, we may fitly prescribe medicines, and apply them in their due places.

Now we must declare in what order Anatomy may be fitly delivered; but first we must observe there is a threefold Method; The first is called of Composition, being very commodious for the teaching of *Artes*, which *Aristotle* hath used in his Works of Logick, and naturall Philosophy, the order and beginning taken from the least and most simple to the more compound. The second of Division, fit for the inventing or finding out of sciences. *Galen* hath followed this order in his Books of Anatomical Administrations,

and

The necessity of the knowledge of Anatomy.

Initio Lib. de Offic. medici.

Lib. de Ossib.

I. de loc. aff. Musc. lib. 3. Mot.

Why when the liver is hot the stomach is commonly cold.

The Knowledge of Anatomy, is commodious four manner of wayes.

There is a threefold method.

and of the use of the parts. The third of Definition, which sheweth the nature and essence of things, as appears by *Galen* in his Book *De Arte Parva*. And because this order doth also prosecute the divisions, therefore it is commonly accustomed to be comprehended in the compass of the second. Therefore I will follow this in my Anatomical Treatise, dividing mans body into its parts, which I will not only subject to the eye in the way of knowing them, but also to the mind in the faithful understanding them. For I will adjoin those things that are delivered of them by *Galen* in his Book of Anatom. Administrations, with those which be both taught in his Books of the use of the parts. For there he fully laies the parts of mans body before our eyes, to the sense. But here he teaches to know them, not to see them; for he bewes why, and for what use they are made. Having briefly handled these things, we must declare what Anatomy is; that as *Cicero* saith out of *Plato's Phædrus*, it may be understood of what we dispute. And because we attain that by definition (which is a short and plain speech, consisting of the Genus and difference of the things defined, being the essentiall parts, by which the nature and essence of the thing, is briefly and plainly explained) first we define Anatomy, then precisely explain the particular parts of the definition.

Wherefore Anatomy, (if you have regard to the name) is a perfect and absolute division, or artificiall resolution of mans body into its parts, as well generall as particular, as well compound as simple. Neither may this definition seem illegitimate, specially amongst Physicians and Chirurgeons. For seeing they are Artizans humiliated to the sense, they may use the proper and common qualities of things for their essentiall differences and forms. As on the contrary, Philosophers may refuse all definitions as spurious, which consist not of the next Genus and the most proper, and essentiall differences. But seeing that, through the imbecillity of our understanding, such differences are unknown to us, in their places we are compelled in defining things, to draw into one many common and proper accidents, to finish that definition which we intend, which for that cause we may more truly call a description, because for the matter and essentiall form of the thing, it presents us only the matter adorned with certain accidents. This appears by the former definition, in which *Division* and *Resolution* stand for the Genus, because they may be parted into divers others, as it were into species. That which is added over and besides, stands in place of the difference, because they separate and make difference the thing it self from all other such and unartificiall dissections. We must know an artificiall division, is no other than a separation of one part from another, without the hurt of the other, observing the proper circumscription of each of them, which if they perish or be defaced by the division, it cannot be said to be artificiall, and thus much may suffice for the parts of the definition in generall.

For as much as belongs to the explication of each word, we said of *Mans body*, because as much as lies in us, we take care of, preserve the health, and depell the diseases thereof, by which it may appear that mans body is the subject of Physick, not as it is mans, or consists of matter and form, but as it is partaker of health and sickness.

We understand nothing else by a part, according to *Galen*, than some certain body, which is not wholly disjoined, nor wholly united with other bodies of their kinde; but so that, according to his opinion, the whole being composed therewith, with which in some sort it is united, and in some kind separated from the same, by their proper circumscription. Furthermore by the parts in generall, I understand the head, breast, belly, and their adjuncts. By the particular parts of those, I understand, the simple parts, as the similar, which are nine in number, as a gristle, bone, ligament, membrane, tendon, nerve, vein, arterie, muscular flesh; some add fibers, fat, marrow, the nails and hairs; other omit them as excrements; but we must note that such parts are called simple, rather in the judgment of the sense, than of reason. For if any will more diligently consider their nature, they find shall none absolutely simple, because they are nourished, have life and sense, either manifest or obscure, which happens not without a nerve, vein, and artery.

But if any shall object, that no nerve is communicated to any bone, except the teeth; I will answer, that nevertheless the bones have sense by the nervous fibers, which are communicated to them by the *Periosteum*, as by whose mediation the *Periosteum* is connect to the bones, as we see it happens to these membranes, which involve the bowels. And the bones, by this benefit of the animal sense expell the noxious and excrementitious humors from themselves into the spaces between them and the *Periosteum*, which as indeed with a more quick sense, admonisheth us, according to its office and duty, of that danger which is ready to seize upon the bones, unless it be prevented. Wherefore we will conclude according to the truth of the thing, that there is no part in our body simple, but only some are so named and thought, according to the sense; although also otherwise some may be truly named simple, as according to the peculiar and proper flesh of each of their kinde. Those parts are called compound which are made or composed by the mediation, or immediately of these simple, which they term otherwise organically, or instrumentally, as an arm, leg, hand, foot, and others of this kind.

And here we must observe, that the parts are called simple and similar, because they cannot be divided into any particles but of the same kind; but the compound are called

The Authors
sente.

Resolution
differs from a description.

What Anatomy
is.

How a Resolution
differs from a description.

or artificiall
dissections.

What is meant
by a part.

The subject of
Physick.

Gal. lib. 2. de
part. lib. 1. Meth.

The similar
parts are nine.

How the
bones come to
feel.

The compound,
or organical
parts.

disimilar from the quite contrary reason. They are called instrumentall and organically, because they can perform such actions of themselves, as serve for the preservation of themselves and the whole; as the eye of it self, without the assistance of any other part, sees, and by this faculty defends the whole body, as also it self. Wherefore it is called an instrument or organ, but not any part of it, as the coats, which cannot of it self perform that act. Whereby we must understand, that in each instrumentall part we must diligently observe four proper parts. One by which the action is properly performed, as the Crystalline humor in the eye; another without which the action cannot be performed, as the nerve and the other humors of the eye. The third, whereby the action is better and more conveniently done, as the tendons and muscles. The fourth, by which the action is preserved, as the eye-lids and circle of the eye. The same may be said of the hand, which is the proper instrument of holding; for it performs this action, first, by the muscle, as the principall part; Secondly, by the ligament, as a part without which such action cannot be performed; Thirdly, by the bones and nails, because by the benefit of these parts, the action is more happily performed; Fourthly, by the veins, arteries and skin, for that by their benefit and use, the rest, and so consequently the action it self is preserved.

Four particles to be observed in each organical part.

Four sorts of instrumentall parts.

Nine things to be considered in each part.

Why the three principal parts are so called.

But we must consider, that the instrumentall parts have a fourfold order. They are said to be of the first order, which are first and immediately composed of the simple, as only the authors of some one action, of which kinds are the muscles and vessels. They are of a second which consist of these first simple, and others besides, as the fingers. They are counted of the third rank, which are composed of parts of the second order and some besides, as the hand taken in generall. The fourth order is the most composed, as the whole body, the organ and instrument of the soul. But you must observe, that when we say the muscles and vessels are simple parts, we refer you to the sense and sight, and to the understanding, comparatively to the parts which are more compound, but if any consider their essence and constitution, he shall understand they are truly compound, as we said before. Now it remains, that we understand, that in each part, whether simple or compound, nine things are to be considered, as substance, quantity or magnitude, figure, composition, number, connexion, (by which name, we also understand the original and insertion) temperature, action, and use; that by the consideration of these things, every one may exercise the art of Physick, in preserving health, curing diseases, or foreseeing their events and ends.

But also we must note, that of the organical parts, there be three, by whose power the body is governed; which for that cause they call regent and principall, because they govern all the rest; they are the liver, heart, and brain. But they are called principall, not only, because they are necessary for life, (for the stomach, wind-pipe, lungs, reins, bladder, and such like parts perhaps are equally as necessary for life) but because from each of these three, some force, power, and faculty, or also matter necessary for the whole body, flow over all the body, when no such thing proceeds from the rest of the parts. For from the liver a matter fit for nourishment, is distributed by the veins through all the body; from the heart the vitall force diffused by the arteries, imparts life to the whole body; from the brain by the nerves a power or faculty is carried through all the parts of the body, which gives them sense and motion.

Lib. de An. m. d. d. d.

Galen would have the Testicles to be of this kind, not for the necessity of the individuall, or peculiar body, but for the preservation of the *Species* or kind. And moreover in his book de Semine comparing the Testicles with the Heart, hee makes them the more noble by this reason, that by how much it is better to live well and happily, than simply and absolutely to live, by so much the testicles are more excellent than the heart, because with them we may live well & pleasantly, but with this simply live, as we see by the example of Eunuches, and such as are geld, by which the Testicles seem rightly to be accounted amongst the principall parts; for nature seeing it desired, that this its work should be immortal, for the attaining of that immortality which it intends, frames those parts, like as prudent founders of a City, who do not only procure to furnish their City with many Inhabitants, so long as they are in building it, but also that it may remain in the same state and condition for ever, or at least for many ages. And yet notwithstanding of so many cities built in the first memory of man, there remains none, whose name and state, together with the builders name, is not decayed and perished. But this humane work of nature, stands yet secure for this many thousand years, and shall endure hereafter, because it hath found a way, by which every one may substitute another in his place before he depart. Hence it is that all creatures have members fit for generation, and pleasures inserted in those members, by which they might be incited to mutuall embraces and copulations. But the mind, which hath dominion over those members hath an incredible desire of propagating the issue, by which also brute beasts incited, desire to propagate their kinds for ever. For seeing that nature understands all these her works considered particularly by themselves, are frail and mortall, it hath done what it could to recompence that fatal necessity of dying, by a perpetuall succession of individualls.

The use and function of the parts serving for generation.

Hitherto we may seem to have abundantly shewed what necessity of knowledge in Anatomy belongs to all Artizans in Physick, and also what order is to be observed in the same.

fame. And lastly, how it is defined, and the reason of the parts of the definition. Wherefore it remains that we prosecute what we have taken in hand; which is, that we shew and declare how to know all and every the parts of mans body, how many, and what they be, and to understand wherefore they be. For although the true knowledg of Anatomy may be perfected by the sight of the cy, and touching and handling each part with the hand, yet nevertheless the labor of describing Anatomy is not unprofitable. For by reading, such as have often exercised themselves in the dissecting of mens bodies, may refresh and help their memories, and such as have not, may make plain and ease the way to the understanding of dissections.

C H A P. I.

The division or partition of mans Body.

BY reason the partition of Mans body can hardly be understood, if the distinction of the proper faculties of the soul be not understood, for whose cause the body enjoys that form (which we see) and division into divers instruments; Therefore I thought good in few words to touch that distinction of the faculties of the soul, for the better understanding of the partition of the body which we intend. Wherefore the soul, the perfection of the body, and beginning of all its functions, is commonly distinguished, and that in the first and generall division, into three faculties, which are the Animall, Vitall, and Naturall. But the Animall is divided into the principall, sensitive, and motive; Again the Principall is distinguished into the imaginative, reasonable, and memorative: And the Sensitive into seeing, hearing, smelling, tasting, and touching: But the Motive into progressive and apprehensive. And the Vital is divided into the dilative and contractive faculty of the heart and arteries, which we know or understand by the pulsestick faculty. But the Naturall is parted into the nutritive, active, and generative faculties, which three perform their parts by the help and ministry of five other faculties, which are, the attractive, retentive, concoctive, assimilative, and expulsive.

After the self-same manner, the organ or instrument of the soul, to wit, Mans body, at the first division is distinguished into three parts, which from their office they call Animall, Vitall, and Naturall. These again, according to the subdivision of the subaltern faculties, are divided particularly into other parts; so that any one may know the organ of each faculty, by the property of the function. For while other Anatomists divide mans body into four universall and chief parts, they distinguish from the three first, those which they call the Extremities; neither do they teach to what rank of the three prime parts each extremity should be reduced. From whence many difficulties happen in reading the writings of Anatomists; for shunning whereof, we will prosecute, as we have said, that distinction of mans body, which we have touched before.

Wherefore, as we said before, mans body is divided into three principall and generall parts, Animall, Vitall, and Naturall. By the Animall parts, we understand not only the parts pertaining to the head, which are bounded with the crown of the head, the collar-bones, and the first *Vertebra* of the breast, but also the extremities, because they are organs and instruments of the motive faculty; *Hippocrates* seems to have confirmed the same, where he writes; Those who have a thick and great head, have also great bones, nerves, and limbs. And in another place he saith, those who have great heads, and when they stoop shew a long neck, such have all their parts large, but chiefly the Animall. Not for that *Hippocrates* would therefore have the head the beginning and cause of the magnitude and greatness of the bones and the rest of the members; but that he might shew the equality and private care or government of nature, being most just and exact in the fabrick of mans body, as if she hath well framed the head, it should not be unlike that she likewise or carefully neglected the other parts which are less seen. I thought good to dilate this passage, lest any might abuse that authority of *Hippocrates*, and gather from thence, that not only the bones, membranes, ligaments, grilles, and all the other animall parts, but also the veins and arteries depend on the head as the originall. But if any observe this our distinction of the parts of the body, he will understand we have a far other meaning.

By the Vitall parts, we understand only the heart, arteries, lungs, winde-pipe, and other particles annexed to these. But by the Naturall, we would have all those parts understood which are contained in the whole compass of the *Peritonæum* or Rim of the body, and the processes of the *Epididymes*, the second coat of the Testicles. For as much as belongs to all the other parts, which we call containing; they must be reckoned in the number of the Animall, which notwithstanding, we must thus divide into principall, sensitive, and motive; and again, each of these in the manner following. For first, the principall is divided into the imaginative, which is the first and upper part of the brain, with its two ventricles and other annexed particles; into the reasoning, which is a part of the brain, lying under the former, and (as it were) the top thereof with its third ventricle; into the memorative, which is the *cerebellum* or afterbrain, with a ventricle hollowed in its substance. Secondly, the Sensitive is parted into the vivive, which is in the eyes; the auditive, in

What the soul is, and with how many faculties it is endued.

All the parts of mans body are distinguished into three.

What parts are here called Animall.

Lib 6 Epidem.

What parts are called Vitall.

The division of the animall parts.

the ears, the smelling in the nose, the tasting in the tongue and palate, the tactile, or touching which is in the body, but most exquisite in the skin which invests the palms of the hands. Thirdly, the motive is divided into the progressive, which intimates the legs, and the comprehensive, which intimates the hands. Lastly, into simply motive, which are three parts, called bellies, for the greatest part terminating and containing; for the vitall, the instrument of the faculty of the heart, and dilatation of the arterics, are the direct or straight fibers, but of the constrictive the transverse, but the three kinds of fibers together, of the pulsifick; or if you please you may divide them into parts serving for respiration, as are the lungs, and weazon, and parts serving for vitall motion, as are the heart and arterics, furnished with these fibers, which we formerly mentioned. The division of the naturall parts remains, which is into the nourishing, auctive and generative, which again are distributed into attractive, universall, and particular; retentive, concoctive, distributive, assimilative, and expulsive. The attractive, as the gullet and upper orifice of the ventricle; the retentive, as the *Hylar* or lower passage of the stomach; the concoctive, as the body of the ventricle, or its inner coat; the distributive, as the three small guts; the expulsive, as the three great guts; we may say the fame of the liver, for that draws by the mesaraick and gate veins, retains by the narrow orifices of the veins dispersed through the substance thereof, it concocts by its proper flesh; distributes by the hollow vein, expels by the spleen, bladder of the gall and kidneys. We also see the parts in the testicles divided into as many functions; for they draw by the preparing vessels; retain by the various crooked passages; in the same vessels they concoct the seed by the power of their proper substance and faculty; they distribute by the ejaculatory at the glandules called *Prostate*, and the horns of the wombe, supplying the place of prostates; Lastly, they expell or cast forth by the prostates, horns, and adjoining parts. For as much as belongs to the particular attraction, retention, concoction, distribution, assimilation of each part, that depends of the particular temper, and as they term it, occult property of each similar and simple part. Neither do these particular actions differ from the universall, but that the generall are performed by the assistance of the three sorts of fibers, but the special by the severall occult property of their flesh, arising from their temperature, which we may call a specificke property. Now in the composition of mans body, nature principally aims at three things. The first is, to create parts necessary for life, as are the heart, brain, and liver. The second, to bring forth other for the better & more commodious living, as are the eyes, nose, ears, arms and hands. The third is, for the propagation and renewing the *Species* or kind, as the privie parts, testicles, and wombe. And this is my opinion, of the true distinction of mans body, furnished with so many parts, for the performance of so many faculties; which you, if you please, may approve of and follow. If not, you may follow the common and vulgar, which is, into three bellies, or capacities, the upper, middle, lower, (that is, the head, breast and lower belly) and the limbs or joints. In which by the head we do not understand all the Animall parts, but only those which are from the crown of the head to the first vertebra of the neck, or to the first of the back, if according to the opinion of *Galen*, *Lib. de ossibus*, where he makes mention of *Enarthrosis* and *Arthrodesis*, we reckon the neck amongst the parts of the head. By the breast, whatsoever is contained from the collar bones to the ends of the true and bassard, or short ribs, and the middrist. By the lower belly, the rest of the trunk of the body, from the ends of the ribs to the shank-bones; by the limbs, we understand the arms and legs. We will follow this division in this our Anatomically discourse, because we cannot follow the former in dissecting the parts of mans body, by reason the Animall parts are naturally mixed with the vitall and naturall, and first of the lower belly.

The division of the vitall parts.

The division of the naturall parts.

The vulgar division of mans body.

Why the belly is not bony.

The division of the lower belly.

The Hypochondria.

Nature would not have this lower belly bony, because the ventricle might be more easily dilated by meat and drink, children might grow the better, and the body be more flexible. It is convenient we begin our Anatomical administration from this, because it is more subject to putrefaction than the rest, both by reason of its cold and moist temperature, as also by reason of the feculent excrements therein contained. Yet before we go any further, if the Anatomically administration must be performed in publick, the body being first handsomely placed, and all the instruments necessary for dissection made ready, the belly must be divided into its parts, of which some contain, and other some are contained.

They are called containing, which make all that capacity which is terminated by the *Peritonaeum* or Rim of the belly. The upper part whereof is bounded by *Galen* within the compass of the direct muscles, and by a generall name is called *Epigastrium*, or the upper part of the lower belly. That again is divided into three parts, that is, into that which is above the navil, and which carries the name of the whole, into that which is about the navil, and is called the umbilicall or middle part; and lastly, into that which is below the navil, called the *Hypogastrium*, or the lower part of the lower belly.

In every of which three parts there be two laterall, or side parts to be considered, as in the *Epigastrium*, the right and left *Hypochondria*, which are bounded above and below, in the compass of the middrist, and the short ribs. In the umbilicall the two *Lumbos* (some call them *Lateralis fides*) which on both sides from the lowest parts of the breast, are drawn to the flanks or hanch-bones; in the *Hypogastrium*, the two *Ilia*, or flanks, bounded with

with the hanch and thure-bones. Neither am I ignorant, the *flus*, or flanks, which the Greeks call *Λαγύη* signifie all the empty parts, from the ends of the ribs, even to the hanch-bones, whereupon they also call them *Καταρτή*, as if you should say empty spaces, because they are not encompassed with any bone. Yet I thought good that this doctrine of dividing the belly should be more distinct, to call the parts which are on each side the navell *Lumbos*, and those on the lower part of the lower belly *flus*, flanks. But we must observe that the Ancients have been so diligent in deciphering the containing parts, that as exactly as might be, they designed the bowells contained in the belly, which being divers lie in sundry places; for the greater portion of the liver lies under the right *Hypochondrium*; under the left almost all the ventricle and spleen. Under the *Epigastrium* the lower orifice of the ventricle, and the smaller portion of the liver; In the *Lumbos*, or sides, in the right and upper part the right kidney, in the lower part towards the flank, the blind gut, in the middle part thereof the collick and empty guts. In the upper part of the left side lies the left Kidney, in the middle part, the rest of the empty and collick guts. Under the region of the navell, lies the girdle or upper part of the kall, the collick gut thrusting it self also through that way. Under the *flus*, or flanks, the right and left, lie the greater part of the gut-lleon, the horns of the women big with child, and the spermatick vessels in men and women. Under the *Hypogastrium* in the lower part lies the right, or fraist gut, the bladder, womb, and the rest of the kall.

If we know, and well understand these things, we shall more easily discern the parts affected by the place of the pain, and cure it by fit application of remedies, without the hurting of any part. The distinction of such places, and the parts in those places, as seeming most profitable, I have thought good to illustrate by the placing these two following figures, in which thou hast deciphered, not only the foresaid parts, containing, and contained, but also of the whole body, and many other things which may seem to conduce to the knowledge of the mentioned parts. The Figures are these.

A most certain note of the part affected by the place where the pain is.

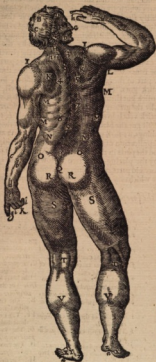
The Figure shewing the foreparts of the body.



- A The hairy Scalp, call'd *caput*.
 B The forehead call'd *frontis*.
 C The temples call'd *tempora*.
 D From B to C The compass of the face.
 E The greater or inward corner of the eyes, call'd *Cantus internus*.
 F The lesser or external angle of the eye, call'd *Cantus externus*.
 G The lower cythere which is immovable, *Palpebra*.
 H The cheek-bill call'd *nasa*.
 I The cheek-pit call'd *maxilla*.
 K The ridge of the nose call'd *Nasus externus*.
 L The nostrils call'd *nares*.
 M The outward ear, call'd *externa*.
 N The mouth made of the two lips.
 O The chin call'd *mentum*.
 P The neck, call'd *collum*, *virgula* and *trachea*.
 Q From P to R the pillar of the neck, *crucis* and *larynx*.
 R The hollow of the neck, call'd *jugulum*.
 S The pater bones, call'd *claviculae*.
 T The chest, call'd *pectus*.
 U The right breast.
 V The left breast in this Region we apply cordial *Epithimianus* moist and dry.
 W The nipples of the breasts, call'd *papillae*.
 X The trench of the breast which the Ancients call'd *epiphias*. The Latines *foveolae Cardis*. This part is assigned for the mouth of the stomach.
 Y From X to Z the lower belly, call'd *pubis*.
 Z The *Epigastrium* or upper part of the lower belly.
 AA The *Hypochondriac Praecordia*.
 BB The outward Liver-remedies are applied to this place.
 CC The region of the navell, call'd *umbilicus*.
 DD The place under the inward ankle, where the vein call'd *Saphena* is opened.
- AA The middle part of the lower belly.
 B The navell *umbilicus*. The root of the belly *radix*.
 BB The side *Latus*, *axilla*, and in our *Anchos* *latus* *in* *Lumbos* *regio*.
 C *Hypogastrium*, the waves *costulae*, *Aqueductus*, the lower part of the lower belly, *flus*.
 DD The flanks call'd *flus*, and *costulae*.
 E The Groin call'd *pubis* or *pubis* *pubis*.
 F The Leske call'd *leske* where those tumors are call'd *leskes*.
 G The yard with the fore-skin, *penis* *can* *preputium*.
 H The foreskin or vessels, with the cord or *strucum*.
 I The shoulder, *laxer*, *laxer* *axilla*.
 KK The arm *brachia*, *brachium*.
 L The bow of the arm, call'd *gibberna* *gibberna*.
 M The outside of the lower part of the arm call'd *cutis*, *cutis*.
 N The wrist call'd *Brachiale*, *carpus*.
 O The after wrist *postbrachiale*, *postbrachiale*.
 P The Palm call'd *Palmus* or *carpalus* *manus*, *manus*.
 Q The back of the hand, *Dorsum* *manus*, *manus*.
 QQ The foremost middle part of the thigh, where we apply cupping-glasses to bring down women *coctus*, *coctus*.
 RR The knee, *genu*, *genu*.
 SS The leg *genu*, *genu*.
 TT The calf of the leg, *sursum* *sursum*.
 VV The instep, *pedis*, *pedis*.
 XX The top of the foot, *Dorsum* *pedis*, *pedis*.
 YY The inner Ankle, *epiphias*.
 ZZ The outward ankle, as the

veins of the feet, B the place under the inward ankle, where the vein call'd *Saphena* is opened.

The figure of the back-parts of a Man.



- A, The forepart of the head, *frontis, ἔσθυσαν*.
 B the top or crown of the head, *vertex, κορυφή*.
 C the hinder-part of the head, *occipus, ὀπίσθεν ἰσθίον*.
 From D to D, the face, *facies, ὤψιν*.
 E the eyebrows, *supercilia, ἰππῆς*.
 F the upper eyelid, *Cilicium*.
 G the tip of the nose, called *glabella nesi*.
 H the back-part of the neck, called *cernix, ἀντιπῆς*, and the stake or nape of the neck. There is a hollowness at the top of this *cernix*, where we apply Scissors.
 I the back part of the shoulder top, called *acilla, ἄκρον*.
 KK the shoulder blades, *scapulae, ἀσπυρῶν*.
 1, 2, 3. On this place we set Cupping-glasses.
 4, 5, 6, 7. the back, *dorsum, ὄπισθεν*.
 8, 9. the ridge, *spina dors. ἄσπυρῶν*.
 L the armhole, *ala, ἄλῃ*.
 * The elbow, *cubitus brachii*.
 M M M M. the elbow, *laxa*.
 NN the loins, *lumbi*, or the region of the kidneys, *lumbus*.
 O O the place of the hips, *coxendae*, where we apply remedies for the Sciatica.
 P the place of the Holy bone, or Os sacrum, where we apply remedies in the diseases of the right gut.
 Q the place of the bump or Coccyx.
 R R the buttocks, *anus, ἄλῃ*.
 S S the back parts of the thigh, *femora*.
 T T the ham, *poplitei, ἰχθῆς*.
 V V the calf of the leg, *gastrocnemii*.
 X X the foot, or *parva pes, πῆξ*.
 Y Y the inner ankle, *medialis calcanei*.
 Z Z the heel, *calcus, or calcaneum, ὠπίσθεν*.
 a a the sole of the foot, *planta pedis, ὑπὸ πῆξ*.
 b the inside of the lower part of the foot, called *ulna, ἄλῃ*.
 c the side of the foot, *callosus, ὄπισθεν*.
 d d the wrist, *carpus*.
 e e the back-part of the hand, *dorsum manus, ἔσθυσαν*, the forefinger, *index, ἰνδὲξ*; f, the thumb, *pollex, ἄρῆξ*.
 g the middle finger, *medius, μέσος*.
 h the ring finger, *annularis, ἀνδύων, ἰσθῆξ*.
 i the little finger, *articularis, ἄρῆξ, ὠπίσθεν*.

CHAP. II.

Of the containing parts of the Epigastrum, and the preparation to Anatomical Administration.

The containing parts of the lower belly.



The containing parts of the Epigastrum, are the Epidermis, or thin outward skin; the true skin; the fleshy or fatty Pannicle; the eight muscles of the Epigastrum, with their common coat; the Rim of the belly; the five vertebra's of the loins; all the holy-bone; the hanch-bone; share-bone; the white line and midriff. Of these parts, some are common to the whole body, as the three first; the other proper to the parts contained in the Epigastrum taken in general. Which that you may see in their order, first you must cut round about the navel, to the upper superficies of the muscles, that so we may keep it, till such time, as occasion shall offer it self, to shew the umbilicall vessels lying in that place, which are one vein, two arteries, and the *Umbilicus* (If it be there.) Which being done, you must draw a freight line from the chest, over the breast-blade, even to the share-bone, which may divide the common-containing parts, even to the white line.

Then presently it will be convenient to draw two other lines across or overthwart, of the like depth on each hand, from the circumference of the navel, even to the sides, that so on each part we may draw the skin more commodiously from the parts lying under it; the sight of which otherwise it would hinder. These things being done, the skin must be

be divided from the parts lying under it from the designed circumference left about the navell. We must teach how the skin is twofold, the true and false, and render a reason of the name, which we will every where do, as far as the thing will suffer, and it shall lye in our power. And in doing or examining these things, it will be convenient diligently to enquire into the nine things mentioned in the Preface. We will begin with the Skin, because that part is first obvious to our senses.

• C H A P. III.

Of the utmost Skin or Cuticle.

The skin being the first part, and spread over all the body, is twofold, that is, the true and bastard skin: The true is called by the Greeks, *Derma*, which may almost every where be pulled from the parts lying under it, which it invests: except in the face, ears, the palms of the hands, soles of the feet, fingers, and privities, where it sticks so close that it cannot be separated.

The bastard (which first of all we will declare, because it first presents it self to our sight) is by the Greeks called *Epidermis*, because it covers the true skin, they term it commonly the Cuticle. The substance of it is excrementitious, and (as it were) a certain dry flouring, or production of the true skin. That it draws not its substance from the feed is apparent by this, that as it is easily lost, so it is easily repaired, which happens not in parts truly spermaticall. This utmost thin skin, or Cuticle, may two manner of ways be made apparent by it self, and separated from the other, as by burning with fire, or ardent heat of the Sun, (in some delicate bodies, and such as are not accustomed to be conversant in Sunshine.) The quantity in thickness is very small, but the extent is most large, because it covers all the skin; the figure of it is round, and long, like those parts which it invests. The composition of it is obscure; yet because this Cuticle is the excrement of the true skin; we say it hath its matter from the excrementitious superfluity of the nerves, veins, arteries, and substance of the true skin.

It is in number one, like as the true skin which it outwardly covers, that it might be a medium between the object and fixed faculty of touching, diffused over all the true skin, which every where lies under it. For the temperature, by the common consent of Physicians, it is in the midst of all excess; for that seeing it is the medium between the object and faculty, if it should be hotter, colder, moister, or drier, it would deceive the faculty by exhibiting all objects, not as they are of themselves, but as it should be; no otherwise than as to such as look through red or green spectacles, all things appear red or green. Wherefore for this reason it was convenient the Cuticle should be void of all sense. It hath no action in the body; but it hath use, for it preserves and beautifies the true skin; for it seems to be given by the singular indulgence of nature, to be a maniment and ornament to the true skin. This providence of Nature, the industry of some Artizans (or rather Curtizans) doth imitate; who for to seem more beautiful, do smooth and polish it. By this you may understand, that not all the parts of the body have action, yet have they their use, because, according to *Aristotles* opinion, Nature hath made nothing in vain. Also you must note that this thin skin or Cuticle being lost, may every where be regenerated, unless in the place which is covered with a scar. For here the true skin being deficient, both the matter and former faculty of the Cuticle is wanting.

The skin twofold
From what parts the skin cannot be separated.

The matter of the Cuticle.

The quantity.

The figure.
The composition.

The number.

The temperature.

The use.

Why the Cuticle cannot be restored in scars.

CHAP. IIIII.

Of the true Skin.

The true skin called by the Greeks *Derma*, is of a spermatick substance, wherefore being once lost, it cannot be restored as formerly it was. For in place thereof comes a scar, which is nothing else but flesh dried beyond measure. It is of sufficient thickness, as appears by the separating from the flesh.

But for the extent thereof, it encompasses the whole body, if you except the eyes, ears, nose, privities, fundament, mouth, the ends of the fingers where the nails grow, that is, all the parts by which any excrements are evacuated. The figure of it is like the Cuticle, round and long, with its productions, with which it covers the extremities of the parts.

It is composed of nerves, veins, arteries, and of a proper flesh and substance of its kind, which we have said to be spermaticall, which ariseth from the process of the secundine, which lead the spermatick vessels even to the navell; in which place each of them into the parts appointed by nature, send forth such vessels as are spread abroad and diffused from the generation of the skin. Which also the similitude of them both, that is, the skin and

The substance.
Magistralic.

Figure.

Composition.

The skin of it
is void of
sense.

and membrane *Chorion* do argue. For as the *Chorion* is double, without sense, encompassing the whole infant, lightly fastened to the first coat, which is called *Amnion*; so the skin is double, and of it self insensible, (for otherwise the nerves were added in vain from the parts lying under it) ingirting the whole body, lightly cleaving to the fleshy Pannicle. But if any object, That the Cuticle is no part of the true skin, feeling it is wholly different from it, and easily to be separated from it, and wholly void of sense: I will answer, these arguments do not prevail. For that the true skin is more crass, thick, sensible, vivid, and fleshy, is not of it self, being rather by the assistance and admixture of the parts, which derived from the three principall it receives into its proper substance; which happens not in the Cuticle. Neither if it should happen, would it be better for it, but verily exceeding ill for us, because so our life should lye fit and open to receive a thousand externall injuries, which encompass us on every side, as the violent and contrary access of the four first qualities.

The numbers.
Connexion.

There is only one skin, as that which should cover but one body, the which it every where doth, except in those places I formerly mentioned. It hath connexion with the parts lying under it by the nerves, veins, and arteries, with those subjacent parts put forth into the skin inviting them, that there may be a certain communion of all the parts of the body amongst themselves.

Temperature.

It is cold and dry in its proper temper, in respect of its proper flesh and substance, for it is a spermaticall part. Yet if any consider the sinews, veins, arteries, and fleshy threads which are mixed in its body, it will seem temperate, and placed (as it were) in the midst of contrary qualities, as which hath grown up from the like portion of hot, cold, moist, and dry bodies. The use of the skin is to keep safe and sound the continuity of the whole body, and all the parts thereof, from the violent assault of all externall dangers; for which cause it is every where indued with sense, in some parts more exact, in others more dull, according to the dignity and necessity of the parts which it ingirts, that they might all be admonished of their safety and preservation. Lastly, it is penetrated with many pores, as breathing-places, as we may see by the flowing out of sweat, that so the arteries in their *diastole* might draw the encompassing air into the body, for the tempering and nourishing of the fixed inbred heat, and in the *systole* expell the fuliginous excrement, which in Winter suppress by the cold air encompassing us, makes the skin black and rough. We have an argument and example of breathing through these, by drawing the air in by transpiration, in women troubled with the mother, who without respiration live only for some pretty space by transpiration.

Use.

The reason
why the skin
is blacker and
rougher in
Winter.

CHAP. V.

Of the fleshy Pannicle.



FTER the true skin, follows the membrane, which Anatomists call the fleshy Pannicle, whose nature that we may more easily prosecute and declare, we must first see what a Membrane is, and how many ways the word is taken. Then wherefore it hath the name of the fleshy Pannicle. A membrane therefore is a simple part, broad and thin, yet strong and dense, white and nervous, and the which may easily without any great danger be extended and contracted. Sometimes it is called a coat, which is, when it covers and defends some part. This is called the fleshy Pannicle; because in some parts it degenerates into flesh, and becomes muscularous, as in a man from the collar-bones, to the hair of the head, in which part it is therefore called the broad muscle, whereas in other places it is a simple membrane, here and there intangled with the fat lying under it, from whence it may seem to take or borrow the name of the fatty Pannicle. But in beasts (whence it took that name, because in those a fleshy substance maketh a great part of this Pannicle) it appears manifestly fleshy and muscularous over all the body, as you may see in Horses and Oxen; that by that means being moveable, they may drive and shake off their flies, and other troublesome things, by their flaking and contracting their backs. These things considered, we say the fleshy Pannicle in its proper body, is of a nervous or membranous substance, as that which hath its originall from the coat *Amnion*, (which is next to the infant) dilated near to the navel, and stretched forth for the generation of this Pannicle; in which thing I think good to note, that as the membranes *Chorion* and *Amnion* mutually interwoven with small nervous fibers, encompass and invest the child as long as it is contained in the womb; so the skin and fleshy Pannicle, knit together by such like bands, engirt the whole body.

What a mem-
brane is.

Why it is some-
times called a
coat, sometimes
the fleshy and
fatty Pannicle.

Why beasts
have this Pan-
nicle wholly
fleshy or
muscularous.

The substance.

The magnitude
and figure.

Number.

Composure.

Therefore the fleshy Pannicle is equal in magnitude and like in figure to the true skin, but that it lyes under it, and is contained in it, in some places mixt with the fat, in others increased by the flesh interwoven with it, and in other some is only a simple membrane.

The composition of it is such, as the sight of it presents to our eye, that is, of veins, arte-

arteries, nerves, and the proper flesh, some whites mixed and interlaced with fat, and sometimes with muscular flesh. It is but one, by reason of the use we shall presently shew, it is situated between the skin and fat, or common coat of the muscles, annexed to these and the other parts lying under it, by the veins, nerves and arteries ascending from these inward parts, and implanting themselves into the substance thereof, and then into the true skin.

The temperature thereof is diverse, according to the variety of the parts interwoven with it. The use of it is, to lead, direct, and strengthen in their passage, the vessels which are disseminated into the true skin, and the whole superficies of the body. But in beasts it hath another commodity, that is, it gives a shaking or trembling motion to their skin and back, for that cause we formerly touched.

The temperature.
The use.

CHAP. VI.

Of the Fat.

THE Fat coming near the condition of an excrement, rather than of a part (as we said, when we treated of the similar parts) is of an oily substance, bred of the acry and vaporous portion of the blood, which sweating through the pores of the coats, or mouths of the vessels, becomes concrete about the membranes, and nerves, and cold bodies, and turns into fat by the coldness of the place. Whereby we may know, that cold, or a more remote heat, is the efficient cause of fat, which is manifest by contemplation not only of creatures of divers kinds, but also by those of the same species and sex, if so be that the one be colder than the other.

The Fat is rather an excrement than a part.
The substance.

The efficient cause of Fat.

The quantity.

The composition.
The fat.

I was present at the opening of a body, Feb. 1670, in which the fat in the lower part of the lower belly was in thickness about 8 inches, upon the breast between A and G inches which I thought good to remember in this place both for the rarity of the thing as also because it was attended by red spots, and the place swelled, some saying the Omentum or Gall was so thick, which was false, for it did not much exceed the quantity of other fat men.

a The temper.
b The use.
c The similar fat, or essence.

In what parts and for what ends the fat is necessary.

By which we may understand that the fat is the more or less in quantity, according to the different temper of the whole body, and of its particular parts; for its composition, it consists of that portion of the blood which we formerly mentioned, intermixt with certain membranes, nervous fibers, veins and arteries. The greatest part of it lyes between the fleshy Pannicle, and the common coat of the Muscles. * Otherwise it is diffused over all the body, in some places more, in some less, yet it is always about the nervous bodies, to which it delights to cleave. Most Anatomists enquire whether the fat lye above or beneath the fleshy Pannicle. But we think this question is both impertinent and idle; being we often see the fat to be on both sides. † It is of a middle temper, between heat and cold, being it ariseth of the more acry portion of the blood; although it may seem cold in respect of the efficient cause, that is, of cold by which it concretes. For the rest, moisture is predominant in the fat. ‡ The use thereof is, to moisten the parts which may become dry by long fasting, vehement exercise, or immoderate heat; and besides to give heat, or keep the parts warm. Although it do this last rather by accident, than of its own nature, as heated by exercise, or by some such other chance; it heats the adjacent parts, or may therefore be thought to heat them, because it hinders the dissipation of the native and internall heat; like as cold heats in winter, whereby the bellies are at that time the hotter. I know some learned Physicians of our time still maintained, that the fat was hot, neither did they acknowledg any other efficient cause thereof, than temperate heat and not cold. But I think it best to leave the more subtil agitation of these questions to naturall Philosophers. But we must note, † that at the joints which are more usually moved, there is another sort of Fat, far more solid and hard, than that which we formerly mentioned, often found mixed with a viscid and tough humor like the whites of Eggs, that so it might be sufficient for a longer time to moisten these parts, subject to be hurt by dryness, and make them slippery, and so fitter for motion, in imitation whereof they usually grease hard bodies, which must be in frequent motion, as Coach-wheels and gallees. And there is another kind of fat, which is called Strum, seam, in one thing differing from the ordinary fat, that is much dryer; the moiister and softer portion of the fat being dissipated by the raging heat of the place. For it is found principally about the navel, where there are many windings of arteries and veins; and it is also about the reins, loins, and basis of the heart. The Fat is wasted by long fasting; is dried and hardened by vehement exercise and immoderate heat. Hence it is that it is much more compact in the palms of the hands, and soles of the feet, about the eyes and heart, so that it resembles the flesh in density and hardness; because by the continuall motion and strong heat of these parts, the thinner portion being dissipated and diffused, the more gross and terrestrial remain.

CHAP.

C H A P. VII.

Of the common coat of the Muscles.

The substance.	<p>NExt under the Fat, appears a certain coat, spread over all the Muscles, and called the common coat of the Muscles, it is of a nervous substance, as all other membranes are. The quantity and breadth thereof is bounded by the quantity of the Muscles which it involves, and fits it self to, as that which encompasses the Muscles of the <i>Epigastrium</i>, is of equal largeness with the same Muscles. The figure of it is round: it is composed of veins, nerves, arteries, and its peculiar flesh consisting of three sorts of fibers; the beginning of it is from the <i>Peristomium</i>, in that part where the bones give ligaments to the Muscles; or according to the opinion of others, of the nervous and ligamentous fibers of the Muscles, which rising up and diffused over the fleshy superficies thereof, are united for the generation of this coat. But this membrane arising from the <i>Peristomium</i> (as every membrane which is below the head takes it originally from the <i>Peristomium</i> either primarily, by the interposition of no Medium, or secondarily) is stretched over the Muscles by their tendons. But if any object, that this membrane pluck'd from the belly of the Muscle, may seem to end in a ligament. I will answer, that it is the condition of every nervous part, so to binde or fasten it self to another part of his own kinde as to a stay, so that it can scarce be pluck'd from thence. We see the proof hereof, in the <i>Peristomium</i> or Rim in the <i>Epigastrium</i> or lower part of the lower belly. That which covers the Muscles of the <i>Epigastrium</i> is but one, unless you had rather part it in two, the right and the left distinguished by the interposition of the <i>Linea Alba</i>, or white Line. It is situate betwixt the Fat and Muscles; for it is fastened above and below to these parts with fibers, which in smallness and firmness exceed the Spiders web. But by its vessels, it participates with the three principall parts, and is of a cold and dry temper. The use of it is, to contain the Muscles in their naturall union, and to keep them as much as in it lyes, from putrefaction, which may happen to them from <i>pus</i> or matter, which is often cast forth of the similar parts into the empty spaces and distances of the Muscles. Wherefore going about to separate the Fat of the <i>Epigastrium</i> (where thou must begin the dissection of mans body) you must have a care that you hurt it not with your knife, but that, before you touch the Muscles, see you artificially take it away, that you may the more easily separate the Muscles lying under it, distinguished by a manifest space at the white Line, which is made by the meeting together of the proper coats of all those Muscles.</p>
The quantity.	
The composition.	
The Original.	
The number.	
The use.	
The use.	
What the white line is.	

C H A P. VIII.

What a Muscle is, and how many differences there be thereof.

What a Muscle is.	<p>Muscle is the instrument of voluntary motion; and simple voluntary motion is performed six manner of ways, upwards, downwards, forwards, backwards, to the right hand and to the left; but the compound one way, which is circularly, the which is performed by the continuall succession of the motion of the Muscles ingirting the part. Such a motion Falconers use when they stretch forth their hand and lure their Hawk. We have some parts, which have motion without a Muscle, but that motion is not voluntary; such parts be the heart, stomach, guts, both the bladders; (that is, that of the gall and that of the urine) and divers other which have the motions of attraction, expulsion and retention, by the means of the three sorts of fibers; for they draw by the right, expell by the transverse, and retain by the oblique. The differences of Muscles which are many and diverse, are taken from their substance, original, insertion into the part which they move, form or figure, holes or openings, magnitude, colour, site, kinde of fibers, their conjunction or connexion, heads, bellies, tendons, opposition in action and office. Some in substance are nervous, venous, arterious, because they have manifest nerves, veins, and arteries, as the <i>Midriff</i>, the <i>Intercostal</i> or <i>Epigastrick</i> Muscles, and many more, and that for their difference from other Muscles, into which neither nerve, nor vein, or arteries are manifestly inserted, although secretly they admit them all for sense and motion, life and nourishment; such are the Muscles of the wrist, the wormy Muscles of the hands and feet; for if there be any nerves observed in them, they are very small. Some had rather make the difference of Muscles thus, that some of them are fleshy, some nervous, others membranous. From their Original, some arise from the bones, as these which move the hands, arms, and legs; others from gristles, as the Muscles of the throat; others from membranes which invest the tendons, as the wormy Muscles of the hands and feet; others from ligaments, as the Extenders of the fingers; others from other Muscles, as the two lower Muscles of the yard which proceed from the Sphincter Muscle of the fundament. Others have no original, as the membrane which we call the fleshy Pannicle assumes flesh</p>
How the circular motion is performed.	
From whence the differences of Muscles are drawn.	
Differences of Muscles from their substance	
Differences of Muscles from their original.	

in certain places, and degenerates into a Muscle; such are the *Cranioſter* or hanging Muscles of the ſcicles, the large Muscles of the face, and if you please the Midriff, as that which is composed of two coats, the one encompassing the ribs and the *Parietum*, hath flesh in the midst between the two membranes. And moreover some Muscles have their originall from one only bone, as these which bend and extend the Cubit; others arise of many bones, as the oblique descending, the Dorfall and many Muscles of the neck, which arise together from many spondyls and sides of spondyls. There be others, according to the opinion of some men, both from the bones and gristles of the *Pala* at the right or direct Muscles of the *Epigastrium*, yet by their favor I think otherwise. Because by the Anatomical and received axiome, A muscle is there thought to take his beginning, from whence he receives a nerve; but these Muscles take a nerve from the intercostall muscles, wherefore their originall ought to be referred to the sides of the breast-blades, as shall be shewed in due place. From their insertion arise these differences, Some are inserted into a bone, as those which move the head, arms and legs; others into a gristle, as those of the Throtle, eye-lids, nose, and the oblique ascending muscles of the *Epigastrium*; some into a bone and gristle both, as the right muscles of the *Epigastrium* and the Midriff; some into the skin, as the muscles of the lips; others into the Coats, as the muscles of the eye; others into Ligaments, as the muscles of the yard. But these differences following may be drawn both from their insertion and originall. For some muscles arising from many parts, are inserted into some one part, as divers of these which move the arm and the shoulder, which arising from many spondyls, are inserted into the bone of the shoulder, and the shoulder-blade. Others arise from one part, and insert themselves into more, as those which arise from the bottom of the shoulder-blades, are extended and inserted into some eight or nine of the upper ribs, to help respiration; and the benders and extenders of the fingers and toes; Others arising from many bones, are inserted into as many, as some of those which serve for respiration, to wit those which we call the hinder Saw-muscles and the *Saw-nata*, which sends a tendon into all the ribs. Others have their originall from many bones, and end in gristles of the seven ribs, as those two which lye under the *Sternum*. Moreover also these differences of muscles may be drawn from the originall and insertion, that some proceed from bones, and are inserted into the next bone, to help and strengthen the motion thereof, as the three muscles of the Hip; Others arise from an upper bone and are not inserted into the next, but into some other, as the long muscles. Some are named from the part they move, as the temporall muscles, because they move the temples; others from their office, as the grinding muscles, because they move the skin as a mill, to grinde asunder the meal. From their form or figure, because some are like Mice, other like Lizards which have their legs cut off, for that they imitate in their belly, body or tendon, the belly or tail of such creatures, and from whence the names of *Muscular* and *Lacertar* are derived. Such are those which bend the wrist, and which are fastned to the bone of the Leg, and which extend the foot; others are triangular, as that which lifts up the arm, called *Epomis* or *Deltoides*, and that which draws the arm to the breast, called the Pectorall muscle. Others quadrangular, as the Rhomboides, or Lozenge-muscle of the shoulder-blade, and the two hinder-most muscles serving for respiration, and two of the wrists which turn down the hand; others consist of more than four angles, as the oblique descending, and that muscle which joins it self to it from the shoulder-blade; others are round and broad, as the Midriff; others circular, as the Sphincter-muscle of the fundament and bladder; others are of a pyramiddical figure, as the seventh muscle of the eye, which compasses the optick nerve in beasts but not in men. Others have a semicircular form, as that which fluts up the eye, seated at the lesser corner thereof; others resemble a Monks cowl, or hood, as the *Trapezium* of the shoulder-blade. Besides others at their first originall are narrow, but broad at their insertion, as the Saw-muscle of the shoulder, and the transverse of the *Epigastrium*; others are quite contrary, as the three muscles of the Hip; others keep an equal breadth or bigness in all places, as the intercostall muscles and these of the wrist; others are long and slender, as the long muscle of the thigh; others are long and broad, as the oblique descending muscles of the *Epigastrium*; others are directly contrary, as the Intercostall, which are very narrow. From their perforations, for some are perforated, as the Midriff which hath three holes, as also the oblique and transverse of the *Epigastrium*, that so they may give passage forth to the preparing spermatick vessels, and to the ejaculatory vessels, the Coat *Erythroides* associating and strengthening them; others are not perforated. From their magnitude, for some are most large, as the two muscles of the Hip; others very small, as the eight small muscles of the neck, and the proper muscles of the Throtle, and the wormy muscles. Others are of an indifferent magnitude. From their colour, for some are white and red, as the Temporall muscles, which have tendons coming from the midst of their belly; others are livid, as the three greater muscles of the calf of the leg, which colour they have by the admixtion of the white, or tendinous nerve coat with the red flesh, for this coat by its thickness darkning the colour of the flesh, so that it cannot shew its redness and fresh colour, makes it seem of that livid colour. From their situation, for some are superiary, as those which appear under the skin and fat; others deep in and hid, as the smooth and four twin muscles; some are stretched

Where a Muscle hath its originall.

Differences of muscles from their insertion.

Differences of Muscles taken from their figure.

Differences from their perforations.

From their magnitude.

From their colour.

From their use.

retched out, and (as it were) spread over in a straight and plain passage, as the muscles of the thigh which move the leg, except the Ham-muscle; others oblique, as those of the *Epigastrium*; other some transverse, as the transverse of the *Epigastrium*; where you must observe, that although all the fibers of the muscles are direct, yet we call them oblique and transverse, by comparing them to the right muscles, as which by the concur of the fibers make a straight or acute angle.

From their
Fibers.

From the forts of fibers; for some have one kinde of fiber; yet the greatest part enjoy two forts running fo up and down, that they either are crossed like the letter X, as happens in the pectorall and grinding muscles; or else do not concur, as in the Trapezii. Others have three forts of fibers, as the broad muscle of the face.

From their
cohesion.

From their coherence and connexion, or their texture of nervous fibers; for some have fibers somewhat more distant and remote immediately at their original, than in other places, as you may see in the muscles of the buttocks: Others in their midst and belly, which by reason thereof in such muscles is more big or tumid, their head and tail being slender, as happens in most of the muscles of the arm and leg, in which the dense mass of flesh interwoven with fibers, disjoins the fibers in so great a distance; in other some the fibers are more distant in the tail, as in the greater Saw-muscle arising from the bottom of the shoulder-blade; in others they are equally distant through the whole muscle, as in the muscles of the wrist and between the ribs.

From their
head.

From their head; for in some it is fleshy, interwoven with few fibers, as in the muscles of the buttocks; in others it is wholly nervous, as in the most-broad-muscle common to the arm and shoulder-blade, and in the three muscles of the thigh proceeding from the tuberosity of the huckle-bone; in some it is nervous and fleshy, as in the internall and externall muscle of the arm. Besides, some have one head, others two, as the bender of the elbow, and the externall of the leg; others three, as the Three-headed muscle of the thigh. But we must note that the word Nerve or Sinew is here taken in a large signification, for a ligament, nerve and tendon, as *Galen* saith, (*Lib. de Ossibus*) and moreover we must observe, that the head of a muscle is one while above, another while below, otherwhiles in the midst, as in the Midriff, as you may know by the insertion of the Nerve, because it enters the muscle by its head.

From their
belly.

From their belly also, there be some differences of muscles taken; for some have their belly immediately at their beginning, as the muscles of the buttocks; others at their insertion, as the Midriff; others just at their head, as those which put forth the Calf of the leg; in others it is somewhat further off, as in those which draw back the arm, and which bend the leg; in others, the belly extends even from the head to the tail, as in the intercostall muscles, and these of the wrist; in others it is produced even to their insertion, as in those of the palms of the hands and soles of the feet; some have a double belly distinguished by a nervous substance; as those which open the mouth, and those which arise from the root of the lower proct of the shoulder-blade.

From their
Tendons.

Moreover the differences of muscles are drawn also from the Tendons, for some have none, at least which are manifest, as the muscles of the lips and the sphincter-muscles, the intercostall and those of the wrist; others have them in part, and want them in part, as the Midriff; for the Midriff wants a Tendon at the ends of the shorter ribs, but hath two at the first *Vertebra* of the Loins in which it is terminated: Others have a Tendon indeed. But some of these move with the bone, some not, as the muscles of the eye; and besides, some of these have broad and membranous tendons, as the muscles of the eye and *Epigastrium*, except the right muscles: In others they are thick and round, as in the benders of the fingers; in others they are less round, but more broad than thick, such is the Tendon arising from the twin muscles and *Soleus* of the leg; others have short Tendons, as the muscles which turn down the hand; other some long, as those of the palms of the hands, and soles of the feet; besides others produce Tendons from the end of their belly, which Tendons are manifest, others from the midst, as the Temporal muscles.

Besides also, others diffuse many Tendons from their belly, as in the hands the benders of the fingers, and the extenders of the feet. Other some put forth but one, which sometimes is divided into many, as those which bend the third articulation of the foot; otherwhile many muscles by their meeting together make one Tendon, as the three muscles of the Calf of the leg, and those which bend the cubit and leg. All Tendons have their original, when the nerves and ligaments dispersed through the fleshy substance of a muscle, are by little and little drawn and meet together, untill at last carried to the joint, they are there fastned for the fit bending and extension thereof. From the contrary of their Actions, for some parts have contrary muscles, benders and extenders; other parts have none, for the Cods and fundament have only lifters up. From their function, for some are made for direct motions, as those which extend the fingers and toes; others for oblique, as the Supinators of the hand, and the Pronators; others perform both, as the pectorall muscle, which moves the Arm obliquely upward and downward, as the upper and lower fibers are contracted; and also outright, if all the fibers be contracted together, which also happens to the *Deltoides* and *Trapezium*. I have thought it good to handle particu-

larly

From their
action.

From their
function.

lary these differences of muscles, because that by understanding them the prognostick will be more certain; and also the application of remedies to each part; and if any occasion be either to make incision, or future, we may be more certain whether the part affected be more or less nervous.

CHAP. IX.

Of the parts of a Muscle.

HAVING declared the nature and differences of a Muscle, we must note that some of the parts thereof are compound or universall, others simple or particular. The compound are the head, belly, and tail. The simple are ligaments, a nerve, flesh, a vein, artery and coat. For the compound parts, by the head, we understand the beginning and original of a muscle, which is one while ligamentous and nervous, otherwhiles also fleshy. By the belly, that portion which is absolutely fleshy; but by the tail we understand a Tendon consisting partly of a nerve, partly of a ligament promiscuously coming forth from the belly of the muscle. For as much as belongs to the simple, which are six in number, three are called proper, and three common. The proper are a Ligament from a bone, a nerve proceeding from the Brain or spinal marrow, and flesh compact by the concretion of blood. The common are, a vein from the Liver or trunk arising from thence; an artery proceeding from the Heart, a Coat produced by the nervous and ligamentous fibers spreading over the superficies of the muscle. But for the simple use of all such parts, the nerve is (as it were) the principall part of a Muscle, which gives it sense and motion, the ligament gives strength, the flesh contains the nervous and ligamentous fibers of the Muscle, and strengthens it, filling up all the void spaces, and also it preserves the native humidity of these parts, and cherisheth the heat implanted in them; and to conclude, defends it from all external injuries; for like a fan it opposeth it self against the heat of the Sun; and is as a garment against the cold; and is as a cushion in all falls and bruises; and as a buckler or defence against wounding weapons. The vein nourishes the muscle, the artery gives it life, the coat preserves the harmony of all the parts thereof, lest they should be any ways disjoined or corrupted by purulent abscesses breaking into the empty or void spaces of the Muscles, as we see it happen in a Gangrene, where the corruption hath invaded this membrane, by the breathing out of the more acrid matter or silt.

The compound and simple parts of a muscle.

What use each simple part hath in a muscle.

CHAP. X.

A more particular inquisition into each part of a muscle.

HAVING gone thus far, it remains, that we more particularly inquire into each part of a muscle, that (if it be possible) nothing may be wanting to this discourse. Wherefore a Ligament properly so called, is a simple part of mans body, next of a bone and gristle, the most terrestriall, dry, hard, cold, white, taking its originall immediately, or by the interposition of some Medium from the Bones or Gristles (from whence also the Muscles have their beginning) whereby it comes to pass, that a ligament is void of sense, unless it receive a nerve from some other place; (for so the ligaments which compose and strengthen the tongue and yard, are partakers of sense, and it inserts it self into the bone and gristle, that so it may bind them together, and strengthen and beautifie the whole joint or connexion; (for these three be the principall uses of a ligament) then diffusing it self into the membranes and muscles to strengthen those parts. A Nerve, to speak properly, is also a simple part of our body, bred and nourished by a gross and phlegmatick humor, such as the brain, the original of all the nerves, and also the Spinal marrow endued with the faculty of feeling, and osentiments also of moving. For there be divers parts of the body which have nerves, yet are destitute of all voluntary motion, having the sense only of feeling, as the membranes, veins, arteries, guts, and all the entrails. A nerve is covered with a double cover from the two membranes of the brain, and besides also with a third proceeding from the ligaments which fasten the hinder part of the head to the *Vestebra's*, or else from the *Pericranium*. We understand no other things by the fibers of a Nerve, or of a Ligament, than long and slender threads, white, solid, cold, strong, more or less, according to the quantity of the substance, which is partly nervous and sensible, partly ligamentous and insensible. You must imagine the same of the fleshy fibers in their kinde; but of these threads some are streight for attraction; others oblique, for retention of that which is convenient for the creature; and lastly, some transverse, for expulsion of that which is unprofitable. But when these transverse threads are extended in length, they are lessened in breadth; but when they are directly contracted, they are shortned in length. But when they are extended all together as it were with an unanimous consent, the whole member

The nature of a Ligament.

The thirdfold use of a Ligament. What a nerve is.

What we mean by the nervous and ligamentous fibers.

is wrinkled as contracted into it self, as on the contrary it is extended when they are relaxed. Some of these are bestowed upon the animal parts, to perform voluntary motions; others upon the virall to perform the agitation of the heart and arteries; others upon the natural for attraction, retention, and expulsion. Yet we must observe, that the attraction of no similar part is performed by the help of the foresaid fibers or threads, but rather by the heat implanted in them, or by the humming of emptiness, or the familiarity of the substance. The flesh also is a simple and soft part, composed of the purer portion of the blood insinuating it self into the spaces between the fibers, so to invest them for the uses formerly mentioned. This is (as it were) a certain wall and bulwark against the injuries of heat and cold, against all falls and bruises, as it were a certain soft pillow or cushion yielding to any violent impression. There be three sorts of flesh; one more ruddy, as the muscular flesh of perfect creatures, and such as have blood; for the Beth of all tender and young things having blood, as Calves, and also of all sorts of fish, is whitish, by reason of the too much humidity of the blood. The second kinde is more pallid, even in perfect creatures having blood, such is the flesh of the heart, stomach, weasond, guts, bladder, womb. The third is belonging to the entrails, or the proper substance of each entrail, as that which remains of the Liver (the veins, arteries and coat being taken away) of the bladder of the gall, brain, kidneys, &c. Some add a fourth sort of flesh which is spongy, and that they say is proper to the tongue alone.

By what power the similar parts, principally draw or craft. What and of how many forms the flesh is.

What a vein is.

A Vein is the vessel, pipe, or channel of the blood, or bloody matter; it hath a spermatick substance, consists of one coat composed of 3 sorts of fibers.

What an artery is.

An Artery is also the receptacle of blood, but that spirituous and yellowish, consisting in like manner of a spermatick substance; But it hath two coats with three sorts of fibers, the utmost whereof is most thin, consisting of right fibers, and some oblique: But the inner is five times more thick and dense than the utmost, interwoven with transverse fibers; and it doth not only contain blood and spirit, but also a serous humor, which we may believe because there be two enulgent Arteries, as well as veins.

Why an artery is more thick and dense than a vein.

But the inner coat of an Artery is therefore more thick, because it may contain blood which is more hot, subtil, and spirituous; for the spirit, seeing it is naturally more thin and light, and in perpetuall motion, would quickly fly away, unless it were held in a stronger hold. There is other reason for a Veins that which contains blood gross, ponderous, and slow of motion. Wherefore if it had acquired a dense and gross coat, it could scarce be distributed to the neighbouring parts: God the maker of the Universe, foreseeing this, made the coats of the vessels contrary to the consistence of the bodies contained in them. The *Anastomosis* of the Veins and Arteries, that is to say, the application of the mouths of the one to the other, is very remarkable, by benefit of which they mutually communicate and draw the matters contained in them, and so also transfuse them by insensible passages, although that *anastomosis* is apparent in the Vein and Artery that meet together at the joint and bending of the arm, which I have sometimes shewed in the Physick schools, at such time as I there dissected Anatomies.

The mutual Anastomosis of the veins and arteries. Where it is manifest.

From whence a muscle hath its beginning or head.

But the action or function of a Muscle is either to move or confirm the part according to our will, into which it is implanted; which it doth when it draws it self towards its originall, that is to say, its head. But we define the head by the insertion of the nerve, which we understand by the manner of the working of the Muscle.

CHAP. XI.

Of the muscles of the Epigastrium, or lower Belly.

Now seeing that we have taught what a Muscle is, and what the differences thereof are, and what simple and compound parts it hath, and what the use, action, and manner of action in each part is; it remains that we come to the particular explication of each Muscle, beginning with those of the lower belly, as those which we first meet withall in dissection.

Eight muscles of the Epigastrium.

These are 8 in number, four oblique, two on each side, two right or direct, one on the right, another on the left side, and in like manner two transverse. All these are alike in force, magnitude and action, so mutually composed, that the oblique descendant of one side, is conjoined with the other oblique descendant on the other side, and so of the rest.

The oblique descendant. Their substance. Their greatness and figure.

We may add to this number the two little Supplying or Assisting muscles, which are of a Pyramidal form, and arise from the Share-bone, above the insertion of the right muscles; Of the oblique Muscles of each side the one ascends, the other descends, whereupon it comes to pass, that they are called the Oblique descendant and ascendant Muscles. Those oblique which we first meet with, are the descendant, whose substance is partly sanguine, partly spermatick; for they are fleshy, nervous, ligamentous, veinous, arterious, and membranous. Yet the fleshy portion is predominant in them, out of which respect *Hippocrates* is wont to express the muscles by the name of Beltes; their greatness is indifferent be-

between the large and the small muscles; their figure is three square. They are composed of the forementioned parts, they are two in number; their site is oblique, taking their beginning from the touching of the great saw-muscle, and from the sixth and seventh true ribs, or rather from the spaces between the six lower ribs, and rather on the forepart of the muscles, than of the ribs themselves, from whence shunning the *Vertebra's* of the Loins, the fleshy parts of them are terminated in the externall and upper eminency of the Haunch-bone, and the membranous end in the lower eminency of the Share-bone and the White-line. Yet *Calambaw* dissenting from this common description of the oblique Muscles, thinks that they are only terminated in the White-line, and not in the Share-bone. For (saith he) wherefore should they be inserted into the Share-bone which is not mov'd? But because it would be an infinit labor and trouble to set down as large the severall opinions of all Authors of Anatomy; I have thought it sufficient for me to touch them lightly by the way. Their connexion is with the oblique ascendant lying under them, and with the direct or right. Their temperament is twofold, the one hot and moist, by reason of the belly and the fleshy portion of them, the other cold and dry, in respect of their ligamentous and tendinous portion. Their action is to draw the parts into which they are inserted towards their originall, or else to unite them firmly. Yet each of these privately and properly draws the hip in an oblique manner towards the *Cartilago Sacroformis* or breast-blade.

Then follow the oblique ascendant, who have the same substance, quantity, figure, disposition, number and temper the descendant have. They are situate between the descending and transverse with whom they have connexion, especially by the vessels which are brought from the parts beneath. All the fleshy parts arise from the rackbones of the *Humerus* to the ends of the bastard ribs, which seem to admit above and below, being fleshy even to the fourth, and then becoming membranous, they take their way to the White-line, with a double *aponeurosis*, which passes through the right Muscles above and below, as we may plainly see from the navell downwards. In their fleshy part they draw their originall from the spine of the Haunch-bones a little lower than the descendant and in their fleshy part. But for their membranous parts, they arise before from the sharebone, and behind from the spondyls of the Holy-bone, and *Vertebra's* of the Loins obliquely ascending upwards to the White-line, into which they are terminated by an *aponeurosis* or membranous tendon (which seems to penetrate the right Muscle upwards and downwards, especially under the navell) but by their fleshy part at the ends of all the bastard ribs, which they seem to receive above and below. And because these muscles are terminated in the White-line, they have also another use, yet such as is common to all the muscles of the *Epigastrion*, that is, to press down the Guts. Their action is (if they perform it together) to draw down the chest, and dilate the breast; but if their actions be separate, they draw the chest to the hip with an oblique motion. After these follow the right muscles, so called because they descend according to the length of the body, and because they have right or straight fibers.

We will say nothing (to save prolixity, which in all other places we will avoid) of their substance and other conditions, which they have common with the fore-mentioned Muscles. They are situate in the eminentest or exuberating region of the belly, bounding the *Epigastrion* taken in generall, (or the superficial belly) they are divided by the manifest intercourse of the White-line, even to the Navell, in which place they seem to be united even to the place of their insertion. They draw their originall not from the Share-bone, as some would have it, but according to the insertion of their nerves from the sides of the *Cartilago sacroformis*, and the ends of the sixth, seventh and eighth ribs; but they end in the Share-bone, where they make a common Tendon sufficiently strong and short. *Sylvius, Vesalins*, and *Calambaw* think they arise from the Share-bone, because they cannot be inserted into that bone, because it is unmovable. You may perceive in these Muscles certain nervous and transverse interseptions, sometimes three in number for the strength of these Muscles, (of which *Galen* makes no mention, although they may be seen in Apes.) And also in the inner side of these muscles you may see four veins, and as many arteries, of which some creep upwards, others run downwards. The upper, called the Mamillary, descend from the Axillary by the side and lower parts of the *Sternus*, the slenderer portions thereof being distributed by the way to the *Medastinum*, and about the fourth and fifth rib to the Dugs, from whence they take their name.

That which remains breaking out by the sides of the Breast-blade, inserts it self into those muscles, creeping along, even almost to the navell; in which place they are manifestly united (that is, the veins with the veins, and arteries with the arteries) with the Epigastrick, which ascend from the upper part of the Illacks on each side under the said muscles, untill they meet with these four mamillary vessels. That you may finde this concourse of the veins and arteries about the navell, you must follow both the upper and the lower somewhat deep into the flesh, pressing the blood on both sides from above downwards, and from below upward, untill you shall finde the excoeculation of these vessels, which will appear by this, That the blood will flow from this into that, and from that into this; otherwise you can scarce perceive it, by reason of the smallness of such vessels which want blood.

Their composition and site.

Their connexion. Their temperament. Their action.

The oblique ascendant. Their site and connexion.

Their action.

The right muscles of the Epigastrion.

Their site.

Original.

The meeting together of the Epigastrick and mamillary veins and arteries.

But that by the benefit of such concurrence of the vessels, the matters may be communicated and transported both from the womb to the duggs, and again from the duggs to the womb, appears in Nurses who want their courses, when the milk comes into their duggs; and on the contrary lose their milk when their courses flow plentifully. Otherwise to what purpose should there be such concurrence between the vessels of the paps and womb; for there are veins and arteries diffused to the sides of the womb from the root of the Epigastricks; for indeed the Epigastricks which in their ascent meet with the manillary, go not to the womb, though they be next to them, and arise from the same trunk with the Hypogastrick vein of the womb. The action of these Muscles is, to move or draw near together the parts of the Hypogastrium to the *praecordia* or Hypochondries. Their use, in *Columbae* opinion, is, to draw the breast downwards so to dilate it. At the ends of these, nature hath produced two other small Muscles from the upper part of the Shaft-bone, of a triangular figure, for the safety of the thick and common tendon of the right Muscles; whereupon they are called *Sacrotariati*, or *assisters*. The first figure of the Lower belly.

Their action.

Their use.

A A B C D. The upper, lower and lateral parts of the *Peritonaeum*.

EE. The white Line from the grille of the Breast-bone, called the *Breast-blade*, to the commisure or meeting of the Shaft-bones.

F. The Grille of the Breast-bone, *Cartilago costiformis*, or the *Breast-blade*.

G. The Navel, which all the Muscles being taken away, must be kept for the demonstration of the Umbilical Vein.

H H. The productions of the *Peritonaeum*, which contain the feminary Veins on either side.

** The hole which gives way to the feminary Veins of men.

II. A vein and an artery from the *Epigastrick*, which being carried upward under the right Muscles, do here hang down, and are distributed into the lower part of the *Abdomen*.

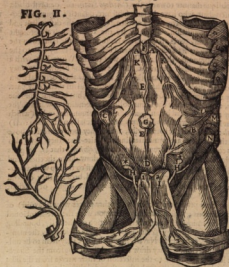
K K. A Vein and an artery, from the internal Mammary proceeding from under the base of the Breast, are carried downward through the right muscles, & are distributed into the upper part of the *Abdomen*.

1, 2 the place wherein the right muscles arise, which being here cut off, do hang down, the their Veins may the better be seen.

3, 4. The *Auxiliants* or inoculation of the foresaid Veins, making the content of the *Abdomen* and the *Noise*, and of the *Womb* with the *Breast*.

N. The place of the *Haunch-bone*.

FIG. II.



as some think. LL. Branches of Veins running into the sides of the *Peritonaeum*, bone bare, to which the *Oblique* and the *Transverse* muscles do grow.

Some (moved with I know not what reason) would have these two small Muscles to help the erection of the yard. *Columbae* thinks they should not be separated from the right, and that they only are the fleshy beginnings of the right. But on the contrary, *Fallopian* manifestly proves them different and separate from the right, and shews their use. The *Transverse* remain to be spoken of, so called by reason of their fibers, which make right angles with the fibers of the right Muscles. They have a quadrangular figure situate upon the greatest part of the *Peritonaeum*, to which they stick so close that they scarce can be separated. They take their original from the production of the loins, the eminency of the *Haunch-bone*, the transverse productions of the *vertebrae* of the loins, and the ends of the *baillard-ribs*; contrary to the opinion of many, whom the insertion of the nerve convinces, but they end in the *White-line*, as all the rest do.

Their action is to press the guts, especially for the expulsion of excrements.

But all the eight recited Muscles, besides their proper use, have another common, that is, they stand for a defence or bulwark for all the parts lying under them, and serve for the expulsion both of the excrements, infant, and vapors, and also for the strengthening

of

The *Pyramidal* or *assisting* Muscles.

The transverse muscles of the *Epigastrion*. Their figure and sit.

Their action. The common use and action of the eight muscles of the *Epigastrion*.

of the voice, as experience shews in those who sound Trumpets and Cornets.

Therefore these muscles do equally on every side press the Belly; but the Midriff, the intercostall muscles assisting it, doth drive from above downwards, from which conspiring contention follows the excretion of the excrements by the fundament; but unless the Midriff should assist, these muscles would press the excrements no more downwards, than upward to the mouth.

Although to this excretion of the excrements, it is not sufficient that the Epigastrick, Midriff, and intercostall muscles press the belly, but the muscles of the throat must be also shut. For the mouth being open, the excrements never go well forth; because the vapors that pass out of the mouth, which being restrained and driven to the Midriff, by stretching it powerfully thrusts down the excrement. Wherefore Apothecaries when they give glysters, bid the Patient to open his mouth, that the glyster may easilier go up, which otherwise would scarcely go up, the mouth being shut, because so we should have no place empty in us, into which the glyster might be admitted.

Of the White-line, and Peritonæum or Rim of the belly.

The White-line is nothing else, than the bound and extremities of the muscles of the Epigastrick, distinguishing the belly in the midst into two parts, the right and left. It is called white, both of its own colour, and also for that no fleshy part lyes under it, or is placed above it. It is broader above the navell, but narrower below, because the right muscles do there grow into one. Now we must treat of the Coat or membrane, *Peritonæum* or *Rim* of the belly; it is so called, because it is stretched over all the lower belly, and particularly over all the parts contained in the ventricle, to which also it freely lendi a common coat. It hath a spermatick substance, as all other membranes have; the quantity of it in thickness is very small, (for it is almost as thin as a Spiders web) yet differing in divers places in men and women; for men have it more thick and strong above the navell, that so it may contain the extension of the stomack, often stretched beyond measure with meat and drink. On the contrary women have it so thick and strong below their navell, that it seems double, that so they may more easily endure the distention of their womb, caused by the child contained in it. But above the navell, men and women have the *Peritonæum* of an equal strength, for the self-same reason. The longitude and latitude of it is known by the circumscription of the belly.

The figure is round and somewhat long; it puts forth some productions, like finger-stalls, both for the leading and strengthening the spermatick vessels, and the Cremaster muscles of the Testicles, and besides it the ejaculatory vessels, as also to impart a coat to the Testicles and all the naturall parts.

It is composed of slender, membranous and nervous fibers, certain small branches of veins and arteries concurring with them, which it receives for life and nourishment from the adherent parts.

This membrane is one in number, and besides every where one and equal, although *Galen* would have it perforated in that place where the spermatick vessels descend to the Testicles; But in truth we must not think that a hole, but rather a production, as we said before.

The later Anatomists have observed, the Coat *Peritonæum* is doubled below the Navell, and that by the spaces of these reduplications the umbilicall arteries ascend to the Navell.

It is situate near the naturall parts, and compasses them about, and joined by the coat, which it gives them, as also on the sides, it is joined to the *vertebrae* of the loins, from whose ligaments (or rather *Perioleum*) it takes the originall: On the lower part, it cleaves to the share-bone, and on the upper to the Midriff, whose lower part it wholly invests; on the fore or outer part it sticks so close to the transverse muscles, that it cannot be pluckt from them but by force, by reason of the complication and adhesion of the fibers thereof with the fibers of the proper membrane of these muscles, which membrane in *Galen*'s opinion proceeds from this *Peritonæum*, that so it is no marvail that we may more easily break than separate these two coats. It is of temperature cold and dry, as all other membranes are.

It hath many uses, the first whereof is, to invest and cover all the parts of the lower belly, specially the Kall, lest it should be squeezed by great compressures and violent attempts into the empty spaces of the muscles, as it sometimes happens in the wounds of the Epigastrick, unless the lips of the ulcer be very well united; for then appears a tumor about the wound by the Guts and Kall thrusting without the *Peritonæum* into those spaces of the muscles, from whence proceeds cruel pain.

Another use is to further the casting forth of the excrements by pressing the ventricle and guts on the forside, as the Midriff doth above, as one should do it by both their hands joined together.

The third use is, it prohibits the repletion of the parts with flatulency after the expulsion of the excrements, by straitning and pressing them down.

The fourth and last is, that it contains all the parts in their seat, and binds them to the back-bone, principally that they should not fly out of their places by violent motions, as leaping and falling from on high.

Why when the mouth is open the excrements go more slowly forth.

What the White-line is.

What the Peritonæum is.

The substance and quantity.

The figure.

The composition.

The number. Lib. de frum.

The use and connexion.

Lib. 6. Meth.

Ua.

Laffly, we must know, that the Rilm is of that nature, that it will easily dilate it self, as we see in Dropsies, in women with child, and in tumors against nature.

C H A P. VIII.

Of the Epiploon, Omentum, or Zirbus, that is, the Kall.

The substance, magnitude, figure.



After the containing parts, follow the contained, the first of which is the Epiploon, (or Kall) so called, because it (as it were) swims upon all the guts. The substance of it is fatty and spermatick, the quantity of it for thickness is diverse, in divers men according to their temperament. The latitude of it is described by the quantity of the guts. It is in figure like a purse, because it is double. It is composed of veins, arteries, fat and a membrane, which sliding down from the gibbous part of the ventricle, and the flat part of the gut *Duodenum* and spleen over the Guts, is turned back from the lower belly to the top of the Colon. It is one as we said covering the Guts. It hath its chief connexion with the first *Vertebra's* of the Loins, from which place in beauty it seems to take a coat, as in men from the hollow part of the Spleen, and gibbous of the ventricle, and depressed part of the *Duodenum*, from whence doubled it is terminated in the fore and higher part of the Colick-gut. Which moved *Galen* to write, that the upper part of the membrane of the Kall was annexed to the ventricle; but the lower, to the latter part of the Colick-gut. From the vessels of which parts it borrows his, as also the nerves, if it have any. The temper of it in lean bodies is cold and dry, because their Kall is without fat; but in fat bodies it is cold and moist by reason of the fat. The use of it is twofold: The first is to heat and moisten the Guts, and help their concoction, although it do it by accident, as that which through the density of the fat hinders the cold air from piercing in, and also forbids the dissipation of the internal heat. Another use is, that in want of nourishment in times of great famine, for sometimes it cherishes, and (as it were) by its dew preserves the innate heat, both of the ventricle and neighbouring parts, as it is written by *Galen*. Moreover we must observe, that in a rupture or relaxation of the *Peritonaeum*, the Kall falls down into the *scrotum*, from whence comes that rupture we call *Epiplocele*. But in women that are somewhat more fat, it thrusts it self between the bladder and the neck of the womb, and by its compression hinders, that the seed comes not with full force into the womb, and so frustrates the conception. Besides, when by a wound or some other chance, any part of it be defective, then that part of the belly which answers to it, will afterwards remain cold and raw, by reason of the forementioned causes.

The composition.

The connexion.

L. B. Anatom. edentiff.

The temper. The use twofold.

L. B. de usu periton.

A cause of frustrating conception.

The second figure of the lower belly.



A, A, B, B. The inner part of the *Peritonaeum* cut into four parts, and so turned backward.

E. The upper B sheweth the implantation of the Umbilical vein into the Liver.

C. The Navel separated from the *Peritonaeum*. From D to the upper B the Umbilical veins.

E, E. The forepart of the stomach blown up, written covered by the Liver not Kall. F, F, A part of the Gibbous side of the Liver. G, G, Vein's discriminated through the *Peritonaeum*. * The Bladder.

H. The bottom of the Bladder of urine. I. The connexion of the *Peritonaeum* to the bottom of the Bladder.

K, K, K, K. The Kall covering the Guts. M, N. Vein's and nerves embracing the bottom of the stomach.

O. The meeting of the Vein's of both sides; so that M, N, and O, shew the lean which *Ariftole* mentions, 3 *H. B.* & 4 *de part. Anim.* where he saith, That the Kall arises and proceeds from the middle of the belly.

P, P. Branches of Vein's running along the bottom of the stomach.

Q, Q, Q, Q. Common branches of the Vein's distributed to the upper membrane of the Omentum, and compass'd with fat.

4. The 100 Umbilical arteries going down by the sides of the bladder to a branch of the great artery.

5. The Ligament of the Bladder which is sutured for the Urethra.

CHAP.

CHAPTER XIII.

Of the Ventricle or Stomach.

Now we must speak of the Stomach, the receptacle of the food necessary for the whole body, the seat of appetite, by reason of the Nerves dispersed into its upper orifice, and so into its whole substance. The substance thereof is rather spermatick than sanguine, because that for one fleshy membrane, it hath two nervous; The quantity or magnitude of the ventricle is divers, according to the various magnitude of bodies, and gluttony of men. The figure of it is round and somewhat long, like a Bagpipe. The stomach is composed of two proper coats, and one common from the Peritonæum, together with veins, sinews, and arteries; the innermost of its proper coats is membranous woven with right fibers, for the attraction of meats, it is extended and propagated even to the mouth thereof, whereby it comes to pass that the affections of one part may easily be communicated to the other by sympathy, or consent. This coat hath its original from the membranes of the brain which accompany the nerves descending from the third and fourth conjugation to the mouth thereof. And in like sort from other productions descending by the passages of the head, from whence also another reason may be drawn from that, which they commonly bring from the nerves of the sixth conjugation; why in wounds of the head, the stomach doth so soon suffer by consent with the brain. The exterior or outer is more fleshy and thick, woven with oblique fibers, to retain and expell. It draws its original from the Peritonæum, which as soon as it comes to the gullet, takes unto it certain fleshy fibers. There be nerves sent into the stomach from the sixth conjugation of the brain, as it shall be shewed in its proper place. Veins and arteries are spread into it from the Gastrica, the Gastroepiploides, the Coronaria and splenicke, from the second, third, and fourth distribution of the Vena porta, or gate-vein; and the third of the descending artery to the naturall parts, as soon as it passes forth of the midriff.

It is one in number. The greater part of it is situated on the left side between the spleen, the hollownes of the liver, and the guts, that assisted by the heat of such neighbouring parts, it may more cheerfully perform the concoction of the meat. Neither am I ignorant that Galen hath written, that a great part of the stomach lies on the left side. But inspection it self, and reason makes me derogate from Galens authority, for because there is more empty space on the left side, by reason the spleen is less than the liver, it was fit it should lie more on the left side. The more proper connexion of it is with the gullet and guts, by its two orifices; with the brain by its nerves; with the liver and spleen by its veins; with the heart by its arteries; and with all the naturall parts by its common membrane.

The temper of the ventricle in men of good habit, is temperate, because it is almost composed of the equal mixture of sanguine and spermatick parts; or according to Galens opinion, it is cold of its self, and by the parts composing it; and hot by the vicinity of the bowels. But in some it is hotter, in others colder, according to the divers temper and complexion of divers bodies. That stomach is to be thought well tempered, that powerfully draws down the meat and drink, and embraces and retains them so drawn, until by concoction and elixation, they shall be turned into a juice like cream (which the Greeks call Chylus;) and lastly, which doth strongly send from it, and repell the excrements of this first concoction.

The stomach is known to be hotter by this, that it better concocts and digests coarse and hard meats, as beef, hard eggs, and the like, than soft meats easie of digestion, which it corrupts and turns into belchings. For so a young chickin, is sooner burnt than well roasted at a great fire. The stomach which is colder, desires much meat, but is slow in concocting them, especially if they be cold and hard of digestion, which for that cause quickly turn sowre. The action of a well conditioned stomach is twofold, one common, another proper. The common is to attenuate, mixe and digest the meats taken in at the mouth, for the nutrition of it self and the whole body, after the liver hath performed its duty, which before it be done, the ventricle only enjoys the sweet pleasure of the Chylus, and comforts its self against the impurity of the adjacent parts, whereof it is called the work-house of concoction. Its first action is to attract, retain, and assimilate to it self that which is convenient; but to expell whatsoever shall be contrary, either in quantity, or quality, or in the whole substance.

It hath two orifices, one above, which they commonly call the stomach and heart, the other lower, which is called the Pylorus, or lower mouth of the stomach. The upper bends to the left side near the back bone; it is far more large and capacious than the lower, that so it may more commodiously receive meats half chewed, hard and gross, which Gluttons cast down with great greedines; it hath an exquisite sense of feeling, because it is the seat of the appetite, by reason of the nerves encompassing this orifice, with their mutuall embracings; whereby it happens that the ventricle in that part is endued with a quick sense, that perceiving the want and emptiness of meat, it may stir up the creature to seek food. For albert

What the ventricle is
The substance;
The magnitude,
The figure,
The composition.

The cause of the consent of the mouth and stomach.

The number.

Its situation.

The connection.

The temper.
Lib. 9. Aph.

Notes of a hot stomach.

The action twofold.

The two orifices of the stomach.

ALBERT

nature hath bestowed four faculties on other parts, yet they are not sensible of their wants, but are only nourished by the continual sucking of the veins, as plants by juice drawn from the earth.

The five.

This orifice is seated at the fifth *Vertebra* of the chest, upon which they say it almost rests. Yet I had rather say that it lies upon the twelfth *Vertebra* of the chest, and the first of the loins; for in this place the gullet perforates the midriff, and makes this upper orifice. The lower orifice bends rather to the right side of the body, under the cavity of the liver. It is far straighter than the upper, left any thing should pass away before it be well attenuated and concocted; and it doth that by the help or assistance of, as it were, a certain ring, like to the sphincter muscle of the fundament, which some have thought a glandule made by the transposition of the inner and fleshy membrane of the ventricle into that which is the outer of the guts. I know *Columbus* laughs at this glandulous ring, but any one that looks more attentively shall perceive that the *Pylorus* is glandulous. The stomach in its lower and inner side, hath many folds and wrinkles, which serve to hold and contain the meats, untill they be perfectly concocted. In the ventricle we observe parts gibbous and hollow; the hollow is next to the liver and midriff; the gibbous is towards the guts. Now we must note, that the ventricle when it is much refolved or loosed, may slide down even to the navill near the bladder, the which we have observed in some bodies dissected after their death.

The glandulous ring of the *Pylorus*.

The falling down of the stomach.

The third and fourth figure.



The first figure sheweth the fore-side of the stomach and gullet.

A. sheweth the orifice of the gullet cut from the throat.

B. the straight and direct course of the gullet from A. to B.

C. how the gullet above the first rack bone of the chest, from B. to C. inclineth to the right hand.

D. his inclination to the left hand, from C. to D.

EE. the two glandules called the Almonds, set close to the gullet in the end of the throat,

called also *Paristomia*, *Antiacidæ*, *Tonsillæ* and *Salivariæ glandule*. FF. Another glandulous body in the midst of the gullet, about the fifth rack bone, from which place the gullet gives place to the great arterie, somewhat declining to the right side: *Vesalius*, *Lib. 5. Cap. 3.* and *Columbus* *Cap. ult. lib. 9.* write, that those Glandules are filled with a certain moisture, with which the gullet is moistened, that the meats may slide down more easily into the stomach, as through a slippery passage. No otherwise than the *Glandule prostaticæ*, filled with a kind of gross and oily moisture, smooth the passage of the urine, that so it may flow through it, with a more free and leis troubled course. G. the connexion of the gullet with the stomach, where the upper orifice of the stomach is fashioned. H. the lower orifice of the stomach called *Pylorus*. I. K. the upper part of the stomach at I. the lower at K. LL. the fore-side of the stomach. P. the gut called *Duodenum*. T. V. the right and left nerves of the sixth pair encompassing about the gullet and the uppermost left orifice of the stomach.


The second Figure sheweth the back parts of the Ventricle and Gullet.

A. EE. FF. G. H. P. TV. shew the like parts as in the former. From C. to D. the inclination of the stomach to the left hand. M. N. O. the backside of the stomach. M. sheweth the prominence of the left side. N. of the right. O. sheweth the dock or impression, where it resteth upon the rack bones. P. of the right. Q. sheweth the dock or impression, where it resteth upon the rack bones. Q. R. the passage of the bladder of the gall into the *Duodenum* at R. S. a glandulous body growing under the *Duodenum*, bearing up the vessels X. Y. a nerve on the left side creeping up to the top of the stomach, and so running out to the liver.

CHAP.

C. H. A. P. XV.

of the Guts.

 The Guts the instruments of distribution and expulsion, are of the same substance and compoſure with the ſtomach, but that the ſite of the coats of the ſtomach is contrary to thoſe of the guts. For that which is the innermoſt coat of the ſtomach is the outermoſt of the guts, and ſo on the contrary. The figure of the guts is round, hollow and capacious, ſome more, ſome leſs, according to the divers ſignets.

The ſub-
ſtance.

Figure.

Their number
The Ducts.

But for the quantity of the guts, ſome are ſmall, ſome great, more or leſs, according to the variety of bodies. But they are ſix in number: for there be three ſmall; the *Duo-
denum*, the *Jejunum*, or empty gut, and the *Ileum*. Three great, the *Blind*, the *Colick*, and the *Right* gut. All which have had their names for the following reaſons; the firſt, becauſe it is extended the length of twelve fingers, like another ſtomach, without any turnings, or winding; of which greatneſs it is found in great bodied men, ſuch as were more frequently to be met withall in *Galen* time, than in this time of ours, in which this gut is found no longer than ſeven, eight, or nine fingers at the moſt. The cauſe of this length is, that there may be a free paſſage to the *Gaſtr*-vein, coming out of the liver, as alſo to the artery and nerve which run into it. For ſeeing that this gut may ſometimes riſe to the top of the liver, it would poſſibly fill the ſpace under the bladder of the gall (with which it is often ſutured) if it had any revolutions that way, which is the paſſage for ſuch like veſſels. Others give another reaſon of this figure, which is, that there ſhould be nothing to hinder the eaſe and ſt distribution of the perfectly concocted *Chylus* to the liver.

The *Jejunum*.

Ileum.

Caecum.

Caeca.
Reſtrum.

Their ſite;

The diſtinction
between
the colick and
the ſtone in the
kidneys.
Their connec-
tion.

The ſecond is called *Jejunum*, or the empty gut, not becauſe it is abſolutely ſo, but becauſe it contains little in compariſon of the other. There is a triple cauſe of this emptineſs, the firſt the multitude of the meſeraick veins and arteries which are about it, whereupon there is a greater and quicker diſtribution of the *Chylus*. The ſecond is the vicinity or neighborhood of the liver ſtrongly drawing the *Chylus* contained in it; the third is the flowing down of the choleric humor from the bladder of the Gall into it, which ever and anon by its acrimony cleaſts away the ſilets, and by continuall flowing ſollicits it to expulſion. The third is called *Ileum* becauſe it lies between the *Iliac* or flanks; it differs nothing from the reſt in ſubſtance and magnitude, but in this one thing, that there is more matter contained in it than in the reſt, by reaſon of the paucity of the veſſels terminated in it, that it is no marvell that there can be no exact demonſtration made of them. The fourth is called *Caecum* or the blind, becauſe it hath but one paſſage to ſend out and receive in the matter. This gut hath a long and ſtrait production, which according to the opinion of ſome (though altogether erroneous) often falls down into the *Scrotum* in the rupture, or relaxation of the Rim of the Belly; for that production in the lower belly ſtrongly ſticks to the *Peritonaeum* or Rims, which hinders ſuch falling down. But *Galen* ſeems by ſuch a blind gut to have meant this long and narrow production, and certainly ſo thinks the common ſort of Anatomists, but here *Veſalius* juſtly reprehended *Galen*. Wherefore *Sylvius* that he might free *Galen* of this fault, would have us by the blind gut to underſtand the beginning of the colick gut. The fifth is called *Caeca* (or colick gut) becauſe it is greater and more capacious than the reſt. The ſixth and laſt, the *Right* gut, by reaſon of the rightneſs or ſtraightneſs of the paſſage. This, in beaſts eſpecially, hath a certain fatneſs in it to make the paſſage ſlippery, and left the gut ſhould be exacerated in the paſſage, by the ſharpeſs of hard and acrid excrements.

The ſite of theſe guts is thus: The *Duo-
denum* upon the backbone bends to the right hand; the *Jejunum* poſſeſſes a great part of the upper umbilical region, diffuſes it ſelf into both ſides with windings, like to thoſe of the gut *Ileum*, even to the flanks. The gut *Ileum* is ſituate at the lower part of the umbilical region, going with many turnings and windings, even to the hollowneſs of the holy-bone above the bladder and ſide parts of the *Hypoſtriſium*, they call the flanks.

The *Blind* bends to the right hand, a little below the kidney, above the firſt and fourth *Vertebra* of the loins. The *Colon* or *Colick* gut is crooked and bent, in the form of a *Scythian* bow, filling all the ſpace from the blind gut, below the right kidney even to the hollowneſs of the liver, and then it goes by the gibbous part of the ſtomach above the ſmall guts, even to the hollowneſs of the Spleen; from whence ſliding under the left kidney, with ſome turnings, it is terminated upon the *Vertebra*'s of the loins.

By all which turnings and windings of the colick gut, it is eaſie to diſtinguiſh the pain of the ſtone of the kidneys, which remain fixt in one certain place, from the colick wandering through theſe crooked paſſages we mentioned. The right gut tends with an oblique ſite towards the left hand, upon the holy bone even to the very fundament. They have all one and a common connexion; for they are all mutually joined together by their coats, becauſe there is but one way from the gullet even to the fundament, but they are joined to the principall parts by their nerves, veins, and arteries.

But a more proper connexion is that, where the *Duo-
denum* on the upper part of it, is joined

ed with the *Pylorus*; but on the lower part to the *Jejunum*, and the parts lying under it, by the coat of the *Peritonæum*. The *Jejunum*, or empty gut, is joynd to the *Duodenum* and *Ileum*. The *Ileum* with the empty and blind guts. The blind with the *Ileum* and *Colon*, and with the right side of the backbone where it is tied more fixtly. The *Colon* with the blind and right guts, and in his middle part, with the kidneys and gibbous part of the stomach; where by it comes to pass, that being distended with wind in the colick, it overturns and prickts the stomach, and so causes vomiting.

Lastly, the right gut is annexed with the colick gut and fundament. At the end whereof there is a muscle fastened, of figure round and circular, called the *Sphincter*, arising from the lower *Vertebra's* of the holy bone and rump; by the benefit of which as of a door or gate, the excrementes are refrained at our wil, left man born for all honest actions, without all shame, in every time and place, should be forced every where to ease his belly. For such as have lost the benefit of this muscle by the palsy, have their excrementes go from them against their wills. There is a body situate at the end of the right gut, of a middle substance between the skin and flesh, as it were arising from the mixture of them both, like the extremities of the lips, of the same use with the *Sphincter*, but that it is not altogether so powerfull. But there are also certain veins situate about it called the *Hæmorrhoidal*, of which we will speak in their place.

Besides there are two other muscles that descend to the end of this gut, being broad and membranous on each side, one arising from the side and inner parts of the share and hip-bones, which inserted above the *Sphincter* pull up the fundament falling down, wherefore they are called *Levatores Ani*, or the lifters up of the fundament. Wherefore when as either they are too weak, or relaxed, or the fundament oppressed with the weight of flegmatick, salt, choleric and sharp humors, the gut is scarce restored into its place, that there is need of the help of the fingers for that purpose.

The guts follow the temper of the stomach. Their action is the distributing the *Chylar* by the meseraick veins (which of duty belongs to the three small guts) and the receiving the excrementes of the *Chylar* and retention of them, till a fit time of expulsion, which belongs to the third quarter. Besides, these small guts finish up the work of concoction, begun in the stomach, although they be not altogether made for that use. But nature is often accustomed to abuse the parts of the body for some better use.

The fifth figure of the lower belly.



hard to distinguish. N. The *Colon* ending in the right gut. O. The beginning of the right gut into the bladder. P. Q. The funken or fallen side of the *Colon* at P. and his Chambers or Cells at Q. R. S. T. The lesser guts especially lying under the Navel. a. a. The two umbilicall arteries. b. The bottome of the bladder. * The connexion of the bladder and the *Peritonæum*.

But

Why vomiting happens in the colick.

The *Sphincter* muscles of the fundament.

Gal. lib. 5. de usu partium. cap. 14.

Levatores Ani.

The action of the guts.

But we must note, that for the compofure of the guts, they have only tranfverfe fibers, for expulfions fake, unlefs that at the beginning of the Colon, and the end of the right gut, you may fee certain right fibers added to the tranfverfe to ftrengthen them, left their guts fhould chance to be broken and torn by the paffage of hard excrements, and the laborious endeavour of expulfion (fpecially in brute beafts.)

But if any afke, how they have retention, being they want oblique fibers; he may know that the faeces are retained in the right gut, by the force of the *Spindler* muscle, but oft times in the blind, by their hardnets and abundance, whereby they ftick in the paffage; but in the left, by reason of their conformation into many windings and turnings. The length of the guts, is feven times more than the length of the whole body; to this length they have windings, left the nourifhment fhould quickly fide away, and left men fhould be withdrawn by gluttony from action and contemplation. For fo we fee it comes to pafs in moft beafts, which have one Gut, ftreched ftraight out from the ftomach to the fundament; as in the Lynx and fuch other beafts of infatiable gluttony, always, like plants, regarding their food.

MILV JAH O

CHAP. XVI.

Of the Mefentery.

After the Guts follows the Mefentery, being partly of a fatty and partly of a fpermatick fubftance. The greatnets of it is apparent enough, although in fome it is bigger, and in fome leffer according to the greatnets of the body. It is of a round figure and not very thick. It is compofed of a double coat arifing from the beginning and root of the *peritonaeum*. In the middle thereof it admits nerves from the *Coftall* of the fixt conjugation, veins from the *Vena Porta* or Gate vein; Arteries from the defcendent artery, over and befides a great quantity of fat and many glandulous bodies, to prop up the divifion of the veffels fpend over it, as alfo to moiften their fubftance. It is in number one, fituare in the middle of the guts, from whence it took its name. Yet fome divide it into two parts, to wit, into the *Mefention*, that is, the portion interwoven with the fmall guts, and into the *Mefocolon* which is joynd with the Great. It hath connexion by its veffels, with the principall parts, by its whole fubftance with the guts, and in fome fort with the kidneys, from whose region it feems to take its coats.

It is of a cold and moift temper, if you have refpect to his fatty fubftance; but if to the left of the parts, cold and dry.

The action and ufe of it is, to bind and hold together the guts, each in his place, left they fhould rafhly be folded together, and by the Meferaick veins (which they term the hands of the Liver) carry the *Ochylus* to the liver.

In which you muft note, that all the Meferaick Veins come from the liver, as we understand by the diffection of bodies; although fome have affirmed; that there be fome veins ferving for the nourifhment of the guts, no wayes appertaining to the Liver, but which end in certain Glandulous bodies, difperfed through the Mefentery, of whose ufe we will treat hereafter.

C H A P. XVII.

Of the Glandules in generall, and of the Pancreas, or Sweet-bread.



Glandule is a fimple part of the body, fometimes of a fpongy and foft fubftance, fometimes of a denfe and hard. Of the foft Glandules are the *Tonfils*, or Almonds, like in fubftance to blanchd Almonds; the *Thymas*, *Pancreas*, *Testicles*, *Proftatae*. But the denfe and hard are the *Parietes* and other like. The Glandules differ amongst themfelves in quantity and figure, for fome are greater than other fome, and fome are round and others plain, as the *Thymas* and *Pancreas*.

Others are compounded of veins, nerves, arteries, and their proper fleft, as the Almonds of the ears, the milky glandules in the breasts and the testicles. Others want nerves, at leaft which may be feen, as the *Parietes*, the axillary, or thofe under the armbolles and others. The number of glandules is uncertain, by reason of the infinite multitude and variety of sporting nature. You fhall find them always in thefe places, where the great divifions of veffels are made, as in the middle ventricle of the brain, in the upper part of the Chest, in the Mefentery and other like places.

Although otherfome be feated in fuch places, as nature thinks needfull to generate and caft forth of them a profitable humor to the creature; as the almonds at the root of the tongue, the kernels in the duggs, the fpermatick veffels in the *ferotum* and at the fides of the wombe; or where nature hath decreed to make emundatories for the principall parts,

These fibers.

How the guts become in rotation.

Their length.

The substance; Magnitude.

Figure; Composition.

Number; The connection.

The temper.

The action and use.

All the miferick veins come from the liver.

Substance of the glandules.

Quantity and figure.

Composition.

Number.

Connexion.	as behind the ears, under the armholes, and in the groins. The connexion of glandules is not only with the vessels of the parts concurring to their composition, but also with those, whose division they keep and preserve. They are of a cold temper, wherefore Physicians say the blood <i>retains</i> (i) to become raw again in the ducts, when it takes upon it the form of milk. But of these some have action, as the almonds, which pour our spatle usefull for the whole mouth, the ducts milk, the Testicles seed; others, use only as those which are made to preserve, underprop and fill up the divisions of the vessels. Besides this we have spoken of glandules in general, we must know that the <i>Pancreas</i> is a glandulous and Beth-like body, as that which hath every where the shape and resemblance of Beth. It is situate at the flat end of the liver, under the <i>Duodenum</i> with which it hath great connexion, and under the gate-vein, to serve as a bulwarke, both to it and the divisions thereof, whilst it fills up the empty spaces between the vessels themselves, and so hinders, that they be not pluckt asunder, nor hurt by any violent motion, as a fall or the like.
Temper.	
Action and use.	
The substance of the <i>Pancreas</i> .	
The use.	

CHAP. XVIII.

of the Liver.



AVING gone thus far, order of dissection now requires, that we should treat of the distribution of the gate-vein; but because it cannot well be understood unless all the nature of the liver from whence it arises, be well known, therefore putting it off to a more fit place, we will now speak of the Liver. Wherefore the Liver (according to *Galen's* opinion, *lib. de form. fetu*) is the first of all the parts of the body, which is finished in conformation, it is the shop and Author of the blood, and the original of the veins; the substance of it, is like the concrete mud of the blood, the quantity of it is divers, not only in bodies of different, but also of the same species; as in men amongst themselves, of whom one will be glutinous and fearfull, another bold, and temperate, or sober; for he shall have a greater liver than this, because it must conceive and concoct a greater quantity of *Chylus*: yet the liver is great in all men, because they have need of a great quantity of blood for the repairing of so many spirits and the substantick moisture, which are resolved and dissipated in every moment by action and contemplation. But there may be a twofold reason given, why such as are fearfull have a larger liver. The first is, because in those the vitall faculty (in which the heat of courage and anger resides) which is in the heart, is weak; and therefore the defect of it must be supplied by the strength of the naturall faculty. For thus nature is accustomed to recompence that which is wanting in one part, by the increase and accession of another. The other reason is, because cold men have a great appetite, for by *Galen's* opinion *In arte parva*, coldness increases the appetite; by which it comes to pass that they have a greater quantity of *Chylus*, by which plenty the liver is nourished and grows larger. Some beasts, as Dogs, and swine, have the liver divided into five or more Lobes, but a man hath but one Lobe, or two, or three at the most; and these not so much distinguished, as which cherish the upper and hollow region of the ventricle, with embracing to help forward the work of concoction. Therefore the liver is almost content with one Lobe, although it is always rent with a small division, that the umbilicall vein piercing into the roots and substance of it, may have a free passage; but also oftentimes there is as it were a certain small lobe of the liver, laid under that umbilicall vein, as a cushion.

The figure of the liver is gibbous; rising up and smooth towards the *Midriff*; towards the stomach is the *sinus* or hollow side of it somewhat unequal, and rough by reason of the distance of the Lobes, the original of the hollow vein, and the site of the bladder of the Gall.

The composition of the liver is of veins, nerves, arteries, the coat and proper substance thereof which we call the gross and concrete blood, or *Peritonium*. Veins and arteries come to it from the navill; but nerves immediately from these which are diffused over the stomach according to *Hippocrates*; yet they penetrate not very deep into its substance, for it seems not to stand in need of such exact sense, but they are distributed upon the coat and surface thereof, because this part made for distribution over the whole body, keeps to it self no acrid or malign humor; for the perception of which it should need a nerve, although the coat investing it, sends many nervous fibers into its substance, as is apparent by the taking away of the coat from a boiled liver; we must think the same of the other entrails.

The coat of the liver is from the *Peritonium*, waxing small from the umbilicall vein, when it divides it self for the generation of the gate and hollow veins, as is observed by *Galen*, *Lib. de format. Fetu*. The liver is only one, situate in the greater part on the right side, but with the lesser part on the left, quite contrary to the stomach. Its chief connexion is with the stomach and guts, by the veins and membranes of the *Peritonium*; by the hollow vein and artery, with the heart; by the nerve with the brain, and by the same ligatures with all the parts of the whole body. It is of a hot and moist temper, and such as have it more hot, have large veins and hot blood; but such as have it cold, have small veins, and a discoloured

hew.

What the liver is.

Its substance and quantity.

Why cowardly have great livers.

The figure.

The composition.

The vessels.

The number and site.

The connexion.

The temper.

flow. The action of the Liver is the conversion of Chylus into the blood, the work of the second concoction. For although the Chylus entering into the meseraick veins, receive some resemblance of blood, yet it acquires not the form and perfection of blood, before it be elaborate, and fully concoct in the liver. It is bound and tyed with three strong ligaments, two on the sides in the midst of the bastard ribs, to bear up its sides, and the third more high and strong, descending from the breast-blade, to sustain its proper part, which with its weight would press the lower orifice of the stomach, and so cause a falling or drawing down of the sternon and collar bone. And thus much may suffice for its proper Ligaments, for we before mentioned its common; the veins, arteries, nerves, and coat of the *Ventriculus*, by which it is knit to the loins and other naturall parts. But we must note, that besides these three proper ligaments, the liver is also bound with others to the bastard ribs, as *Sylvius* observes in his Anatomical observations, and *Hallerus* in his *Practica, Cap. de placentis*.

CHAP. XIX.

Of the bladder of the Gall.

Now we must come to the bladder of the Gall, which is of a nervous substance, and of the bigness of a small pear; it is of figure round, with the bottom more large, but the sides and mouth more narrow and strait. It is composed of a double coat, one proper, consisting of three sorts of fibers, the other from the *peritonaeum*. It hath a vein from the *Porta* or gate-vein, and an artery from that which is diffused into the liver, and a nerve from the sixth conjugation. It is but one and that hid on the right side under the greater lobe of the liver, it is knit with the touching of its own body, and of the passages and channels made for the performance of its actions with the liver, and in like manner with the *Duodenum*, and not seldome with the stomach also, by another passage, and to conclude to all the parts by its veins, nerves, arteries, and common coat. It is of a cold temper, as every nervous part is. The action of it is to separate from the liver the choleric humor, and that excrementitious, but yet natural by the help of the right fibers, for the purifying of the blood, and by the oblique fibers, so long to keep it being drawn, untill it begin to become troublesome in quantity, or quality, or its whole substance, and then by the transverse fibers, to put it down into the *Duodenum* to provoke the expulsive faculty of the guts. I know *Falopius* denies the texture of so many fibers, to be the minister of such action to the gall. But *Vesalius* seems sufficiently to have answered him. The bladder of the gall hath divers channells, for coming with a narrow neck, even to the beginning of the Gate-vein, it is divided into two passages, the one whereof suffering no division is carried into the *Duodenum*, unless that in some it send another branch into the bottom of the stomach, as is observed by *Galen*; which men have a miserable and wretched life, being subject to choleric vomitings, especially when their stomachs are empty, with great pains of their stomach and head, as is also observed by *Galen*, *Cap. 74. Artis Med.* The other coming out of the body of the liver, is divided with infinite branches, accompanying so many branches of the Gate-vein through the substance of the liver, that so the blood unless it be most elaborate and pure, may not rise into the hollow vein, all which things Dissection doth manifestly teach.

The sixth Figure of the bladder of the Gall.



M. the *Pylorus* joynted to the *Duodenum*.
 N. the *Duodenum* joynted to the *Pylorus*.
 P. shews the bottom of the bladder of the gall.
 Q, Q. the holes of the bladder of gall dispersed through the liver, betwixt the roots of the hollow and Gate-vein. R. the root of the Gate vein in the liver. S. the root of the hollow vein in the liver. c. the concourse or meeting of the passages of choler into one branch. b. the neck of the bladder into which the passage is inserted. c. the passage of the Gall into the *Duodenum*. d. the *Duodenum* opened, to manifest the insertion of the *porus biliaris*. e. an artery going to the hollow part of the liver, and the bladder of the gall. f. a small nerve belonging to the liver and the bladder of gall, from the rib branch of the sixth pair. g, g. the cisticks twins from the gate-vein.

CHAP.

CHAP. XX.

Of the Spleen or Mil.

The substance,

Magnitude,
Figure.

Composition,

Number and
Size.

Connexion,

Temper and
Use.

Spleen because we cannot well shew the distribution of the gate-vein, unless the Spleen be first taken away, and removed from its seat: therefore before we go any further, I have thought good to treat of the Spleen. Therefore the Spleen is of a soft, rare, and spongy substance (wherby it might more easily receive and drink up the drops of the blood from the liver) and of a flesh more black than the liver. For it resembles the colour of its muddy blood, from which it is generated. It is of an indifferant greatness, but bigger in some, than in other some, according to the diverse temper and complexion of men. It hath as it were a triangular figure, gibbous on that part, it sticks to the ribs and midriff, but hollow on that part next the stomach. It is composed of a coat, the proper flesh, a vein, artery, and nerve. The membrane comes from the *Peritonæum*, the proper flesh from the *seats* or drops of blood, or rather of the naturall melancholy humour, with which it is nourished. The fourth branch of the *vena porta*, or gate vein, lends it a vein, the first branch of the great descendent artery presently, after the first entrance without the Midriff, lends it an artery. But it receives a nerve, from the left costall, from the sixth conjugation on the inner part, by the roots of the ribs, and we may manifestly see this nerve, not only dispersing it self through the coat of the liver, but also penetrating with its vessels the proper flesh thereof, after the self same manner, as we see it is in the heart and lungs. It is one in number, situate on the left side, between the stomach and the bastard ribs, or rather the midriff which defends to their roots. For it oft times cleaves to the midriff, on its gibbous part, by a coat from the *Peritonæum*, as also on the hollow part to the stomach, both by certain veins which send it into the ventricle, as also by the kall. It hath connexion, either primarily, or secondarily, with all the parts of the body, by these its vessels.

It is of a cold and drie temper: the action and use of it is to separate the melancholick humor, which being feculent and droisie, may be attenuated by the force of many arteries dispersed through its substance. For by their continual motion, and native heat, which they carry in full force with them from the heart, that gross blood puts off its grossness, which the Spleen sends away by passages fit for that purpose, retaining the subtil portion for its nourishment. The passages by which it purges it self from the grossness of the melancholy blood, are a vein ascending from it into the stomach to stir up the appetite by its roughness, and strengthen the substance thereof by its striction, and also another vein, which sometimes from the Spleen branch, sometimes from the Gate-vein, plainly under its orifice, descends to the fundament, there to make the Hæmorrhoidall veins.

CHAP. XXI.

Of the Vena Porta, and Gate-vein, and the distribution thereof.

The substance
and figure,
Composition,
Number and
Size.Temper and
Action.Division thereof
into 6 branches,
of which
4 simple.1
*Cystica gemella*2
*Gastrica*3
*Gastroepiploica*4
Intestinalis

The gate-vein, as also all the other veins, is of a spermatick substance, of a manifest largeness, of a round and hollow figure, like to a pipe or quill. It is composed of its proper coat, and one common from the *Peritonæum*. It is only one, and that situate in the firmous or hollow part of the liver, from whence it breaks forth (or rather out of the umbilicall vein) into the midst of all the guts, with which it hath connexion, as also with the stomach, spleen, *splanchnicæ* of the fundament and *Peritonæum*, by the coat which it receives from thence. It is of a cold and dry temper. The Action of it is, to suck the *Chylus* out of the ventricle and guts, and so to take and carry it to the Liver, until it may carry back the same turned into blood for the nutriment of the stomach, spleen and guts. This gate-vein coming out of the firmous part of the Liver, is divided into six branches, that is, four simple, and two compound, again divided into many other branches. The first of the simple ascends from the forepart of the trunk to the bladder of the Gall by the passage of the Choler (and are marked with *g. g.*) with a like artery for life and nourishment, and this distribution is knowne by the name of *Cystica gemella* or Cystick twins. The second is called the *Gastrica* or stomach vein, arising in like manner from the forepart of the trunk, is carried to the *Pylorus* and the firmous or back part of the stomach next to it.

The third is called *Gastroepiploica*, the stomach and kall vein, which coming from the right side of the gate-vein goes to the gibbous part of the stomach next to the *Pylorus* and the right side of the kall.

The fourth going forth from behind and on the right hand of the gate-vein, ascends above the root of the Meserick branch even to the beginning of the gut *Jejunæum*, along the gut *Duodenum*, from whence it is called *Intestinalis*, or the gut vein. And these are

are the four simple branches. Now we will speak of the compound.

The first is the spleenick, which is divided after the following manner. For in its first beginning and upper part, it sends forth the *Cavales*, or crowne vein of the stomach, which by the back part of the stomach ascends into the upper and hollow part thereof; to which place, as soon as it arrives, it is divided again into two branches, the one whereof climbs up even to its higher orifice, the other descends down to the lower, sending forth by the way other branches to the fore and back parts of the stomach. These engirt and on every side encompass the body of the ventricle, for which cause they are named the crowne veins.

I have sometime observed this coming forth of the trunk, a little above the orifice of the spleenick branch. But this same spleenick branch on its lower part, produces the branch of the Hemorrhoidall veins, which descending to the fundament above the left side of the loines, diffuses a good portion thereof into the least part of the colick gut, and the right gut, at the end whereof it is often seen to be divided into five Hemorrhoidall veins, sometimes more, sometimes less.

Silvius writes that the Hemorrhoidall branch descends from the mesenterick, and truly we have sometimes observed it to have been so. Yet it is more suitable to reason, that it should descend from the spleenick, not only for that we have seen with our eyes that it is so, but also because it is appointed by nature for the evacuation of the excrementitious melancholick humor. But this same spleenick branch out of the middle almost of its upper part produces the third branch going to the gibbous part of the stomach, and the kall they terme it the greater, middle and left *Gastropiplos*. But on the lower part towards the spleen it produces the simple *Epiplos*, or kall-vein, which it diffuses through the left side of the kall. Moreover from its upper part, which touches the liver, it sends forth a short branch called *vas breve*, or tension, to the upper orifice of the ventricle for stirring up the appetite.

We have oftentimes and almost always observed, that this venie vessel, which *Galen* calls *vas breve*, comes from the very body of the spleen, and is terminated in the middle of the stomach on the left side, but never pierces both the coats thereof. Wherefore it is somewhat difficult to find, how the melancholy juyce can that way be powred, or sent into the capacite of the stomach. Now the spleenick branch, when it hath produced out of it those five fore-mentioned branches, is walled and dispersed into the substance and body of the spleen.

Then follows another compound branch of the *vena porta*, called the mesenterick, which is divided into three parts; the first and least whereof goes to the blind gut and to the right and middle part of the colick-gut, divided into an infinite multitude of other branches. The second and middle is walled in the *Ileum*; the third and greater in the *Jejunum* or empty gut. It is called Mesenterick because it is diffused over all the Mesentery; as the spleenick is in the spleen. And thus much we have to say of the division of the gate vein, the which if at any time thou shalt find to be otherwise, than I have set downe, you must not wonder at it; for you shall scarce find it the same in two bodies, by reason of the infinite varietie of particular bodies, which (as the Philosophers say) have each their own, or peculiar gifts. Our judgment is the same of other divisions of the vessels. Yet we have set down that which we have most frequently observed.

CHAP. XXII.

Of the original of the Artery, and the division of the branch,
descending to the naturall parts.



Hose things being thus finished and considered, the guts should be pulled away, but seeing that we should do so, we should disturb and lose the division of the artery descending to the naturall parts; therefore I have thought it better to handle the division thereof, before the guts be plucked away. Therefore we must suppose, according to *Galen's* opinion, that as all the veins come from the liver, so all arteries proceed from the heart. This presently at the beginning is divided into two branches, the greater whereof descends downwards to the naturall parts upon the spine of the back, taking its beginning at the fifth vertebra thereof, from whence it goes into the following arteries. The first called the intercostall, runs amongst the intercostall muscles, and the distances of the ribs, and spinal marrow, through the perforations of the nerves on the right and left hand from the sixth true, even to the last of the bastard ribs.

This in going this progress makes 7 little branchings, distributed after the forementioned manner, and going forth of the trunk of the descendent over against each of the intercostall Muscles.

The second being parted into two goes on each side to the Midriff, whence it may be called, or expell'd by the name of the *Diaphragmatica* or *Pleuraica*, (T) the midriff artery. The third being of a large proportion, arising from the upper part of the arteric presently after it hath passed the midriff, is divided into two notable branches, whereof one goes to the stomach, spleen, kall, to the hollow part of the liver and the gall; the other is sent forth to the

1 compound.

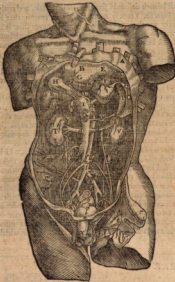
1
Ramus spleni-
cus sending
forth.2
Cavales.2
Hemorrhoida-
lis,
inferna.3
Gastropiplos
major sinistra.4
Epiplos Simp-
lex.5
Vas breve in
ventricum.Lib. 4 de usu
partium.3
Ramus mesen-
tericus divided
into three
parts.The original
of arteries.
The division
of the great
descendent ar-
tery, is into
these.1
Arteria inter-
costalis.2
Phrenica
3
Cavales.

mesentery and guts after the same manner, as we said of the meseraick veins, wherefore it is called the *Colicæ*, or stomach artery. But we must note, all their mouths penetrate even to the innermost coat of the guts, that by that means they may the better and more easily attract the Chyle contained in them.

The fourth is carryed to the reins, where it is named the *Reinall* or *Emulgent*, because it sucks fit matter from the whole mass of blood.

The fifth is sent to the testicles with the preparing *Spermatick* veins, whence also it is named the *Spermatick* Artery, which arises on the right side, from the very trunk of the descendent Artery, that it may associate the spermatick vein of the same side, they run one above another, beneath the hollow vein, wherefore we must have a great care whilst we labour to lay it open, that we do not hurt and break it.

The seventh figure of the lower Belly.



- A, A, The midriff turned back with the ribs and the *peritonæum*.
 BB, The cave or hollow part of the liver, for the liver is lifted up that the hollow part it may be better seen.
 C, The least ligament of the liver.
 D, The Umbilical vein.
 E, The hollownets in the liver, which give way to the stomach.
 F, The left orifice of the stomach.
 G G, Certain knobs, or knots, and impressions in the hollow part of the liver.
 H, The bladder of gall.
 I, The Gate-vein, cut off, and branches, which go to the bladder of gall.
 K, A nerve of the liver coming from the stomachicall nerve.
 L, An Artery common to the liver and bladder of gall.
 M, A Nerve common also to them both, coming from the right *costall* Nerve of the ribs.
 N, the passage of the Gall to the Guts cut off.
 O O, The hollow of the fore parts of the Spleen.
 P, The line where the vessels of the Spleen are implanted. Q, The trunk of the hollow vein. R, The trunk of the great Artery. S, The *Colicæ* Artery cut off. T, V, The Kidneys yet wrapped in their membrane. X, Y, The fatty veins called *vena adiposa*. Z, The Emulgent veins with the Arteries under them. *c, d, d,* The Ureter from either kidney to the bladder. *e, f,* The spermatick veins to the testicles, the right from the hollow vein, the left from the Emulgent. *g, g,* Veins coming from the spermatick to the *peritonæum*. *h, h,* the spermatick Arteries. *k,* The lower mesenterick Artery. *l,* The ascending of the great Artery above the hollow vein, and the division of it, and the hollow vein into two trunks. *m,* the Arteries of the loins called *lumbæ*. *n,* The holy Artery called *Sacra*. *a,* A part of the right gut. *p,* The bladder of Urine. * The connexion of the bladder with the *peritonæum*. *q,* A part of the vessels which lead the feed from the Testicles, is here reflected. *r, s,* the *presterium*, or cod, that is, the skin that invests the yard and testicles. *t,* The belly pannicle or membrane which is under the cod. *u,* The coat which is proper to the testicles with his vessels. *x,* A part of the yard excoriated or flayed, and hanging down.

The sixth going from the fore and upper part of this descendent artery, descends with the *Hæmorrhoidal* veins to the fundament; presently from his beginning, sending forth certain branches amongst the colick gut, which by *Anastomosis* are united with other branches of the *Colicæ* Arteries; for whosoever shall look more attentively, he shall often observe that veins are so united amongst themselves, and also Arteries, and sometimes also the veins with the Arteries. For an *anastomosis* is a communion and communicating of the vessels amongst themselves, by the application of their mouths, that so by mutuall supplies they may ease each others defects. But they call this the lower meseraick Artery.

The seventh proceeding from the trunk with so many branches as there be *Perrin's*

Hæmorrhoidal
veinæ
inferiæ.

72
 Lumbæ.

in the loines, goes to the loines and the parts belonging to them, that is, the spinall marrow of that part, and other parts encompassing these *Vertebra's*, whereupon it is filled the *Lumbaris* or *Loin* Artery.

The eight maketh the Iliack arteries, untill such time as it departs from the *Peritonaeum*, where the *Cruall* Arteries take their originall. This Iliack Artery sends many divarications towards the Holy bone where it takes its beginning, and to the places lying near the Holy bone, which because they run the same course as the Iliack veins, for brevities sake, we will let pass further mention of them, till we come to treat of the Iliack veins.

CHAP. XXIII.

Of the distribution of the Nerves to the naturall parts.

TR remains, that before the bowels be taken away, we shew the nerves sent to the entrails and naturall parts, that as wise and provident men we may seem to have omitted nothing. First we must know that these nerves are of the sixth conjugation, which descend as well to the stomach all along the Gullet and the sides thereof, as those at the roots of the ribs on both sides within. But when they are passed through the Midriff, those which are distributed amongst the naturall parts follow the turnings of the veins and arteries, but specially of the arteries. Wherefore if you have a mind to follow this distribution of the nerves, you must chiefly look for it in those places, in which the artery is distributed amongst the Guts above the loins.

These nerves are but small, because the parts serving for nutrition, needed none but little nerves, for the performance of the third duty of the nerves, which is in the discerning & knowing of what is troublesome to them. For unless they had this sense, there is nothing would hinder, but these bowels necessary for life, being possessed with some hurtfull thing, the creature should presently fall down dead; but we have this benefit by this sense, that as soon as any thing troubles and vellicates the bowels, we being admonished thereof may look for help in time.

And besides if they were destitute of this sense, they might be gnawn, ulcerated and putrefied by the raging acrimony of the excrements falling into and staying in them, but now (by means hereof) as soon as they find themselves pricked, or plucked, presently by the expulsive faculty they endeavour to expell that which is troublesome, and so free themselves of present and future dangers.

CHAP. XXIII.

The manner of taking out the Guts.

When the Guts are to be taken out, you must begin with the right Gut. And you must divide it, being first strictly tyed in two different places, at a just distance about four fingers from the end, with a sharp knife between the two ligatures.

Then you must shew its proper coats, and fibers, and that common one which is bath from the *Peritonaeum*. This being done, you must in like manner bind the trunk of the gate veine as near the originall as you can, that so all his branches being in like manner tyed there may be no feare of effusion of blood; you must doe the like with the *Cœliack* Artery at the left Kidney, and in the lower *Mesenterick*, which descends to the right Gut with the *Hæmorrhoidall* veins. This being done, pull away the guts even to the *Duodenum*, which being in like manner tyed in two places, which ought to be below the insertion of the *Ferm Chylagogæ* or passage of the Gall, that you may shew the oblique insertion thereof into that gut, for the obliquity of its insertion is worth observation, as that which is the cause that the Gall cannot flow back into its bladder, by the compression of this Gut from below upwards. Then all these windings of the Guts may be taken away from the body.

CHAP. XXV.

The Originall and distribution of the descendend Hollow veine.

BEcause the rest of the naturall parts, do almost all depend upon the descendend Hollow vein, therefore before we goe any further, we will shew its originall and distribution. We said before that all veins proceeded from the Liver, but yet in divers places. For the gate vein goes out of the hollow part, and the hollow vein out of the Gibbous part of the liver, which going forth like the body of a tree, is divided into two great branches, the lesser of which goes to the vital & animal parts,

The originall of the nerves which are carryed to the naturall parts.

These magni velle and alia.

The originall of the hollow veins. It is divided into two trunks.

The division
of the greater
branch of the
hollow vein.

1.
Alipha.

2.
Emulgent.

3.
Spermatick.

4.
Lumbark.

5.
Hiaze which
are divided
into.

1.
Musculosa.

2.
Sacro.

3.
Hypogastrica,
which produce
the Hemor-
rhoidales ex-
ternae.

4.
Epiogastrica.

5.
Pudenda.

and the extremities of these parts, as we shall shew in their place. The greater descending from the back part of the Liver above the *Peritonea*'s of the loins to the parts beneath, goes in the manner following. The first division thereof is to the membranes of the reins, which come from the *Peritoneum*. Wherefore there it produces the *Vena adiposa*, or fatty vein, so called, because they bring forth a great quantity of fat in those places; Of these fatty veins, there is a divers original, for the right doth oftentimes arise from the right emulgent, because it is higher; but the left comes from the very trunk of the hollow vein because the Emulgent on that side is lower, and you shall scarce see it happen otherwise.

The second being the Kidney or Emulgent veins, go to the Reins, which at their entrance, or a little before, is divided into two branches, like as the Artery is, the one higher, the other lower, and these again into many other through the substance of the Kidneys, as you may learn better by ocular inspection, than by book. They are thick and broad, that the ferous humor may without impediment have freer passage. Their original is different, for the right Emulgent oftentimes comes forth of the hollow vein somewhat higher than the left; that seeing their office and duty is to purge the mass of blood from the cholerick and ferous humor, that if any part thereof stide by the one, it may not so scape, but fall as it were into the other. Which certainly would not have happened if they had been placed the one just opposite to the other. For the ferous or wheyish humor would have stayed aspecially ballanced or poised, by reason of the contrariety of the action and traction, or drawing thereof. But we must remember that in dissecting of bodies, I have oftentimes found in such as have been troubled with the stone, seven Emulgent veins and so many arteries; four from the left side coming from divers places, of which the last came from the Illack; three from the right hand likewise in divers places.

The third division is called the Spermatick or seed vein, it goes to the Testicles, the original thereof is thus, that the right arises on the forepart of the trunk of the hollow vein; but the left most commonly from the Emulgent. Besides you shall sometimes find that these have companions with them, to the right Emulgent; but to the left, another from the hollow vein, in some but on one side, in others on both. But also I have sometimes observed the left emulgent to proceed from the spermatick or seed vein.

The fourth because it goes to the loins is called *Lumbark*; which in his original and insertion is wholly like the Artery of the loins. But there are 4 *Lumbark* or Loins-veins on each side, that is, one in each of the 4 spaces of the 5 *Vertebra*'s of the loins.

The fifth division makes the *Hiaze*, untill passing through the *Peritoneum*, they take the names of Crurall veins; These are first divided into the musculous, so called, because they go to the oblique ascendent and transverse muscles, and to the *Peritoneum*. Sometimes they have their original from the end of the Trunk. And then the same *Hiaze*, are divided into the *Sacro*, or Holy, which goe to the spinal marrow of the Holy-bone, through those holes, by which the nerves generated of this marrow, have their passage.

Thirdly, the *Hiaze* are divided into the *Hypogastrica*, so called, because they were distributed to all the parts of the *Hypogastrium*, or lower part of the lower belly, as to the right Gut, the muscles thereof, the musculous skin, (in which place they often make the external Hemorrhoidall, ordained for the purging of such blood as offends in quantity, as those other, [that is, the inward Hemorrhoidall] which descends to the right Gut from the Gate-vein by the spleenick branch, serves for cleansing of that which offends in quality,) to the bladder and the neck thereof, even to the end of the yard, to the womb and even to the neck of the wombe and utmost parts of the privities, from whence it is likely the courses break forth in women with child and Virgins. But this same vein also sends a portion also without the *Epiogastrium* by that perforation which is common to the share and haunch bones, which strengthened by meeting of the other internall Crurall vein descends even to the Ham, but in the mean time by the way it is communicated to the muscles of the thigh called *Obstrutores* and other parts within. Fourthly, the *Hiaze* produce the *Epiogastrica* which on both sides from below ascend according to the length of the right muscles, spreading also by the way some branches to the oblique and transverse muscles and also to the *Peritoneum*. Fifthly, these produce *Hiaze* the *Pudenda* or veins of the privities, because they go in women to their privities, and into men to the Cods, where they enter that fleshy coat filled with veins, and go to the skin of the yard, they take their beginning under the *Hypogastrica*.

CHAP.

CHAP. XXVI.

Of the Kidneys or Reins.

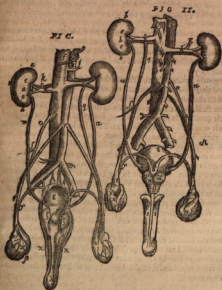
Now follow the Kidneys, which that they may be more easily seen, (after that you have diligently observed their situation) you shall dispoil of their fat, if they have any about them, as also of the membrane they have from the *Peritonaeum*. First, you shall shew all their conditions, beginning at their substance.

The substance of the Kidneys is fleshy, dense and solid, lest they should be hurt by the sharpness of the urine. Their magnitude is large enough, as you may see. Their figure is somewhat long and round almost resembling a semicircle, and they are lightly flattened above and below. They are partly hollow and partly gibbous; the hollow lies next the hollow vein, and on this side they receive the *Emulgent* veins and Arteries, and send forth the *Ureters*, their gibbous part lies towards the loins. They are composed of a coat coming from the *Peritonaeum*, their own peculiar flesh, with the effusion of blood about the proper vessels, (as happens also in other entrails) generates a small nerve, which springing from the *Coffall* of the sixth conjugation is diffused to each Kidney on his side into the coat of the kidney it self, although others think it always accompanies the vein and artery.

Their substance, Magnitude, Figure.

Composition.

The ninth and tenth figure of the vessels of seed and urine.



The first figure sheweth the fore-side, the second the hinder-side.

- a. a. 1. The forepart of the right kidney.
- b. b. 1, 2. The back part of the left kidney.
- c. 1. the outside.
- d. d. 1, 2. The inner-side.
- e. e. 1, 2. The two cavities whereinto the emulgent vessels are inserted.
- f. f. 1, 2. The trunk of the hollow vein.
- g. g. 1, 2. The trunk of the great artery.
- h. h. 1, 2. The emulgent vein and artery.
- k. k. 1, 2. The right fatty vein.
- l. 1. The left fatty vein.
- m. 1. The Coeliacall artery.
- n. n. 1, 2. The ureters.
- o. p. q. 1, 2. The right spermatick veine which ariseth neerp. the left near q.
- r. i. The place where the Arteries of the seed arise.
- s. 1, 2. Small branches distributed from the spermaticall veins to the *Peritonaeum*.
- t. 1, 2. The spiry varicous body, called *Varicosum Vm pyramidalis*.
- u. 1, 2. The *Parastidæ*, or *Epididymis*.
- x. 1. The testicle yet covered with its coat.
- y. 1, 2. The place where the leading vessell called *vas deferens*, doth arise.
- z. 1, 2. The descent of the same leading vessell.
- aa. 1, 2. The revolution of the same leading vessell.
- bb. 1, 2. The passage of the same vessell, reflected like a recurrent nerve.
- cc. 2. The meeting of the same leading vessells.
- dd. 1, 2. The bladder of urine, the first figure sheweth it open, the second sheweth the back parts.
- ee. 1. The small bladder of the seed opened.
- ff. 1, 2. The Glandules called *Glandule Prostatae*.
- gg. 1. The Sphincter muscle of the bladder.
- hh. 1, 2. The two bodies which make the substance of the yard.
- ii. 1. The vessells which go unto the yard and neck of the bladder.
- jj. 1. The passage which is common to the urine and seed, cut open.
- kk. 2. The implantation of the ureters into the bladder.

But *Fallopia* that most diligent Author of Anatomy hath observed, that this nerve is not only oftentimes divaricated into the coat of the kidneys, but also pierces into their substance.

Number.	<p>stance. They are two in number, that if the one of them should by chance be hurt, the other might supply those necessities of nature, for which the Kidneys are made. They lye upon the loyns at the sides of the great vessels, on which they depend by their proper veins and arteries, and they stick to them, as it were by a certain second coat, lest that they might be shaken by any violent motions. Wherefore we may say that the Kidneys have two coats, one proper adhering to their substance, the other as it were coming from the <i>Peritonæum</i> on that part they stick to it. The right Kidney is almost alwayes the higher, for those reasons I gave, speaking of the originall of the Emulgent vessels. <i>Calenius</i> seems to thinke the contrary, but such like controversies may be quickly decided by the Eye. They have connexion with the Principall vessels by the veins, nerves and arteries, by the coats with the loyns & the other parts of the lower belly, but especially with the bladder by the ureters. They are of a hot and moist temper, as all fleshy parts are. Their action is to cleanse the Mass of the blood from the greater part of the serous and choleric humor. I said the greater part, because it is needfull that some portion thereof should go with the alimentary blood to the solid parts, to serve in stead of a vehicle, lest otherwise it should be too thick.</p>
Sit.	
Connexion.	
Temper. Action.	
Their structure.	

Besides you must note that in each Kidney there is a cavity bounded by a certain membrane, inclosed by the division of the Emulgent veins and arteries, through which the urine is strained partly by the expulsive faculty of the Kidneys, partly by the attractive of the ureters, which run through the substance of the Kidneys, on the hollow side, no otherwise than the *Peritoniolum* through the body of the Liver.

CHAP. XXVII.

Of the spermatick Vessels.

Now we should have spoken of the ureters, because as we said before, they are passages derived from the Kidneys to carry the urine to the bladder. But because they cannot be distinguished and shew'd unless by the corrupting and vitiating the site of the spermatick vessels; therefore I have thought it better to pass to the explication of all the spermatick parts.

Their substance. Quantity.	<p>And first of all you must gently separate them, (that so the declaration of them may be more easie and manifest) and that from the coat which comes from the <i>peritonæum</i>, and the fat which invests them even to the share-bone, having diligently considered their use before you separate them. Then you shall teach that the substance of these vessels, is like to that of the veins and arteries. Their quantity is small in thickness, but of an indifferēt length by reason of the distance of their originall from the Testicles. They are longer in men than in women, because these have their Testicles hanging without their belly, but women have them lying hid within their belly. Their figure and composition is wholly like the figure and composition of the veins and arteries, except in this one thing, that from that place where they goe forth of the great capacity of the <i>Peritonæum</i>, they are turned into many intricate windings, like crooked swollen veins, even to the Testicles. That the spermatick matter in that one tract, which yet is no other than blood, may be prepared to concoction, or rather be turned into seed in these vessels, by the irradiation of the faculty of the Testicles. These vessels are six in number, foure preparing, and two ejaculatory, of which we will speak hereafter. Therefore on each side there be two preparing vessels, that is, a vein and an artery, arising as we told you when we spoke of the distribution of the hollow vein. They are inserted into the Testicles through that coat which some call <i>Epididymis</i>, others <i>Dortos</i>. Their site is oblique above the loyns & flanks, whilst they run downe between the ends of the share and haunch bone, they are knit to the parts lying under them, both by certaine fibers which they find from them, as also by the membrane they have from the <i>Peritonæum</i>. They have like temperature as the veins and Arteries have. Their action is to carry blood to the Testicles, for generating of seed.</p>
Figure and composition.	
Number.	
Site.	
Their use.	

CHAP. XXVIII.

Of the Testicles, or Stones.

Their substance.	<p>The Testicles are of a Glandulous, white, soft and loose substance, that so they may the more easly receive the spermatick matter: their magnitude and figure equal, and resemble a small pullets Egge somewhat flattened; their composition is of veins, arteries, coats and their proper flesh. Their veins and arteries proceed from the spermatick vessels, their nerves from the six conjugation, by the roots of the ribs and out of the holy bone. They are wrapped in foure coats, two whereof are common, and two proper. The common are the <i>Scrotum</i> or skin of the Cods, proceeding from the true skin, and the fleshy coat, which consists of the fleshy Pannicle in that place receiving a great number, of vessels, through which occasion it is so called. The proper coats are first the <i>Erythra</i> arising from the process of the <i>Peritonæum</i>, going into the <i>Scrotum</i> together</p>
Magnitude and figure. Composition.	
The coat which they are wrapped in.	
Their use.	
Their situation.	

gether with the spermatick vessels which it involves and covers; this appears red both by reason of the vessels as also of the Cremaster muscles of the Testicles; Then the *Epididymis* or *Dartos* which takes its originall of the membrane of the spermatick preparing vessels. The flesh of the Testicles is as it were a certaine effusion of matter about the vessels, as we said of other entrails. But you must observe that the *Erythrois* encompasses the whole stone, except its head, in which place it sticks to the *Epididymis*, which is continued through the whole substance of the Testicle. This *Epididymis* or *Dartos* was therefore put about the stones, because the Testicles of themselves, are loose, spongius, cavernous and soft, so that they cannot safely be joined to the spermatick vessels, which are hard and strong. Wherefore Nature that it might join extremities by a fit *Mesodion* or mean, formed this coat *Epididymis*. This is scarce apparent in women by reason of its smallness. The two forementioned common coats, adhere or stick together by their vessels not only amongst themselves, but also with the *Erythrois*. You must besides observe the Cremaster muscles are of the said substance with other muscles, small and thin, of an oblique and broad figure, arising from the membrane of the *Peritonaeum*, which (as we said before) assumes flesh from the flanks. Their composition is like that of other muscles. They are two, on each side one. They are situate from the ends of the flanks, even to the stones. They have connexion with the process of the *Peritonaeum* and Testicles. Their temper is like that of other muscles. Their action is to hang and draw up the Testicles towards the belly, whence they are called hanging muscles. The Testicles are most commonly two in number, on each side one; sometimes there be three, sometimes one alone, as it happens also in the Kidneys; for some have but one Kidney. They lie hid in the *Scrotum* at the very roots of the fibrous bone, connexed to the principall parts of their vessels, with the neck of the bladder and yard; but by their coats they adhere to the parts from whence they have them. They are of a cold and moist temper, because they are glandulous; although they may be hot by accident, by reason of the multitude of the vessels flowing thither. Those whose testicles are more hot are prompt to venery, and have their privities and the adjacent parts very hairy, and besides their testicles are very large and compact. Those on the contrary that have them cold are slow to venery, neither do they beget many children, and those they get are rather female than male, their privities have little hair upon them, and their testicles are small, soft and flat.

The Epididymis, or Dartos

The Cremaster muscles.

Temper.

Action.

The action of the Testicles is to generate seed, to corroborate all the parts of the body, and by a certain manly irradiation to breed or encrease a true masculine courage. This you may know by Eunuchs or such as are Geld, who are of a womanish nature, and are oftentimes more tender and weak than women. As *Hippocrates* teaches, by example of the *Scythians*, *lib. de Aer, locis & aquis*.

CHAP. XXIX.

Of the various bodies or Parasit's, and of the ejaculatory vessels, and the glandulous or Prostates.

THe various *Parasitae* are nervous and white bodies, like as the nerves wound and close woven amongst themselves, they are stretched even from the top to the bottom of the testicles, from whence presently by their departure they produce the *Vasa ejaculatoria*, or leading vessels. But unless we doe very well distinguish their names, they shall scarce shun confusion. For that which I call *Parasitae*; that is, as it were the head of the testicle, being as it were like another stone, is called *Epididymis* by *Galen. lib. 1. de femine*. But I by the example and authority of many Anatomists, understand by the *Epididymis* the proper coat of the testicles, of which thing I thought good by the way to admonish you of. Their Action is by their crooked passages to hinder the seed from departing out of the preparing into the leading vessels before it shall bee most perfectly laboured and concocted in these vessels by the power and force of the testicles. For in the first windings, the blood looks pure, but in the last it is not so red, but somewhat whitish. For Nature commonly doth thus delay the matter in its passage either by straitness, or obliquity, which it desires to make more perfect and elaborate by any new concoction; this we may learn by the foldings of the *Katestrabils*, the windings of the Guts, the wrinkles in the bottom of the stomach, the straitness of the *Pylorus*, the capillary veins dispersed through the body of the Liver, certainly nature hath intended some such thing in the making of the spermatick vessels. Their quantity is visible, and figure round, tending somewhat to sharpness. They are composed of veins, nerves, and arteries, which they enjoy from the vessels of the testicles, from the *Epididymis*, or the coat, from the *Peritonaeum* and their proper substance. Their temper is cold and dry. They bee two in number, one to each testicle. But these various bodies are called *Parasitae*; *Assistens*, because they superficially assist, and are knite to the testicles according to their length, or long ways. One of the *Parasitae* proceed the *Vasa ejaculatoria*, or leading vessels, being of the same substance as their Progenitors; that is, solid, white and as it were nervous. Their quantity is indifferent, their figure round, and hollow, that the seed may have a free passage through them, yet they seem not to bee perforated by any manifest passage,

Their substance.

Here the author speaks otherwise then Galen, Action.

Their quantity figure, and compactness.

Their temper and number.

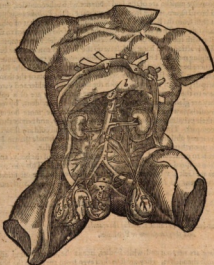
Vasa ejaculatoria, or ejaculatory or leading vessels.

untill

unless by chance in such as have had a long *Caerthant*. They have like temper as the *Paraftates*, between which and the *Proftates* they are seated, immediately knit with them both, as both in the coat and the other vessels with the parts from whence they take them.

But we must note, that such like vessels coming out of the *paraftates* ascend from the bottom of the flons even to the top, in which place meeting with the preparing vessels, they rise into the belly by the same passages, and bind themselves together by nervous fibers, even to the inner capacity of the belly, from whence turning back, they forsake the preparing, that so they may run to the bottom of the share-bone, into the midst of two glandulous bodies which they call *proftates* situate at the neck of the bladder, that there meeting together they may grow into one passage.

The tenth figure, wherein those things showed in the former figure, are more exactly set forth.



- aa, A part of the *Midriff* and of the *Peritonaeum* with the ribs broken.
 bb, cc, The Convex or gibbous part of the *Liver* marked with bb, the hollow or concavous part with cc.
 dd, The right and left ligaments of the *Liver*.
 e, The trunk of the gate vein.
 ff, The trunk of the hollow vein.
 gg, h, The fatty veins both left and right.
 i, The ascent of the great artery of above the hollow vein, and the division thereof.
 k, The *Celiac* artery.
 m, n, The emulgent vessels.
 oo, pp, The fat tunicles or coats torn from both the *kidneys*.
 qq, The *ureters* that go unto the *bladder*.
 r, s, The right spermaticall vein which ariseth near to a, n, j, The

double original of the left spermaticall vein. x. from the emulgent. y, from the hollow vein. aa, The original of the spermaticall arteritis. b, Certain branches from the spermatick arteries which run unto the *Peritonaeum*. c, The passage of the spermatick vessels through the productions of the *Peritonaeum*, which must be observed by such as use to cut for the *Rupture*. d, The spiny bodden bodies entrance into the *testicle*, it is called *Corpus testisium pyramidale*. e, The *Paraftate*. f, The flone or testicle covered with his inmost coat. g, The defect of the leading vessell called *Vas deferens*. h, j, The *Bladder*. k, The right gut. l, The glandules called *proftates* into which the leading vessels are inserted. m, The muscle of the *bladder*. nn, Two bodies of the *yard*. oo and p, his vessels. qq, The coat of the *Testicle*. r, s, The muscle of the *Testicle*. t, lit vessels u.

For thus of three passages, that is, of the 2 leading vessels, and 1 passage of the bladder, there is one common, one in men for the casting forth of seed and urine. A Caruncle rising like a crest at the beginning of the neck of the bladder argues this uniting of the passages, which receiving this same passage which is sufficiently large, is oft-times taken by such as are ignorant in Anatomy for an unnatural Caruncle, then especially when it is swollen through any occasion. These leading vessels are two in number, on each side one. Their action is to convey the seed made by the testicles to the *Proftates*, & so to the neck of the bladder, so to be cast forth at the common passage. But if any ask whether that common passage made by the two leading vessels between the two glandulous bodies be obvious to sense or no: We answer, it is not manifest, though reason compell us to confess that that way is perforated by reason of the spermatick, gross and viscous matter carried that way. But peradventure the reason why that passage cannot be seen is, because in a dead carcass all small passages are closed and hid, the heat and spirit being gone, and the great appear much less,

by

Their number and action,

by reason all the perforations fade, and fall into themselves. Yet certainly these passages must needs be very strait, even in a living man, seeing that in a dead they will not admit the point of a needle. Wherefore we need not fear, lest in searching, whilst we thrust the Catheter into the bladder, it penetrate into the common passage of the leading vessels which runs within the Caruncle, unless peradventure by some chance, as a *Gonorrhoea*, or some great *Phlegmon*, it be much dilated besides nature. For I have sometimes seen such passages so open, that they would receive the head of a Spartern; which thing should admonish us, that in searching we take great care, that we do not rashly hurt this Caruncle, for being somewhat rashly handled with a Catheter it casts forth blood, especially if it be inflamed. But also the concourse of the spirits Bowing with great violence together with the seed, much helps forward such ejaculation thereof performed through these strait passages by the power of the imaginative faculty in the Act of generation.

After the leading vessels follow the *Prostates*, being glandulous bodies of the same substance and temper that other Glandules are. Their quantity is large enough, their figure round, & somewhat long, sending forth on each side a soft production of an indifferent length. They are composed of veins, nerves, arteries, a coat (which they have from the neighbouring parts) and lastly their proper flesh, which they have from their first conformation. They are two in number, situate at the root of the neck of the bladder, somewhat straitly bound or tyed to the same, to the leading vessels, and the parts annexed to them. But alwayes observe, that every part which enjoys nourishment, life and sense, either first or last hath connexion with the principall parts of the body, by the intercourse of the vessels which they receive from thence.

The use of the *Prostates* is, to receive in their proper body the seed laboured in the testicles, and to contain it there, untill it be troublesome either in quantity or quality, or both. Besides they contain a certain oily and viscid humor in their glandulous body, that continually distilling into the passage of the urine, it may preserve it from the acrimony & sharpness thereof. But we have observed also on each side other Glandules, which *Fernelius* calls *Appendices glandulosae*, Glandulous dependences to arise from these *prostates*, in which also there is seed reserved.

C H A P. XXX.

Of the Ureters.

NOW it seems fit to speak of the *Ureters*, bladder and parts belonging to the bladder. Therefore the Ureters are of a spermatick, white, dense and solid substance, of an indifferent bigness in length and thickness. Their figure is round and hollow. They are composed of two coats, one proper, consisting of right and transverse fibers, which comes from the emulgent veins and arteries; the other common, from the *Peritonaeum*, besides they have veins, nerves and arteries from the neighbouring parts.

They be two in number, on each side one; they are situate between the Kidneys (out of whose hollow part they proceed) and the bladder. But the manner how the Ureters insert or enter themselves into the bladder, and the *Para Cholagoga* into the *Duodenum*, exceeds admiration; for the ureters are not directly but obliquely implanted neer the orifice of the bladder, and penetrate into the inner space thereof; for within they doe as it were divide the membrane or membranous coat of the body of the bladder, and insinuate themselves into that, as though it were double. But this is opened at the entrance of the urine, but shut at other times the cover as it were falling upon it, so that the humor which is fall into the capacity of the bladder cannot be forced or driven back, no not so much as the aire blown into it can come this way out, as we see in swines bladders blown up and filled with aire.

For we see it is the Aire contained in these which fills them thus, neither can it be pressed forth but with extraordinary force.

For as this skin or coat turned in by the force of the humor gives way, so it being pressed out by the body contained within, thrusts its whole body into the passage as a stopple; like to this is the insertion of the *Para Cholagoga* into the *Guts*.

The ureters have connexion with the above mentioned parts, with the muscles of the Joins upon which they run from the Kidneys to the bladder.

Wherefore nothing hinders, but that the stone sliding through the ureters into the bladder, may stuppe the thigh as much as it did when it was in the Kidney. They are of a cold and dry temper.

Their use is, to serve as passages, or channels for carrying the urine into the bladder.

C H A P. XXXI.

Of the Bladder.

THE bladder is of the same substance that the ureters, that is, nervous, that so it may be the more easily dilated.

It is of a large proportion, in some bigger, in some lesse, according to the difference of age, and habit of body. It is of a round figure and as it were

Pyramidall.

This Caruncle must be observed and distinguished from *Hypertrophies* or fleshy excrescences.

The *Prostate* Their quantity and figure.

Number and Sit.

An anatomical callation.

Their use.

Found in most of the kind of works.

The substance magnitude, figure and composition of the Ureters.

Number and Sit.

Connexion.

Temper and use.

The substance.

Figure.

Composition.

It is composed of the two coats, one proper, which is very thick and strong, composed of the three sorts of fibers, that is, in the inner side of the direct, without of the transverse and in the middle of the oblique. The other common Coat coming from the *Peritonæum* hath veins and arteries on each side one, from the *Hypogastrick* vessels above the holy-bone, also it hath nerves on each side from the sixth conjugation mixt with the nerves of the holy-bone.

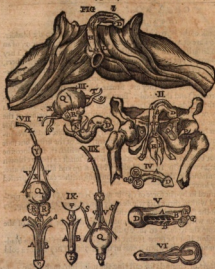
For these nerves descend from the brain even to the end of the holy-bone.

It is but one and that situate in men in the lower belly upon the right gut and below the share-bone, but in women between the womb and that bone, to which it cleaves with its membranous ligaments, as it doth to the yard by its neck, and to the right gut by its common coat and proper vessels. It is of a cold and dry temper.

Temper, use or action.

The use and action thereof is by the fibers continually to draw the urine, and contain it as long as need requires, and then to expell it by the neck, partly by compression either of its self, or rather to the muscles of the *Epicrismus* and midriff, because this motion, seeing it is voluntary cannot be performed unless by a muscle which the bladder wants; partly by the dilatation and relaxation of the Sphincter muscle composed of transverse fibers, like the sphincter of the fundament, after the same manner to shut up the orifice of the bladder, that the urine flow not out against our will. But the bladder as it fills is dilated, but as it is emptied, it is contracted like a purse. You may easily observe this Muscle in a Sow's bladder, it is stretched from the orifice of the bladder and beginning of the urinary passage even to the privities even in women, but in man it is terminated in the *Peritonæum* as soon as it hath left the right Gut. Besides, this muscle is thus far stretched forth, that the urine by its compression should be wholly pressed out of the bladder, which by too long stay would by its acrimony do some harm. This is the common opinion of Anatomists concerning the Sphincter of the bladder, which nevertheless *Fallopia* allows not of. For (saith he) if this muscle should be situate beneath the glandulous bodies, the seed in copulation could never be cast forth without some small quantity of urine. Wherefore he thinks that this muscle is situate above the *Prostates*, and that it is nothing else but the beginning of the neck of the bladder, which becomes more fleshy whilst it is woven with transverse fibers.

The eleventh figure of the Bladder and Yard.



AB, 1, 2, 3, 4, 5, 7, 9, the two bodies which make the yard.

CC, 2, 3, the place where these two bodies do first arise.

D, 1, 2, 3, 4, 5, 7, 9, the neck of the yard called *glans penis*.

EE, 4, 5, the fungous and red substance of the bodies of the yard.

F, 4, 5, the natural connexion of the bodies of the yard, and the nervous outward substance of the same, compassing round about the former fungous substance.

G, 1, 2, 3, 4, 5, 7, 9, the passage of the Urine, or common pipe running under the yard all along his length.

H, 1, 2, the first pair of Muscles of the yard, which in the first figure do yet grow to it, but in the second they hang from their original.

K, 1, 2, the second pair of

Muscles of the yard, in the first figure growing, in the second hanging from their insertion. M, 1, 2, the Sphincter of the right gut. N, 3, 7, 8, 9, the round sphincter Muscle of the bladder. OO, a Membrane which is over the holes of the share-bone. P, 2, a round Ligament from the meeting of the share-bones on the head of the thigh. Q, 3, 7, 8, the body of the bladder. RR, 3, 7, the *Prostate*, which into seed when it is perfectly laboured, is led. SS, 3, 8, Portions of the ureters. TT, 3, Portions of the vessels, which lead down the seed. VV, 7, 8, the umbilical arteries. X, 7, 8, the ligament of the bladder call'd *Utracul*. Y, 7, 8, the navil or *umbilicæ*. Z, 7, 8, the umbilical vein. aa, 7, the vein and artery of the yard. b, 5, the artery distributed through the body of the yard. For

For the neck of the bladder it differs nothing in substance, composition, number, and temper from the bladder, but only in quantity, which is neither so large, nor round in figure, but somewhat long together with the yard representing the shape of the letter S. It is placed in men at the end of the right Gut and *Perineum*, rising upwards even to the roots of the yard, and with it bending it self downwards; in women it is short, broad, and straight, ending at the orifice of the neck of the womb between the nervous bodies of the *Nymphæ*.

In men it hath connexion with the bladder, the ejaculatory vessels, the right gut and yard, but in women only with the neck of the wombe and privities. The use of it is in men to cast forth seed and urine, in women only urine. But we must note that the share bones must be divided and pulled asunder, in that part where they are joyned, that so you may the more exactly observe the situation of these parts. Besides you must note that by the *Perineum* we understand nothing else, in men and women, then that space which is from the fundament to the privities, in which the seam is called *Tourne*.

The neck of the bladder.

The connexion and use thereof.

CHAP. XXXII.

Of the Yard.

Now follows the declaration of the Privy parts of men and women, and first we will treat of mens. The yard is of a ligamentous substance, because it hath its originall from bones, it is of an indifferent magnitude in all dimensions, yet in some bigger, in some less, the figure of it is round, but yet somewhat flattened above and beneath.

It is composed of a double coat, nerves, veins, arteries, two ligaments, the passage of the urine, and four muscles. It hath its coats both from the true skin, as also from the fleshy pannicle, but the veins and Arteries from these of the lower part of the lower belly which run on the lower part of the Holy-bone into the yard, as the seminary vessels run on the upper part.

The ligaments of the yard proceed on both sides from the sides and lower commissure of the share-bones; wherefore the yard is immediately at his root furnished with a double ligament, but these two presently run into one spongy one. The passage of the urine situate in the lower part of the yard comes from the neck of the bladder between the two ligaments.

For the four muscles, the two side ones composing or making a great part of the yard, proceed from the inward exuberancy of the Hip-bone, and presently they are dilated from their originall; and then grow less again. The two other lower arise from the muscles of the fundament and accompany the urinary passage the length of the *perineum* until they enter the yard; but these two muscles cleave so close together, that they may seem one having a triangular form.

The action of these four muscles in the act of generation is, they open and dilate this common passage of urine and seed, that the seed may be forcibly or violently cast into the field of nature; and besides they then keep the yard so tisse, that it cannot bend to either side.

The yard is in number one, and situate upon the lower parts of the share-bone, that it might be more stiffe in erection. It hath connexion with the share-bone and neighbouring parts; by the particles of which it is composed. It is of a cold and dry temper. The action of it is to cast the seed into the wombe, for preservation of mankind.

The head of it begins where the tendons end, this head from the figure thereof is called *Gland* and *Bolano*, that is, the Nut, and the skin which covers that head is called *Preputium*, that is, the foreskin. The Besh of this *Glandule* is of a middle nature between the glandulous Besh and true skin. But you must note that the Ligaments of the yard are spongy contrary to the condition of others, and filled with gross and black blood. But all these stirred up by the delight of desired pleasure, and provoked with a venerall fire, swell up and erect the yard.

The substance, quantity and figure of the yard.

Composition.

The ligaments.

The muscles.

Their Action.

The Nut, The Preputium, and true skin.

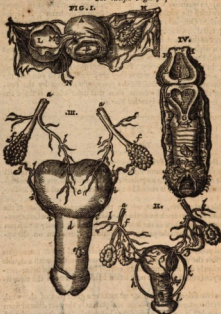
CHAP. XXXIII.

Of the spermatick vessels and testicles in women.

Now we should treat of the Privy parts in women, but because they depend upon the neck and proper body of the wombe, we will first speak of the wombe, having first declared what difference there is between the spermatick vessels and testicles of men and women. Wherefore we must know that the spermatick vessels in women do nothing differ from those in men in substance, figure, composition, number, connexion, temper, originall and use; but only in magnitude and distribution, for women have them more large and short.

In what the spermatick vessels in women differ from those in men.

The twelfth Figure, of the Womb.



- A. The bottom of the womb laid open without any membrane.
 BB. the neck of the womb turned upward.
 CD. a part of the bottom of the womb like the nut of the yard, swelling into the upper part of the neck of the womb, in the middle whereof the orifice appeareth.
 EE. a membrane knitting the womb to the *Peritonæum*, & holding together the vessels thereof.
 F. the left testicle.
 G. the spermaticall vein and artery.
 H. a part of the spermaticall vessels reaching unto the bottom of the womb.
 I. one part of the vessels coming to the testicles * a vessel leading the seed unto the womb.
 K. the coat of the testicle with the implication of the vessels. L. the cavity of the bladder opened. M. the insertion of the Ureters into the bladder. N. the Ureters cut from the kidneys. O. the insertion of the neck of the bladder into the lap or privy.

The second Figure.

aa. The spermaticall vein and artery. bb. branches distributed to the *Peritonæum* from the spermaticall vessels. cc. the bottom of the womb. d. the neck of the womb. e. certain vessels running through the inside of the womb, and the neck thereof. ff. vessels reaching to the bottom of the womb produced from the spermaticall vessel. gg. the leading vessel of the seed called *Tuba*, the Trumpet. hh. a branch of the spermaticall vessel compassing the Trumpet. ii. the testicles. kk. the lower ligaments of the womb, which some call the Cremasters or hanging muscles of the womb. l. the lap or privy into which the Cremasters do end. m. a portion of the neck of the bladder.

The third Figure.

aa. The spermaticall vessels. bb. a branch from these spermaticall vessels to the bottom of the womb. cc. the body or bottom of the womb. d. the neck of the same. e. the neck of the bladder ending into the neck of the womb. ff. the testicles. gg. the leading vessels, commonly though not so well called the ejaculatory vessels. hh. the division of these vessels, one of them determining into the horns at double kk. ii. the other branch ending in the neck, by which women with child avoid their seed. kk. the horns of the womb.

The fourth Figure.

AB. The bosome of the bottom of the womb, at whose sides are the horns. CD. a line like a suture or seam, a little distinguishing that bosome. EE. the substance of the bottom of the womb, or the thickness of his inner coat. F. a protuberation or swelling of the womb in the middle of the bosom. G. the orifice of the bottom of the womb. HH. the coat or second cover of the bottom of the womb, coming from the *Peritonæum*. IIII. a portion of the membranes which tie the womb. KKK. the beginning of the neck of the womb. L. the neck of the bladder inserted into the neck of the womb. m. the *Clitoris* in the top of the privy. n. the inequality of the privy where the *hymen* is placed. o. the hole or passage of the privy in the def. p. the skinny caruncle of the privy.

Why women's spermatick vessels they are larger, has shewn them great,

It was fit they should be more large, because they should not only convey the matter fit for generation of young and nourishment of the testicles, but also sufficient for the nourishment of the womb and child; but shorter, because they end at the testicles and womb within the belly in women. Where you must note that the preparing spermatick vessels,

fels, little before they come to the Testicles are divided into two unequal branches, of which the lesser bended, after the same manner as we said in men, goes into the head of the testicle, through which it sends a slender branch into the coats of the testicles for life and nourishment, and not only into the coats but also into leading vessels. But the bigger branch defends on each side by the upper part of the womb between the proper coat and the common, from the *Peritonæum* where it is divided into divers branches. By this difference of the spermatick vessels you may easily understand why women cast forth less seed than men.

For their Testicles, they differ little from mens but in quantity; For they are lesser and in figure more hollow and flat, by reason of their defective heat which could not elevate or lift them up to their just magnitude. Their composition is more simple; for they want the *Seroton* or cod, the fleshy coat, and also according to the opinion of some the *Erythroides*, but in place thereof they have another from the *Peritonæum* which covers the proper coat, that is, the *Epididymis*, or *Dartos*. *Silvius* writes that womens Testicles want the *Erythroides*; yet it is certain that besides their peculiar coat *Dartos*, they have another from the *peritonæum*, which is the *Erythroides*, or as *Falopius* calls it the *Erythroides*, that is as much as the *vaginalis* or sheath: But I think that this hath sprung from the mis-understanding th at place in *Galen* where he writes, that womens testicles want the *Epididymis*. For we must not understand that to be spoken of the coat, but of the varicous parafats (as I formerly said). They differ nothing in number, but in size; for in men they hang without the belly at the share bone above the *Peritonæum*; women have them lying hid in their belly, near the botome at the sides of the wombe, but yet so as they touch not the body of the wombe.

But these testicles are tyed to the womb both by a coat from the *Peritonæum*, as also by the leading vessels descending to the horns of the wombe, but to the rest of the body by the vessels and the nerves arising from the holy bone and Costall nerves. They are of a colder Temper than mans. The ejaculatory, or leading vessels in women differ thus from mens, they are large at the beginning, and of a veiny consistence, or substance, so that you can scarce discern them from the coat *Peritonæum*, then presently they become nervous, and waxe so slender, that they may seem broken or torn, though it be not so; but when they come nearer to the horns of the wombe, they are again dilated; in their other conditions, they agree with mens, but that they are altogether more slender and short. They have a round figure, but more intricate windings than mens; I believe, that these windings might supply the defect of the varicous Parafats. They are seated between the testicles and wombe, for they proceed out of the head of the testicle, then presently armed with a coat from the *Peritonæum*, they are implanted into the wombe by its horns.

In what their testicles differ from mens.

Tab. 14. 4 55 per.

See.

Conception.

Temper. Their ejaculatory vessels.

Why they have more intricate windings. Their use.

C H A P. XXXIII.

Of the Wombe.

THe Wombe is a part proper only to women, given by nature in stead of the *Seroton*, as the neck thereof, and the annexed parts in stead of the yard; so that if any more exactly consider the parts of generation in women and men, he shall find that they differ not much in number, but only in situation and use. For that which man hath apparent without, that women have hid within, both by the singular providence of nature, as also by the defect of heat in women, which could not drive and thrust forth those parts, as in men. The wombe is of a nervous and membranous substance, that it may be more easily dilated and contracted, as need shall require.

The magnitude thereof is divers, according to the diversity of age, the use of venery, the flowing of their courses, and the time of conception. The wombe is but small in one of unripe age, having not used venery, nor which is menstruous; therefore the quantity cannot be rightly defined.

The figure of the wombe is absolutely like that of the bladder, if you consider it without the productions, which *Hercules* called horns, by reason of the similitude they have with the horns of Oxen at their first coming forth. It consists of simple and compound parts. The simple are the veins, arteries, nerves, and coats. The veins and arteries are four in number, two from the preparing spermatick vessels, the two other ascend thither from the *Hypogastrick*, after this manner.

First, these vessels before they ascend on each side to the wombe, divide themselves into two branches, from which other some go to the lower part of the wombe, other some to the neck thereof, by which the menstruous blood, if it abound from the conception, may be purged.

Nerves come on both sides to the wombe, both from the sixth conjugation, descending by the length of the back bone, as also from the holy bone, which presently united and joynted together ascend and are distributed through the wombe, like the veins and arteries.

The usual or common coat of the wombe, proceeds from the *Peritonæum*, on that

Wherein the privy parts in women differ from those in men.

The substance and magnitude of the wombe.

Figure. The horns of the wombe. Composition. The veins and Arteries.

Nerves.

The Coat.

part it touches the holy bone; but the proper it hath from the first conformation, which is composed of the three sorts of fibers, of the right on the inside of the attraction of both feeds; the transverse without to expell, if occasion be; the oblique in the midst for the due retention thereof.

The wombe admits no division, unless into the right and left side, by an obscure line or seam, such as we see in the *feratam*, but scarce so manifest; neither must we after the manner of the ancients, imagine any other cels in the wombe. For by the law of nature, a woman at one birth can have no more than two. An argument hereof is, they have no more than two dags. If any chance to bring forth more, it is besides nature, and somewhat monstrous, because nature hath made no provision of nourishment for them.

No cels in the wombe.

The use.

Nature hath placed the wombe at the bottome of the belly, because that place seems most fit to receive seed, to carry and bring forth the young. It is placed between the bladder and right gut, and is bound to these parts much more frailty by the neck, than by the body thereof; but also besides it is tyed with two most strong ligaments on the sides, and upper parts of the sharebone, on which it seems to hang; but by its common coat from the *Perritoneum*, chiefly thick in that place, it is tied to the hollow bone, and the bones of the hanch and loins.

The temper and action.

By reason of this frait connexion, a woman with child feeling the painfull drawings back, and as it were convulsions of those ligaments, knows her self with child. It is of a cold and moist temper, rather by accident, than of it self. The action thereof is to contain both the feeds, and to cherish, preserve, and nourish it, so contained, untill the time appointed by nature; and also besides, to receive, and evacuate the menstruous blood. The compound parts of the wombe are, the proper body and neck thereof. That body is extended in women big with child, even to the navell, in some higher, in some lower.

The *Cotyledones*.

In the inner side the *Cotyledones* come into our consideration, which are nothing else than the orifices and mouths of the veins, ending in that place. They scarce appear in women, unless presently after child-bearing, or their mensuall purgation; but they are apparent in sheep, Goats, and Kine, at all times like wheat corne, unless when they are with young, for then they are of the bigness of hassell nuts: but then also they swell up in women, and are like a rude peece of flesh of a finger and a half thick, which begire all the naturall parts of the infant shut up in the wombe; out of which respect this shapeles flesh, according to the opinion of some, is reckoned amongst the number of coats invelling the infant, and called *Chorion*, because, as in beasts, the *Chorion* is interwoven with veins, and arteries, whence the umbilicall vessels proceed; so in women this fleshy lump is woven with veins, and arteries, whence such vessels have their originall. Which thing, how true and agreeable to reason it is, let other men judg.

Cotyledones justly reproved.

There is one thing whereof I would admonish thee, that as the growth of the *Cotyledones* in beasts are not called by the name of *Chorion*, but are only said to be the dependents thereof, so in women such swollen *Cotyledones* merit not the name of *Chorion*, but rather of the dependences thereof.

The orifice of the wombe. The proper orifice of the wombe is not always exactly shut in women with child.

This body ends in a certain straitness which is met withall, in following it towards the privities, in women which have borne no children, or have remained barren some certain time; for in such as are lately delivered, you can see nothing but a cavity and no straitness at all. This straitness we call the proper orifice of the wombe, which is most exactly shut after conception, especially untill the membrane, or coats encompassing the child be firmified, and strong enough to contain the seed, that it flow not forth, nor be corrupted by entrance of the air; for it is opened to send forth the seed, and in some the couries and ferous humors, which are heaped up in the wombe in the time of their being with child.

The neck of the wombe.

From this orifice the neck of the wombe taking its originall, is extended even to the privities. It is of a muscularous substance, composed of soft flesh, because it might be extended and contracted, wrinkled, and stretched forth, and unfolded, and wrested, and shaken at the coming forth of the child, and after be restored to its former soundness and integrity. In process of age it grows harder, both by use of venery, and also by reason of age, by which the whole body in all parts thereof becomes dry and hard. But in growing, and in young women, it is more tractable and flexible for the necessity of nature.

In magnitude. Composition.

The magnitude is sufficiently large in all dimensions, though divers, by reason of the infinite variety of bodies. The figure is long, round, and hollow. The composition is the same with the wombe, but it receives not so many vessels as the wombe; for it hath none but those which are sent from the *Hypogastrick* veins, by the branches ascending to the wombe. This neck on the inside is wrinkled with many crests, like the upper part of a dogs mouth, so in copulation to cause greater pleasure by that inequality, and also to shorten the act.

Number and use.

It is only one, and that situate between the neck of the bladder and the right gut, to which it closely sticketh, as to the wombe by the proper orifice thereof, and to the privities by its own orifice; but by the vessels to all the parts from whence they are sent.

Temper.

It is of a cold and dry temper, and the way to admit the seed into the wombe, to exclude the infant out of the wombe, as also the mensuall evacuation. But it is worth observation,

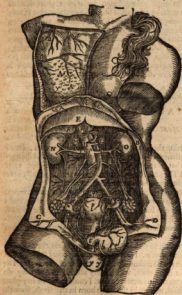
vazion, that in all this passage there is no such membrane found, as that they called *Hymen*, which they feigned to be broken at the first coition. Yet notwithstanding *Columbus*, *Fallopian*, *Wierus*, and many other learned men of our time think otherwise, and say, that in *Virgins* a little above the passage of the urine, may be found and seen such a nervous membrane, placed over what as it were in the middle way of this neck, and perforated for the passages of the courses. But you may find this false by experience; it is likely the ancients fell into this error through this occasion, because that in some a good quantity of blood breaks forth of these places at the first copulation.

But it is more probable that this happens by the violent attrition of certain vessels lying in the inward superficies of the neck of the wombe, not being able to endure without breaking so great extension as that nervous neck undergoes at the first coition. For a maid which is marriageable, and hath her genital parts proportionable in quantity and bigness to a mans; shall find no such effusion of blood, as we shall shew more at large in our Book of Generation.

No Hymen.

From whence the blood proceeds that breaks forth in some virgins at the first coition.

The thirteenth Figure, shewing the parts of women different from these in men.



A. B. C. D. The *Peritonaeum* reflected or turned backward, above and below.

E. F. the gibbous part of the liver E, the cave or hollow part F.

G. the trunk of the gate-vein.

H. the hollow vein.

I. the great artery.

K. the roots of the *Colicall* artery which accompanieth the gate-vein.

L. M. the fatty vein going to the coat of the kidneys.

N. O. the fore-part of both the kidneys.

T. V. the emulgent veins and arteriet.

aa. the right ureter at the lowest *a*, cut from a part which near to *b* sticketh yet to the bladder, because the bottome of the bladder is drawn to the left side.

c. the left ureter inserted into the bladder near to *r*.

dd. the spermatick vein which goeth to the left testicle marked with *i*.

ee. the spermatick vein which goeth to the left testicle with *i*, also.

f. the trunk of the great artery from whence the spermatick arteries do proceed.

g. h. the spermatick arteries.

ii. the two testicles. *h*, a branch which from the spermatick vessels reacheth unto the bottome of the

wombe. *mm*. the leading vessel of the seed which *Fallopian* calleth the *tuba* or trumpet, because it is crooked and reflected. *n*. a branch of the spermatick vessel, compassing the leading vessel. *oo*. a vessel like a worm which passeth to the wombe, some call it *Omentum*. *p*. the bottome of the wombe called *fundus uteri*. *q*. a part of the right gut. *r*. *f*. the bottome of the bladder where *reto* is inserted the left ureter, and a vein led from the neck of the wombe near unto *r*. *t*. the neck of the bladder. *u*. the same inserted into the privy or *lap*. *x*. a part of the neck of the wombe above the privy. *yy*. certain skinny Caruncles of the privies, in the midst of which is the slit, and on both sides appear little hillocks.

The Figures belonging to the Dugs and Breasts.

aa. The veins of the Dugs which come from those, which descending from the top of the shoulder, are offered to the skin. *b*. the veins of the dugs derived from those which through the arm-hole are led into the hand. *c*. the body of the Dug or Breast. *d*. the kernels and fat between them. *e*. the vessels of the dugs descending from the lower part of the neck called *jugular*, under the breast bone.

This neck ends at the privities, where its proper orifice is, which privy parts we must treat of, as being the productions and appendices of this neck. This *Præputium*, or privity, is of a middle substance, between the flesh and a nerve; its magnitude is sufficiently large, the figure, round, hollow, long. It is composed of veins, arteries, nerves, descending to the neck of the wombe, and a double coat proceeding from the true skin and fleshy pannicle; both these coats are firmly united by the flesh coming between them; whereupon it is said, that this part consists of a musculous coat. It is one in number, situate above the *Peritonæum*. It hath connexion with the fundament, the neck of the wombe and bladder by both their peculiar orifices.

It hath a middle temper, between hot, and cold, moist and dry. It hath the same use as a mans *Præputium* or fore-skin, that is, that together with the *Nympha* it may hinder the entrance of the air, by which the wombe may be in danger to take cold. The lips of the privities called by the Greeks *σπινθηροειδῆ*, by the Latines *Alæ*, contain all that region which is invested with hairs; and because we have fallen into mention of these *Nymphae*, you must know that they are as it were productions of the musculous skin, which descend on both sides, from the upper part of the share-bone downwards; even to the orifice of the neck of the bladder, oft times growing to so great a bigness, that they will stand out like a mans yard. Wherefore in some they must be cut off in their young years, yet with a great deal of caution, lest if they be cut too rashly, so great an effusion of blood may follow, that it may cause, either death to the woman, or barrenness of the wombe by reason of the refrigeration by the too great effusion of blood. The latter Anatomists, as *Columbus* and *Fallapius*, besides these parts, have made mention of another particle, which stands forth in the upper part of the privities, and also of the urinary passage, which joins together those wings we formerly mentioned. *Columbus* calls it *Tentigo*, *Fallapius*, *Cleitoria*, whence proceeds that infamous word *Cleitorizeis*, (which signifies impudently to handle that part.) But because it is an obscene part, let those which desire to know more of it, read the Authors which I cited.

Alæ
σπινθηροειδῆ.

Cleitoria, *præputium*.

CHAP. XXXV.

Of the Coats containing the Infant in the wombe, and of the Navell.

The membranes or coats containing the Infant in the wombe of the mother, are of a spermatick and nervous substance, having their matter from the seed of the mother. But they are nervous that so they may be the more easily extended, as it shall be necessary for the child. They are of good length and breadth, especially near the time of deliverance, they are round in figure like the wombe.

Their composition is of veins, arteries, and their proper substance. The veins, and arteries, are distributed to them (whether obscurely or manifestly, more or fewer) from the wombe by the *Cotyloides*, which have the same office, as long as the child is contained in the wombe, as the nipples or paps of the nurses after it is born. For thus the wombe brings the *Cotyloides*, or veins, degenerating into them through the coats like certain paps to the infant that up in them.

These coats are three in number according to *Galen*; one called the *Chorion*, Secundine, or afterbirth; the other *Allantoides*; the third *Amnion*. I find this number of coats in beasts, but not in women, unless peradventure any will reckon up in the number of the coats, the *Cotyloides* swollen up, and grown into a fleshy mass, which many skillfull in Anatomy do write, which opinion notwithstanding we cannot receive as true. I could never in any place find the *Allantoides* in women with child, neither in the infant born in the sixth, seventh, eighth, or in the full time, being the ninth month, although I have sought it with all possible diligence, the Midwives being set apart, which might have violated some of the coats.

But thus I went about this business, I divided the dead body of the mother crosswise upon the region of the wombe, and taking away all impediments which might either hinder, or obscure our diligence, with as much dexterity as was possible, we did not only draw away that receptacle or den of the Infant, from the inward surface of the wombe, to which it stuck by the *Cotyloides*, but we also took away the first membrane which we called *Chorion*, from that which lies next under it, called *Amnion*, without any rending or tearing; for thus we powdered forth no moisture, whereby it might be said, that any coat made for the containing of that humor, was rent or torn. And then we diligently looked, having many witnesses and spectators present, if in any place there did appear any distinction of these two membranes, the *Allantoides* and *Amnion*, for the separating the contained humors, and for other uses which they mention.

But when we could perceive no such thing, we took the *Amnion* filled with moisture on the upper side, and having opened it, two servants so holding the aperture, that no moisture might flow out of it into the circumference of the *Chorion* or wombe, then presently

with

Their substance, figure, and composition.

The number.

with sponges we drew out by little and little all the humidity contained in it, the infant yet contained in it, which was fit to come forth, that so the coat *Amnion* being freed of this moisture, we might see whether there were any other humor contained in any other coat besides. But having done this with singular diligence and fidelity, we could see no other humor, nor no other separation of the membranes besides.

So that, from that time I have confidently held this opinion, that the infant in the womb, is only wrapped in two coats, the *Chorion* and *Amnion*. But yet not satisfied by this experience, that I might yet be more certain concerning this *Allantoides*, having passed through the two former coats, I came to the infant, and I put a quill into its bladder, and blew it up as forcibly as I could, so to try, if by that blowing I might force the air into that coat which we questioned, as some have writen. But neither thus could I drive any air from hence, through the navell into the controverted coat, but rather I found it to fly out of the bladder by the privities. Wherefore I am certainly perswaded that there is no *Allantoides*. Moreover I could never finde nor see in the navell that passage called the *Urachus*, which they affirm to be the beginning and originall of the coat *Allantoides*. But if it be granted, that there is no such coat as the *Allantoides*, what discommodity will arise hereof? specially forcing the sweat and urine of the infant may easily, and without any discommodity be received, collected, and contained in the same coat, by reason of the small difference which is between them. But if any object, That the urine by its sharpness and touching will hurt the infant: I will answer, there can be no fo great sharpness in the urine of so small an infant; and that, if that there be any, it is tempered by the admixture of the gentle vapor of sweat.

Besides, if you consider, or have regard to the use of such an humor (which is to hold up the child, lest by its weight it break the ties, by which it is bound to the womb,) we shall finde no humor more fit for this purpose than this serous, as which by its thickness is much more fit to bear up a weight, than the thin and too liquid sweat. For so we see the sea or salt-water carries greater weights without danger of drowning than fresh rivers do. Wherefore I conclude that there is no need, that the urine should be kept and contained in one coat, and the sweat in another. The Ancients who have writ otherwise, have writen from observations made in beasts. Wherefore we make but only two coats, the *Chorion* and *Amnion*; the one of which, seeing it contains the other, they both so encompass the child, that they veit it on every side.

Falopius in some sort seems to be of this opinion; for he only makes two coats, the *Chorion* and *Amnion*; but he thinks the infant makes the water into a certain part of the *Chorion*, as you may perceive by reading of his Observations. Both these coats are tyed between themselves by the intercourse of most slender nervous fibers, and small vessels penetrating from the outer *Chorion* to the inner *Amnion*. Wherefore unless you warily handle these coats, you may easily tear the *Amnion* in separating it. They are of the same temper with other membranes. Their use is different, for the *Chorion* is made both for the preservation of the vessels, which it receives from the womb for the generating of the umbilicall veins and arteries, as also to keep whole and safe the parts which it invests.

But the *Amnion* is to receive and contain the excrementitious and serous humors, which the child shut up in the womb is accustomed to evacuate. But this coat is very thin and soft, but strong and smooth, lest by its touch it might hurt the infant, whereupon it is called the Lambskin-coat.

It flows by these several reasons that there is no *Allantoides*.

Their strength and use.

C H A P. XXXVI.

of the Navell.

THe Navell follows these coats: It is a white body, somewhat resembling the wreathen cord, or girdle of the Franciscan-tries, but that it hath not the knots standing so far out, but only swelling in certain places, resembling a knot, only lifted up on one side; it arises and takes its originall from a fleshy mass, which we expressed by the name of swelling *Cystidensis*, and goes into the midst of the lower belly of the infant, yea verily into the midst of the whole body, whose root it is therefore said to be. For even as a tree by the root sucks nourishment from the earth, so the infant in the womb draws its nourishment by the navell. The greatness of it in breadth and thickness, equals the bigness of the little finger. But it is a foot and a half long, so that children are brought forth with it, encompassing their middle, neck, arms, or legs. The figure of it is round. It is composed of two arteries, one vein, and two coats. It hath these vessels from that great multitude of capillary veins and arteries, which are seen dispersed over the *Chorion*. Wherefore the vein entering in at the Navell, penetrates from thence into the hollow part of the Liver, where divided into two, according to *Galen*'s opinion, it makes the gate and hollow veins. But the arteries, carried by

What the Navell is.

The Navell is the centre of the body.

The figure and compaire.

It is divided into two.

by themselves the length of the Navell, cast themselves into the *Bliax*, which they make, as also all other, that from thence the vitall spirit may be carried by them over all the infant. It hath its two coats from the *Chylion*.

But seeing they are mutually woven and conjoined without any *medium*, and are of a sufficient strength and thickness over all the Navell, they may seem to make the infants exterrall skin and fleshy Pannicle. I know very many reckon two Umbilicall veins, as also arteries, and the *Uraebae*, by, or through which the urine flows into the coat *Albentoides*. But because this is not to be found in women, but only in beasts, I willingly omit it, because I do not intend to mention any parts, but such as belong to humane bodies. Yet if there be any, which can teach me, that these parts, which I think proper to brute beasts, are to be found in women, I willingly confess, and that to his credit, from whom I have reaped such benefit.

The other things that may be required concerning the Navell, as of its number, site, connexion, temper and use, may easily appear by that we have spoken before. For we have apparently set down the use, when we said, the Navell was made for that purpose, that the infant may be nourished by it, as the tree by the root, by reason of the continuation of the vessels thereof, with the preparing spermatick vessels made by God for that purpose, to whom be honor and glory for ever and ever. Amen.

There is only one Vein in a child's Navell, but no *Uraebae*.

The End of the third Book.

